



Trail Riders Of Today

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July 2014

Founded 1980

Number 205

INSIDE THIS ISSUE

PRESIDENT'S MESSAGE	1
Maria Schwartz	
NEW POSITIONS	2
TROT area coordinators -- Please volunteer!	
REQUEST FOR NEWSLETTER INFORMATION	2
TROT ACTIVITIES	2
For up to date information	
TROT TRAIL RIDE SCHEDULE	2-3
Trial Rides for 2014	
INVITATION TO RIDING WEEKENDS IN PA	3
TROT'S TRAIL WORK SESSIONS	3-4
TROT NOW HAS AN "ADOPT-A-TRAIL" PROGRAM!	4
REPORTS OF TROT TRAIL RIDES	4-5
NEWS FROM COUNTY & AREA COORDINATORS	5-6
IMPROVEMENTS FOR TRAILS IN THE PATUXENT RIVER STATE PARK?	6
Introduction	
Trails in the patuxent river state park	6-7
Additional meetings on the trails in the Patuxent river state park	8
AN INTERESTING EXPERIENCE WITH LYME DISEASE	8
NEW MEMBERS	8
TROT BOARD MEATINGS	9
WHO'S WHO IN TROT	10
TRAIL GUIDES	11
MEMBERSHIP APPLICATION	12
CLASSIFIED ADS	13

PRESIDENT'S MESSAGE

Maria Schwartz

On June 7th, TROT celebrated National Trails Day by sponsoring two trail rides: one at Morgan Run Park in Carroll County where TROT members joined with riders from the Central Maryland Saddle Club and did a lot of trail clearing - clipping and working with hand saws - as they rode; and the other, a joint ride with the Potomac Bridle & Hiking Trails Association, Potomac Riverside Farm in Poolesville. In addition, TROT members joined the Carroll County Horse Council in some ground work clearing existing trails at Morgan Run Park. I had the pleasure of joining those doing the ground work. I can't describe how exhilarating it is to cut hanging branches and rip out invading undergrowth, opening up these beautiful trails with the knowledge that many of our members (myself included) as well as other equestrians and hikers will spend endless hours with their friends and equine buddies enjoying the fruits of this labor.

National Trails Day is a good day to stop and remember the importance of TROT's mission to preserve and expand trails in and around the State of Maryland. In 1980 when TROT was founded, it was obvious that we needed to forge some kind of alliance to work with land developers and public officials to keep trails from being simply paved over. Some of that work is ongoing as our landscape becomes peppered with new housing developments. But even in "green spaces" such as our parks and other areas, such as the WSSC, we are in danger of losing the trails that we have treasured due simply to the higher cost of maintaining them. As members of TROT, we can't become complacent. We need to do two things: 1) keep track of local efforts or legislation, that if enacted, would encroach on our opportunities to use the various trail systems we now so thoroughly enjoy and 2) volunteer to work with the appropriate authority-- state, local, or your neighbor next door, to maintain sustainable trails. TROT's Adopt-A-Trail Program (see below), provides an opportunity for you to work on the trails that you ride and can help you to keep a record of the volunteer hours you spend on trail clearing. Remember: volunteer hours = \$\$ funding for these trails. Your efforts ensure that these trails are enjoyed today and for decades to come. Please get in touch with me at mariaeschwartz@verizon.net if you hear about a trail system that needs our help, and I will make sure your concern gets to the right person. Happy Trails!

IMPORTANT: PLEASE REPORT ALL YOUR TRAIL WORK! Many TROT members do significant amounts of clipping and trail clearing as they ride along. Members also meet up to go out on foot to do larger trail work. Yet most consider this as typical for diligent trail riders and thus do not track or report their efforts. However, it is important to track and report your trail clearing/maintenance activities because your TROT volunteer hours help state and local governments associated with the various trail systems justify greater funding for these trails, as well as documenting the efforts of TROT members. Please remember to track your time and report it to Amy Kimble, TROT's Adopt-A-Trail Coordinator Amyhkimble@aol.com who will make sure that the appropriate authority for the area where you put in your volunteer hours is notified. Always remember when you are doing trail work, to abide by the regulations that govern the area in which you are working. THANK YOU!

NEW POSITIONS

Trot area coordinators -- please volunteer!

Maria Schwartz

After several discussions about the size of many of the counties and the burden it would place on one person to coordinate all the activities involved in any one of these large counties as a county coordinator, the board is looking for members to become area coordinators instead. TROT members are generally very knowledgeable about the issues and challenges in the areas where they ride. Examples include legislative efforts to allow Sunday hunting, trails that have been damaged by storms, and outreach from other area clubs that use the same trails systems. Being an area coordinator covering your own area, much like the Adopt-a-Trail approach, means that your focus will only be on the issues affecting your immediate area. Please consider volunteering to be a TROT area coordinator (yourself or with a buddy), and select any area that interests you. The more information we get from you about your immediate area, the more information we can pass on to our other members. We will be glad to work with you if you are unsure about how to get started. Please contact Nancy Osgood nlosgood@verizon.net or 301-570-0614, if you would like to learn more and/or sign up. This is a great way to get to know the trails and other trail riders in your immediate area.

NEEDED: LEADERS FOR TROT TRAIL RIDES

Are you familiar with a park or trail system and are willing to share it with other people? Please consider being a trail ride leader. It is fun, useful, and not much work. Just pick your place and day, and contact Lisa Troutman Cat.home@verizon.net or 301-928-5243) TROT Trail Ride Coordinator, to set up a ride.

REQUEST FOR NEWSLETTER INFORMATION

We want to provide you with the most up-to-date information regarding trail riding and trail maintenance activities in MD and nearby PA, VA, WV, DC and DE. But we are an all-volunteer organization and need your help to do this. When vigilant TROT members hear about relevant legislation, changes to riding venues, new riding or horse-camping areas, or other information that would be useful to the TROT membership, please inform Barbara Sollner-Webb bsw@jhmi.edu or 301-604-5619 for inclusion in the TROT newsletter. You don't need to write an article for the newsletter (although that would be nice) but we are counting on YOUR input. So please let Barbara know if you have something newsworthy to include in the TROT newsletter.

TROT ACTIVITIES

For up to date information visit:

TROT website:

www.trot-md.org

Harold Goldstein, Webmaster

TROT Newsletter:

Barbara Sollner-Webb, Newsletter Coordinator

bsw@jhmi.edu, 301-604-5619

Marcia Lyons, Newsletter Editor

marcia.lyons7@gmail.com

It is also available on the TROT website for online review or download:

Current issue: <http://www.trot-md.org/>

Archive issues: <http://www.trot-md.org/newsletters.php>

Maryland Trail Riders Yahoo group: <http://groups.yahoo.com/group/MarylandTrailRiders/join> MarylandTrailRiders Maryland Trail Riders

TROT-Members Yahoo group: <http://pets.groups.yahoo.com/group/TROT-Members/join> or join at <http://trot-md.org>

Facebook page

TROT Trail Riders of Today

<https://www.facebook.com/groups/127953560568829/>

TROT TRAIL RIDES SCHEDULE

Trail Rides for 2014! Lisa Troutman

Please come out and enjoy a TROT trail ride, and if possible, sign up and lead a trail ride. Either way, TROT trail rides are fun and a great opportunity to learn new trails, meet other TROT members and maybe meet a new trail riding buddy.

If you plan to participate, please contact the designated ride leader to sign up and learn the specific details of the ride, including the start time. If a ride is postponed or cancelled, the ride leader will then have your information to notify you. Also, check the website for the most current ride information.

All ride participants must wear a helmet, have a current negative coggins for the horse, and be TROT members. Membership forms will be available at rides and you can always join online. If you need a ride to a TROT event or can offer one please email Marcia Lyons to be listed in an upcoming newsletter. Or contact the ride leader to see if someone from your area can offer you a ride.

Thursday morning rides: There are now also more spontaneous Thursday morning TROT rides that are posted on the TROT website the week before the ride (sometimes also in the newsletter). Check the website's calendar and come join on these rides (which start at 10 am -- unlike the rides listed below, where you need to contact the leader to sign up learn the start time).

JULY

New Market - Saturday July 19 Rain date **July 26** Ride leader Steff Cacopardo scladyhawk@msn.com and use "trail ride" as the subject heading, or call 240-876-9689

The ride will be approximately 1½ hours, mostly walk, some trot, and a little canter if possible. We will be mostly in the woods with a short walk on pavement on a dead end road. There will be creek crossings with clean water for the horses to drink. Shoes or boots recommended unless your horse has tough feet. After the ride you can swim your horse in the pond below the trailer parking. The pond has a horse/people friendly gravel entry. There is space for at least a dozen horses in the shade while we have our after ride BBQ. Please bring a side dish. I will get the burgers and dogs from Mt. Airy Meat Locker, supporting local farmers.

AUGUST

Graham Equestrian Center, Glen Arm, MD - Saturday August 2; rain date **August 9.** Ride leader Jim McDonald woodbine3@aol.com or text 410-627-4243

Come enjoy and explore the Graham area of the Gunpowder Falls State Park. There will be hills and stream crossings and you can try out our new one mile obstacle course. The ride will be walk/trot and approximately 2 hours. Come early if you would like to join clinician Jim McDonald as he offers a special morning clinic for TROT members only to address any issue you may be having with your horse. Bring a lunch and the ride will begin after lunch.

Fair Hill Natural Resources Management Area, Fair Hill, MD - Saturday August 9, 2014, rain date **Sunday August 10, 2014.** Ride leader Erin McCardell erin@hilltopfarminc.com or text to 410-920-8228

Fair Hill is a 5,656 acre Natural Resources Management Area, where multiple management practices are employed for the maximum use and protection of Maryland's natural resources. Bordered by Pennsylvania to the north and less than one half mile west of Delaware, Fair Hill is known for its pristine fields, woodlands and natural beauty. The ride will be 3 – 4 hours, walk, trot, canter- mostly walk and trot, some canter, but may have a walk only group if there is enough interest. The terrain is hilly, some woods, some fields, and lots of water for cooling the horses. Also tunnels and wooden bridges on trail. Horses should be pretty fit and recommend shoes or boots

SEPTEMBER

Cedarville State Park, Brandywine, MD –Sunday September 14 Ride leader Judie Artman 703-599-8355 or artmanju@yahoo.com

Cedarville State Forest has nearly 20 miles of lovely trails that wind their way through pine and hardwood forests with a few clearings. Most trails are flat. Some trails may have exposed roots and there are areas covered with pea gravel, but generally the trails are in good shape. There will be bridges to cross. The pace will be a fair amount of trotting with frequent walk breaks with some cantering if the group wishes. There are places with good footing for canters if the group wishes. Horses should be fit to trot for five minutes at a stretch interspersed with intervals of walking. Most horses will be OK barefoot but horses sensitive to hard ground or small gravel will need shoes or boots. If the weather has been dry, the trails can be quite hard packed. Be prepared to see hikers and possibly a mountain biker or two. The ride is about 10 – 12 miles or 2 hours. Please bring lunch and chairs with you and let's enjoy a meal together after the ride. There is a \$3.00 fee to enter the park (\$4.00 for out of state rigs). Please pay as you enter the park and place the ticket on your rear view mirror. Note: You can horse-camp at Cedarville, so coming on this ride is a great way to learn about this local camping resource.

Susquehanna State Park. Havre de Grace, MD - Saturday September 20. Rain date **September 27** Ride leader Dianna O'Neil b.oneil1@verizon.net or text– 410-215-0491

Enjoy a nice fall ride at Susquehanna State Park. The ride is walk only, limited to 8 riders. The ride will be approximately 3 hours. Terrain can be hilly with water crossings, some portions of the trails are rocky. Your horse should be in good condition due to hills. Shoes or boots are highly recommended although not all of the trails are rocky, but just about every trail has a portion that has rocks. Pot luck lunch afterward – bring a dish to share!

OCTOBER-RIDE LEADERS NEEDED!

League Of Maryland Horseman Invitational Ride - Oct 3 – 5

NOVEMBER

Anacostia Park – TBD Ride leader John Angevine 301-937-0014

This is a favorite TROT ride that closes out our ride season. Folks who have attended this ride say they are amazed with the spacious trails and beautiful scenes along the Anacostia River so close to downtown DC. The ride may encounter bikes, fishermen, some asphalt, as well as a scenic view of the historic Lincoln Cemetery. Ride leaders will provide water and granola bars.

DECEMBER

Lisbon Horse Parade – December 6

INVITATION TO RIDING WEEKENDS IN PA

The PA Quarter Horse Association (PQHA) is inviting TROT member to their two upcoming organized weekend rides (open to all breeds of horses; no membership required).

The first ride will be held August 15-17th. This is the "Elk-Stravaganza" at the Big Elk Lick Campground at Thunder Mountain, Benazette, PA, and will be held concurrently with the PA Game Commission's Elk Expo Days. There will be guided rides on the Thunder Mountain Equestrian Trail, a Bar-B-Q, music, seminars with Bud and Gwen Wills (of the PA Equine Council), Robert "The Trailmeister" Eversole (of Back Country Horsemen of Washington State), and a Rep from the PA Game Commission (to discuss the Elk and the future of Trail riding in Elk country, PA, etc. For more info, prices and registration, see <http://www.pqha.org/benezette.htm>.

The second ride will be held September 11-14th. This is the PQHA's 15th Anniversary Ride at the Gettysburg Military Park. This event will include an AQHA All Breed Trail Challenge on the Battlefield, guided riding tours of the Battlefield by the National Stables on the grounds for those that don't or can't haul their horses, a bus tour of the Battlefield and History Museum for non-riding guests, a charity auction, pig roast, etc. For more info, prices and registration, see <http://www.pqha.org/gettysburg.htm> or contact Lynne Bauer, Recreational Chair of the PQHA, ldkbauer@gmail.com or 412-275-3476.

TROT'S TRAIL WORK SESSIONS

(kindly organized by Amy Kimble)



Some of the volunteers at TROT's trail work session at Morgan Run on June 7th, National Trails Day, shown from left to right: front row: Maria Schwartz, Art Thacher, Judy Thacher, Todd Laudeman; back row: Amy Kimble, Howard Lanham, Frank Durilla, Karen Durilla, Robin Eason, Mickey Rogers, Marty Lanham. Photo provided by Amy Kimble.



Some of the volunteers at TROT's trail work session at Morgan Run on June 7th, National Trails Day, shown from left to right: on horseback: Laury Lobel, Nancy Osgood, Jean Swartz; at table: Marty Lanham, Howard Lanham, Judy Thacher, Art Thacher, Maria Schwartz. Photo provided by Amy Kimble

After the organized TROT trail work at Morgan Run on June 7th, National Trails Day -- see photo -- formally scheduled TROT trail work days will be on vacation until the fall.

Please, all trail riders, remember whenever you are out on the trail to snip back branches and prickly briars that are growing into the trail. It's easy to carry a little clipper that you can purchase at any Home Depot and ride along clipping interfering branches throughout your ride. You may even consider bringing along a small folding saw to cut larger interfering branches. You would be surprised how such simple attention helps to keep a trail in great shape! And if you merely estimate what fraction of your ride time you are clipping and tell those hours to Amy Kimble, she will report them to the County or State for credit toward trail maintenance funds (see article about this below).

TROT NOW HAS AN "ADPOT-A-TRAIL" PROGRAM

Amy Kimble

The idea is to encourage horseback riders to trim as they ride, as well as to report down trees, muddy areas, etc., on the trails that they utilize on a regular (or even semi-regular) basis. Hopefully all trail riders do this already, but by joining this program you will help TROT get recognition and funding for trail maintenance.

You merely sign up with Amy Kimble and then record the time you spend trimming, clipping, etc, while you are out riding the trail. She will tell you about reporting your efforts to her, so that TROT can track time spent by our members on trail work. These hours translate into dollars for the parks and shared land use trail areas. It will also give equestrians a voice at public forums in which we have a vested interest. For jobs that need more hands, TROT can then organize the removal of down trees, trail re-routes and chain sawing by going through land management supervisors to obtain authorization.

We are trying to avoid unauthorized reroutes, where riders make new trail sections around down trees, and taking responsibility for our trails. We also have to realize that most trails are multi-use and we need to collaborate with our fellow users.

This program can be implemented throughout the entire TROT member area. In the past, I organized trail work sessions mainly in Montgomery, Howard, and Frederick Counties because that is the area where I live and had time to devote to my mission. I have had to step down from organizing these regular trail work sessions due to family responsibilities but I am still driven to see horseback riders step up and do their part to build and maintain sustainable trails.

To sign up or for questions, call Amy Kimble TROT's past Trail Work Coordinator at 301-748-8310 or email AmyKimble@aol.com or write: Amy Kimble 9622 Woodsboro Road, Frederick, MD 21701.

REPORTS OF TROT TRAIL RIDES

Thursday morning TROT rides at Schooley Mill Park and Little Bennett Debby Poole



Denis Webb, Sandy Boyd, Barbara Sollner-Webb, Kathy Lipton, Phoebe Black and Laury Lobel (left to right) enjoy the Schooley Mill TROT ride (photo from Jenn Poole)

We had a lovely ride at Schooley Mill Park on Thursday May 8, 2014, organized by Debby and Jenn Poole. [See photos.] After the ride we had a fun potluck lunch. It was great to see previous TROT president Gale Monahan, who is back in Maryland again and stopped by for a chat and hugs. But everyone agreed that the best of all was having Sandy Body there, riding with us, all smiles and fun, delightfully back after her bad accident and operation only two months earlier -- she is amazing and made the day more special than we could have asked for.



TROT members Pat Oliva, Sandy Boyd, Barbara Sollner-Webb, Denis Webb, Laury Lobel, Kathy Lipton, Phoebe Black, and Debby Poole, ready to ride at Schooley Mill Park (photo from Jenn Poole)

While talking, we all realized that 10 am on Thursday's would be an awesome day and time to get together each week. Sooooo we decided that the next week we would try and meet up at Little Bennett Park; then June 5th Laury has the ride planned for Rachel Carson, and after that we're thinking of: Sandy Springs historical trails, Wheaton Park, the C & O Canal, Ag Farm, Patapsco, Black Hills, Sugar Loaf, others...

Ride on Thursday, May 15: We had a great time at Little Bennett park. The Trails were in very good shape and we saw lots of wildflowers starting to bloom. Pat Oliva led the ride with Kathy Litpton, Laury Lobel. Jenn and me (Debby Poole).

Planned TROT ride at Rocky Gorge (WSSC) -- twice move to North Tract due to wet trails

Barbara Sollner-Webb

For several days before TROT's Rocky Gorge ride scheduled for May 17 it had rained a lot, making those trails too wet to ride. Thus, we postponed that ride to its rain date and that day did an alternate ride at the North Tract of the Patuxent Wildlife Refuge -- where the

trails were originally built to sustain tanks (back when the land was Ft. Meade's), so are fine to ride on, no matter how wet the ground is. We had a great ride, four groups with 24 TROT members total (all-walk, walk-trot, and walk-trot-canter), followed by a yummy pot-luck lunch, where all enjoyed talking together.

At the scheduled rain date for TROT's Rocky Gorge ride, May 31, it had AGAIN rained a lot the previous days, which AGAIN made those trails too wet to ride, so we again postponed the ride. Enough folks said they wanted to again do the alternate ride at North Tract, so we did that -- this time riding the trail in the reverse direction so it hopefully looked different. Because the recent storms had caused power outages at the Refuge, they had to close early, cutting the ride a bit shorter than we had wanted. But it was still great to get out on the horses, on that nice sunny day after all those days of rain. We then reassembled at the field just outside the Refuge for a delicious pot-luck lunch. One of the contributions, a chilled watermelon, also pleased many of the horses, who enjoyed being fed the rinds.

At the re-scheduled rain date for the Rocky Gorge ride, June 14, it had AGAIN rained a lot the previous days, again making the trail too wet to ride. We finally got the hint from Mother Nature that a TROT Rocky Gorge ride is not in the cards this spring, so decided to reschedule for fall (date TBD later), hoping this will end the multi-day deluges we seem to be having before each planned ride. One astute TROT member suggested that if/when we have a drought this summer, all we need to do to end it is schedule a Rocky Gorge TROT ride...

More rides canceled due to too wet ground

The planned TROT ride at Doncaster State Forest that was to be led by Donata Dow unfortunately also had to be cancelled after soaking rain in the days before yet another planned TROT ride. And the same fate befell the planned TROT rides on National Trails Day, Saturday June 7, that were to be at Ag Park led by Deneen Martin and at Potomac Riverside Farm led by Naomi Manders. Thanks for trying, Donata, Deneen and Naomi, and we are looking forward to hopefully having rescheduled rides later.

But a few weekend TROT rides were able to be held

Happily, the scheduled TROT rides at Woodstock Park led by Andrea Caplan and Lisa Troutman on Sunday, May 11 and at Liberty Reservoir on Sunday June 1 led by Mary Prowell were able to be held and greatly enjoyed by all the TROT members who came on them. Thanks Andrea, Lisa and Mary for leading these great rides!

NEWS FROM COUNTY & AREA COORDINATORS

Baltimore County Priscilla Huffman

Graham Equestrian Center

PWe had a good turnout -- 16 attendees -- for the May 20, 2014 TROT (Trail Riders of Today) and friends meeting at Graham Equestrian Center in Glen Arm, MD. Many thanks to Jim McDonald, trainer, and Beth Hartka assistant barn manager, for hosting our meeting. Jim led us on walk-through of GEC's newly-completed one mile obstacle trail. The trail is composed of about 20 progressively more difficult natural obstacles that might be encountered on a trail ride. Graham Equestrian

Center is part of the Gunpowder Falls State Park, and is open to the public. Bring your horse over to GEC and try the obstacle trail!

A TROT ride is planned for Graham Equestrian Center on Saturday, August 2 (rain date August 8.) Jim McDonald is offering a clinic the morning of the ride, then lunch and a trail ride.

More information on Graham Equestrian Center and their calendar of events can be found at <http://www.grahameq.org/>

Meeting with Dan Hudson

MD Dept. of Natural Resources - April 10, 2014, Members of several trail user groups, including TROT, were invited to meet Dan Hudson, trails manager for MD Department of Natural Resources. This is a new position, and Dan will be based in the Annapolis area. One of his goals is to create a comprehensive map of DNR trails around the state, with up-to-date information on trail locations. He is working on a process to collect any and all GPS-mapped trails in the various state parks. Dan's previous experience was as the trail manager for the International Mountain Biking Association (IMBA) for seven years, and he brings to his new position extensive knowledge of how to create and maintain sustainable trails. We look forward to hearing more about Dan's future plans.

Next meeting of the Baltimore County and nearby areas group

Next meeting of the Baltimore County and nearby areas group - Tuesday July 22, 2014, 6:30 PM, Our next meeting, July 22, will be hosted by Sandy Weinreich, Amazing Grace Farm, 2642 Mt. Carmel Rd in Parkton, MD. Please come and invite your friends and riding buddies -- even if they are not TROT members

Facebook page

Log in to the Baltimore County TROT Facebook page for informative articles of interest to trail riders. We currently have 82 Facebook members! <https://www.facebook.com/groups/597045973658997/>

Carroll County Judy Thacher

Carroll County's first local TROT "Meet and Greet"

On May 28th, more than twenty-eight members and potential members of TROT and the Carroll County Equestrian Council came together for a local "Meet and Greet". The event, organized by Kyle Jossi (former TROT Board Member) and Judy Thacher, TROT Vice-President, was held at Kyle's home, Two Daughters Farm in Sykesville. Maria Schwartz (TROT President), Priscilla Huffman (Board Member and Baltimore area TROT Coordinator), Dick Huffman (former TROT Membership Coordinator), Amy Kimble (TROT's Adopt a Trail Coordinator) and Lisa Troutman (Trot's Trail Ride Coordinator) were also present. Both Amy and Lisa made passionate presentations about the need to use and keep trails open. Trails need to be sustainable and it is our responsibility, as users, to maintain them. Carolyn Garber (Secretary/Membership Coordinator of the Carroll County Equestrian County Council) made the same plea. She said "I'm begging you all to come out and help with trail clearing" and if trail riders, in general, do not protect, maintain and use the available equestrian trails in the County, they will become unsafe to ride and may be lost forever.

During the evening many horse stories were exchanged and several riders discovered they had previously ridden together and didn't know that they each were currently living in the County. One rider learned that a horse she had ridden 20+ years ago at Woodland (Snuffy), is still being ridden, at the age of 40+, by his owner, Terry Ledley, a current TROT Board member. Many asked about and were

able to find locations of old friends who had either moved away or stopped riding. It was obvious that members and spouses had shared some very special time last night, and at the end of the evening, it was generally agreed that TROT and the Carroll County Equestrian Council should have another "Meet & Greet" in a few months. Kyle offered to host it again at Two Daughters Farm.

Stay tuned for the next Carroll County "Meet & Greet" date.

St. Mary's County Kathy Glockner

Newtowne Neck State Park Re-Opens, Master Planning Underway

Kathy Glockner, TROT St. Mary's County representative, has been asked to participate in the master planning process for the Newtowne Neck State Park representing the equestrian community. In addition to her TROT role, Glockner is also the president of the St. Mary's Riding Club, a member of the De La Brooke Foxhounds W, and chairman of the St. Mary's County Fair Horse Show.

According to the Maryland Department of Natural Resources (DNR) website, "... the State of Maryland acquired the Newtowne Neck peninsula in 2009 to preserve the area's rich natural, cultural and historical heritage. The property includes 776 acres of woodlands, wetlands and agricultural fields, and more than 7 miles of Potomac River shoreline in St. Mary's County.

"Surrounded by Breton Bay, St. Clements Bay and the Potomac River, public recreational opportunities currently available at the park include hiking, fishing, boating, bird watching, and other passive outdoor activities." Equestrians have enjoyed fox hunting and trail riding for many years at Newtowne Neck when the Jesuits owned the land, and have continued access since the park's acquisition by the state in 2009."

Access to all visitors was abruptly halted in January of 2012 with the discovery of World War II-era military ordnance on or near the shoreline. According to DNR: "The discovery led to the closure of the park and an extensive study by the U.S. Army Corps of Engineers into prior uses of the property. Researchers determined that the property was used by the Johns Hopkins Applied Physics Laboratory and, later, the United States Navy, for testing of inert test artillery rounds."

Since the initial discoveries, additional ordnance -- both inert test artillery rounds and other military ordnance -- have been located and safely disposed of by the Office of the State Fire Marshal and/or a military Explosive Ordnance Disposal team.

Newtowne Neck State Park re-opened for public use in April 2014. The master planning committee is composed of many stakeholders, including the equestrian community represented by Glockner, and will meet through the end of the year.

Laurel/Burtonsville/Sencerville

Jenn Poole and Barbara Sollner-Webb

New position of area coordinator, for the Laurel/Burtonsville/Sencerville area

First ever Rocky Gorge area horse enthusiasts' get-together

LuAnne Levens, owner of Periwinkle Farm, and Debby and Jenn Poole, owners of Belle Cote Farm and the latter a TROT board member, organized a wonderful meet-and-greet party for folks who have farms and/or keep their horses near the Rocky Gorge Reservoir in the Laurel/Burtonsville/Sencerville area. It was at LuAnne's gorgeous house, overlooking the fields of Periwinkle, on Sunday, June 22. In a nice round-the-room, everyone got introduced to everyone else -- a great



Horse folks at the Rocky Gorge area get-together at LuAnne Levens' house on June 22. Left to right on lower row: Janet MacNab, Debby Poole, Sandy Jarren, LuAnne Levens, Ron MacNab; Becky Carter; on middle row: Jenn Poole, Barbara Sollner-Webb, Denis Webb, Terry Conrad, Cherie Conrad, Beth Webb, Maria Schwartz, Terry Ledley, Diana Patton; far back row on right: Amy Barnes, Ed Hairfield, Lillian Hairfield, Jim Carter

idea as many of the attendees had been at their farm for 20, 30 or more years, yet did not know one another before the party. Among the attendees were Maria Schwartz, TROT President who lives near the Reservoir and

boards her horse at Belle Cote Farm, and Ron MacNab, past TROT President and horse emissary extraordinaire, who rides a lot on the Rocky Gorge and told us a bit about his efforts representing us riders on the Maryland Horse Council and the Horse Industry Board. It was a delightful time, with a yummy lunch, and everyone really enjoyed getting to meet or renew friendships with fellow area horse owners. We plan to continue having more of these area get-together in the future.

IMPROVEMENTS FOR TRAILS IN THE PATUXENT RIVER STATE PARK?

Introduction from the Editors

The multi-use trails in the enormous Patuxent River State Park (at 6,700 acres, even bigger than Fair Hill!) are beloved, although many are severely degraded, in part due to unsustainable alignments including through too wet areas. Because DNR (Maryland's Department of Natural Resources, which administers the Park) has very limited resources, MORE (the major area mountain biking organization that is highly committed to improving multi-use trails) stepped up to start the process of improving the trail system by partnering with DNR, reaching out to other trail users, and funding an outside study of the trails in part of the park. Public meetings, recently held to update citizens on the progress and to gain input from other user groups, were attended by many TROT members. Below is a report on the major meeting, generously submitted by Nancy Osgood, followed by a summation of more information on the process kindly provided by multiple individuals. The significant newsletter spaced devoted to this topic reflects the potential importance to equestrians of an appropriately improved trail system in this vast park. Also it has been suggested that TROT take a lead in securing funds for the envisioned next step in this process, a similar study of the trails in the rest of the park. [It is believed that once these studies suggesting sustainable trails are completed, grants or other funding sources can be obtained to provide the materials and other essentials, and volunteers will step up to do most of the work. Note that MORE has a proud history of dedicated volunteer work to improve trails (including in conjunction with many trail work sessions that Amy Kimble generously leads for TROT).

Visualizing the Park and its trails: Many TROT members are familiar with the central portion of this Park from the lovely TROT rides that

Suzanne Anderson leads there each fall, starting at the Annapolis Rock Road parking lot (off Rt 94, the only parking area in the park that is large enough) and heading generally down river, along beautiful woodland trails. For those who like having maps in hand when reading about parks, the entire park and its trails that TROT had previously mapped (including in the ~2000 acre Northern portion, from Rt 94 to near Rt 27, that was the focus of the recent meeting) are on TROT's website <http://trot-md.org/trails/paxriver.php>, see "Park Map" and "Topo Map" with TROT's GPS'ing). The State "wildlands" area (slightly under 1600 acre) that comprises much of the central regions of the park and from which mountain bikes are excluded, is shown at http://www.dnr.state.md.us/land/stewardship/DigitalApWL_Areas.asp.

The trails in the Patuxent River State Park

The subject of a recent activity, including a public meeting on June 12, 2014 Nancy Osgood

We trail riders in Maryland, as well as in Pennsylvania, Virginia and Delaware, must recognize that we are extremely fortunate to have many riding venues that are set asides in public lands state, county and local parks. In so many places in the United States, trail riding is threatened by land owners that no longer permit access to horses, by land set asides for wildlife or wilderness areas, and by parks that have paved trails for walkers and biker trails to the exclusion of horses. We have seen these things here locally, too.

Fortunately, we have parks that were established long ago by visionary public servants that have set aside large land areas for public access and recreation including horseback riding. One of the gems in the Maryland State Park system is the Patuxent River State Park. Located in Howard and Montgomery counties, along 12 miles near the upper end of the Patuxent River, the park is comprised of 6,700 acres of natural areas and farmlands. Recreational use is primarily hunting, fishing, hiking and horseback riding. The park is a haven for trail riders who like a long ride in a beautiful natural woodland setting. Trailer parking is provided at several spots along the park. Except in the state wildlands area, the trails are shared use hikers, mountain bikers, and horses share the unmarked and undeveloped trails. Mountain bikers are not allowed in the wildlands areas.

Over the past 10 years or so, trail users, including bikers and riders, have observed a decline in trail conditions. Trails have become wet, muddy, eroded, and in many cases blocked by overgrowth of invasive plant species or downed trees. Unauthorized and unsustainable trails are created by users primarily due to the undesirable trail conditions and the frequent downed trees and other obstacles. Because of the decline in the trail conditions in the north end of the park, the mountain bikers, through their user group called MORE (Mid-Atlantic Off-Road Enthusiasts), are attempting to intervene to improve the trails. They have partnered with the Maryland State Department of Natural Resources (DNR) to identify the poor trail conditions and to initiate a process to stabilize and hopefully improve the trails in the park. As a first step in that effort, MORE, along with a local runners club, and with the blessing of the DNR, has funded an independent contractor to assess the trails in the north end of the park, from Route 94 to Windsor Forest Road (near Route 27). The contractor, Applied Trails Research, is in the process of assessing the trails. The assessment is the first step needed in a longer range project of developing a sustainable trails system throughout the park.

On June 12, 2014, Applied Trails Research held a meeting, open to the public, regarding their assessment of the northern section of the Patuxent River State Park. Jeremy Wimpey, of Applied Trails Research, organized the meeting. Attendees included DNR officials with managerial responsibility for the park and for trails development,

MORE members, TROT members, including TROT President Maria Schwartz and other board members, members of the foxhunting community, and other park users. The meeting was co-chaired by Scott Linnenburger, from the Kay-Linn Enterprises, a trail consulting company that specializes in the field of recreation ecology, specifically how recreation impacts public lands. Kay-Linn also specializes in trails projects, including fund-raising solutions for trails development. DNR officials participating in the meeting were Dan Hudson, who is the DNR trails manager, and Dave Powell, who is the park manager for the Patuxent River State Park, as well as other large parks in the state system. More than 40 individuals attended the meeting.

Jeremy and Scott outlined their work. The main elements include a physical assessment of the trails, the social aspects of the trails use, and the management of the trails. There are a myriad of considerations that feed into these three elements including such varied factors as safety, natural resources, endangered or threatened plants and animals, archeological and historic sites, etc. The meeting was held to „open the conversation%00 with trail users in the development of the assessment.

The assessment process includes: 1) Field work, including walking the existing trails, mapping the trails, identifying trail conditions, and interacting with any trails users encountered. The field work has largely been completed; 2) Meetings and community outreach. Meetings with the public, user groups, government and park officials, and others will be used to identify current trail usage and needs; and 3) Additional field work that provides a framework for developing trails that are sustainable and meet user needs, and are compatible with safety and natural resource concerns.

Items specifically of interest to riders in the park included poor trail conditions, including extremely wet and muddy trails that posed difficulties for horses, trails blocked by fallen trees, erosion, and overgrowth, and limited trailer parking at park access points.

At the meeting, each attendee was given a map to indicate where they access the park and areas where they use the park, as well as a survey for attendees to comment on the things that they liked and did not like about their park experience. These surveys will be used by Applied Trails Research in development of the assessment.

The long-term vision for the park is to develop a system of sustainable trails. Sustainability has three parts: 1) Physical sustainability, which is the placement and construction of the trails in concert with the land, soils, erosion potential, and water features; 2) Managerial sustainability, which means the ability of the land managers, including public officials with the support of user groups, to adequately maintain the trails; and 3) Social sustainability, which includes factors related to people and their use of the trails. Without physically sustainable trails, neither of the other two elements is possible. The first step in reaching the vision is to complete the trails assessment.

Dave Powell of the DNR indicated that the current assessment funding provided by MORE is only for the north end of the park. The wildlands sections south of Route 94 are not open to bikers, and therefore MORE is not funding that part of the assessment. To complete the entire park assessment additional funding must be found. Trail riding and foxhunting groups are logical user groups to consider providing funding, since they are permitted to use the wildlands sections. Mr. Powell also indicated that work on implementing the recommendations that might come out of the assessment would probably not be initiated until the assessment for the entire park is completed.

Tom Nelson of MORE will keep in contact with interested user groups. He intends to start an on-line group, using the attendance list from the meeting, as well as other contacts, to keep everyone up-to-date on progress in the park assessment. A two-hour hike through sections of the trails is planned for June 14.

Additional Meetings On The Trails In The Patuxent River State Park

Summarized from information kindly provided by Suzanne Anderson, Amy Kimble, Mary Prowell, Ron MacNab, and Nancy Osgood



Amy Kimble, Ron MacNab, Scott and Suzanne Anderson (on Joe) crossing a creek during the assessment information outing in Patuxent River State Park, June 14, 2014. Photo kindly provided by Jeremy Wimpey, of Applied Trails Research, through Amy Kimble.

In addition to the large June 12 meeting described above, on June 11 there was a pre-meeting between Jeremy Wimpey of Applied Trails Research and a few TROT representatives, and on June 14 there was an on-site walk-through where Jeremy took interested TROT members on selected portions of the trail, for field work assessing trail conditions.

Discussions touched on many topics, in addition to some of those summarized above. One topic was trailer parking, as all the parking areas beside the Annapolis Rock Road lot are quite small for horse trailers; a site was suggested that possibly could provide a larger horse trailer parking lot in the Northern portion of the Park. It was also noted that road guardrails need to be modified to safely allow crossings by horses.

Discussions also included identifying other equestrian groups who use the park, besides TROT, including Goshen Hunt and Howard County-Iron Bridge Hunt (that abuts and frequently works on the trails in the Park) and near-by private boarding barns. Such groups, as well as runners and possibly hunters, may be possible sources to contribute to a study of the central portion of the park, which being largely State "wildlands" area is off-limits to mountain bikes, so MORE is not likely to contribute.

There was a hope that work on creating new, sustainable trails in the Northern portion of the Park might get underway within a year, if funding for assessing the rest of the trails can soon be amassed and if within that study time all interested parties work together to line up funding for actual construction, encouraging elected officials to support such trails. Clearly not everyone will agree on a common ideal vision, but the thought for the Northern section of the Park is that is that the degraded trails might be replaced by a sustainable loop involving contoured trails on both sides of the river with about two new cross-trails that have well-designed new river crossings (bridge or ford), in addition to the existing roads. The goal is that the park remain natural, and not become manicured.

AN INTERESTING EXPERIENCE WITH LYME DISEASE

"Aches and pains, long dismissed as aging, turn out to be a treatable infection"

Barbara Sollner-Webb

Thank you, Ms. Tick with Lyme, for getting me to feel 10 years younger! Let me here recount a personal vignette that is not medical advice but may be applicable to others, too.

After a TROT ride at North Tract, I found a tick imbedded in my leg (despite having sprayed with pyrethrum), and the site rapidly becoming a big red and itchy lesion. Since it presumably signaled a starting Lyme disease, my doctor prescribed doxycycline (doxy), which soon stopped the itching, swelling and redness, as expected. I then continued the 21 day course of doxy, expecting nothing more.

Imagine my amazement, during the next couple of weeks, when a whole lot of aches and other issues -- that had developed over the past many years but I assumed were from getting old and too chubby -- all disappeared, almost like magic. First the soreness where I laid in bed, then the continual knee ache, then the chronic back ache, next the neck soreness, and most recently the long-term neuropathy in my toes! Delightfully, also the nightly awaking to rush to the facilities has disappeared! Ironically, all those issues turn out to be common symptoms of long-term untreated Lyme that in many cases go away when it is treated.

To test for Lyme infection, my doctor sends blood samples only to a well-known local lab (whose standard initial test, an Elisa, I am told misses many folks' chronic Lyme) and they deemed me free of Lyme. But I then went to a Lyme specialist who uses the gold-standard lab and test (Stony Brook labs, Western blot test) which showed a definite Lyme infection, evidently long-term. So he extended the time to be on doxy, as many Lyme experts feel that a longer treatment period is prudent to successfully cure chronic Lyme.

What a delight to be free from those aches and other issues, that I had thought I would have forever.

So, if you have long-term aches and pains, consider the possibility of long-term, undiagnosed Lyme.

NEW MEMBERS

Welcome

Pat A. Talbott, Membership Registrar

Welcome to 12 new members who recent join TROT, listed below, along with their counties

Total Membership 374

The new members, and the county they represent are:

Michelle Chronister Perry County, PA
Suzanne DeSaix Loudon County, VA
Didier Devynck Montgomery County, MD
Jennifer Ferrell Alexandria County, VA
Stephanie Gelfeld Montgomery County, MD
Leah Mack Frederick County, MD
Julie Marshall Carroll County, MD
Jude Mazzotta Alexandria County, VA
Vicki, Sloan Anne Arundel Country
Lori Sprecher Washington County, MD
Shari Walker Prince Georges County, MD
Harriet West Loudon County, VA

BOARD MEETING REPORT

May 2014 Nancy Osgood, TROT Secretary

The monthly meeting of the TROT Officers and Board was held on May 6, 2014. All officers and board members attended the meeting, either in person or by telephone.

Reports were provided by Susan Railey (Treasurer's Report); Pat Talbott (Membership Report); and Lisa Troutman (Trail Rides Report).

Amy Kimble provided a written report regarding trail maintenance; highlights include:

- Amy met with Superintendent Mel Poole (Catocin Mountain Park) regarding Camp Greentop re-roofing project. Amy is looking for donations of materials, labor, and money to accomplish this important park project. Amy is looking forward to meeting in July to review trail maps and new trail locations.
- If anyone has resource connections or skills they can offer please contact Amy so we can utilize the skills we have or the connections to resources for trail and park projects.

County Coordinator Report Highlights:

- **Baltimore Area (includes members in Baltimore County and city).** Priscilla Huffman reported that the group has a May meeting scheduled at the Graham Equestrian Center on the Gunpowder State Park. The center's trainer, Jim McDonald, is interested in hosting a TROT ride. Priscilla has met with the trails manager for Gunpowder State Park and is interested in discussing plans for trails in the county, including creating GPS maps for the trails.
- **Carroll County.** Judy Thacher reported that there will be a "meet and greet" for county TROT members. The Carroll County Equestrian Council will also be invited. [See separate report on this event.] Judy has personally contacted TROT members in the county to encourage them to renew their memberships.

Old and New Business Highlights:

- **Patuxent River State Park Trail Design Study.** Maria Schwartz and other TROT members have been in contact with Jeremy Wimpey of Applied Trails Research (ATR). ATR has been contracted to study the trails in the park, starting in one section of the park. The study is more than just mapping, it includes information about trails management and determining who uses the trails. MORE (Mid-Atlantic Off-Road Enthusiasts – a mountain biking group) and the state DNR are funding the study. On June 12 there will be a facilitated discussion regarding the trails, and on June 14 participants will walk the trails. The company needs TROT's input and TROT is considering providing funding for part of the study. Currently they are contracted to look at trails north of Route 94 going toward Damascus. ATR has set up public meetings to discuss the trails and to do a walkdown of existing trails. TROT members will try to meet with Jeremy prior to the public meetings.
- **National Trails Day.** Two TROT rides and a trail clearing event have been scheduled for that day (Saturday, June 7, 2014), and Priscilla Huffman has registered TROT events on the National Trails Day website.

June 2014 Nancy Osgood, TROT Secretary

The monthly meeting of the TROT Officers and Board was held on June 3, 2014. All officers and board members attended the meeting, either in person or by telephone.

Reports were provided by Susan Railey (Treasurer's Report); Pat Talbott (Membership Report); and Lisa Troutman (Trail Rides Report).

Trail Maintenance Report: Amy Kimble, Adopt-A-Trail Coordinator, was not able to attend. The Board held a lengthy discussion on trail maintenance/clearing, focusing on the importance that TROT should place not only on riding the trails but on maintaining and building our trails. There are several opportunities to get more involved in trail maintenance/clearing [see article in each newsletter] in which board members should participate and all other TROT members should be encouraged to participate as well. Several members noted that they do significant work on trails as they ride along or go in on foot, but have not been tracking or reporting their activity. The point was made that tracking this work is important because the greater the number of volunteer hours that are reported to state or county park employees, the greater the state or county funding for these trails.

County Coordinator Report Highlights:

- The Baltimore County group has been renamed the Baltimore Area and Friends group, since there are members outside the county. On May 20, a group met at Graham Equestrian Center in Gunpowder Falls Park. The Center is now managed as part of the State Park. It is a beautiful facility, once known as the Cub Hill Riding Academy. There was a tour of the facility. There is a one-mile trail that incorporates real-world natural trail obstacles.
- Carroll County. Judy Thacher reported the kickoff meeting was a success, with 28 people attending. Participants were enthusiastic and want to have another meeting. A thank-you note was received from Carroll County Equestrian Council for the invitation to the meeting.
- Frederick County. Pat Merson reported that the Frederick County Equine Alliance group (of which Pat is a member) met with Anne M. Bradley who is the new Agricultural Liaison and Land Preservation Administrator Community Development Division. The group explained to her the objectives for the horse businesses and owners of Frederick County. She showed an eagerness to learn more about the group. She also wants to join the Alliance meetings as often as she can. Pat Merson has also applied for a position on the up and coming Mayor's Ad Hoc committee for the Frederick City watershed. The city wants to devise ways to ensure that this valuable resource remains viable not only as one of the city's water resources, but also as a recreational venue for a variety of outdoor activities.
- General Discussion Regarding County Coordinators. There was a lengthy and diverse general discussion about the role of the County Coordinators. Some counties do not have coordinators, and some coordinators are not active. It was suggested that a TROT member could serve as a coordinator for an area, instead of trying to cover the whole county. Mentoring is available for new coordinators.

Old and New Business Highlights:

- Patuxent River State Park Trail Design Study. TROT members have been designated to meet with Jeremy Wimpey of Applied Trails Research (ATR) prior to the public meeting on June 12. TROT members have also indicated that they will attend the public meeting and the walkdown of the trails. [See separate report on these meetings.]
- The board decided that it would not sponsor a clinic this summer, but there is time to consider one for the fall or winter.

WHO'S WHO IN TROT

OFFICERS

President:

Maria Schwartz (301) 906-6089 mariaeschwartz@verizon.net

Vice President:

Judy Thacher jathacher@yahoo.com

Secretary:

Nancy Osgood nlosgood@verizon.net

Treasurer:

Susan Railey susanrailey@verizon.net

BOARD MEMBERS

Jean Cooper jean.cooper@fda.hhs.gov

Priscilla Huffman priscillahuffman@verizon.net

Pat Talbott pattalbott70@gmail.com

Laury Lobel laurylobel@verizon.net

Br. Roger Nelson (240) 372-9494 rogersds@comcast.net

Terry Ledley (301) 520-3100 terryledley@aol.com

Jennifer Poole bcfarmgirl@hotmail.com

Jeff Dwyer ebbtidestables@gmail.com

Barbara Sollner-Webb (301) 604-5619 bsw@jhmi.edu

COMMITTEES

Membership Committee Chair:

Pat Talbott pattalbott70@gmail.com

Newsletter:

Marcia Lyons marcia.lyons7@gmail.com
Barbara Sollner-Webb (301)604-5619 bsw@jhmi.edu

Trail Rides:

Lisa Troutman (301) 928-5243 cat.home@verizon.net

Adopt A Trail:

Amy Kimble (301) 748-8310 amyhkimble@aol.com

Mapping Project:

Barbara Sollner-Webb (301)604-5619 bsw@jhmi.edu

Web Master:

Harold Goldstein mdbiker@goldray.com

COUNTY AND AREA COORDINATORS

MARYLAND:

Anne Arundel:

Diane Ayers (410) 551-0832 dianeayers@verizon.net

Baltimore:

Priscilla Huffman 301-646-4422 priscillahuffman@verizon.net

Broad Creek Hist. District:

Dave Turner (301) 292-6130

Calvert:

Vacant - Looking for a volunteer

Carroll:

Judy Thacher 410-751-3775 jathacher@yahoo.com

Cecil:

Jeanne Bond halcyonfarm@gmail.com

Charles:

Dr. Kathy Blanche (240) 320-4385 jbservs@peoplepc.com

Frederick:

Pat Merson (301) 898-3251 lilgreyhrs@aol.com

Harford:

Dianna O'Neil (410) 215-0491 b.oneil1@verizon.net

Harford:

Dianna O'Neil (410) 215-0491 b.oneil1@verizon.net

Laurel/Burtonsville/Spencerville :

Jenn Poole bcfarmgirl@hotmail.com
Barbara Sollner-Webb (301)-604-5619 bsw@jhmi.edu

Montgomery:

Ron MacNab (301) 622-4157 rmacnab@comcast.net

Prince George's:

Vacant - Looking for a volunteer

St. Mary's:

Kathy Glockner (301) 475-1941 kglockner@md.metrocast.net

Talbot:

Joyce Bell (410) 820-6002 wbell2@washcoll.edu

Washington:

Susan Rechen (301) 946-3593 rechen@si.edu

Wicomico County:

Shawn McEntee (410) 749-2665 smc1159@verizon.net



TRAIL GUIDES

The following volunteers are willing to show TROT members their favorite trails on an individual basis.

Contact them to arrange a personal guided trail ride.

If you would be willing to show other TROT members your favorite trail(s), please contact Nancy Osgood at nlosgood@verizon.net

Benson Branch Park

(between Folly Quarter Road and Triadelphia Road, Ellicott City, MD) Sandy Brewer Email sandbrewer@aol.com

Blockhouse Point

(Farm Loop on the Canal at Violettes Lock, MD) Naomi Manders e-mail: naomimanders0@gmail.com

Breezy Loop

Boysds, MD an easy hour and 15 minutes. Naomi Manders e-mail: naomimanders0@gmail.com

Codorus Park

(Hanover, PA) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

Croom, Md area, South of PG Equestrian Center

(South of PG Equestrian Center, MD) I am the trail historian for this area. I can keep you riding over different trails for 6 hours! People would leave from my farm in Croom & can ride to Patuxent River Park (Jug Bay), the Wildlife Sanctuary and Spice Creek Park. I am available Fri-Sat-Sun-Mon as a tour guide. Carol CAAuletta@aol.com or (301) 579-2342

EPIC Trail At Dry Seneca Creek, Poolesville

This is mostly private with a sanctioned public route - exceptionally good footing, easy trail, good for exercising in winter. THIS IS NOT THE Great Seneca Greenway Trail that goes to Patuxent! 10 miles round trip Naomi Manders e-mail: naomimanders0@gmail.com

Gunpowder State Park

(Harford County) Joyce Browning (410) 557-6165 / (443) 966-0249

Liberty Reservoir trails

(off Deer Park Road, Baltimore County, MD) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

Little Bennett Park

(Clarksburg, MD) Jim and Maureen Henry (301) 676- 5298.

Morgan Run Trails

(Carroll County, MD) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

North Tract of the Patuxent Wildlife Research Refuge

(Laurel, MD) Barbara Sollner-Webb bsw@jhmi.edu or (301) 604-5619

Patapsco State Park

(off Marriotsville Road, MD) I am available during the week and weekend and would love to show other TROT members the trails. Elizabeth Baran H: (410) 442-5006 C: (410) 245-8942

Patuxent River State Park, Montgomery County side

Laury Lobel (301) 774-9595 or laurylobel@verizon.net

Rachel Carson Conservation Park

(Brookeville, MD) Laury Lobel (301) 774-9595 or laurylobel@verizon.net

Rock Creek Park

(Montgomery County MD and into DC) Laury Lobel (301) 774-9595 or laurylobel@verizon.net

Union Mills/Kowomu Trail

(Carroll County, MD) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

WSSC/Rocky Gorge trail

(Supplee Lane in PG to Tucker Lane in Montgomery County). Barbara Sollner-Webb e-mail bsw@jhmi.edu, or phone: (301) 604-5619

Woodstock Equestrian Park in Beallsville, MD

Karen Kraushaar (301) 208-0767 or kraushaar@verizon.net

New/Renew TROT Membership Application

PAYMENT OPTIONS:

1. PAY BY PAYPAL AND COMPLETE FORM ONLINE (SAVE POSTAGE)

PayPal -- go to <http://www.trot-md.org/membership.php> . NOTE: You do not need a PayPal account.

You may complete this form online after paying via PayPal and send it online, go to <http://mysite.verizon.net/vzeqgjcjg/> no postage necessary.

2. COMPLETE APPLICATION FORM AND PAY BY CHECK

Check -- please make checks payable to Trail Riders of Today and print and complete the attached Application form and send it and your check to: Patricia Talbott, TROT Membership, 10399 Liberty Road, Frederick MD 21701

Date: ____/____/20____

____ Membership Renewal

____ New Membership

All membership information is for the private use of TROT members. We do not release any membership information outside this organization

*FIRST NAME: _____ Do Not List

*LAST NAME: _____ Do Not List

SPOUSE/SIG OTHER: _____ Do Not List

OTHER FAMILY MEMBERS: _____ Do Not List

*ADDRESS: _____ Do Not List

*CITY: _____ Do Not List

*STATE: _____ Do Not List

*5 DIGIT POSTAL CODE: _____ Do Not List

*COUNTY: _____ Do Not List

PRIMARY CONTACT PHONE: _____ Do Not List

E-MAIL _____ Do Not List

**Required information. Most, but not all of our communication with members is preferred to be done by email.*

ANNUAL MEMBERSHIP RATES FOR 1 JANUARY TO 31 DECEMBER 2014

Membership is for the calendar year. All individuals included in a family TROT membership must be members of the same family living at the same address. Additional contributions are welcome and help to preserve the trails you ride on. TROT is a tax exempt, nonprofit organization and contributions are tax deductible.

Complete if you have not paid by PayPal

One year membership \$20.00 per year

Contributing member \$30.00 per year

Sustaining member \$50.00 per year

Membership Type _____ Single _____ Family

Number of membership cards required _____

Additional contributions \$ (tax deductible)

TROT NEWSLETTER

I prefer to receive the TROT Newsletter by:

____ email (full color addition) or ____ U.S. Mail (black on yellow) or ____ Neither, I will view it on the TROT website.

VOLUNTEER --- WE NEED YOUR HELP!

Please check any areas where you would be willing to assist.

____ Ride Leader ____ Horse World Expo Booth ____ Trail Clearing ____ Judged Pleasure Ride

____ Annual Dinner/Silent Auction Other Activities (list) _____

CLASSIFIED ADS

To place an ad email: marcia.lyons7@gmail.com

TROT Members: One regular (100 word) ad FREE!

Non-member rates:

Classified ads

\$6.00 for first 100 words - \$0.10 for each additional word

Business Card \$6.00

1/4 page ad \$25

1/2 page ad \$40

Full page ad \$75

Insert (all copies delivered to our printer) \$50

All free ads will run for only one issue and may be run in the next issue if the Editor is notified within 15 days prior to the publish date.

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Middletown, Maryland

SERVICES

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Janet Young, PhD, EEBW, TROT Member 202-997-2378

janet@goldray.com

www.equine-equanimity.com

Give your horse a treat for the New Year!

Just like humans, horses get sore muscles, especially if work is intermittent, or intense. The result: actions often interpreted as "bad behavior". Massage can: provide comfort, improve disposition, enhance performance, reduce tactile defense, increase circulation. Complementary, not a substitute for regular veterinary care.

Members get 10% discount.



Talisman Pet Sitting

Pat Talbott
Owner

301 704 3871
Talismanpetsitting@gmail.com

TROT LOGO WEAR

Show your support

Show your support for your YOUR riding club by wearing TROT Logo Wear. And you can conveniently shop for your favorite TROT Logo Wear, as well as other desired items such as mugs, saddle pads, etc. that you would like to emblazon with our club's logo, even ordering in your pajamas!

Say It!Graphics, owned and operated by TROT member Chrissy Jongezoon, offers a wide range of high quality reasonably priced clothing and other accessories emblazoned with the TROT logo by screen printing and embroidery.

You can order 24/7 at www.sayitgraphics.com, or e-mail Chrissy at web@sayitgraphics.net, or call at 301-829-5959. As an additional incentive, without raising the price, Say It! Graphics donates 15% of the purchase price to TROT!

TROT LICENSE PLATE

Do You Have Your TROT License Plate?

Susan Railey

Have you driven down the road and noticed a beautiful license plate with a black horse and rider silhouetted against a yellow sun? That's our TROT organizational license plate. Don't just admire everyone else's license plate. Get one of your own.

It's very easy. Send an email to susanrailey@verizon.net and ask for an application. I will send you an instruction letter, and the MVA application which you complete and send back to me with a \$25 check. I confirm your membership, sign the application, and forward it to MVA. Your new plates arrive in a few short weeks. You do not need to wait for your current plates to be renewed. The new stickers are pro-rated so you do not lose any registration time for which you have already paid.





TRAIL RIDERS OF TODAY
Patricia Talbott, TROT Membership
10399 Liberty Road, Frederick MD 21701

Inside This Issue

PATUXENT RIVER STATE PARK - Plans underway for redoing some of the trails in this enormous venue.

AN INTERESTING EXPERIENCE WITH LYME DISEASE - or "Aches and pains, long dismissed as aging, turn out to be a treatable infection".

ADOPT A TRAIL PROGRAM - ou merely sign up with Amy Kimble and then record the time you spend trimming, clipping, etc, while you are out riding the trail.

NEEDED: LEADERS FOR TROT TRAIL RIDES - Are you familiar with a park or trail system and are willing to share it with other people? Please consider being a trail ride leader. No experience necessary.