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TROT Information  
301-588-TROT  
www.trot-md.org

January 2006

Number 156

## Who's Who in TROT

### Officers

#### President

Priscilla Huffman  
(301) 351-6211

#### Vice President

Marilynn Miller  
(301) 898-7274

#### Secretary

Deneen Martin  
(301) 253-2955

#### Treasurer

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ksdobson@msn.com

#### Board Members

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Michelle Beachley  
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Gale Monahan  
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Kyle Jossi  
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### COMMITTEES

#### Membership

Michelle Beachley  
(301) 482-2526

#### Newsletter

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## Days End Farm Horse Rescue Honored with 2005 Equine Welfare Award

Lisbon, Maryland – December 12, 2005 – Days End Farm Horse Rescue, a non-profit, volunteer-based animal welfare organization, is the 2005 recipient of the American Association of Equine Practitioners (AAEP) equine welfare award, the Lavin Cup. Named for AAEP past president A. Gary Lavin, VMD, the award is presented annually to a non-veterinary individual or organization that has demonstrated exceptional compassion or developed and enforced rules and guidelines for the welfare of the horse.

Founded in 1989 by Kathleen and Allan Schwartz, Days End Farm Horse Rescue is dedicated to the rehabilitation of abused and neglected horses. The all-breed horse rescue in Lisbon, Maryland, has pioneered work in the fields of equine rescue and rehabilitation, educational programs, community outreach, and animal disaster recovery. Through the dedicated efforts of its volunteers and contributors, Days End Farm has assisted over 1,000 abused and neglected horses in Maryland and across the United States.

*(Continued on page 2)*



AAEP/Steve Schneider Photography

**COMMITTEES** (continued)**Mapping Project**

Tim McGrath  
(800) 292-3547  
Sandy Boyd  
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**Archives**

Gale Monahan  
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**Search & Rescue Team**

Suzanne Anderson  
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**Webmaster**

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\*\* = Coordinators

\* = Contacts

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\*Kirsten Enzinger  
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**Baltimore**

\*Linda Eminizer  
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**Carroll**

\*\*Anne Bennof  
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**Cecil**

\*\*Jeanne Bond  
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**Frederick**

\*\*Pat Merson  
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**Howard**

\*\* Pat Oliva  
(410) 489-7380

**Montgomery****Region 1 (East of Georgia Ave)**

\*\*Sandy Boyd  
(301) 774-0495

**Region 3 (Rt 28 to I270)**

\*\*Tim McGrath  
(301) 428-8216

**Region 4 (Potomac River - Rt 28)**

\*Dave Phillips  
(301) 972-8525

\*Fran Ligler  
(301) 983-3482

**Prince George's**

\*\*Mary Angevine  
(301) 937-0014

**Croom**

\*Carol Auletta  
(301) 888-1323

**Broad Creek Historic District**

Dave Turner  
(301) 292-6130

(Continued from page 1)

AAEP presented the Lavin Cup to Days End Farm Horse Rescue at its 51st Annual Convention in Seattle, Washington, on December 6, 2005. Accepting the award on behalf of Days End were co-founder and Executive Director, Kathleen Schwartz, and Board President, Terri Zseleczy. Headquartered in Lexington, Kentucky, the AAEP was founded in 1954 as a non-profit organization dedicated to the health and welfare of the horse. The AAEP reaches more than 5 million horse owners through its 6,500 members worldwide.

"On behalf of the volunteers and donors of the Days End Farm Horse Rescue, I am honored to accept the Lavin Cup," said Kathleen Schwartz. "This prestigious award from the American Association of Equine Practitioners is a tribute to the men, women, and young people at Days End Farm who have shown their commitment to help abused and neglected horses. We will always be proud of having been the recipient of the Lavin Cup."

Past winners of the Lavin Cup include the Thoroughbred Retirement Foundation, Inc., the American Quarter Horse Association, and the California Horse Racing Board.

You can find out more about Days End Farm Horse Rescue, including its recent assistance in animal emergency rescue operations in the aftermath of hurricanes Katrina and Rita, on their website at [www.defhr.org](http://www.defhr.org).

Kathleen Schwartz, Executive Director  
Days End Farm Horse Rescue, Inc.  
Phone: 301-854-5037/ 410-442-1534  
Fax: 301-854-5146  
[defhr@erols.com](mailto:defhr@erols.com)

## December 2005 TROT Treasurer's Report

**December 2005 Expenses: \$816.52**

Gasch Printing (November 05 Newsletter): \$555.70

D. Martin (Postage Reimbursement): \$240.50

Verizon (TROT phone bill): \$20.32

**December 2005 Income: \$1,940.21**

Memberships/Donations: \$1,920.00

Classified ad: \$6.00

Interest from Time Deposit: \$11.72

Interest from Savings: \$2.49

**Bank Balances as of January 1, 2006:**

Checking Acct.: \$1,080.22

Savings Acct.: \$7,969.51

Time Deposit (Mapping Fund): \$6,551.10

Kathy Dobson,  
TROT Treasurer

## MHC Trails and Greenways Club Goals for 2006

At the start of a new year, I'd like to take a few moments to thank everyone who helped make 2005 a successful year for all of us. We established and strengthened our working relationships, and now we have a solid foundation that will serve us well in the future.

Here are a few goals that I'd like to suggest for your clubs in 2006. Some clubs have already implemented these ideas, so please forgive me for repeating them here for the benefit of others.

- 1) Ask your club officers and newsletter editors to join the The Maryland Horse Council Trails and Greenways Yahoo Group, [MHC-TG@yahoogroups.com](mailto:MHC-TG@yahoogroups.com). This group is a two-way communication tool to share information with the Maryland Horse Council's Trails and Greenways committee and other clubs. Messages are reviewed before they are sent to everyone on the group, so there are only a few messages each month. If you send me a list of e-mail addresses for your club officers, I will send them an electronic "invitation" to join.
- 2) Start using the Maryland Horse Council Trails and Greenways Yahoo Group, [MHC-TG@yahoogroups.com](mailto:MHC-TG@yahoogroups.com), to exchange success stories, problems, and ideas that might be of interest to other clubs. It can be a great source of information and articles to publish in your club newsletters. It's your group - tell me how can I make it more useful to you.
- 3) Invite your club members to join Maryland Trail Riders on-line at [MarylandTrailRiders@yahoogroups.com](mailto:MarylandTrailRiders@yahoogroups.com). It's a great way for people to find a trail riding buddy, learn about new places to ride, and share a trailer. Participants are encouraged to limit their messages to topics related to trail riding.
- 4) Announce your club's organized rides on Maryland Trail Riders on-line at [MarylandTrailRiders@yahoogroups.com](mailto:MarylandTrailRiders@yahoogroups.com). Many trail riders belong to multiple clubs, and if your club announces activities that are interesting and fun, you will acquire new members.
- 5) Establish an electronic communication vehicle for your club members. It's important that you have a way to reach your members in a timely manner to inform them of trail closures or safety issues. These smaller regional groups are also perfect for more general discussions on horse care, stable management, tack for sale, sources of hay and bedding, and other non-trail topics. I'd be very happy to set up a Yahoo group for your club if you don't already have one. I encourage people who don't have or use e-mail to keep in touch by establishing an "e-mail buddy." This could be a friend, neighbor, or barn buddy who is willing to print out important messages and pass them along. If you send me a link to your group, I'll publicize it for you by including it in my list of electronic horse groups.
- 6) Designate a club liaison(s) to the Maryland Horse Council Trails and Greenways Committee to attend the quarterly Trails and Greenways Committee meeting. Our first meeting in April 2006 will be a planning session to explore how we can work together and help each other.
- 7) Muster funds or sponsors to send a representative to the Southeast Equestrian Trails Conference in Roanoke VA, August 3-5, 2006. This is the single most important way to share information and learn new ideas about trail stewardship and working with land managers to preserve equestrian trails. This conference provides the essential "scientific" facts about manure and invasive species required to counter arguments from environmental extremists attempting to close trails to horses.

I'm sure I haven't thought of everything. Please print this list and take it to your next board or club meeting

*(Continued on page 11)*

# **TROT ANNUAL MEETING & POT LUCK DINNER**

**SATURDAY FEBRUARY 25, 2006 6PM**

**AT HOWARD COUNTY FAIR GROUNDS DINING HALL**

**SILENT AUCTION    DOOR PRIZES**

**SPEAKER: JIM BRAINARD  
TRAILER SAFETY**

**Please bring your favorite dish of food to share  
according to the first letter of your last name**

**A-M Main Dish**

**N-S Salad**

**T-Z Dessert**

**For more information contact Pat Talbott  
Email [Tallyhotazz@aol.com](mailto:Tallyhotazz@aol.com)**

## **SILENT AUCTION AT THE TROT DINNER**

We've gotten some great donations for the silent auction, including tack, riding clothing, and artwork. But we still need much more to make this a successful fund raiser for Trot.

There are several ways you can participate. First, attend the auction, bring your friends, spend money, and have fun! The second way is to make a donation to the auction of horse and non-horse related items and services. Some examples – tack (gently used is ok), riding lessons, a certificate for horse sitting for someone in your area, sports or theater tickets. A gift certificate from your favorite restaurant, masseuse, or nail salon (ask – they may be willing to donate services). Think about where your talents lie – this may be the source of a terrific donation. We will also need volunteers to help out the evening of the auction

Remember, TROT is your organization and you will benefit from a successful auction. To discuss a donation or to volunteer to help out, please contact me at [bossyjossi@netscape.com](mailto:bossyjossi@netscape.com) or 301-570-3860.

Kyle Jossi

## CLASSIFIED ADS

Please e-mail to ldavis9959@aol.com. Classified ad: \$6.00 for first 100 words, \$.10 for each additional word 1/4 page ad or business card: \$25.00 1/2 page ad: \$40.00 Full page: \$75.00 Insert (all copies delivered to our printer): \$50.00

**HOME TO SHARE:** Nice home in country to share with female in Frederick County near Union Bridge. Bring your horse, too. \$425 plus 1/2 electric. Contact Nancy at 301-639-4448

**NEED A RIDING BUDDY?** Watch our website for a new, fun feature where equestrians looking for a riding buddy can meet other equestrians who are also looking for a riding buddy. For more details, to partake, or to order Ride PA Horse Trails guidebooks, see our website: [www.PAtrail.com](http://www.PAtrail.com). To order PA Horse Trails & Camping guidebooks by mail: send address & check to Hit The Trail Publications, LLC, P.O. Box 970, Cherryville, PA 18035: [Trot members may take \$2 off order price]

>Ride Pennsylvania Horse Trails-Part I, the Eastern Half of PA (50+ trails in central to eastern PA): Send \$28.33 (\$26.95 non-PA residents).

> Ride Pennsylvania Horse Trails-Part II, the Western Half of PA (40+ trails in central to western PA): Send \$29.39 (\$27.95 non-PA)

> SAVE on Book Set-Part I & II, the whole state. That's 90+ trails! Send \$50.88 (\$48 non-PA residents). PA price includes tax

**WESTERN SADDLE FOR SALE:** The most comfortable saddle I've ever owned. Unfortunately it's not wide enough for my new horse. Hard to find Circle Y Flex Tree. 16" Used only 6 months, like new condition. \$975. Contact Kyle at 301-570-3860.

**FULL BOARD FOR WELL-MANNERED GELDING,** - will join one other horse at a private home with two small barns and great care. Would love a fellow trail rider! Located just outside of Upper Marlboro close to 301 and 4. \$275 month **ARABIAN-STYLE WESTERN LEATHER SADDLE FOR SALE,** never used, 16" seat, Pretty saddle but needs a wide horse. \$100 For additional details please call Sherry West 301-627-6481 or email [cytrys@msn.com](mailto:cytrys@msn.com)

**ALUMINUM GOOSENECK STOCK TRAILER FOR SALE:** 87' Arnt, 20' on box with dressing room with saddle racks. Can haul 4 horses, 7' tall. \$7000 OBO. Theone Andrew, 443-472-2483, [k9clipper@mac.com](mailto:k9clipper@mac.com)

## PA HORSE TRAIL, CAMPING, & CARRIAGE TRAIL GUIDEBOOKS

**Visit us at Booth #236**

(next to the PA Equine Council booths)

**PA Horse World Expo Harrisburg 2/24-26.**

**Don't miss our Expo specials! Bring this coupon to our booth & save an additional \$4 on book purchases plus save freight charges!**  
**FMI, see [www.PAtrail.com](http://www.PAtrail.com) "Coming Events."**

To order guidebooks by mail; send name, address, phone, & check to  
 Hit The Trail Publications, LLC, P.O. Box 970, Cherryville, PA 18035:

>**Ride Pennsylvania Horse Trails-Part I, the Eastern Half of PA:** Send \$28.33 PA residents (\$26.95 non-PA residents). (PA includes tax.)

>**Ride Pennsylvania Horse Trails-Part II, the Western Half of PA:** Send \$29.39 PA residents (\$27.95 non-PA residents).

>**Book Set-Part I&II:** Send \$50.88 PA residents (\$48 non-PA residents).

## Woodstock Equestrian Park

A quick reminder to all that while the Maryland Horse Park is "not a done deal," Woodstock Equestrian Park IS!!! This wonderful 600-acre park is open and under development in Beallsville, about 20 minutes northwest of Potomac. Exciting things are underway, including a series of guided trail rides next spring for area equestrians to familiarize them with this excellent trail network and show them the future locations of rings that will be available for the use of riders in all disciplines.

Karen Kraushaar  
PBHTA and Woodstock Equestrian Park Board member

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## A Victory for the Ag Reserve!

In November, the Montgomery County Council voted not to extend water and sewer into the Agricultural Reserve for large private institutional facilities. This vote means that mega buildings and parking lots won't be built in the Reserve. Without your support and the Council's vote, these large buildings would have removed large pieces of contiguous land from agriculture and increased polluted water runoff.

Montgomery Countryside Alliance and Friends of the Ag Reserve thank the Council for their strong action-this statement makes it clear that the Agricultural Reserve is for agriculture and not for institutional development. To those Friends who responded to our Action Alerts, many thanks! We also extend our thanks to 2005 Council President Tom Perez for his efforts to protect the Reserve and hope that incoming president George Leventhal will also be a strong advocate for a rural Montgomery.

Do you want more information on threats to the Agricultural Reserve?

Contact: Andrea  
Celebrate Rural Montgomery  
P.O. Box 83045  
Gaithersburg, MD 20883  
(202) 244-4408 ext. 1

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## Right to Ride

There is a bill before both houses of Congress that is vital to every equestrians in this country. It is the "Right to Ride " bills It is essential to all trail riders that we keep our trails open to horse use. The quarter horse council has made it easy to sent the request for support of these bills to congress. Go to the web site (<http://capwiz.com/aqha/utr/2/?a=7749306&i=71602003>) and the bill is explained. Type in your 9 digit zip code and sign the enclosed letters to your Senators and Congressman. **It takes two minutes.**

**WE ALL HAVE TO ACT PLEASE HELP IN THIS NATIONWIDE EFFORT.**

The **BIG EVENT** for Horse Enthusiasts!.....



# HORSE WORLD EXPO



**2**

**Great Locations!**



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*A Musical Equine Revue*

In conjunction with the Pennsylvania Horse World Expo Only



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Bob Jeffreys and Suzanne Sheppard



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Kenny Harlow ..... *General Training, Problem Solving*  
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Edgar Balliet ..... *Veterinary and Emergency Care*  
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*And Many More...*

\* Not all clinicians will appear all days of the show. See our website for exact dates and times.

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## **Little Bennett--TROT/MORE Joint Letter**

Hon. Derick Berlage, Chair

Montgomery County Planning Board  
8787 Georgia Ave  
Silver Spring, MD 20910

November 25, 2005

Re: Little Bennett Regional Park Trails

Dear Chairman Berlage:

Our organizations represent the two largest groups of visitors, after hikers, to our multi-use natural surface trails: equestrians and off-road bicyclists. This letter is to inform you of our joint interest in the upcoming Little Bennett masterplan.

Many if not most of Little Bennett's trails are former farm roads. They appear to have evolved for reasons having nothing to do with recreation. Many are severely eroded, and by today's standards, their designs would be called seriously flawed.

Collectively we realize the importance of stewardship. We have learned that all trail visitors impact trails, especially when wet. We are committed to reducing impact through education and regular maintenance.

We therefore, request that the trail system at Little Bennett Park be replaced with one built to more sustainable modern trail standards; one that will better protect the environment and reduce the effects of water erosion, while at the same time providing an enjoyable visit for all trail visitors.

In addition, because the shared-use trails north of Little Bennett Creek appears to be highly successful with all users, it is now appropriate to extend the concept to the rest of the Park.

Nationwide, most families bring off-road bikes to campgrounds, at least for the kids, who should be able to ride legally while enjoying the park's lovely setting. Indeed, we might note that some Prince George's County parks now offer their Ranger-guided nature tours on mountain bikes as well as on foot.

Together the undersigned,

TROT--Trail Riders of Today

MORE--Mid-Atlantic Off-Road Enthusiasts

Cc:  
Lyn Coleman  
Bob Turnbull  
Art Nelligan



## From the Trail Ride Coordinator

Although winter seems like it may never end, it's time to start thinking about upcoming trail rides. The TROT Board has agreed to try a new approach to organized trail rides in light of unpredictable participation in the past. Several of our rides have had a great turn out, and I will be contacting the leaders of those rides to reschedule this year. If you would like to lead an organized ride, please contact me (301) 570-3860 or [bossyjossi@netscape.com](mailto:bossyjossi@netscape.com) and we can set up a ride. If you are new to TROT but know a good trail, it's a great way to meet other members. I'll provide all the information you need to lead a safe and successful ride.

The new approach we are going to try is a list, published in the newsletter, of contact people who are willing to show other riders trails that they are familiar with. If you have a favorite trail that you are willing to show others, please email or phone me and I'll make sure it gets in the newsletter. Using this list, TROT members can contact each other directly to set up a ride.

Another resource for finding riding buddies that I highly recommend is to sign up for the Maryland Trail Riders website. The link to subscribe is: [MarylandTrailRiders-subscribe@yahoogroups.com](mailto:MarylandTrailRiders-subscribe@yahoogroups.com). Although not officially connected with TROT, you can email your interest to ride on a certain date or a particular location and you'll get a response from other riders with similar interests. To start, send an email to the link and tell them to add you to the subscriber list. It's free and a great way to find out what's going on in the horse world.

The first official TROT ride of the season will be led by Deneen Martin at the Montgomery County Agricultural Farm Park. Appropriately, the ride will be on Saturday, April 1<sup>st</sup>. The trails are woods and grassy fields, and Deneen usually has several assistants so the pace can be varied. Contact Deneen at (301) 253-2955 for additional details and meeting time. More information about upcoming rides will be in the next newsletter.

## Calendar Of Events

***You must show a current negative Coggins at each Ride***

Contact the ride leader to reserve a space on the ride and for information about time and parking. When an email address is listed, this is the preferred method for contact. All participants must be Trot members because of our insurance. Ride leaders will have Trot application forms available for non-members.

**Thursday, January 19-22**, Horse World Expo, Timonium, MD

**Saturday, February 25**, TROT Annual Pot Luck Dinner/Meeting at Howard County Fairgrounds in the Dining Hall. Contact Pat Talbott (301) 628-4130 between 9-5

**Tuesday, March 7**, TROT Board Meeting, 7 PM at Woodlawn. Contact Deneen Martin (301) 253-2955

**Saturday, March 19**, Preakness Celebration Parade Tryout, route is approximately 2 miles. Horses should be able to stand quietly and walk quietly for extended periods of time. Negative Coggins test certificate that is current and applicable through the end of May 2006 is required for each horse. Contact Pat Talbott [tallyho-tazz@aol.com](mailto:tallyho-tazz@aol.com).

**Saturday, April 1**, Montgomery County Agricultural Farm Park. The trails are woods and grassy fields the pace can be varied. Contact Deneen Martin at (301) 253-2955 for additional details and meeting time.

## New Members

We welcome the following new trot members

L. Ayers & Brian Peterson  
653 Sandy Hill Road  
Severn, MD 21444

Patsy McDonald & Harold  
Nussenfeld  
Kelsey & Sally Nussenfeld  
12 Timothys Green Ct.  
Baltimore, MD 21208  
(410) 653-3060  
pmcdonald@comcast.net

E. Lee Moser  
9229 W. Stayman Drive  
Ellicott City, MD 21042  
(410) 465-5679  
chrisrm@comcast.net

Werner Ansonge & Tommie  
Lea Manning  
13431 Lewisdale Road  
Clarksburg, MD 20871  
(301) 391-6796  
wtlea6@aol.com

Karol Dale-Montz & Eric Montz  
Katie & Jack  
6 Arthor Ave.  
Catonsville, MD 21228  
(410) 788-1310

Annette M. Simmons  
9205 Ewing Drive  
Bethesda, MD 20817  
(301) 896-0619  
palsasfarms@aol.com

Kerry Bingam  
3697 Singleton Terrace  
Urbana, MD 21704  
(301) 366-8364  
kerrylynn80@yahoo.com

Vicki & Tony Eastridge  
Emily & Ryan  
3822 Chaucer Ct.  
Monrovia, MD 21770  
(301) 607-6520  
veastridge@adelphia.net



## ELECTRONIC NEWSLETTER COMING SOON! Please read!

A major change regarding the distribution of the TROT newsletter is that it will be e-mailed to all members. For the next few issues we will distribute the newsletter by both snail mail and e-mail. This way we can see if we have your correct e-mail address, and if you can receive and read the newsletter with no problem. Eventually (there will be an announcement) you will receive the newsletter only by e-mail.

We know that some of you do not have e-mail. For you, we will continue to send your newsletter via snail mail. If you have e-mail but are receiving the newsletter only by mail, it maybe that you did not provide us with an e-mail address on your membership form, or that your address has changed since you joined. If that's the case, please send your e-mail address to Pat Talbott (tallythotazz@aol.com), who will be keeping the distribution list. The more newsletters we can send to our membership via electronic means, the more we can keep expenses down.

If you have any questions, please call Pat Talbott day number (301) 628-4130.

## Interesting Fact: Horsepower

What is Horsepower? What does it have to do with horses?

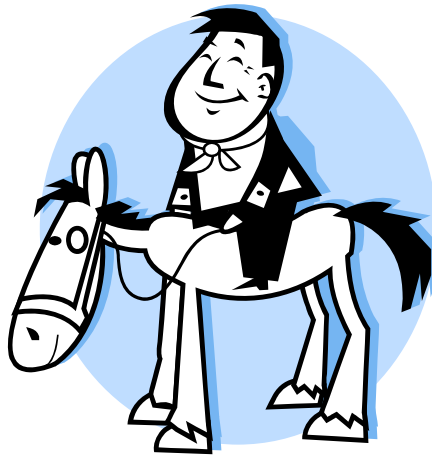
The term "horsepower" was created by James Watt, an engineer who lived from 1736-1819, famous for his work on improving the performance of steam engines.

Watt was working with ponies lifting coal out of a coal mine, and he decided to come up with a measurement that would describe the amount of power that one animal could pull. He found that an average mine pony could do 22,000 foot-pounds of work a minute. He then increased it by 50% and called that one horsepower: 33,000 foot-pounds of work in one minute.

Basically, a horsepower means this: According to Watt a horse can do 33,000 foot-pounds of work every minute. A horse pulling coal out of a mine, exerting 1 horsepower, will raise 330 pounds of coal 100 feet in one minute, or 33 pounds of coal 1,000 feet in one minute.

Fun fact: A horse producing 1 horsepower would burn 641 calories in an hour if it were 100% efficient.

Today we see the horsepower measurement used in vehicles, lawn mowers, chainsaws, and other motors. It's another example of how the horse has influenced our way of life.



*(Continued from page 3)*

for discussion. Add your club's own goals for 2006 to the list. Share your ideas with us, if you think others clubs might be interested.

Let me know how the Trails and Greenways Committee can help you in 2006? Thanks in advance for your help in ensuring that 2006 will be another productive year as we make steady and careful progress learning how to protect and preserving our trails.

Thanks!  
Peggy Bree

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