

Trail Riders Of Today

<http://www.trot-md.org/>

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TROT Ride - C & O Canal

Saturday, May 15 - Led by Anna
Slaysman

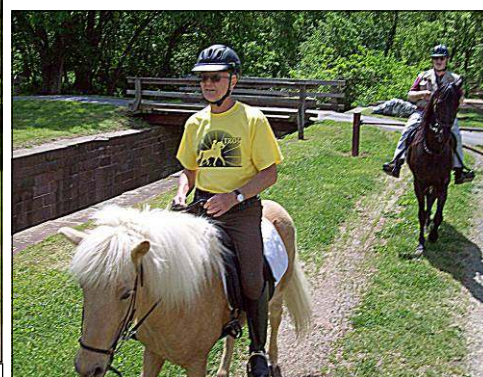
Nancy Osgood

The ride started out at scenic Potomac Riverside Stables and ended up with a BIG picnic of hot dogs and hamburgers on the grill and LOTS of other food at the picnic



**Beautiful Appaloosa Cadet
with Kathy Coviello**

courtyard behind the club house at Potomac Riverside. The picnic was compliments of Anna Slaysman the owner of Potomac Riverside. Anna and several other boarders at the stable acted as ride leaders. The ride was a great success and a good time had by all! Anna has been hosting a TROT ride for many years at her beautiful farm. Thank-you, Anna!



Jim Henry in the cool T-shirt!



**Riding along the
C&O Canal**

**Misty ridden by
Carole Alcoba**



TROT Activity Reports and Photographs

Newsletter Staff

This issue of the TROT Newsletter has articles and photographs of three TROT rides and a Trail Clearing. More activities and adventures occurred since the last issue (May) but no write-ups or photos were submitted so we could not include them.

The newsletter staff (and we are sure the TROT

membership) appreciate hearing about the **rides, trail clearings, pertinent meetings, county updates and up and coming events.** Photos are encouraged and desirable. Please submit them along with the event name and identity of the persons (and horses) in the photo if known. Send the photos in the highest resolution that you can and without any prior editing to Nancy Osgood, nlosgood@verizon.net

Thank you for your assistance and remember that the newsletters (and archives) may be viewed on the TROT website <http://www.trot-md.org/> as well as downloaded (PDF) or printed (all or single page as desired).

President's Message

Ron MacNab, President

In Defense of Small Rides

We have had some wonderful weather and some great trail rides this Spring. Turn out has been quite large for some rides. As President, this is a wonderful sight. I love to see lots of people riding down the trail. It looks great. It is more exciting than small rides. I get to meet lots of people as we shuffle positions in the line. I am reassured to see people at all levels of riding ability deal with a cantankerous horse. But for me the best part of a large ride is at the end when we gather to eat and talk. It seems like that is when I get to know people better.

But as nice as a large ride is, it can be too exciting. The more horses and people, the higher the anxiety. An otherwise calm horse can seem to go nuts when confronted with so many other horses. There is the rubber band effect where no matter how slow the lead rider is moving, the last rider is cantering to keep up. Then there is the stuck on the slope problem. There seems to be an unwritten law that a line of horses must stop on a steep slope when going up or down hill. Then comes the bumper car effect as horses smash into each other's rump before stopping. This of course happens at water crossings as well. But large rides are a social event so quality of riding is not a high priority for me.

For the riding experience, I prefer small rides. I like talking while I ride, but not too much. Mostly I like to enjoy my horse and the surroundings. I am more observant. I remember the trail better and more of the ride. The conversations on small rides seem to be richer. The conversation more real, the experience more shared, the riders more courteous and the horses more calm.

Some say that riding is much like going to church for them. For me, riding alone is like a meditation. Riding in a small group is like attending church with friends. Riding in a large group is like attending the church social. I need a little bit of each.

I write this, because I often hear ride leaders express disappointment if there is not a large turnout for their ride. I would be willing to bet that most trail riders prefer a small ride. Besides, even if no one else but the ride leader shows up, they will still have the best of all possible company.



TROT Ride - Agricultural History Farm

Saturday, May 29, Ride leader Deneen Martin
Nancy Osgood

What a great turnout and a fantastic ride at the Agricultural History Farm Park on May 29! In the words of ride leader Deneen Martin "I have been doing TROT rides for 17 years, and I have never seen a turnout like this!" There were 36

horses in all! The day was perfect, and the trails were in excellent condition. Three groups were quickly organized, so everyone got to go at their own pace and everyone got to enjoy a sorta "small ride" as described by Ron MacNab!. Everyone enjoyed the tasty pot luck luncheon after the ride! This park is one of the jewels in the Montgomery County Park system, and will be the location for the fall TROT Judged Pleasure Ride.

Getting ready
to ride



One more photo
on page 3

Heading for home!



Tacking up at the Ag Park



Maryland Trails Roundtables

by Ron MacNab

At the Maryland Horse Forum in August of 2009, Governor O'Malley expressed his support of the Maryland Horse Industry and his desire to make Maryland trails and parks second to none. Since that time the Department of Parks and Department of Natural Resources (DNR) have met with TROT and other groups to hear their concerns and seek their cooperation.

In June, the DNR held four regional Roundtables in Owings Mills, Greenbriar State Park, Easton and Upper Marlboro, to discuss trail issues. Invited guests included representatives from each county's parks and planning departments, Maryland State Planners, Maryland State Highway Administration, the National Park Service and interested trail related organizations such as TROT and MORE. I attended three of the four meetings on behalf of TROT, The Maryland Horse Council and the Maryland Horse Industry Board. The meetings were well attended with about sixty participants at each meeting.

What we quickly learned was that there is no single location to find all the trails in Maryland. Even the State does not have a single point of reference for all the trails in Maryland. Further, there is no comprehensive strategic plan for trails in Maryland. The State and counties do their own thing with minimal information sharing and coordination. The hope of the Roundtables is to begin to correct these problems. DNR asked all counties to provide a list and map of each of their trails. The trails will be placed onto larger regional maps. In October, DNR will hold a "Maryland Trails Summit"

inviting the same folks back to review the regional maps and discuss next steps.

I would like to see the following come out of the October Trails Summit.

1. A resolution to request the State of Maryland form a Trails Division within DNR. Unfortunately there is no office that monitors and coordinates trails within Maryland. Maryland does have a Land Trails Coordinator but it is a collateral duty to his many other titles and responsibilities.
2. Inventory and map all trails including lands owned by WSSC, BG&E, and U.S. Fish and Wildlife Service. Place them on an interactive website map of Maryland with downloadable trail maps for public use.
3. Park planners from each region of the State meet with DNR over twelve months to develop a ten, twenty and thirty year Master Plan. They will identify the major trail corridors such as the C&O Canal, Patuxent, Patapsco and Gunpowder river valleys in central Maryland and plan to complete these greenways with linkages to adjacent trail systems.
4. Purchase the land necessary to complete the linkages in the Master Plan.

Whether this organized effort materializes, I do not know. But I do find it refreshing that others are taking notice and trying to make significant progress. It would be wonderful if twenty or thirty years from now the next generation looks back and says, "I am so glad that they had the foresight to create these trails and greenways while it was still possible."

Did you know that you can earn money for TROT? Turn your Southern States feed bags into cash!

Southern States has a feed rebate program called SHOW, Special Horse Organization Winner's program, which provides sponsorship to non-profit horse organizations. TROT can earn 25 cents per bag of Legends or Triple Crown products, simply by you cutting out the proof-of-purchase (POP) seal found on the side or back of the feed bag. Other Southern States feeds, such as the Reliance series (which has recently been revamped) earn 10 cents per bag with the POP seal. Check out the new Reliance feed series and bag designs at your Southern States store.



The money you earn for TROT can be used to support TROT events benefitting our local horse industry. A big "Thank you!" goes out to our TROT members sending in the POP's, to Southern States for sponsoring our organization, and to Michele McGuinness for acting as TROT contact! So, cut out those little POP squares and send them in! Please mail to Michele McGuinness, 21218 Dorsey Spring Place, Germantown, MD 20876.



At the Ag Park Ride

Wanna Be a Ride Leader?

Nancy Osgood

Don't you love going on the TROT rides? Be sure to thank your ride leaders! Many of these folks volunteer year after year to lead a ride for TROT. They are our unsung heroes!

Also, please think about becoming a ride leader yourself. Do you have some favorite trails that you would be willing to share with other TROT members? Being a ride leader is a lot of fun.

So, what is entailed with being a ride leader? The first thing you should do is check the TROT website to see what dates are open and will work for your ride. Then contact the Trail Ride Coordinator to arrange for a date. We like to spread the rides throughout the riding season. Right now there are some weekends with no planned rides – so it would be nice to include a new ride or two!

There are a number of things that should be established early-on in the planning process. First, ride location, ride time (time to be in the saddle!), ride leader contact information, trail description, event description. So, here are some ideas that you might consider when organizing a ride.

What trails will be used? Trails should be well established trails that are safe and free of major obstacles. Remember that some of the participants may be novice riders with green horses. Steep grades, difficult water crossings, thick undergrowth, or other obstacles should be evaluated for suitability.

Ride details – start time, duration, and general trail conditions. It is good to establish an “in the saddle” time – and stick to it! This way everyone knows that they must be on time! Most TROT rides are about 2 to 2 and 1/2 hours in duration. Also, let everyone know if the trails are rocky – so the barefoot folks can bring boots!

What is the pace of the ride? The ride leader can establish the pace – which should be announced in the ride announcement. It is great if there can be multiple groups, since there are some people that like to do a lot of trotting and some cantering, and others that prefer a walk only pace. So, it is wonderful to team up with a trail buddy so that there can be more than one ride leader for the different paces.

Contact Information. It is important that the ride leader provides reliable contact information, and collects contact information from ride participants. This allows easy communication in case of ride cancellation due to weather, or other factors.

Ride location details. Helpful details regarding directions to the ride and trailer parking, are appreciated by members that might not be familiar with your ride location. Also, it might be necessary to limit the number of participants, for example, if there is limited trailer parking, or if you want to keep the group small for logistical reasons or for your own comfort level.

Ride events. It is always fun to have a get-together after the ride, but don't feel like that should be a major burden on the ride leader. Having a potluck, or just telling everyone to bring a sandwich to eat together after the ride can be a lot of fun – with minimal extra effort on the ride leader. Or you can ask a trail buddy to organize a post-ride get-together. Some folks have organized really great events – like a BBQ, and hosting the group in their home – to add a bit of fun to the ride.

Ride Day responsibilities. It is good for ride leaders to arrive just a bit early – so everyone knows exactly where to gather!

The Trail Ride Coordinator sends a packet with sign up sheets for riders, signs, etc. TROT rides are limited to TROT members, so ride leaders have membership forms available so non-members can sign up right there! Leaders start the ride by letting riders introduce themselves and their horses.

So, do you know some wonderful trails that you are willing to share? Won't you consider being a ride leader? And if you would like to volunteer, but are not quite sure you want to take it on all by yourself, contact the TROT Trail Ride Coordinator, a TROT officer or board member. Maybe they can team you up with someone to assist!

The photo shows one of our beloved TROT ride leaders – Deneen Martin getting riders up at the Ag Park!



TROT Organizational License Plate

Ron MacNab

It has come to our attention that TROT is eligible to order organizational Maryland license plates for our members. The license plate would have the TROT logo, two stacked letters and four numbers. The cost is \$25 and must be done through TROT. At this time we are seeing if there is sufficient interest in this. If you think you would like to have a TROT license plate for \$25 please contact Susan Railey at susanrailey@verizon.net.

Worming Regimen Incorporating Fecal Counts

Barbara Sollner-Webb

Last winter, the Maryland Horse World Expo had a great talk by Dr. Harold McKenzie of the Marion duPont Equine Medical Center (also known as "Virginia Tech", in Leesburg). Dr. McKenzie recommended doing yearly fecals for each horse, and then worming each according to his/her worm load. Harold said about 90% of horses at the barns they tested have low worm loads and are fine on only twice yearly prophylactic worming -- less worming than we normally do. However, a small minority of horses at those barns have high worm loads and need more frequent worming. The worming regimen may specifically target the kind of worms that their test showed they have in high amounts. Since Dr. McKenzie said that these high worm load horses are the source of about 90% of the worm eggs in the pasture, which can infect all the other horses, all horses benefit if you figure out who are the high worm load/high shedder horses and treat them appropriately.

Dr. McKenzie recommended taking the fecal samples after a few weeks of pretty warm temperatures (and ideally before the first worming of the season, but that is not critical). So we just did this, and I want to share with you what we learned. The samples are then sent for analysis. See the instructions below.

It turns out that the Marion duPont Equine Medical Center (abbreviated as "EMC" below) -- which is probably one of the technically best places to do this analysis -- is also inexpensive, and the we found the staff super nice and helpful. Specifically, they charge only \$7 per horse -- an absolute bargain! -- and the next morning, they fax the results to you (or to your vet, however you want). They will also call you, which I found very helpful, as they tell you how to interpret the counts and what worming they recommend for each horse.

Our horses fortunately all had a "low" worm load (defined as under 200 eggs per gram), so EMC recommended only a larvicide now (like Quest) and a larvicide plus tapeworm treatment in the fall (like an ivermectin plus praziquantel, such as Zimecterin Gold, or even a double dose of Strongid). I also discussed the results with our vet, who wholly agreed with EMC's recommendation. Thus, less worming for the horses, and peace of mind for us. Plus, by only worming twice this year, we will be saving considerably more in wormer costs than the cost of the

testing (in our case for 6 horses the cost was under \$10 per horse, including shipping).

Certainly, numerous local vets, animal hospitals and individuals also do fecal testing, and many of these are surely excellent. Most seem to charge about \$30 to \$40 per horse, which seems a reasonable price for the work involved (although it is considerably more than EMC's price). I believe it is important to talk to the person who is actually doing the testing, to confirm that they: (1) are using McMaster's test (scoring the number of worm eggs) AND (2) actually do determine the kinds of worms. I raise that because a local Animal Hospital advertises they do such fecals that differentiate the kinds of worm eggs, yet I happened to talk to their person who actually does the test, and she said she normally does not differentiate between different types of eggs because she knows that horses in this area only have one particular kind of worm. Notably, the testing done at EMC reported about half the low levels of worm eggs in our horses' samples were from different kinds of worms.

If you want to get the fecal test done at EMC (Marion duPont Equine Medical Center, VA Tech), call their lab, at 703-771-6830. They send you a simple form to fill out, to accompany your samples. Only one piece of poop is needed for each horse, which we put in individual zip-lock baggies, labeled with the horse's name. We sent the samples to "Laboratory, Marion DuPont Scott Equine Medical Center, 17690 Old Waterford Road, Leesburg, VA 20176", preferably by FedEx "Priority" service (for morning delivery). We used an insulated box and packed the samples with a bunch of ice (secured in a well-tied plastic bag that does not leak). However, EMC says that cooled shipment is not necessary, and is OK to send at ambient temperature with next morning delivery (evidently egg counts in horse poop can be done after 24 or even 48 hours). Notably, the cost to FedEx our six horses' poop samples by "Priority" service, in the insulated box with ice, was only \$19. Presumably it would have been cheaper without the ice and in a smaller box. And by 11 AM the next morning, I had received the results.

We will be doing this testing each year, from now on!

Editor's Note: Many thanks to Barbara for sharing her experience! She noted that although it is best to start the program in the early spring, before the first worming, apparently fecal counts can be used at any time to help identify horses with high worm loads and to individualize and optimize your worming program.

Need a ride/Share a ride!

Do you have a two or three horse trailer, but don't like traveling alone? Do you have a horse, but no trailer? TROT organizes some great trail rides throughout Maryland. It would be a shame to miss those fun times because you don't like to travel alone or because you don't have a trailer. We want to provide a forum space for people looking for a traveling partner, so please write to the TROT Newsletter at nlogood@verizon.net.

You just might find someone who lives around the corner from you who would love to share a ride (and with gas prices the way they are, someone who might be willing to share expenses)!

TROT Ride - Rocky Gorge Watershed Burtonsville/Laurel

Saturday, May 22, Ride leaders: Terry Ledley, Barbara and Denis Webb
Priscilla Huffman

On Saturday, May 22, a large turnout of 22 riders participated in the TROT ride held on the Rocky Gorge watershed property in West Laurel. The ride, which was organized by Terry Ledley and Barbara Sollner-Webb, is one of the longest-standing TROT rides traditionally held each year. Even with the unexpected presence of the Laurel Rescue Squad practicing water rescues, all 15 trailers were able to fit into the parking spaces at the Supplee Lane boat ramp thanks to Mike Wheeler who directed traffic and assisted with parking trailers. Rhona Lawrence was also very helpful in greeting riders and organizing the transport of the food.

Riders divided into a faster and slower group, with Terry Ledley leading the walking group and Mary Prowell leading the faster group. Perfect riding weather and stunning views of the Rocky Gorge reservoir through the trees contributed to a beautiful ride. These trails are excellent for conditioning your horse, with lots of hills and water crossings. A highlight of the ride is passing the trail marker dedicated to Terry Ledley by WSSC for her efforts in preserving and creating the trails. Thanks to the gracious hospitality of Barbara and Denis Webb (who also have contributed countless hours in marking and working on these trails) riders were able to put up their horses at the

Webb's barn and pastures, and enjoy a potluck lunch before heading back to the trailers.

Several TROT members who had not ridden these trails before asked about accessibility for future rides. The Rocky Gorge watershed property is owned by the Washington Suburban Sanitary Commission (WSSC) and use of their trails is restricted to equestrians, boaters, fishermen, picnickers (and hunters, in season), each in designated areas. Bikes are not allowed. There is a main orange-marked trail along the reservoir, and over the years riders have created 20+ connecting trails between the main trail and an established jeep trail. Permits are required and can be purchased annually (\$60.00) or for one day (\$5.00) from the Brighton Dam park office or the WSSC headquarters at 14501 Sweitzer Lane, Laurel, MD 20707. <http://www.wsscwater.com/>. Children 16 and under and adults 65 and older can ride the WSSC trails for free. The trail system has recently been included as one of the TROT trail maintenance projects, so we are continuing to re-mark these trails and ensure access beyond Route 29.

Thank you from all of the riders to Terry Ledley, Barbara Sollner-Webb, Denis Webb and Mary Prowell for another great TROT ride!

Membership Report

Jeanne Bond, Membership Chairman

TROT has a total of 636 members to date. We'd like to introduce our newest members, many of whom joined us on Anna Slaysman's C&O Canal Ride on May 15th. Welcome all!

		County
Katherine P. Weld & family	Adamstown, MD	Frederick
Diane Jones	Havre de Grace, MD	Harford
Robin Bruckner & family	Sandy Spring, MD	Montgomery
Caroline Eckstrom	Gaithersburg, MD	Montgomery
Donna Kinsella	Gaithersburg, MD	Montgomery
Marie Medynets	Rockville, MD	Montgomery
Peggy Seefried	Potomac, MD	Montgomery
Hedy Sladovich	Brentwood, MD	Prince George's
Mary Smyth	Fairfield, PA	Adams
Susan Farris	Ashburn, VA	Loudon
Charlotte Friddle	Sterling, VA	Loudon
Pam Graff & family	Leesburg, VA	Loudon
Jessica Hines	Leesburg, VA	Loudon

County Updates

Need volunteers

as contacts or coordinators for **Baltimore, Charles, Calvert, and Talbot Counties**. If you have an interest to act in this capacity, please contact Ron MacNab, TROT President, rmacnab@comcast.net or call (301) 622-4157

Howard County

Pat Oliva

Sadly our Parks and Rec director Gary Authur died in May. He was truly a friend of riders. He will be sorely

missed. Since the director is a political appointment no one knows who the new director will be. I talked with Clair about Benson Branch. Everything is on hold???? The good news is that they will rough up the parking area at Western Reg. Park.

Montgomery County

Ron MacNab

M-MNCPPC received major budget cuts for 2010-2011

from the Montgomery County Council. They are expected to lose 130 positions throughout the Commission with most coming from the Department of Parks. The Park Police will

(Montgomery County continued on page 10)

Who's Who in TROT

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karen@friesianfields.com

TROT Ride - Susquehanna State Park

Sunday, June 6 - Led by Karen Penharlow



Scenic views in the Susquehanna State Park

Kicking up her heels at the Susquehanna ride!



Riding together in Susquehanna: Mariann Heritage, Karen Koback, Mary Prowell, Karen Penharlow, Doris Rinehart



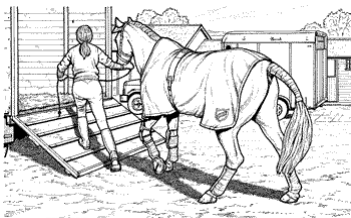
UPCOMING RIDES

Allison Abernathy, Trail ride coordinator

Contact the ride leader to reserve a space on the ride and for information about start time and directions.

All ride participants must:

- wear hard hats,
- be TROT members (membership forms will be available at the ride for non-members).
- provide a copy of a current negative coggins for each horse.



- if needed, bring a snack for get together after the ride.
Contact ride leader for details.

For any additional questions about TROT rides, please contact Allison Abernathy abernathy.allison@epa.gov. Most leaders volunteer year after year because they have so much fun! It's a great opportunity to meet other TROT members and maybe find a new trail buddy.

WANTED: suggestions of other places to ride and volunteers to be ride leaders. Please contact Allison Abernathy (see above).

2010 TROT TRAIL RIDE CHALLENGE

TROT Trail Ride Coordinator, **Allison Abernathy**, is challenging all TROT members to participate in the 2010 organized trail rides and win awards! Read the rules below, and get ready to take up the challenge!

Special TROT Trail Ride Challenge Awards will be handed out at our 2011 Annual Potluck Dinner in the following categories:

Adults 18 and over

Children under 18

Rules: You must ride in at least three TROT-sanctioned rides listed on our website, <http://www.trot-md.org/>. For each category, awards will be issued based on the number of completed rides with a special award in each category to the individual with the most rides. Ride leaders get two points for the rides they lead.

How to enter: By December 15, 2010, send the TROT Trail Ride Coordinator an email (abernathy.allison@epa.gov) listing the TROT rides you attended. If you were a ride leader, make sure you include that information, as you get double points if you lead a ride.

Make it an adventure!! Try keeping a journal and/or writing an article about it for our TROT newsletter. Pictures are welcome. We would love to highlight individuals who are riding the Challenge! Consider telling us over the summer how it is going via our TROT newsletter.

Patuxent River State Park (Brown Church Rd) - Saturday, July 17, Ride leader Lisa Troutman

The pace will be mostly walk, trot, with some canter. This will be a scenic ride along the edge of cropland and in the forest. There will be stream crossings and hills. There are a few rocky spots. Bring lunch.

In the saddle at 10 AM, Location/parking: Park on Brown Church Rd by the park service sign. Parking is limited to less than 10 trailers., Contact: Lisa Troutman at: 301.253.9243 or email cat.home@comcast.net

Codorus State Park - Sunday, July 18, Ride leader Ivy Smink

Bring lunch. The pace will be walk, trot, and canter. This is a 8 mile loop with variable footing (meaning occasional rocky sections). There is ample parking and a porta potty.

In the saddle at 10 AM, Location: Hanover, PA
Contact: Ivy at 410.875.5691 or email ivyismink@qis.net

Liberty Reservoir - Sunday, Aug 15, Ride leader Ivy Smink

The pace will be walk, trot, and canter. The terrain is hilly and rocky and there will be multiple stream crossings. Shoes or boots recommended.

In the saddle at 9 AM, Location/Parking: Park off Deer Park Road. Parking is limited to 8 trailers. Contact: Ivy at 410-875-5691 or email ivyismink@qis.net

Little Bennett - Saturday, August 28,

Ride leader Lisa Troutman

Beautiful trails in the forest and along some grassy fields. This park is fairly rocky so horses may need shoes or boots. The pace will be walk, trot, and canter. Ample parking. Bring lunch.

In the saddle at 10 AM, Contact: Lisa at: 301.253.9243 or email cat.home@comcast.net

Judged Pleasure Ride - Saturday, September 25 (tentative), Coordinated by Deneen Martin

TROT's Judged Pleasure Ride is our signature event and is always great fun for participants and volunteers. Come and enjoy the beautiful rolling fields and woods of the Park and try you and your horse's ability to negotiate obstacles and conduct challenging maneuvers. Lots of fun and great camaraderie; you will find yourself talking about it all year. Bring a lunch. There will be lots of categories and lots of prizes. Please support this event, it is TROT's biggest fundraiser!

Start time: ride start is 10 AM, Location/Parking: Agricultural History Farm Park, 18400 Muncaster Road in Derwood, Maryland. See also http://www.mcparkandplanning.org/Parks/facilities/ag_farm.shtm. Contact: Deneen at 301-253-2955 or at deneenmartin7@msn.com

Breezy Loop Boyds, MD - Sunday September 26, Ride leader Ron MacNab

(Upcoming rides continued on page 9)

(Upcoming Rides continued from page 8)

A beautiful ride through rolling farm land and woods. The length of the loop is 4.6 miles long and takes about 1.5 hours at a walk. The trail is on private land that has been graciously made available for trail riding. Since the trail is relatively short and well marked, some riders may want to traverse the loop a second time on their own, in the opposite direction. Bring a lunch. Current coggins test is required. Call in advance if you plan to attend.

Location: Potomac Pony Club Field/Breezy Loop Trailhead 19301 Bucklodge Rd., Boyds, MD 20841. This field is approximately 1.7 miles north of Md RT-28 Darnestown Rd, on MD 117 Bucklodge Rd. in Boyds.

Directions: From Frederick and Points West: Take Rt 85 through Buckeystown, and continue on 85 as it becomes Rt 28. Continue following Rt 28 through the town of Dickerson and Beallsville (there is a traffic light - at Rt 109). You will pass Peachtree Rd, Lewis Orchards, and eventually come to MD 117- Bucklodge Rd on your left - there is no light. Turn left. Follow Bucklodge Road for approximately 1.7 miles, the Potomac Pony Club Field entrance will be on your right, just as you pass Moore Road.

From Rockville and Points East Take Rt-28-Darnestown Rd West - you'll pass Rt 118, Rt 107 to Poolesville, and MD 117- Bucklodge Rd will be on your right. Turn right. Follow Bucklodge Road for approximately 1.7 miles, the Potomac Pony Club Field entrance will be on your right, just as you pass Moore Road.

In the saddle at 10AM, Contact: Ron MacNab at 301-622-4157 or email rmacnab@comcast.net.

Upper Patuxent River State Park (Annapolis Rock Rd) - Saturday, October 23, Ride leader Suzanne Anderson

The trails are hilly but not too rocky. There will be river crossings and, depending on the rainfall, mud or dust. The ride will be 2½ to 3 hours of medium pace (walking, and trot/gait). Bring your lunch and/or something to share for after the ride. We'll have a table, with cloth, flowers, burner for hot water, tea, coffee, hot chocolate. Bring water for your horse as there is no water at the trailer parking site. This will be a joint ride with the Chesapeake Plantation Walking Horse (CPWH) club. The pace will accommodate the least experienced rider. You must be a member of TROT or CPWH to participate.

In the saddle at 10:00 AM, Location/Parking: Cow Pasture

off Annapolis Rock Road, Contact: Suzanne in the evenings at 301. 829.3881 or email @ trailsendfarm@verizon.net

Little Bennett Scavenger Hunt - Saturday, October 30
Ride leaders Maureen and Jim Henry, Deneen Martin

Riders need to be at the parking field by 1 PM to register. At 1:30 prearranged groups will assemble to review rules for the Scavenger Hunt. Riders should be able to at least trot their horses so that the team can cover as wide an area as possible within the 1 1/2 hour time limit that they will have to find the items required. No one will need to collect anything, but each group will be given a pad, pencil, and map to note approximately where the item was located with some nearby references. The items will be flora, fauna, manmade items, or places within the park, but they must stay on the near half of the park and not cross Clarksburg Road to locate the items because of the limited time frame. The leaders of each of the groups will be chosen by having some knowledge of the park by previously riding there. Limit is 30 riders (first come, first served) and no more than 6 teams of 5. Should there be a tie there will be a mini hunt at the trailer area to determine the final winner. Winning team will receive individual prizes. Everyone will get small trick or treat bags with Halloween candy and I will have a large bag of carrots for the horses. We will have a potluck after the ride. Food brought could have a fall or Halloween theme. Jim and I will bring the paper products. Lawn chairs should be brought for individual comfort. Early notification is imperative to be able to participate.

In the saddle at 1:30 pm, Special Directions: You must RSVP by Thursday Oct 28 to attend this event. Contact: Maureen Henry at 301-371- 4868

Anacostia Park - Saturday, November 20
Ride leader John Angevine

This is a favorite TROT ride that closes out our ride season. Folks who have attended this ride say they are amazed with the spacious trails and beautiful scenes along the Anacostia River so close to downtown DC. The ride may encounter bikes, fishermen, some asphalt, as well as a scenic view of the historic Lincoln Cemetery. Ride leaders will provide water and granola bars.

In the saddle at: TBD, Location/parking: TBD, Contact :John at 301-937-0014

Looking for riding partner(s):

Looking for a ride! My horse is located in Adamstown, which is 15 minutes from Frederick in one direction or Poolesville in another direction or the Damascus area. I would gladly help with gas or anything needed if anyone could add my horse to your trailer. He is an Appaloosa gelding, 15.1 and average size. He loads well. Most of his experience is with step-up, but ramp is OK too. Please contact me if you have space in your trailer. Thanks!
Donna Collins (240-629-8979)
donna.collins@comcast.net.

Do you have a second horse? I'm a new member of TROT and very interested in joining in on some of the trail rides, but I'm only leasing a horse right now and he doesn't trailer very well. Also, I don't have my own trailer. So I

am interested in any members who might have a second horse they'd like to get out and about on the trails. I'd be happy to share expenses, etc., and I do have my own tack.
Donna Kinsella kingsgold@aol.com

Looking for a trail buddy and transportation! I'm looking to go on trails, including TROT rides. I live in Damascus and my horse is also in Damascus on Long Corner Rd. I work evenings so I can go on rides during the day, the earlier the better. I'm ok with any pace but right now my horse is out of shape so I need to take it easy on the poor boy! Christiane Ritcher
lapado2000@gmail.com

Looking for a buddy! Have horse and trailer but do not like to haul alone. Anyone in the Waldorf/Clinton Md area looking for a buddy?? Reply's to Donna Ward
hedge3@msn.com

TRAIL MAINTENANCE NEWS

Report of the WSSC Trail Maintenance Project

Amy Kimble, TROT Trails Coordinator,

Report on the WSSC trail clearing project in May. We were few but we worked and we got the job done. Trails now are passable and marked from Ednor to Suplee Roads. Saturday morning a small crew of 6 on foot worked to mark and clear from just above Dustin Road to the Oliva Pass at Rt. 29. We rerouted a few sections and marked with yellow plastic tape the proposed trail and will have Terry Ledley approve it before marking it with the traditional orange blazes. Thank you to all who contributed at one or the other or both trail clearings. I am very aware that I cannot do this alone and for all of you who are using these trails please be aware that it takes work to keep good relationships with our stewards. Please be respectful and stay off the fire breaks and purchase your passes to support this amazing trail system.

Montgomery Parks Trail Volunteers now have a Facebook Page!

Ben Sugar, Trails Volunteer Coordinator for Montgomery Parks, MNCPPC

For those of you who use Facebook, you can now get info on upcoming workdays and generally commiserate with other likeminded folks by becoming a fan of (or 'liking') [the Montgomery Parks Trail Volunteer Facebook page](#). It's rather new and still under development, so please pardon our dust while we add content. I look forward to getting some pictures of you all hard at work on the trail on there soon!

National Trails Day on June 5

Nancy Osgood

I gave up a day of riding to participate in a trail maintenance project at Rachel Carson Park organized by Ben Sugar. This was not really a selfless act, since I often ride in the park! It was a great day, and I learned a lot about constructing and maintaining sustainable and environmentally-friendly trails. I also talked with other volunteers who work in Rachel Carson regarding some trails that are currently marked "No Horses" and how we can reroute these trails to make them horse-friendly. Some bonuses: We saw two wonderful salamanders (when is the last time you saw one in the wild?), which we carefully relocated while we worked on a wet area. We also met some young people radio-tracking box turtles that have been

relocated to Rachel Carson from ICC construction areas. See, I told you trail clearing can be fun! Keep tuned to the TROT Website and the Maryland Trail Riders Group regarding trail maintenance

Upcoming Trail Clearing Activity

Amy Kimble, TROT Trails Coordinator

Possible dates for clearing: June 26th. - Monocacy- clear the trails off of Park Mills and waiting on Dave's approval to blaze and establish the new proposed loop that we marked in the last Monocacy Trail clearing. I plan on starting at 8:30AM.

Patuxent River State Park- July 10th. We will decide which areas to concentrate on based on feedback from members and the number of people that volunteer. We plan on beginning at 8:30 AM to try and beat the heat.

The remainder of July is entirely booked solid for me but anyone can schedule and plan a trail maintenance session.

Please let me know of any trails that need to be scheduled for a work session.

We work in small groups either mounted or on foot and it is excellent training for young horses and horses that are not terribly fit. We generally work for approx. 2-2 1/2 hours but are very flexible. We carry nippers and small hand saws. If you do not have any tools please let me know so that I can supply them.

If you have any questions please feel free to contact Amy Kimble at 301-748-8310 or email AmyHkimble@aol.com.



**Volunteers at Rachel Carson Park
on National Trails Day**

(Montgomery County continued from page 6)
be losing 18 of their 70 officers.

The Montgomery Co. Council resolved to dismantle the Park Police and transfer their function into the Montgomery County Police. To complete the process they must obtain approval from the Maryland legislature during the 2011 session. Plans however are currently under way. Radio dispatchers will probably transfer to the county this fall.

Some of the Park Police will be able to transfer to the county but must sacrifice their current rank and pay due to Montgomery County police union requirements. Others will not be eligible due to differing education requirements.

A number of TROT members are Park Police Volunteers. The status of the volunteer unit is still up in the air, not knowing if funds will be allotted to continue supervision of the program.

CLASSIFIED ADS

To place an ad

email: nlogood@verizon.net

TROT Members: Regular (100 word) ad FREE!

Non-member rates:

- Classified ads - \$6.00 for first 100 words
\$0.10 for each additional word
- Business Card - \$6.00
- 1/4 page ad - \$25
- 1/2 page ad - \$40
- full page ad - \$75
- Insert (all copies delivered to our printer) - \$50

BOARDING, HORSE PROPERTY

Pony Pastures LLC, located on route 28 between Dickerson and Point Of Rocks MD - boarding, lessons, training, leasing and sales. Short ride to C&O Canal and many trails. We are a small, private A Circuit facility with olympic standard pvc jumps, Morton barn with hot and cold running water, Personalized service for you and your horse, whether you just want to trail ride or compete professionally. For more information call Morgan on (240) 344-0345, email info@ponypastures.com or visit www.ponypastures.com. Stall board offered at \$400 per month, field board at \$250 per month. See website for upcoming summer camps and clinics.

Horse Boarding – Field board plus (feeding available twice a day); available for 2-3 horses in small, private barn catering to trail riders. Direct access to Patuxent River State Park and Rachel Carson Park with miles of public-access trails. Owner operator lives on premises, assuring individual attention to the horses. Ideally located in Sunshine, MD (Montgomery County). Friendly barn – other boarders are active TROT and CMSC members. \$245 per month, plus feed cost based on individual horse's needs. Contact Marie at (301) 774-4330 or marieathq@verizon.net.

Belle Cote Farm: Field board available for adults on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$250/mo. Prefer retired, semi-retired, or non-showing horses. Contact Debby at (301) 641-8594 or email at bcfarmgirl@hotmail.com

For Sale: 7457 Mink Hollow Road, Highland, Md - 4 bedroom, 2 1/2 bath home on 5.6 acres with large barn (3 finished stalls and room for 5 stalls) with direct access to trails. Beautiful home, great barn, great neighbors. Can ride to Schooley Mill Park from barn. Being sold by Remax. MLS Number: MLS: HW7305193. Master bedroom on main. Call 301-854-2155 (Remax office) for further details. Just reduced to \$712,000 5/10/A



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HORSES - SALE, LEASE OR FREE

Looking for a horse to go on TROT rides. I would like to ride your horse (if you have an extra one) on a trot trail ride. I rode for 20 years, but have not recently. I am in the Ellicott City/Catonsville area. I would be happy to share all expenses. Contact: Susan Doukas (410) 461-6872. email: sdoukashorse@yahoo.com 5/10/A

PLEASE RIDE ME - Red Dun Gelding, 15.1, 14 yrs., UTD on shots, teeth, feet. Very personable, easy keeper & kind in the field. Red mane, tail, stripe on back & legs. Hauls, ties, goes anywhere in group or alone. No time to ride. \$2000.00 to great home. (410) 379-6633 or firstfuture@comcast.net 5/10/A

Belle Cote Farm: Several nice horses available for lease to adults, 21 years and older, on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$175/mo. half lease. Different lease options are available. Contact Jennifer at (301) 641-8903 or email at bcfarmgirl@hotmail.com

Experienced rider wanted to lease my 3 yo GAITED Rocky Mountain gelding (has had 9 months professional training) and go on quiet rides with me in West Laurel. call Kathy at 301-776-8954 for more details. 5/10/A

HORSES - SALE, LEASE OR FREE continued

Amazing Horse Sadly for Sale. 16.3hh, 8 y.o., dark bay, TB, gelding. Gideon's Trumpet, "Gideon", is a wonderful trail companion, bomb proof and certified by the Montgomery County Park Police; very stately. He has competed at lower level eventing and dressage with my then 15 year old daughter. Great disposition. Easy keeper. Bathes, loads, clips and ties without problem. No vices. UTD on all shots and worming. Price negotiable to a good home. Relocating and sadly can't keep him. Contact Lorin at 301-221-2822 or lhbleecker@gmail.com 7/10

Two Horses for Lease. (1) Full or partial lease – Connemara cross 14.1 hh, 12 yo mare. Cute bay, solid, pretty, friendly. Perfect for smallish adult or family with beginner rider. Quiet but responsive on trails. Boarded in Poolsville, close to Towpath and trails. (2) Partial Lease – 9 year old paint QH mare, 15 hh, big bodied and solid. Superb trail horse, easy going and experienced. Normally ridden English but can go Western. Must remain at barn in Poolesville – excellent trails, access to EPIC system, fields, indoor arena, outside ring. Can trailer to rides with advance notice. \$150/month. Contact Karen widgaither@aol.com.

Half Lease at Southwind Farm, Damascus: large, lighted indoor arena, two outdoor arenas, miles of trails on site, three horses for half lease, bay gelding, ex foxhunter, ex school horse, unknown breed, 15.2h., 27 yo., good trail horse, can do some light jumping, bay standard bred, mare, 15.1 h., 16 yo, does dressage, jumps, good on trails, chestnut quarter horse, mare, 15.1 hh., 13 yo, flashy dressage mover, jumps. Need intermediate or experienced riders, terms negotiable. Call Erin 240-643-0667 or Steve 301-869-4617. Lease one, two or all. 5/10/A

Wanted - Experienced trail horse or mule. Looking for a mount to lease or free lease for husband to use for light trail riding (walk, trot, occasional canter) on the weekends. Older okay, gaited ok, minor health issues okay. Gelding preferred, no cribbers. Would be kept on our private farm near Libertytown with fabulous turnout and lots of individual attention. Must be trail safe/sound and suitable for larger adult (200 lbs) advanced beginner rider. Will cover costs of upkeep & routine vet/farrier. Owner visits/rides okay. 240-357-8001 5/10/A

HORSE AND SADDLES FOR SALE.

Morgan gelding, 6 yrs. Started with 1 month training. Lean, athletic. Very cute and friendly.

County Dressage Saddle. Regular tree, 17 1/2". Excellent condition-\$1000.00.

Smith-Worthington V-Maxx endurance saddle, 1999. 18 1/2", wide tree. Very nice english trail saddle, some wear, good condition. \$350.00 Mary Prowell 301-829-7709 boprow@aol.com 7/10

MISC. - TRAILERS, SADDLES, TACK, ETC.

Horse Trailer for Sale: Gore Aluminum over a steel frame. Very good condition. Gooseneck, 2 horse, thoroughbred size. New electric and lights. Good floor. Damascus, MD. Looks nice. Call Mary (301) 391-6683.

18" Thornhill protrainer trail saddle – medium tree – color: brown, complete with fittings (stirrups leathers, weighted stirrups and 2-46" girths. Very comfortable for long hours in the saddle. Excellent condition. Asking \$600 for set. Email for photos. Email: crhodes@gingerv.net or cell: (301) 717-6178.

For Sale: 17 inch Stubben Athos Saddle, med. wide tree, with fittings (stirrups, etc.). Saddle has been well maintained and is in excellent condition. Great for trail riding, etc. Asking \$ 400.00. Please call (301) 829-2498 or (240) 308-1593 leave message.

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WISE WORDS FROM AN EQUINE VET

Edited by Nancy Osgood

Few things cause as much concern to the horse owner as an equine medical emergency. Acute illness, colic, injury or severe lameness can occur without warning and at any time.

Your observations and initial assessment of your horse's condition is very important to determine the urgency of the emergency and formulate a plan of action. Vets encourage horse owners to take a few moments to collect the following information before they call to discuss the case with the emergency veterinarian on call. For each situation listed below, check out the observations you should be looking for:

Acute illness: Appetite, attitude, temperature, presence of

respiratory signs (nasal discharge, cough), presence of gastrointestinal signs (colic, diarrhea).

Colic: Degree and description of pain, temperature, appetite, presence of manure and its consistency.

Injury: Location of injury, bleeding, drainage, swelling, sensitivity, temperature, lameness.

Severe lameness: Degree of lameness, swelling, sensitivity, temperature, range of motion of joints, digital pulse, signs of distress (sweating, increased respiratory rate).

It is also helpful to know what emergency supplies you have available when you call the vet on an emergency basis (e.g., Banamine, Bute, antibiotics, eye ointments, wound ointments, bandages). Your vet would most likely be happy to assist you in creating an emergency first aid kit – so you are prepared to handle that unanticipated problem.

Trail Guides

The following volunteers are willing to show TROT members their favorite trails on an individual basis. Contact them to arrange a personal guided trail ride.

Blockhouse Point (Farm Loop on Canal at Violettes Lock)
Naomi Manders e-mail: naomimanders0@gmail.com

Breezy Loop Boyds, MD an easy hour and 15 minutes.
Naomi Manders e-mail: naomimanders0@gmail.com

Cactoctin Mountain Park and Little Bennett
Marilynn Miller (301) 898-7274

EPIC Trail at Dry Seneca Creek, Poolesville
This is mostly private with a sanctioned public route - exceptionally good footing, easy trail, good for exercising in winter. THIS IS NOT THE Great Seneca Greeway Trail that goes to Patuxent! 10 miles round trip
Naomi Manders e-mail: naomimanders0@gmail.com

Gunpowder State Park at Sweet Air (Harford County)
Karen Penharlow, (410) 236-9365 or KlawPaws@aol.com

Little Bennett Park
Jim and Maureen Henry (301)-371-4868.

Montgomery Agricultural History Farm Park and Annapolis Rock Deneen Martin (301) 253-2955

Patuxent River State Park, Rachel Carson and Rock Creek Park, Laury Lobel
(301) 774-9595 or laurylobel@verizon.net

Patapsco State Park off Marriotsville Road
Elizabeth Baran
She is available during the week and weekend and would love to show other TROT members the trails.
H: (410) 442-5006 C: (410) 245-8942

Sugarloaf Mt. Vicki Bazan (301) 831-8715

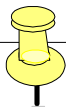
Sugarloaf Mt. Janine Borofka (301) 874-0770

Union Mills/Kowomu Trail
Also Liberty Reservoir trails [off Deer Park Road] and Morgan Run Trails.
Ivy Smink (410) 875-5691 or ivyismink@qis.net

Woodstock Equestrian Park in Beallsville, MD
Karen Kraushaar (301) 208-0767 or kraushaar@verizon.net

If you would like to volunteer to show other TROT members your favorite trails contact:

Nancy Osgood at nlosgood@verizon.net



The Back Page

from the Newsletter Staff

Attention all riders! The date for the TROT Judged Pleasure Ride has been changed! Please mark your calendars for September 25, 2010.

The date was changed due to a conflict with availability of the Agricultural History Farm Park. The new date for the ride is September 25, 2010. This date is currently being confirmed with Montgomery County Parks – so we will keep you up to date via the TROT website (www.trot-md.org) the Maryland Trail Riders Group and this Newsletter.

Riding in the JPR is lots of fun – for riders and horses alike. If you are not planning to ride, please consider volunteering! We always are happy to have new volunteers – for judging, assisting judges, helping to mark the course, setting up obstacles, helping the scorekeepers! No experience necessary! Contact Deneen Martin at deneenmartin7@msn.com.



TRAIL RIDERS OF TODAY
Jeanne Bond, TROT Membership Chair
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