

# Trail Riders Of Today

<http://www.trot-md.org/>

January 2011

Number 184

## TROT ANNUAL MEETING, POT LUCK DINNER AND SILENT AUCTION

**Saturday, February 12, 2011 6:00 PM**

Mt. Airy Vol. Fire Dept. Activities Center on the Mt. Airy Fairgrounds  
Directions on page 2

**Please bring your favorite dish of food to share according to the first letter of your last name**

<b>A - K</b>	<b>Main Dish</b>
<b>L - N</b>	<b>Appetizers</b>
<b>O - R</b>	<b>Desserts</b>
<b>S - Z</b>	<b>Salads and Sides</b>

Come and enjoy lots of time for networking and meeting with friends.

For more information or to help set up contact  
Priscilla Huffman at 301-646-4422 or [priscillahuffman@verizon.net](mailto:priscillahuffman@verizon.net).

**Donations Needed for SILENT AUCTION (see page 9)**

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## President's Message

Ron MacNab, President

Quite a few years ago I sat in a management retreat where I heard the story of why geese fly in formation. The story has organization and sociological lessons. Many of you may have already heard it, but it is worth reviewing again. I don't know where it originated. The version I heard was part of a speech written by a former Administrator of NASA. It may even have been Kyle Jossi's father. The author attributed it to someone else however, so I don't know where it originated. I do know that it is true and that it applies to TROT.



Why do geese fly in the V formation? Geese fly in the well known V formation because they can fly further with less work. They have figured out that by sharing the workload they are able to fly further. As each bird flaps its wings downward it creates an uplift for the birds behind. By flying in the V formation; the whole flock has 71% greater flying range than if the bird flew alone. The lead birds take the brunt of the work while making it easier for those that follow. When lead birds tire, they fall back to the tail of the V and others take over the lead. By rotating the leadership, they are able to travel great distances.

The V formation provides safety to the flock. Geese have eyes on the sides of their head. While flying in a V formation one eye is looking outward for danger while the other eye looks on the welfare of the others.

For thirty years Trail Riders of Today has been the largest and arguably the most effective equestrian trails organization in Maryland. Our members keep an eye out for threats to our trails and unite behind their county coordinator to confront problems. The Board of Directors, Membership Chair, Trail Ride Coordinator, Newsletter Editor and County Coordinators are just one percent of the total membership but are key to keeping TROT strong.

TROT owes its success to these many volunteers who have put aside time to serve over our thirty year history. Our membership numbers are high and our finances are strong. What we need is for a few talented people to step up to relieve those who have served and are now stepping down.

In 2011 we have a number of positions that need to be filled. We have openings on the Board of Directors and the position of Secretary and President need to be filled. We need volunteers to lead 2012 activities such as Trail Ride Coordinator, Maryland Horse Expo Booth, Annual Potluck Dinner, and Annual Silent Auction. We need County Coordinators in Baltimore, Calvert, Charles and Talbot counties.

The health and vitality of TROT depends on a few members setting aside time to preserve our equestrian trails and serve the trail riding community in Maryland.

TROT needs some of you to step forward to serve. If you are interested, please contact Suzanne Anderson or me.

Suzanne Anderson 301-829-3881  
Ron MacNab 301-622-4157

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## TROT ANNUAL MEETING, POT LUCK DINNER AND SILENT AUCTION

**Saturday, February 12, 2011, at  
6:00 PM**

**1008 Twin Arch Road,  
Mt. Airy, Maryland**

Directions: Route 27 north from I-70. Turn right on Twin Arch Rd. ( traffic light). (You will see the fairgrounds on the corner of Route 27 and Twin Arch.) Immediately turn right into the drive, which is lined with white fence posts. There is a brown sign on the left at the beginning of the drive "Welcome to the Mt. Airy Vol. Fire Co. Activities Grounds." The building is at the top of the drive.



# Maryland Trails Summit

Ron MacNab

The state of Maryland has taken a major leap forward in recognizing the importance of our trail system and the need to protect and link trail systems. TROT County Coordinators Pat Oliva, Lynn Gulley, Diane Ayers, Susan Rechen, Ron MacNab, and TROT members Naomi Manders and Lee Moser attended. I served on a panel representing equestrian trail riders along with representatives from land conservation, mountain biking, and hiking organizations.

I believe the real success of the Summit was to announce the creation of an Office of Trails within the Department of Natural Resources. The opening of this office marks the commitment of Maryland State government to nurture and develop a statewide trail system in cooperation with counties, National Parks, Department Of Interior, Fish and Wildlife, and independent agencies throughout the state. Their first objective is to inventory existing sanctioned trails and place them onto an online atlas available to the public. Follow-up objectives are to identify plausible linkages of trail systems, acquire land where needed, and build a network of trails traversing the state.

The Office of Trails has opened a website with resources including the Trail Atlas. The Atlas is still quite new and contains only a few trails. However, the Atlas has great potential to serve those who frequent our trails.

The new website is: <http://www.dnr.state.md.us/land/>

## [MD\\_Trails/FirstTrailsSummit.asp](http://www.dnr.state.md.us/land/)

The following comes from their website and discusses the Trails Summit:

*The first ever Maryland Trails Summit convened on October 19, 2010 at the Holiday Inn BWI Airport Hotel in Linthicum and was a huge success! This historic event brought together more than 200 enthusiastic trail users and stakeholders from all over Maryland and the neighboring states to discuss a vision for the future of trails in Maryland.*

*Attendees previewed a Web enabled interactive trails map and a Maryland Trails Website. The GIS mapping system allows citizens to see where trails are in the state, as well as gives planners data on where to make future connections. DNR's trail Website was developed as a fluid clearinghouse for trail enthusiasts to share information, maps and suggestions in a comprehensive, easy-to-use site.*

*The Summit was the culmination of ideas and input from four regional roundtables that DNR hosted this summer," said DNR Secretary John R. Griffin.. "We will continue to build on our partnership with Maryland Department of Transportation (MDOT) who has helped fund trail initiatives thru recreational trails grants and staff assistance, resulting in terrific outcomes like the recently released commuter trails map. This will be followed by a trail initiative connecting the commuter trails to recreation trails around the state," said Griffin "We look forward to continuing these conversations in the development of a shared vision for a Statewide Trails network."*

## TROT Ride - Little Bennett Scavenger Hunt Saturday, October 30

Ride leaders: Maureen and Jim Henry, and Deneen Martin

On Sat. Oct. 30, Maureen and Jim Henry hosted a Scavenger Hunt to celebrate Halloween at Little Bennett Regional Park. Fifteen TROT and new members formed three competitive teams. Each team was given a map of highlighted trails and a questionnaire to identify or give specific information about natural and historical sites in the park. Each team had a leader, time keeper, and recorder; so a collaborative effort was essential. Deneen Martin motivated her team to be ready first at the starting area and had the distinction of completing the entire route 11 minutes under the 1 1/2 hours allotted. Suzanne Anderson's team had a bit of wizardry to help them as Mariann Heritage's horse Paisano, wore his wizard's hat on the hunt. I can't

help but think this didn't give them that cutting edge as they not only completed the route with 2 minutes to spare, but scored 100% on the questionnaire. Brenda Senseney was the third leader and also completed the entire route and questionnaire even though they had a major tack issue to contend with on the hunt. We had four new people join TROT and they seemed to really enjoy taking part in the activity. Once everyone was back at the trailer site, we had a potluck at Suzanne's trailer and ample conversation about the experiences on the trails.

Thanks everyone, especially the team leaders, who helped to make this a successful day. Ideas are only as good as the participants' enthusiasm, and there was plenty of that. Jim and Maureen could not have had so much fun without everyone who took time to come, some even traveling pretty far distances.



Deneen's team is first to start the hunt



Mariann and Paisano with his wizard hat



Brenda and Marilynn discussing the ride as Greg looks on



## A Few Good Members

Suzanne Anderson, Susan Gray, Deneen Martin

TROT's Nominating Committee is seeking volunteers and nominations for election to TROT's Board of Directors. This is a two year commitment. The Board meets the first Tuesday evening of each month at alternating locations. Board members may attend in person or by phone using a toll-free conferencing system.

The requirements for a Director, as established by our bylaws, are as follows:

**Terms.** A Director shall serve for two (2) calendar years, beginning with the first board meeting after the regular annual meeting. The term of office may be extended an additional two (2) years if so desired by the Director. Upon completion of four years, a Director may make their candidacy known to the nominating committee and stand for reelection. To maintain office, Directors are required to attend, in person or by phone, a minimum of 75% of the board meetings held in a 12-month period. Failure to attend

at least 75% of the meetings will constitute a resignation by the Director

**(Duties.** The Board of Directors shall have supervision, control, and direction of the affairs of the association, execute the policies and decisions of the active membership, actively promote the association's objectives, and have discretion in the disbursement of funds. It shall also determine the minimum amount of annual dues required for membership in the association. It may adopt such rules for the conduct of its business as shall be deemed advisable, and may, in the execution of powers granted, appoint committees or agents to work on specific problems or reports. The Board shall report to the membership on its activities at the annual meeting. It shall meet on the call of the President or the Secretary or on demand of 20 members of the association.

To apply or nominate someone to the Board, please email a letter of interest or nomination to Suzanne Anderson at [trailsendfarm@verizon.net](mailto:trailsendfarm@verizon.net).

Application deadline is January 21, 2011.

## Who's Who in TROT

### OFFICERS

#### President

Ron MacNab  
(301) 622-4157  
[rmacnab@comcast.net](mailto:rmacnab@comcast.net)

#### Vice President

Susan Gray  
[susan@campususan.com](mailto:susan@campususan.com)  
(240) 426-1655

#### Secretary

Suzanne Anderson  
[trailsendfarm@verizon.net](mailto:trailsendfarm@verizon.net)

#### Treasurer

Susan Railey  
[susanrailey@verizon.net](mailto:susanrailey@verizon.net)

### BOARD MEMBERS

Allison Abernathy  
[abernathy.allison@epa.gov](mailto:abernathy.allison@epa.gov)

Beverly Fox  
[Bevfox@embarqmail.com](mailto:Bevfox@embarqmail.com)

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Kyle Jossi  
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Laury Lobel  
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Michele McGuinness  
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Pat Merson  
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[lilgrevhrs@aol.com](mailto:lilgrevhrs@aol.com)

Pat Oliva  
(410) 489-7380

### COMMITTEES

#### Membership

Jeanne Bond  
[TrotMembers@hotmail.com](mailto:TrotMembers@hotmail.com)  
410-275-1858

#### Newsletter

Nancy Osgood  
Sim Shanks  
[nlosgood@verizon.net](mailto:nlosgood@verizon.net)

#### Trail Rides

Allison Abernathy  
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#### Trail Clearing

Amy Kimble  
[AmyHKimble@aol.com](mailto:AmyHKimble@aol.com)

#### Mapping Project

Ron MacNab  
[rmacnab@comcast.net](mailto:rmacnab@comcast.net)

#### Web Master

Harold Goldstein  
[mdbiker@goldravn.com](mailto:mdbiker@goldravn.com)

### COUNTY

\*\* = Coordinators  
\* = Contacts

Anne Arundel  
\*\*Diane Ayers  
(410) 551-0832

[dianeavers@verizon.net](mailto:dianeavers@verizon.net)

#### Baltimore

No Coordinator

#### Carroll

\*\*Anne Bennof  
(301) 829-0949  
[trotfour@aol.com](mailto:trotfour@aol.com)

#### Cecil

\*\*Jeanne Bond  
[HalcyonFarm@gmail.com](mailto:HalcyonFarm@gmail.com)

#### Charles

No Coordinator

#### Fredrick

\*\*Pat Merson  
(301) 898-3251  
[lilgrevhrs@aol.com](mailto:lilgrevhrs@aol.com)

#### Harford

\*\*Karen Penharlow  
(410) 236-9365  
[KlawPaws@aol.com](mailto:KlawPaws@aol.com)

#### Howard

\*\*Pat Oliva  
(410) 489-7380  
[patolivatigger@aol.com](mailto:patolivatigger@aol.com)

#### Montgomery

\*\*Ron MacNab  
(301) 622-4157  
[rmacnab@comcast.net](mailto:rmacnab@comcast.net)

#### Prince George's

\*\*Lynn Gully  
(410) 707-8094  
[equinedesigner@gmail.com](mailto:equinedesigner@gmail.com)

#### Fairland Regional Park

\*Mary Angevine

(301) 937-0014

#### Broad Creek Hist. District

\*Dave Turner  
(301) 292-6130

#### St. Mary's

\*\*Kathy Glockner  
(301) 475-1941  
[kglockner@md.metrocast.net](mailto:kglockner@md.metrocast.net)

#### Talbot

No Coordinator

#### Washington

\*\*Susan Rechen  
(301) 298-4119  
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#### Wicomico County

\*\*Shawn McEntee  
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[smc1159@verizon.net](mailto:smc1159@verizon.net)

### Virginia

#### Front Royal

\*Karen Young  
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[karen@friesianfields.com](mailto:karen@friesianfields.com)

#### Upper Shenandoah Valley area

\*Karen Young  
(540) 635-5136  
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## Does Your Horse Need That Blanket?

Erin Pittman (reprinted from *U of MD Equine Studies Update*, Volume 1, Issue 4 - November 2008)

The short answer may very well be "Yes," however many horses blanketed during cooler months provides more comfort to their caregivers than to the animals themselves. Horses have evolved to have an excellent built-in temperature control: a very thick winter haircoat. Horses require between 10 and 21 days to acclimatize to colder temperatures. For instance, on the first day of 35° F weather, the horse may feel cold, but over 10-21 days of similar cold weather, s/he will "get used to it" and be more comfortable. If temperatures drop and the horse is not used to the colder temperature, you will notice behavior changes including increased use of shelters if available, huddling together in groups with other horses, and lowering their heads and turning their hindquarters into the prevailing wind. These are all activities that help conserve heat. The shivering response will also occur in very cold horses, which generates a pretty substantial amount of body heat, helping to warm their critical internal organs.

Studies in Canada found that for adult horses in cold climates, the lower critical temperature, or the lowest temperature they can tolerate prior to a drop in body temperature, is approximately 5° F, provided they are well-nourished. Given time, any horse, even in Maryland, can adapt to this low temperature. For temperatures lower than that, they will quickly lose body heat and need our help in order to deal with the cold. We can help either by providing shelter, extra forage, blankets or a combination of all of the above. Shelter alone can reduce heat loss by up to 20% through protection from wind and rain!

During cold weather, the horse's hair stands on end, which creates an airspace around the horse where it can trap heat, enabling it to stay warm. This insulation will break down when the weather takes a nasty turn such as rain or wind - the former causing the hair to lie flat and the latter blowing away the warm air trapped in the upstanding hair. This phenomenon can also happen when a horse is inappropriately blanketed. In other words, when a blanket

with inadequate insulation is put on a horse during milder weather, it forces the hairs to lie flat, taking away the horse's natural insulation. Here are some simple guidelines that you may find helpful in determining whether or not your horse needs the protection of a blanket in climates like Maryland's:

- Horses that are clipped or kept in barns under light to discourage winter coat production should be blanketed when temperatures drop below 60° F when it is windy or rainy but not until temperatures hit 40° F or below on days without precipitation or wind.
- Horses with a moderate haircoat can tolerate temperatures as low as 30° F and if they have a heavy coat, they can tolerate temperatures down to about 20° F when conditions are mild. Wet or windy conditions increase these temperature limits, so keep that in mind when blanketing! A good indication that your horse may need a blanket is if you see it shivering, but even this can be fixed with shelter or additional forage.
- A horse that has recently moved from a warmer climate may benefit from some external help. Once they've spent the 10-21 days being exposed to the colder weather, they will adapt and need less help, but you may find it beneficial to blanket them until the next winter.
- Older horses that move around less benefit from blanketing in colder weather. Moving generates body heat which is why we often see horses' levels of exuberance rise with cold weather!
- Remove the blanket on a regular basis - check to make sure your horse is not losing body condition, doesn't have blanket rubs or injuries, and is not developing a skin problem such as rain rot under the blanket. Be sure to keep the blanket clean, especially on the inside where it's in contact with your horse's skin.
- When the weather is rainy, check to make sure the blanket is waterproof - you will be fighting a losing battle trying to keep a wet horse warm with a wet blanket! Place your hand under the blanket around the neck - your horse should feel nice and toasty warm and not sweaty under there!

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## Water Stock Tank Improvements

Marilynn Miller

Although I put a submersible stock tank heater in my mare's water tank, cold nights would result in sometimes an inch or so of ice on top. This resulted in no water for the mare and some very upset goldfish. The contractor who worked on my house last year left some insulation bats in the garage. I stuffed them into heavy duty 55-gallon garbage bags and tied them around the stock tank with hay strings. Results? No ice! It also kept the water cooler in the summer. After a couple of bites, the horse left it alone. The grill on top was insulated and helped keep heat in. The grill could be left off if several horses are using the tank.



## Montgomery County Park Closures for Deer Hunting

DECEMBER 2011	
Blockhouse Point Conservation Park (Darnestown)	Tuesday, December 14
Bucklodge Forest Conservation Park (Barnesville)	Fridays, December 3 and 10
Great Seneca Stream Valley Park, Unit 2 (Gaithersburg)	Wednesday, December 15
Hoyles Mill Conservation Park (Boys)	Saturday, December 4; Saturday, December 11
Little Bennett Regional Park (Clarksburg)	Monday, December 6 through Thursday, December 9
North Germantown Greenway Park (Gaithersburg)	Wednesday, December 15
Rachel Carson Conservation Park (Sunshine)	Monday, December 13
Woodstock Special Park (Beallsville)	Saturday, December 4; Saturday, December 11
JANUARY 2011	
Blockhouse Point Conservation Park (Darnestown)	Tuesdays, January 11 and 25
Bucklodge Forest Conservation Park (Barnesville)	Friday, January 7
Great Seneca Stream Valley Park, Unit 2 (Gaithersburg)	Wednesdays, January 12 and 26
Hoyles Mill Conservation Park (Boys)	Saturday, January 8; Friday, January 14; Saturday, January 22, Saturday, January 29
Little Bennett Regional Park (Clarksburg)	Monday, January 3 through Thursday, January 6
Little Seneca Stream Valley Park, Unit 1 (Boys)	Friday, January 7
North Germantown Greenway Park (Gaithersburg)	Wednesdays, January 12 and 26
Rachel Carson Conservation Park (Sunshine)	Monday, January 10
Woodstock Special Park (Beallsville)	Saturday, January 8; Friday, January 14; Saturday, January 22; and Saturday, January 29
FEBRUARY 2011	
Hoyles Mill Conservation Park (Boys)	Friday, February 11; Saturday, February 19; and Friday, February 25

## Membership Report

*Jeanne Bond, Membership Chairman*

As of 7 December 2010	2011 to date	2010 Total	2009 Total
<b>Members</b>	<b>213</b>	<b>673</b>	<b>704</b>
<b>Memberships</b>	<b>138</b>	<b>410</b>	<b>432</b>
• New	<b>0</b>	<b>68</b>	<b>84</b>
• Renewal	<b>130</b>	<b>334</b>	<b>340</b>
• Lifetime	<b>8</b>	<b>8</b>	<b>8</b>
<b>Membership Type</b>			
• Sustaining	<b>7</b>	<b>18</b>	<b>21</b>
• Contributing	<b>14</b>	<b>44</b>	<b>33</b>
• Regular	<b>117</b>	<b>340</b>	<b>378</b>

### TROT Organizational License Plate

TROT is eligible to order organizational Maryland license plates for our members. The license plate would have the TROT logo, two stacked letters and four numbers. The cost is \$25 and must be done through TROT. At this time we are seeing if there is sufficient interest in this. If you think you would like to have a TROT license plate for \$25 please contact Susan Railey at [susanrailey@verizon.net](mailto:susanrailey@verizon.net).

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## County Updates

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### Need volunteers

as contacts or coordinators for **Baltimore, Charles, Calvert, and Talbot Counties**. If you have an interest to act in this capacity, please contact Ron MacNab, TROT President, [rmacnab@comcast.net](mailto:rmacnab@comcast.net) or call (301) 622-4157

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### Howard County

*Pat Oliva*

Howard County is losing a good friend, as Gail Monahan and her husband have moved to Tennessee. She was our County Coordinator for many years, not to mention TROT President!

The area for horse trailer parking in Benson Branch Park is cordoned off right now, and you cannot park at the site. I

have been calling to try to get this moving. But a squeaky wheel gets the grease but a howling dog just gets kicked. So, I am trying patience. I will be meeting with the new County officers in January.

There was a great meeting with the DNR on Maryland trails in October, initiated by the governor. It has brought momentum for all the counties, and Ron has given a detailed update.

Wishing everyone a great 2011.

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### Montgomery County

*Ron MacNab*

#### Porta- Potty in Little Bennett Regional Park

Due to severe budget cuts, M-MNCPPC will not be providing Porta-Potties in parks. Organizations are being

asked to sponsor Porta-Potties to accommodate the tens-of-thousands of visitors to the parks.

In October, TROT agreed to sponsor a Porta-Potty located at the trail head of the equestrian parking lot on Prescott Rd. The cost is \$780 per year. If there are other locations you would like to have a Porta-Potty installed, please let a TROT Board member know, and it will be considered.

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### Prince Georges County

*Contributed by Bonnie Snodgrass*

#### Cedarville State Forest

Just wanted to tell folks about the nice set of trails available for riding in Cedarville State Forest, within Prince Georges County. The state forest is a few miles east of Hwy 301 on Cedarville Rd, just north of Waldorf, MD. A friend and I have been riding there quite a lot on our endurance horses, and by utilizing the well marked trails and fire roads we have easily ridden 20 miles. Seems every time we ride there we discover another new trail or old road. The area is pretty flat and the trails are a mixture of narrow single track trails and old fire roads. There are numerous wooden bridges that were built for equestrians. A fishing pond makes a nice watering hole for the horses. The soil down there is pretty sandy so the trails dry quite fast after a rain. The old fire roads have a lower base of gravel covered with softer footing. Horses need not be shod to ride these trails.

When you drive into Cedarville State Forest be sure to stop at the Visitor Center on the right to pay the entrance service charge of \$3.00. This is done at a kiosk box on the honor system. A trail map is useful for the first time but the trails are color coded and marked their whole length with colored markers. Many of the old fire roads are not on the maps. Maps can be purchased at the Visitor's Center. Continuing past the Visitor Center, the road eventually comes to a 4-way intersection. Straight ahead is the camp grounds. Turn

left here onto a gravel road and drive a short way to the large grass horse trailer parking field on the left. The parking area is huge and you can just pull thru and swing around into a parking space. The ground is firm, no chance of getting stuck.

Once you have saddled up you will realize that there is no obvious trail head at the parking lot. The Orange Trail is nearby, just ride out turning left on the gravel road which heads toward the gates of the park's maintenance yard. Just before that gate you will reach a power line that crosses the road. Turn left off the road onto the cleared trail under the power line, and in approximately 200' you will reach the Orange Trail. You can ride straight ahead onto the trail or turn right to take the trail in the opposite direction. The Orange Trail will let you connect to the Blue and White Trails. Remember that the orange trail is one long continuous loop and when you want to get back to your trailer just take the Orange Trail back to that power line trail!

There is also a horse camping area within the campground with bathrooms! It really needs to get more use so if you and a friend want to do a weekend camp and ride, it's one of those very few places in Maryland where you can camp over.

For more info: <http://dnr.maryland.gov/publiclands/southern/cedarville.asp>



The BIG EVENT for Horse Enthusiasts!.....



# HORSE WORLD EXPO

- Retail Trade Show - Hundreds of Vendors Selling a Variety of Horse Products/Services for All Ages and Every Discipline
- Stallion Avenue
- Mounted Demonstrations
- Parade of Breeds
- Educational Seminars



**JANUARY  
20-23, 2011  
MARYLAND STATE  
FAIRGROUNDS  
TIMONIUM, MD  
(15th Annual)**

**2  
Great  
Locations!**



**FEBRUARY  
25-27, 2011  
PENNSYLVANIA  
FARM SHOW  
COMPLEX  
HARRISBURG, PA  
(9th Annual)**

Craig Cameron Presents



## EXTREME COWBOY RACE

First time ever at the  
Pennsylvania Horse World Expo

### SEMINARS AND DEMONSTRATIONS BY\*



Linda Allen



Craig Cameron



Betsy Steiner



Lynn Palm



Jim Wofford



Richard Shrake



Anatomy in Motion



Paul Maye

### SPONSORED BY:

FARM CREDIT • PRECISE BUILDINGS • KOETTER & SMITH  
SADDLE UP CLOTHING • NUTRENA FEEDS • YODERWAY  
HERITAGE HORSE FARM • M H EBV • PENN DUTCH STRUCTURES  
GOOSEBERRY NATURAL FEEDS • EMGE EQUINE SERVICES  
FLEENOR GATES • F.I.C.S OF MARYLAND  
THE EQUIERY • THE PENNSYLVANIA EQUESTRIAN

## Theatre Equus A Musical Equine Revue

In conjunction with the Pennsylvania Expo only.

### CLINICIANS\*

Linda L. Allen	Hunter/Jumper, Course Design	MD
Jennifer Bauer	Gaited Horses	PA
Lorrie Bracaloni	Equine Therapies, Pain Release	MD, PA
Peggy Brown	The Visible Rider, Centered Riding & Driving	PA
Craig Cameron	General Training, Extreme Cowboy Race	PA
Bruce Davidson	Eventing	MD
Rebecca Douglass	Equine Acupressure, Rider Balance	MD
Janet Geyer	Equine Nutrition	MD
Liz Graves	Gaited Horses	PA
Kenny Harlow	General Training, Problem Solving	MD, PA
Susan Harris	Anatomy in Motion, The Visible Horse	MD
Anita Howe	Gaited Horses	MD
Nick Karazissis	Hunter/Jumper, Equitation	PA
Colleen Kelly	Dressage, Rider Biomechanics	MD, PA
Bill Kitsch	Farm Financing	PA
Bobby Knight & the WW Six Shooters	Cowboy Mounted Shooting	PA
Nick Kohut, DVM	Competitive Trail Riding, Endurance	MD
K.C. La Pierre, RUF, MEP, PhD	Barefoot Hoof Care	MD, PA
Paul Maye	Driving	MD
Julio Mendoza	Dressage	MD, PA
Courtney Molino, ESMT, CMT, CCRA	Equine Massage Therapy	MD
Dan Moore, DVM	Natural Equine Healthcare	PA
Anne Moss	Riding Aside	PA
Erin Ochoa	Horse Rescue, Unwanted Horse Issues	MD, PA
Lynn Palm	Western Riding & Horsemanship	MD, PA
Penn State University	Various Educational Topics	PA
Curtis Pierce	Driving	PA
Stewart Pittman	Retired Racehorse Training	MD
Scott Purdum	General Training	MD, PA
Dr. Frank Reilly	Equine Insulin Resistance	MD, PA
Caroline Rider	Natural Horsemanship	MD, PA
Ryan Rose	Parelli Natural Horsemanship	MD
Danee Rudy	General Training & Problem Solving	MD, PA
Barry Sands	Farm Financing	PA
Jane Savoie	Dressage	MD
Neva Kittrell Scheve	Trailer/Tow Vehicle Selection & Safety	MD
Brenda Senseney	Competitive Trail Riding, Endurance	MD
Colleen Shelly	General Training	PA
Richard Shrake	Western Riding, General Training	MD
Betsy Steiner	Dressage	MD
Tommie Turvey Jr.	Trick Horse Training	PA
University of Maryland	Various Educational Topics	MD
Brooke Vraney	Horse Rescue, Unwanted Horse Issues	MD, PA
Bud and Gwen Wills	Horse Camping, Trail Riding	PA
Jim Wofford	Eventing	MD
Melyni Worth, PhD, PAS	Natural Horse Health Care	MD

And many more...

Clinician list not complete at press time.

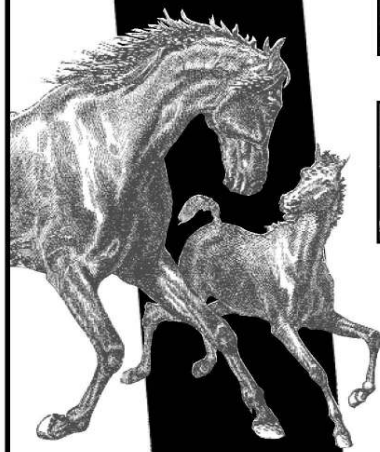
\*Clinicians may not appear all days of the show.

See our website for complete lists, exact dates and times.

ALL ACTIVITIES  
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AND HEATED

Thursday: noon - 8pm  
Friday: 10am - 8pm  
Saturday: 9am - 8pm  
Sunday: 9am - 6pm

NO PETS  
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## **TROT Ride - Upper Patuxent River State Park (Annapolis Rock Rd)**

**- Saturday, October 23,** (joint ride with the Chesapeake Plantation Walking Horse (CPWH) club)  
Ride leader Suzanne Anderson  
*Courtesy of Jacquie Cowan.*

***You Can't Ride to Annapolis from Annapolis Rock...***but I think ride leader Suzanne Anderson did her best to try to get us there. Actually, Annapolis Rock is a parking area of the Patuxent River Park in Howard County. The Park wanders through several counties, up and down hills and along the shallow river. We joined TROT for a romp through the woods on another gorgeous fall weekend with the trees in full color. We separated at the trailers into two groups – the sightseeing, slower and shorter group waited for the more adventuresome, cruising group to get started. We made sure no one got left behind at any turns, or we would have spent all day looking for them. Although the Devil Horse with red mane and tail and horns was pretty easy to sight on. The trails are really

cool, but unmarked, and seem to go forever. It must have taken Suzanne years to learn them, and we didn't mind at all when we tried a possible new route occasionally.

We shared the trails with bow hunters that day – they were all quite polite and respectful of us, and seemed to be having as much fun as we were. A couple of hunters got a kick out of Suzanne's Doberman dressed in his bright orange turtleneck sweater --- and he thought the deer next to the truck looked like a great chew toy! We met up with Rex and Suzanne's husband Frank out on the trail for lunch. Frank had his camp stove set up with coffee and hot chocolate. There was ample room to tie the horses in the trees and plenty of rocks and stumps to sit on while we munched on our trail lunches we packed out.

It seemed like no one wanted to stop riding – at a few junctures Suzanne asked “short or longer way back” – and we voted for the longer way each time ... how appropriate to be so democratic as the elections were approaching. Alas, we really did have to stop so we could at least start home before dark descended on us. Thank you Suzanne and TROT for another fabulous ride – can we make it a Halloween Trick or Treat Ride next year?

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## **Turn your Southern States feed bags into cash for Days End Farm Horse Rescue!**

Southern States has a feed rebate program called SHOW, Special Horse Organization Winner's program, which provides sponsorship to non-profit horse organizations. Proof-of-purchase (POP) seals, found on the side or back of qualifying Southern States feed bags, can be redeemed for cash. The TROT board has decided to help support the Days End Farm Horse Rescue by collecting and donating these POPs. Pat Oliva has agreed to be the contact person for this effort. Just send your POPs to Pat at 2850 Florence Rd, Woodbine, MD 21797.



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## **SILENT AUCTION: TROT IS SEEKING DONATIONS!**

Do you have some items you can donate to the silent auction? Do you have some extra tack in new or excellent condition? Can you offer horse-related services or products? Even things non-horsey have been a success at the auction. Remember that every penny that is raised from the Silent Auction goes to TROT. Please consider making a donation! If you have items you know you are planning to donate, please contact Kyle Jossi at [bossyjossi@verizon.net](mailto:bossyjossi@verizon.net) – it is helpful to know what items

are being donated before the event. Also, if you would like to donate items, but cannot bring them to the meeting, contact Kyle.

## **VOLUNTEER TO COORDINATE THE SILENT AUCTION in 2012.**

Kyle has coordinated the silent auction for many years – and is looking for a willing person to pick up this once-a-year activity. This is a great way to become more involved in TROT – and work with a bunch of dedicated and fun horse people! Contact Kyle at [bossyjossi@verizon.net](mailto:bossyjossi@verizon.net).



# Annual Membership Application

\_\_\_\_\_ New Membership

\_\_\_\_\_ Membership Renewal for Year 2011

Name of Applicant (PLEASE PRINT) \_\_\_\_\_

Spouse/Sig Other \_\_\_\_\_ Other family members \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_ E-mail \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell/Alternate Phone \_\_\_\_\_

*Please circle any information you do not want included in our Membership Directory. All membership information is for the private use of TROT members. We do not release any membership information outside this organization.*

Annual membership rates for January 1 – December 31:

One year membership	\$20.00 per year	<input type="checkbox"/> Single	<input type="checkbox"/> Family
Contributing member	\$30.00 per year	<input type="checkbox"/> Single	<input type="checkbox"/> Family
Sustaining member	\$50.00 per year	<input type="checkbox"/> Single	<input type="checkbox"/> Family
Additional contributions	\$ _____ (tax deductible)		

Number of membership cards required \_\_\_\_\_

*Membership is for the calendar year. All individuals included in a family TROT membership must be members of the same family living at the same address. Additional contributions are welcome and help to preserve the trails you ride on. TROT is a tax exempt, nonprofit organization and contributions are tax deductible.*

Please make checks payable to Trail Riders of Today and send this form and your check to:

**Jeanne Bond, TROT Membership**  
**494 Christopher Road, Warwick, MD 21912**

Phone: 410-275-1858 (home) 301-520-5350 (cell)  
Email: [TrotMembers@hotmail.com](mailto:TrotMembers@hotmail.com)

## **VOLUNTEER**

**WE NEED YOUR HELP!** Please check any areas where you would be willing to assist.

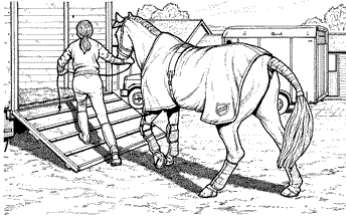
<input type="checkbox"/> Public Hearings	<input type="checkbox"/> County Coordinator	<input type="checkbox"/> Advertising	<input type="checkbox"/> Ride Leader
<input type="checkbox"/> Fund Raising	<input type="checkbox"/> Booth / Shows	<input type="checkbox"/> Trail Mapping	<input type="checkbox"/> Newsletter
<input type="checkbox"/> Membership Mtgs	<input type="checkbox"/> Trail Clearing	<input type="checkbox"/> Website	<input type="checkbox"/> Judged Pleasure Ride
<input type="checkbox"/> Photography	<input type="checkbox"/> Membership	<input type="checkbox"/> Annual Dinner	<input type="checkbox"/> Silent Auction

Rev 3: 12-23-10

## UPCOMING RIDES

### Wanted: TROT Trail Ride Coordinator for 2011.

We are looking for someone to take over this position for next riding season. This is a great opportunity for a TROT member to get to know other active trail riders! What are the main responsibilities? The first job is to work out a ride schedule - by contacting and signing up ride leaders for local group rides. The ride leaders then act as the main contact point for ride participants. Once the ride schedule is determined, the Ride Coordinator works with the Ride Leaders to develop written descriptions of the rides and coordinates with our TROT web master to post the descriptions on the TROT website and update them as needed when schedules change. For each upcoming ride,



the Ride Coordinator sends out email reminders to the general membership and sends ride information (membership forms, sign up sheets, etc.) to each Ride Leader. When Ride Leaders or ride participants have questions on TROT Ride Guidelines or other ride issues,

the Ride Coordinator will answer the questions or forward them to the appropriate TROT Officer or Activity Leader. Finally, the Ride Coordinator provides pictures of rides and descriptions for the TROT Newsletter when provided by participants or Ride Leaders. If you enjoy participating in the trail rides and have been thinking about becoming more active, this is the perfect time. Our 2010 Trail Ride Coordinator, Allison Abernathy, has offered to tutor her replacement! Many of the trail ride leaders have been doing their rides for years and know the routine, and are also a big support for the Trail Ride Coordinator. Please contact Ron MacNab (301) 622-4157 or [rmacnab@comcast.net](mailto:rmacnab@comcast.net)

## 2010 TROT TRAIL RIDE CHALLENGE

Come to the Annual Meeting on February 12, 2011 to find out who has won the 2010 TROT Ride Challenge!!

## Trail Resource Guides

These are volunteers who are happy to show TROT members their favorite trails on an individual basis. See the contact information on the TROT website: <http://www.trot-md.org/parks.php#guides>

## LOOKING FOR RIDING BUDDIES and NEED A RIDE/SHARE A RIDE.

This section of the Newsletter is for folks who are looking for riding partners – either for meeting up on the trail or for sharing a trailer ride. Linking up with other trail riders is fun – and economical! We want to provide a forum space for people looking for a traveling partner, so please write to the TROT Newsletter at [nlosgood@verizon.net](mailto:nlosgood@verizon.net).

**Do you have a second horse?** I'm a new member of TROT and very interested in joining in on some of the trail rides, but I'm only leasing a horse right now and he doesn't trailer very well. Also, I don't have my own trailer. So I am interested in any members who might have a second horse they'd like to get out and about on the trails. I'd be happy to share expenses, etc., and I do have my own tack. Donna Kinsella [kingsgold@aol.com](mailto:kingsgold@aol.com)

**Looking for a trail buddy and transportation!** I'm looking to go on trails, including TROT rides. I live in Damascus and my horse is also in Damascus on Long Corner Rd. I work evenings so I can go on rides during the day, the earlier the better. I'm ok with any pace but right now my horse is out of shape so I need to take it easy on the poor boy! Christiane Ritcher [lapado2000@gmail.com](mailto:lapado2000@gmail.com)

**I am a new member** of TROT but I do not own a trailer. I would love to go on any of the rides if someone from my area has an extra trailer spot. My horse is stabled in Upper Marlboro, MD. I would also like to connect with others

for smaller/casual rides at any time? My contact info is: Ellen Lichtenstein 240-595-0669 or [ellen.lichtenstein@gmail.com](mailto:ellen.lichtenstein@gmail.com)

**Looking for a horse** to go on TROT rides. I would like to ride your horse (if you have an extra one) on a trot trail ride. I rode for 20 years, but have not recently. I am in the Ellicott City/Catonsville area. I would be happy to share all expenses. Contact: Susan Doukas (410) 461-6872. email: [sdoukashorse@yahoo.com](mailto:sdoukashorse@yahoo.com)

**I have a Tennessee Walker and we love to trail ride.** He is 16.2H and approx 1400 lbs. I don't have a trailer but I know his previous owners had to transport him in a trailer suited to draft-size horses. I am dying to go riding at FairHill, Rosaryville State Park, Patuxent and one day on the beach. Riding my horse on a beach is on my bucket list. So, if anyone lives not far from Harwood, MD (Annapolis area) and wants to get together on the weekends or on school holidays, please get in touch. Thanks, happy trails, Jane ([cjanezarate@gmail.com](mailto:cjanezarate@gmail.com)).



# CLASSIFIED ADS

To place an ad  
email: [nlosgood@verizon.net](mailto:nlosgood@verizon.net)

**TROT Members:** Regular (100 word) ad FREE!

## Non-member rates:

-Classified ads - \$6.00 for first 100 words  
\$0.10 for each additional word  
-Business Card - \$6.00  
-1/4 page ad - \$25  
-1/2 page ad - \$40  
-full page ad - \$75  
-Insert (all copies delivered to our printer) - \$50

## BOARDING, HORSE PROPERTY

**Pony Pastures LLC**, located on route 28 between Dickerson and Point Of Rocks MD - boarding, lessons, training, leasing and sales. Short ride to C&O Canal and many trails. We are a small, private A Circuit facility with olympic standard pvc jumps, Morton barn with hot and cold running water, Personalized service for you and your horse, whether you just want to trail ride or compete professionally. For more information call Morgan on (240) 344-0345, email [info@ponypastures.com](mailto:info@ponypastures.com) or visit [www.ponypastures.com](http://www.ponypastures.com). Stall board offered at \$400 per month, field board at \$250 per month. See website for upcoming summer camps and clinics.

**Brookeville, MD: full care field board** on 95 acre farm with access to Rachel Carson, Hawlings River and Patuxent trails. Includes feeding, hay, worming, blanketing, handling for regular vet and farrier. Group turn-out, large fields, run-in sheds, safe fencing, round pen. \$225-275/mo depending on feed needs. Limited space available.

**Horses for lease** Several horses available for lease: 1) 15.2 H, paint geld. Uncomplicated, easy ride. Great trail horse. 2) 16.2H, grey TB mare. Well schooled, hunts, jumps, trail rides. Different lease options available. Call 301-943-9975.



### Potomac Riverside Stables

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**"Trail Riding Heaven"** A top quality boarding & training facility also offering several well trained school horses for lease. Instruction and training for horses and riders, from beginner to advanced. Several instructors to choose from. Your instructor is also welcome. The stable is located on 400 beautiful acres adjoining the C&O Canal with 100s of miles of National Park trails. Personal quality individual care, large indoor arena, 3 outdoor arenas, large stalls, many other features for your horse's comfort: mats, fans, fly spray system, hot showers, unlimited free choice premium hay made on the farm. Your horse is given whatever he needs, *no limits*. We have several vacancies and very reasonable rates. **Full quality care and self care.**

**Belle Cote Farm: Field board** available for adults on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$250/mo. Prefer retired, semi-retired, or non-showing horses. Contact Debby at (301) 641-8594 or email at [bcfarmgirl@hotmail.com](mailto:bcfarmgirl@hotmail.com)



**West Laurel Stable – Horse Boarding at its best!** We are not a big, fancy, competitive show barn. We provide a friendly and relaxed environment for pleasure riding. You and your horse will feel very comfortable. Riders will enjoy the new 80 x 200 ft ring and access to miles of beautiful trails on the WSSC watershed (also known as the Rocky Gorge or Supplee trails). Your horse will enjoy the quiet landscape with rolling hills and nice pastures, and will receive excellent care by our dedicated staff. Come see our barn, conveniently located in West Laurel. Call John at 301-332-2688 to arrange a visit. \$425/per month stall board.

## HORSES - SALE, LEASE OR FREE

**Belle Cote Farm: Several nice horses available for lease** to adults, 21 years and older, on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$175/mo. half lease. Different lease options are available. Contact Jennifer at (301) 641-8903 or email at [bcfarmgirl@hotmail.com](mailto:bcfarmgirl@hotmail.com)

## MISC. - TRAILERS, SADDLES, TACK, ETC.

**Horse Trailer for Sale:** Gore Aluminum over a steel frame. Very good condition. Gooseneck, 2 horse, thoroughbred size. New electric and lights. Good floor. Damascus, MD. Looks nice. Call Mary (301) 391-6683.

**For Sale: 1) 18.5 Smith-Worthington Danzig All-Purpose/Trail brown leather saddle** purchased 12/08, in very good cond., x-wide width. Perfect for a WB or draft cross. Double thick, softly cushioned padded flaps lg. knee block, a "V" billet system and plenty of dee rings front and back, \$2,200. Very comfortable for any length of ride. Pictures available.

**2) 18.5 Lovatt & Ricketts Ellipse buffalo hide dressage saddle**, x-wide tree, perfect for WB or draft cross. Hooped tree, flatter profile in the panels to accommodate a broader backed horse. Very comfy. and supple, Eng.-made, in very good shape, purchased 10/07, \$2,000, Pam Dellen, cell: 240-422-2357 or home: 301-898-9245 or [pdellen@comcast.net](mailto:pdellen@comcast.net) 11/10

**For Sale:** Bob Marshall treeless Western saddle. Very good condition. It's not a bit pretty, but it offers an incredibly comfortable and secure ride. Rough-out leather. Light weight. Great to use on the trail or for getting youngsters going under saddle. Complete with leather breastplate and girth. \$450. Contact Jeanne Bond, 410-275-1858, [HalcyonFarm@hotmail.com](mailto:HalcyonFarm@hotmail.com) 1/11

## MISC. - TRAILERS, SADDLES, TACK, ETC. Continued

**For Sale:** 2001 TRAIL-ET Horse trailer, two horse slant-load, bumper pull, w/equalizing hitch, front and rear tack, carpeted dressing room, canopy for shade during shows, aluminum over steel frame, very spacious and configures several different ways according to your needs. Its been used as single or double slant, and my daughter has removed the divider and tack room completely to haul one of her draft horses. Excellent condition, second owner, asking \$6300. or offer. contact Lee at 410-442-1541 (pictures available email) [olegraymare@verizon.net](mailto:olegraymare@verizon.net) 1/11

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Quick link to Performance Tack, LLC  
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## SERVICES

The Second Sunday Seminars started in October! Callie Fulmer, riding instructor and trainer will be hosting the seminars. We will be starting with a series on functional conformation and then other topics like knot tying, first aid, and how horses learn will be covered. The cost is only \$30, and the seminars are located in Clarksburg, MD. You can find more information at [www.secondsundayseminars.com](http://www.secondsundayseminars.com) or call Callie 703-508-2939. 11/10

Come **buy your next Truck** from your Local Equestrian Sales Specialist and Fellow TROT Member, Ashley Adams at Keene Dodge Chrysler Jeep! We specialize in Trucks! Also, we service and perform body work on Horse Trailers. Ask me about the Rebates available to USEF, NTRA, and Farm Bureau Members! We are centrally located in Jarrettsville, MD. Call me at (800)394-7127 or (443)506-2263 or e-mail me at [aadams@keenedodge.com](mailto:aadams@keenedodge.com). [www.keenedodge.com](http://www.keenedodge.com)



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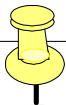
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**Patty Lynch (301) 693-3866**

Email: [ms.patty.lynch@gmail.com](mailto:ms.patty.lynch@gmail.com)



## **The Back Page**

*from the Newsletter Staff*

### **THE HORSE WORLD EXPO IS COMING!**

Look inside for the ad for the Expo & be sure to stop by the TROT booth.

### **TROT ANNUAL MEETING – POTLUCK & SILENT AUCTION – FEBRUARY 12!**

Please don't forget to collect some items for our Silent Auction – it is a great way to support our activities. See details inside.

### **RENEW YOUR MEMBERSHIP!**

Please be assured that your membership is important in the work that TROT does – our strength is in our numbers and our dedicated volunteers!



**TRAIL RIDERS OF TODAY**

**Jeanne Bond, TROT Membership Chair**

**494 Christopher Road, Warwick, MD 21912**

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