



Trail Riders Of Today

Dedicated to maintaining and expanding sustainable trails for equestrian use

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PRESIDENT'S MESSAGE *from Maria Schwartz, TROT President*

"Volunteers are not paid – not because they are worthless, but because they are priceless!"

This fun and fact-filled edition of our TROT newsletter, compiled by Editor Barbara Sollner-Webb from information and reports that our TROT members have sent in, underscores the important role that our volunteers play to make TROT the great organization it is! The newsletter is a valuable communication tool that most members look forward to receiving to feel connected to the organization through common interests and TROT-sponsored activities.

Throughout my life, as I am sure most of you can also say, I have volunteered several times. I am sure most of us would also say that we have not volunteered nearly as much as we would like to. To give one's time and talent for a good cause is a special feeling indeed. I do not have the words to describe the generosity of heart and soul that comes from people who volunteer on a regular basis.

The TROT board, like so many other organizations' boards, is struggling with how to better involve members. We are aware that there are people who are not able to volunteer because either their professional or personal lives are so full that they simply can't make that commitment. This happens to all of us at certain points in our lives. But most of us, if we knew what was being asked of us, would be more than happy to step up and volunteer. The question is how to make you, our members, aware of volunteer opportunities. *[continued on next page]*

COULD YOU BE TROT'S NEXT TREASURER?

from Susan Railey, TROT Treasurer

I have been TROT's treasurer since 2010 and, while I have enjoyed serving in this position immensely, it is time for another to take my place. The position will need to be filled for 2016. TROT keeps its books on a cash basis, the same as an individual does. So if you write your own checks and record them in your checkbook, you can keep TROT's checkbook. You can do it in a spreadsheet on the computer like I do or you can write it in a check register. Everything else you need to do has been done before, so you just need to follow the same format and/or copy it. The board meets once a month and you can attend by conference call -- but then you will miss the great potluck dinners and camaraderie that make being a part of the TROT board so much fun. If this sounds like something that might interest you, please contact me (301-490-7172, <susanrailey@verizon.net>). I will be happy to tell you more about the position.

TRAIL OBSTACLE EVENT (non-judged) Sat, Oct 10 - SAVE THE DATE

from Dana Grabiner

Non-judged Trail

Obstacle Event: Saturday, October 10, 2015, at Schooley Mill Park. Natural and manmade objects, multiple challenge levels, a human presence at every obstacle. Port-a-potty and food truck available. Pre-registration is required; sorry, number of entrants is limited to 50 due to tight parking. \$10 for members, \$35 for non-members (or join TROT for \$20!). Please volunteer to help make this event a big success: contact Dana Grabiner at <grabiner1@aol.com>. More details to follow.

IMPORTANT QUESTION FOR TROT MEMBERS FROM HOWARD COUNTY

Do you enjoy and care about the future of trail riding? If the answer is yes, you are the perfect person to become TROT's new Howard County Coordinator! It is not much work and a great way to give back to the equine community. Plus the board meetings have wonderful potluck dinners. Please contact TROT president Maria Schwartz to learn more about this fun position (<mariaeschwartz@verizon.net>, 301-906-6089).

PRESIDENT'S MESSAGE (continued from p 1)

TROT has been busy the last few months although we did have to postpone the TROT non-judged obstacle clinic (more on page 1 and in the next edition of the newsletter on how such an event will happen this year). In this edition, you will read about the culmination of one of TROT's outreach activities to encourage young riders to continue their involvement with horses. The TROT Scholarship Committee headed up by Vice President, Judy Thacher, awarded two \$500 scholarships this month to two very hardworking young women to help them towards this goal. To recruit applicants, the Committee successfully reached out to 4-H, Pony Club, FFA, private equine groups, Equiery, Horse Council, and farms involved with the Horse Council. Regional and area heads of 4-H and Pony Club were personally contacted and the Committee found them to be very excited about how and why TROT was reaching out to youth. Judy and I attended one event, a "Tack Swap" to benefit a local Therapeutic Riding Club, and found more excitement there than we could have imagined, with more than 75 people asking us questions about TROT and obviously the Scholarship Program. We came away feeling we were on the right track. Most recently Judy and I have been asked to attend a future Washington County Horse Council meeting to talk about the TROT Scholarship program. Judging from the positive responses to this initiative, our TROT board hopes to be able to budget two more youth scholarships for 2016. Sometimes success leads to and builds more success.

Additionally, TROT has sponsored several enjoyable trail rides in spite of this crazy weather we are experiencing. Read about them and then jump in. Volunteering to lead a ride is a fun way to meet and make new members (non-members can enjoy a TROT ride as a "temporary member" for \$5, but this usually leads to the rider deciding to join TROT). Deneen Martin, our Trail Ride Coordinator, would love to hear from you. If you have never led a ride, she can help you with your questions or put you in contact with a member who has led a ride. Please don't hesitate because you aren't sure how to lead a ride. We are here to help make volunteering easier.

Finally, remember to keep track of the voluntary hours you spend maintaining the trails you ride on under our Adopt-A-Trail program. Report those hours to Amy Kimble so that she can compile and provide the information to Maryland Department of Natural Resources.

Contact information is on the last page of this newsletter. We will be reaching out to you but also look forward to hearing from you!

"The breeze, the trees, the honey bees – all volunteers!" Happy Trails!

TROT'S 2015 YOUNG EQUESTRIAN SCHOLARSHIP AWARD

*from Judy Thacher,
Scholarship Committee Chair*

In January 2015, Trail Riders of Today (TROT) announced at the Horse World Expo in Timonium, Maryland that it would be offering two \$500 scholarships to young equestrians, ages 12-18 years old, to help them pursue their equine activities. Applicants for the new **Young Equestrian Scholarship Program** were limited to Maryland residents who were current members of 4-H, Pony Club, FFA, licensed Maryland riding stables or another equine organization affiliated with the Maryland Horse Council. The Equiery and TROT's newsletter simultaneously published an article detailing the eligibility requirements and the application process for the new program. Completed applications were due by April 15, 2015 and had to include a 300 word essay entitled "How horses have affected my life and how I plan to keep them in my future". In addition, a letter of recommendation from the organization the applicant represented was required. All applicants received a complimentary 1 year family membership in TROT.

Once received, names, addresses and other identifying information (except age) were redacted from the applications which were then forwarded to a 6 member Scholarship Committee drawn from TROT's Board of Directors. Each application was independently scored using standardized criteria to evaluate the applicant's history, dedication to horses and commitment to further developing his or her equestrian skills. The applicant's plan for using the scholarship money was also carefully considered. A total of 25 applications were received from riders located in 12 counties in Maryland.

The Scholarship Committee is now pleased to announce that **Abby Krohn** from Chesapeake Beach, Maryland and **Shelby Hurley** from Mardela Springs, Maryland have each been selected to

[continued on next page]



[photo from Judy Thacher showing board members Jeff Dwyer & Judy Thacher awarding Abby Krohn her scholarship money]

SCHOLARSHIP AWARD (continued from p 2)

receive TROT's 2015 Young Equestrian Scholarship Award. Both Abby and Shelby are 16 years old.

Abby Krohn has been riding since she was six years old and has been involved with 4-H in Calvert County for 10 years. She has been competing for three years and is a member of the Giddy-Up 4-H club. Individually she placed in the top 3 in Novice Senior Horse Judging and also placed in the top 10 for Hippology thus qualifying to compete for the Maryland State team. In order to help pay for additional riding lessons Abby has worked at Lucky Cricket Farm for four years. She mucks stalls, feeds and turns out the horses and assists with lessons to support her "horse habit." Abby has set a goal to earn her United State Dressage Federation Bronze Medal by the time she graduates from high school in 2017. She plans to use her scholarship to compete at the Colonel Bengt Ljungquist Memorial Championships (CBLM) in New Jersey as well as to compete in a show to gain her Bronze Medal. Abby will be a junior at Huntington High School in the fall.

Shelby Hurley is a member of the D.C. Chesapeake Pony Club which is affiliated with the United States Pony Club (USPC). She began riding at the age of 12 and now trains at Angus Acres Farm in Wicomico County Salisbury, Maryland where she also works caring for 14-18 horses. Shelby pays her own farrier bills, vet bills, entry fees, trailering charges, and lessons. She has attained her C1 certification and hopes to earn her next 3 certifications this summer. Shelby's goal is to qualify for the USPC Eventing Championships in Lexington, VA this year and eventually to compete on an Intercollegiate Equestrian team. Shelby is helping to school her horse, Joker, for eventing, dressage and jumping. Since the Pony Club has eliminated the eventing qualifying rally, Shelby must now attend two recognized eventing horse trials to qualify. She plans to use her scholarship to pay the entry fees of the horse trials and the Pony Club championship entry fee. Shelby plans to go to college and major in Veterinary medicine. She will begin her senior year at Mardela High School in the fall.



[photo from Judy Thacher showing board member Judy Thacher and TROT president Maria Schwartz awarding Shelby Hurley her scholarship money]

[continued next column]

The TROT Board of Directors has long recognized that it is the young riders of today who will become the "trail riders of tomorrow" and be responsible for preserving the environment and Maryland's beautiful trails for equestrian use. The TROT Scholarship Committee and the entire TROT membership would like to commend all 25 scholarship applicants for the outstanding job they did in completing their scholarship applications. They speak volumes about the dedication and commitment of our young equestrians.

UPCOMING TROT TRAIL RIDES

from Deneen Martin and Barbara Sollner-Webb

Come out to a TROT trail ride to see first-hand the beauty of the trails we are working to preserve. TROT trail rides are fun and a great opportunity to learn new venues, meet other TROT members, and maybe meet a new riding buddy.

To participate, please **contact the designated ride leader to sign up and learn the specifics of the ride, including the start time.** That way, if a ride is postponed or cancelled, the ride leader will have your contact information to notify you. All ride participants **must wear a helmet, have a current negative Coggins for the horse, and be a TROT member.** Membership forms will be available at rides or you can join online. Since our insurance required riders be TROT members, we offer \$5 one-day memberships at the ride to encourage non-TROT riders to join. If you need a ride to a TROT event, please contact the ride leader to see if someone trailering from your area can help.

Hopefully, you may also want to **lead a trail ride**, to show others your favorite venue. As encouragement, each ride leader will be awarded a TROT logo-wear item! Please contact Deneen Martin (<deneenmartin7@msn.com>, 301-467-5335) to lead a ride.

CHECK TROT'S WEBSITE (<www.trot-md.org>) AS MORE RIDES MAY BE SCHEDULED BEFORE THE NEXT NEWSLETTER!

**Saturday, July 25 (rain date Sunday, July 26) –
NCR (North Central Railroad)/Torrey
Brown trail in Freeland MD
Leaders: Laura Colicchio (301-856-7540, <lavenderlady19@verizon.net>) & Barbara Sollner-Webb**

This is a joint ride with the Iceland Horse Club (FIRC), and is and a new ride for TROT, on another treasure in our Maryland trail system that riders should get to know. The NCR trail, a lovely hard-packed dirt, rails-to-trails conversion, is over 20 miles in Maryland, from just north of Baltimore to the Pennsylvania line. It then continues another 21 miles to York, Pa. (basically parallel but not close to I-83). At many places the trail crosses the Gunpowder Falls River, great for giving the horses a drink. We will leave from Freeland in northern Maryland and ride about 2 ½ hours, with an all-walk group and a walk/trot/(and a little canter) group. Please bring along a contribution for a potluck lunch we will have after the ride, at their nice picnic table in the shade.

Thursday, August 20 - Rachel Carson

Leader: *Laury Lobel* <Laurylobel@verizon.net>

Come and join us for a ride around Rachel Carson Park in Montgomery County. Because the parking lot has limited space, we are having this ride on a Thursday. The park is relatively small, so the ride will be between 1 ¼ hours to 1 ½ hours. It will be a walk-only ride. Bring a chair and your lunch to follow the ride. Drinks and dessert will be provided. RSVP early because there is limited parking so the group is limited to 6 rigs.

Saturday, August 29 (rain date Sat., Sept 5) - Graham Equestrian Center

Leaders: *Jim McDonald and Nancy Philip*
but contact Priscilla Huffman at 301-646-4422 or
<priscillahuffman@verizon.net>

Ride from Graham Equestrian Center (10301 Harford Rd, Glen Arm, MD 21057) through the beautiful Gunpowder Falls State Park. This will be a 2 - 2 ½ hour ride, mostly at a walk. Shoes or boots advised. Some water crossings. GEC is located within the park boundaries, and easily accessible from the Baltimore beltway. Make this a really special day for you and your horse by attending Jim's clinic before the ride. See his ad on page 16.

Saturday, Sept. 12 (rain date Sat., Sept. 19) - Ride beautiful Reichsford Farm! (Ijamsville, Frederick County

Leader: *Joy Ferno*
<www.reichsfordfarm.com>, 240-674-4825)

Please join us for another TROT first, a ride at Joy Ferno's lovely Reichsford Farm. This is a perfect ride for green or inexperienced horses, as the terrain is gently rolling and grassy. Don't forget to bring your chair & goodies for an after-ride social. More details to follow in the next newsletter.

Sunday, Sept. 13 (rain date Sat., Sept. 27) - Rachel Carson Park

Leader: *Deneen Martin*
<deneenmartin7@msn.com>, 301-467-5335)

Rachel Carson Park- Zion Road, Sunshine, Md. Come join a 2 hour ride through wooded trails and river crossings. The horses don't need shoes. This park has many bird boxes and much wildlife -- so it will mostly be a nature walk. Bring your lunch and something to share, for when we stop for a picnic lunch by the river bank -- just something small to] carry along in your saddlebag. Please let me know if you are coming, not only to find out the start time but so I can coordinate the limited parking.

Saturday, Sept. 26 – Fairland Park (rain date Sat., Oct. 3)

Leaders: *Barbara Sollner-Webb*
<bsw@jhmi.edu>, 301-604-5619) and Jenn Poole

We will repeat a lovely ride *[continued next column]*

that we had for the first time in many years last fall, along the scenic Fairland trail. There will be an all-walk and a faster group; shoes needed only for very tender-footed horses; and please bring something yummy to share for a potluck after the ride. These are great trails that too few riders know about and use. Please see related articles on this park's lovely trails by Mary Angevine and by Dana Grabiner, below in this edition.

Saturday, October 17 (rain date Sat., Oct 24) - Gunpowder Falls State Park, Hereford area

Leaders: *Monika Munn & Priscilla Huffman (call/text*
301-646-4422, or <priscillahuffman@verizon.net>)

Enjoy fall on the beautiful Gunpowder Falls State Park trails, in the Hereford area of the park in northern Baltimore County. Ride will be 2 to 2 ½ hours, mostly walking, with limited trotting/gaiting where possible. These trails follow the Gunpowder River in some places. Horses should have boots or shoes. Trailer parking is available in the Bunker Hill Road parking lot off York Rd. Bring a chair and lunch if you wish to stay after the ride. Call, text, or e-mail Priscilla Huffman (listed above) for start time and directions.

Wednesday, October 21 - Doncaster State Forest (Ironsides, MD)

Leaders: *Donata*
<donata410@gmail.com>, 301-743-5114) & John Dow

The ride will be on woodland trails with bridge and stream crossings. The pace will depend on the group or we can split into fast and slow groups. This ride is good for horses starting out. Shoes are not needed. The ride will be two to three hours, depending on weather and the desires of the group. Bring a lunch for after the ride.

Saturday, October 31 – Rosaryville Halloween ride

Leader: *Laura Colicchio*
<lavenderlady19@verizon.net>, 301-856-7540)

This will be our last joint ride of the season with FIRC, and Laura Colicchio again will host us. We will ride through Rosaryville State Park, with fall foliage that should be spectacular, followed by a lunch. More info to come.

Saturday, November 14 - Anacostia Park Ride

Ride Leader - John Angevine (301-937-0014)

A favorite TROT ride to close the season -- this is a fantastic ride with many special views, including the Lincoln Cemetery and Bladensburg Waterfront! We will travel along the Anacostia River on a very nice path, traversing over and under bridges and roads, passing playgrounds and outdoor workout equipment. A great ride to give green horses experience with hikers, bikers and strollers.

Saturday, December 12 - Lisbon X-mas Parade

Dress up yourself and your horse to ride there. More later.

RECENT TROT TRAIL RIDES

from Barbara Sollner-Webb

Gosh, what a lot of rain we have had – the wettest June on record for this area! So unfortunately, a good number of our scheduled trail rides were either rained out or "wet-ground-ed-out" (with the ground being so wet from a recent rain that riding could damage the trail). That happened with our scheduled NCR ride (now rescheduled to July 25), our second Schooley Mill ride, and the rain date for that Schooley Mill ride – the rain gods were certainly playing games with Debby Poole's Schooley Mill rides. However, we did get in some absolutely delightful rides, summarized below. If you are not coming on them, you are missing out on lots of fun, and many also serve the double purpose of being swell opportunities to contribute to trail upkeep (with the work hours hopefully reported to Amy, see below)!

On May 23, we had a marvelous ride at the **Upper Patuxent, in both directions from Long Corner Road**, kindly led by Mary Prowell (as far as I know, a new "first" for TROT at this location). It was super to see these trails, which have drawn much interest due to the upcoming work to reconstruct their bad portions, led by Mid-Atlantic Off-Road Enthusiasts (MORE) along with TROT's Amy Kimble and other trails groups. [See several articles on this effort in past newsletters and Amy's update article, below]. Very pretty venue! And wow, the mansion for the Hunt's hounds was astounding. Portions of the trail were rather badly overgrown, but after we rode through, moving a few logs, all of us snapping branches and some of us diligently clipping as we rode, the trail ended up in considerably better shape. It was a tremendously fun ride for us six TROT members (including a new member), and it was rewarding, in that it also served (at least in part) as a trail work party.



[part of the group, before heading out]



[photos of this ride from bsw]

Our **C&O Canal ride, starting from White's Ferry**, on May 30, was delightful. It was a joint ride between TROT and FIRC (the area Icelandic horse club), with co-leaders Laura Colicchio and Barbara Sollner-Webb. Fifteen riders (six in an all-walk group and nine in a faster group) greatly enjoyed this ride along the historic C&O towpath, where mules once pulled barges, but our horses now took us on a lovely 10-mile outing. The riders and horses were delightful, the day was not too hot, the shoulders of the towpath had recently been mowed -- although our clipping of rider-height branches and vines helped the trail considerably -- and its flatness was ideal for swell trotting/tolting runs, all making the ride especially nice. Plus, the many bikes, flag strollers, etc. we met on the path (all very respectful of the horses) provided a really good learning opportunity for the less experienced horses. And after the ride we had an absolutely delicious potluck.



bikes



flags and strollers



yummy pot-luck lunch

[photos of this ride from Jenn Poole and bsw]

Debby Poole and Jenn Poole organized a very nice ride at **Schooley Mill Park**, on Saturday, June 13. This had been announced as a great "opportunity to start your trail riding career and/or to school trail obstacles with a supportive group." With an easy trail, supportive co-riders, some safe bridges and small water crossing to practice on, a sturdy mounting block, easy parking, and an all-walk group as well as a walk-trot group, it indeed provided a perfect experience for someone going out on the trail with their horse for the first time. The timing of this great opportunity for a novice rider, for starting a young horse or for restarting one with issues was perfect, as a partial substitute for TROT's non-judged pleasure ride/trail obstacle clinic. Everyone enjoyed this leisurely ride through the park's rolling hills, woods and long meadows, and the yummy potluck lunch after the ride. Unfortunately, a repeat ride planned for the following Monday was rained out, as was an attempt to reschedule the following week.



[photos of this ride from bsw]



Ride at **Ag Farm History Park** on Saturday, July 11.

This ride was co-organized by Laury Lobel and Nancy Osgood, with the riding groups led by Laury Lobel and Barbara Sollner Webb. After a scare of a morning shower that almost cancelled the ride, we had a unusually beautiful and almost prefect riding day for the month of July. Seven riders took advantage of the weather which became bright and sunny by the time the ride started. In addition to Laury and Barbara, the riders were Terry Ledley, Janet Whelan, Stephanie Cacapardo, Leah Mack, and Kelly Dorman. Because many of the trails in this park have become rather overgrown, we brought clippers for everyone to use on the ride, and with our clipping and snapping of protruding branches, the trail got considerably better. We rode a two-hour loop around the park, with no incidents, and returned to the parking area to join Nancy who had been out trimming the trails on foot plus had set up everything for a feast! Gosh the potluck contributions were terrific, with special commendation to Stephanie's home made cobbler from berries she grew and Leah's sausage from a pig she had raised. Also joining us for lunch were Ron (past TROT president) and Janet MacNab, who just happened to come to Ag Farm to ride that day too. Great riding, Great Food, Great Weather and Great Company made for a Swell Day!

this report kindly contributed by Laury Lobel



note clippers in everyone's hands

[photos of this ride from Nancy Osgood and bsw]



USEFUL NEWS ON THE AG FARM TRAILS:

Having heard from several TROT members that the trail heading west from the Ag Farm parking area beyond the tunnel under Airport Drive was posted to be closed for a long time, Laury Lobel checked with Edward Trey, the nice official in charge of Agricultural History Farm Park. He responded that "The trail is closed for the development of a new park...The new park will be hopefully completed by fall 2106 and will have some athletic fields, and the trail will be reopened with a pass thru as well as hiking trail around the park [Laytonia Park]." So that is good news!

Happily, Mr. Trey provided some additional very good news -- that they have officially opened a new natural surface trails that heads north from the park all the way to Rt. 108. This should make the connection to the lovely trails at Blue Mash much easier! Thank you, Mr. Trey and the Ag Farm officials! And folks who have ridden Ag Farm recently already know that the Park has installed three great new bridges to cross some of the wet areas.

TROT's TRAIL WORK PLAN

TROT members have helped establish riding trails, retained threatened trails, and maintain trails when they deteriorate by erosion, over-growth, fallen trees, or whatever. In most venues, it is up to the riders to do the trimming, and even more maintenance. Due to all the rain and hot weather this spring and early summer, plants have been growing over-exuberantly, so trail portions are getting blocked if not obliterated. Thus, this is the perfect time to become best friends with a pair of clippers and hopefully also a packable folding saw. If you feel safe doing so, clip or break annoying branches while riding (ideally removing to the next node); many plants, especially the pervasive spicebush, break extremely easily, for easy trail maintenance without clippers.

Laury Lobel stresses that "It takes so little effort to carry your clippers." She further suggests using an old telephone cord around your wrist, attached to the clippers so you won't drop them. What a great idea!

Before you and your buddies go trail riding the next time, consider going to your local dollar store and "splurging" on a bunch of their cheapie-clippers (generally in their gardening or tool section). Then tend them to your buddies on your next trail ride and ask everyone to clip protruding branches. You will be amazed how much this little effort will improve trail's condition.



[A group of us-- each holding up clippers – before going in to trim some of the overgrown parts of Ag Farm Park a week before Laury's ride]

Please record the estimated hours of your clipping and other trail work, and report them to Amy Kimble (301-748-8310, call or text; [<AmyHkimble@aol.com>](mailto:AmyHkimble@aol.com)). The more volunteer hours that are reported, the larger the budgets for the venues that we ride in. Of course, motor-driven machines (chain saw, bush-hog, etc.) are not permitted in most riding venues – Carroll County is an exception -- so definitely check with the official in charge before attempting to use them in trail clearing.

If you prefer to do trail work with an organized group, please join work parties of the Carroll County Equestrian Council (CCEC) (<http://www.carrollcountyequestriancouncil.org/calendar.htm>); they are off for the summer but resume in the fall:

September 5, Saturday 9-12, **Morgan Run Trail Work Day on Horseback or on Foot.** Call Carolyn Garber 410-549-5141.

September 12, Saturday 9-12 **Piney Run Trail Work Day.** Call Bridget McCullough 301-829-7442.

September 19, Saturday 9-12 **Trail Work Day at Gillis Falls/Equestrian Center.** Call Peggy Miller 410-549-1608.

October 11, Sunday 9-12 **Morgan Run Trail Work Day on Horseback or on Foot.** Call Carolyn Garber 410-549-5141.

November 15, Sunday 9-12 **Morgan Run Trail Work Day on Horseback or on Foot.** Call Carolyn Garber 410-549-5141.

TRAIL WORK REPORT

National Trails Day at Morgan Run

*kindly provided
by Kyle Jossi*

I was determined to acknowledge June 6th, National Trails Day, by volunteering to do trail clearing. I try to note the dates for trail clearing that are listed in the TROT and Carroll County Equestrian Council (CCEC) newsletters, but something "more important" always comes up. But I was determined that June 6th would be devoted to celebrating our local trails. Did I secretly hope for rain that morning so that I could clean my house instead? You bet!

But June 6th dawned sunny -- and hot! The experience turned out to be much more fun than I was expecting! And I learned some interesting things: Did you know that CCEC has sole responsibility for maintaining the trails at Morgan Run. This means that volunteers with their own tractors, weed whackers, and clippers do all the work. The attached photo is an example of what Morgan Run would look like if not for the volunteers. It was a lot of fun working with Carolyn and other members of CCEC. Anyone who has ever cleared a trail knows the sense of immediate gratification that comes with clearing. I can't wait to go back to Morgan Run and view all our hard work from the back of my horse.



[This is a "before" photo, showing what should be the beginning of the trail at Morgan Run – so overgrown one can not see the trail. After the trail work (with a bush-hog, allowed in Carroll County parks but few others) the trail was perfect.]

Work in Patuxent River State Park Central Region (between Mullinix Mill Road and MD-94)

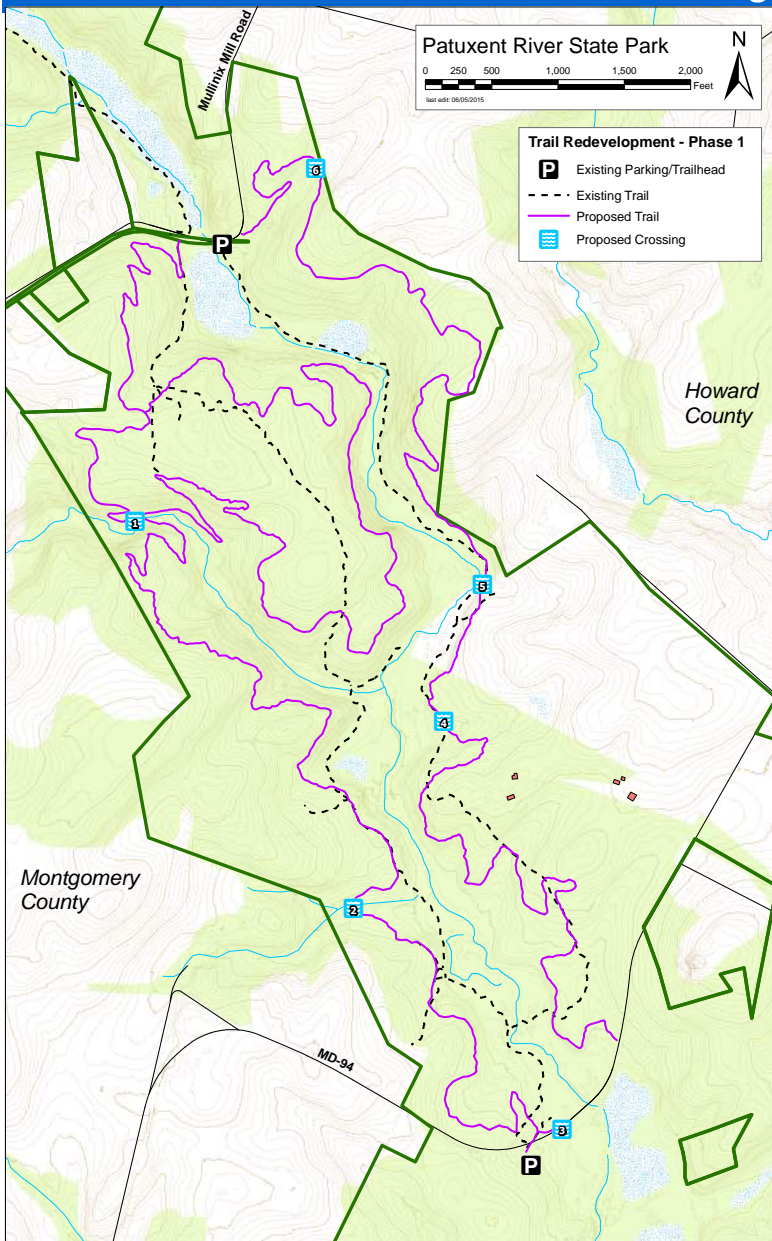
*information from Amy Kimble,
TROT's Adopt-A-Trail Coordinator*

Efforts to improve the highly eroded and partly misaligned multi-use trails in the enormous Patuxent River State Park -- at 6,700 acres, even bigger than Fair Hill! -- have been extensively reported in earlier TROT newsletters (see especially July 2014 and January 2015). This effort is being led by MORE (Mid-Atlantic Off-Road Enthusiasts, the major area mountain biking organization that is highly committed to improving multi-use trails and has frequently partnered with Amy Kimble's work efforts), in association with other trails groups.

Working with the Maryland State Department of Natural Resources (DNR), MORE and a hikers' club funded an independent assessment of the trails in the north end of the park, north from Route 94 (Annapolis Rock Rd) to near Route 27. DNA approved the contractor's recommendations to close selected trail sections and construct new, more sustainably located ones in this region. Throughout the spring, these new trails were flagged and GPS-ed, largely by TROT's Amy Kimble and MORE's TOM Newton. DNR's DAN Hudson prepared a draft map of the new trails. [It is on the left, and for easier viewing can be enlarged from the electronic version of the newsletter.] The flagged trails are the purple lines on the map and are in the region between Mullinix Mill Road/Rt 97 (on the northwest of the map) and Annapolis Rock Road /Rt. 94 (on the southeast).

Pending approval of, the flagged route, construction of the actual trail is to begin this summer/fall.

If you ride these trails and are interested in volunteering to help put in these important new trails, please contact Amy Kimble (301-748-8310, call or text, or [<AmyHkimble@aol.com>](mailto:AmyHkimble@aol.com)).



[map kindly provided by Tom Newlon, via Amy Kimble]

IDYLIC RIDING AT IDYLWILD WILDLIFE MANAGEMENT AREA

*kindly provided by Joyce Bell,
Talbot County Coordinator*

Located in Caroline County just north of Federalsburg on Maryland's Eastern Shore, Idylwild's 3,800 acres is the place to go when other venues are too wet for riding. The sandy trails here are always marvelously dry. The general landscape is heavily wooded with pine and mature upland and lowland forests, so riders are sheltered on cold, windy days. The major trails are double-wide, while lesser-used trails are single track. These latter trails can put on a show in mid-May when the mountain laurel

[continued on next column]

is in bloom. Ponds and great dunes of sand at the north end of the park attract adventurous riders who enjoy riding up and down them. One caveat to riding here in high summer: mosquitoes can be problematic.

The park is much longer than wide, bordered on one side by the scenic Marshyhope Creek, and on the other by Houston Branch Road. Trailer parking is possible in several locations, the largest being a horseshoe-shaped lot not far from White Road. Maps can be downloaded at www.dnr.state.md.us/wildlife/publiclands.

Idylwild is about a 30-minute drive from the Tuckahoe Equestrian Center (detailed in the March 2015 TROT newsletter) which makes TEC a good base of operations for a trail-riding weekend on the Eastern Shore.

FAIRLAND PARK - THE GOOD OL' DAYS??

kindly contributed by Mary Angevine

Reading in TROT's September 2014 and January 2015 newsletters about the great time folks had riding and exploring at Fairland Regional Park last fall brought back vivid memories of my early days as Prince George's County Coordinator and the challenges and wonderful people from TROT.

It had been only a few months since I had agreed to tackle the job, not knowing a thing about expectations or any other riders in the area. John and I were living and keeping our first horses inside the Beltway at the time, 1983. My first call to action was from horseback riders living on Old Gunpowder Road in Beltsville. Fairland Park was somewhat new, and a Park and Planning Commission presentation to neighborhood residents revealed that no horseback trails were in their plans. They were told they would have to fight for them.

I went to one of these helpful people's homes and learned that these trails had been in existence and used by the Iron Bridge Hunt Club since the 1930s, and that our State Senator Art Dorman had promised the community that if they agreed to purchase through the state's Program Open Space program, the old farm whose property became Fairland Park, that usable trails would be continually available. At least six horse-keeping properties existed at that time (1983) on Gunpowder Road alone, to say nothing of the barns in Sandy Spring, Burtonsville, Laurel, College Park, and Adelphi.

The steps I took in my research for presentation to Park and Planning Commission policy people started with a meeting with Senator Dorman, who fully supported the riders and made the necessary calls. Next, I learned the names of some of the early riders who had helped maintain the trails over the years. They were Jane Toal of Iron Bridge Hunt, Vivian Brady and her friends from Gunpowder Road, Pat Oliva, and Carol Petrie Iglehart.

Vivian and her friend Betty Mensch asked me to explore the trails on horseback, which I immediately did. What an eye-opener and what fun! Pat, I believe, was on that ride and showed us the trail markers on trees. Carol was the good steward who cleared brush on the Montgomery County side of the park. Prince George's park managers promptly refreshed portions of the trails as we reported issues to them. Motorized vehicles were sometimes in use there, as were bicycles and, of course, hikers.

In those early years, the trails were saved through a series of meetings with the Montgomery County and Prince George's County (bi-county) Park and Planning Commission as well as with the Prince George's County Planning Board in Upper Marlboro.

The middle years saw a beautiful, color map of all the trails inside the park, drawn by Terry Ledley. Park and Planning Commission staff drew a perimeter map showing access to the trails. Pavement was put in for hikers, with grassy paths alongside for the riders. At some points, those trails crossed the pavement

[continued on next column]

to natural-surface trails, and the park management has maintained those trails all these years. John and I would do some springtime work ourselves. Over the years, we installed "horsehead" markers along the trail, replacing them as necessary. Of course, ever-loyal Terry would do some clearing as well.

Then, impending doom: developers thought it would be wonderful if they gutted the old forest and built houses with a golf course wending its way through the housing community. They sweetened the pot by offering the counties a trade of swamp land and a new school for the Montgomery County side.

TROT and a golf club group to the rescue! This took many years to resolve: the trails were retained, the development plan was dropped. We placed petitions at the Turf Center, Woodland Horse Center, and Outback Leather, along with copies of Terry's colorful map. Many people signed in support. I took petitions around the community and received most welcome support. Terry, Priscilla Huffman, and Barbara Sollner-Webb helped with their testimony during Montgomery Planning Board hearings. Terry led several TROT rides at Fairland.

When a property came up for sale on Old Gunpowder Road, John and I found our Shangri-La and have had many a delightful ride on the Fairland Equestrian Trails. John still enjoys those trails: you'll see his back toward the end of the line of Fairland riders in the January 2015 TROT newsletter, showing TROT's October 2014 ride there.

[Editor's note: Mary Angevine had been TROT's great Prince George's County Coordinator, and a real specialist on Fairland Park, for MANY years! Thanks so much, Mary!]

[It might also be noted that about 15 years ago, the trails at Fairland, especially on the Montgomery County side, had become terribly eroded. So there was a major effort to re-route the bad trails and make them sustainable, arranged by Naomi Manders (a long-time TROT member who then worked for MNCPPC and was in charge of trails). The trail re-building was led by MORE (the Maryland bike club who TROT has often worked with on trails projects, see p. 8), with lots of TROT members participating, and great trails resulted!]



Stephanie Cacapardo removing a limb that was blocking the trail during TROT's last ride at Fairland Park [photo from bsw]

BEING A HORSE TRAILS AMBASSADOR FOR A DAY AT FAIRLAND PARK

kindly contributed by Dana Grabiner

[Editor's note: at Jenn Poole's recommendation Dana recently rode Fairland, and her horse for the first time heard amplified music and saw volleyball, a mountain bike, Briard dog, and Montgomery County squad car. She loved the experience and these delightful trails!]

Trail riding in the middle of the suburbs? Welcome to Fairland Regional Park! Ride on the grassy edge of a bike path from the parking lot, toward the playground and hook a right into the woods at the trail marker with a picture of a horse on it (photo below). You'll pass belching frogs in a hidden pond and a gurgling culvert that my horse Bella briefly suspected were extra-terrestrials and their spacecraft.

Trail-training opportunities abound: a short bridge in the woods, tiny stream crossings, and exposure to tennis courts, ball fields, bicycles, hikers, dog-walkers, thick roots, and, of course, the culvert and frogs. An unexpected training "extra" during my first visit to Fairland was a big family picnic near the playground, with speaker stacks pumping out a rumbling bass line that I could hear from the woods. (Found out Bella is a reggae fan.)

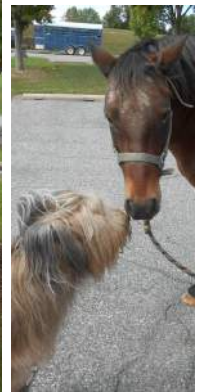
Pros: cool, shady, cleared trails and considerate hikers, bikers, and dog-walkers. A treat for me were the awestruck children calling, "Horsie! Horsie!" from the playground. (This could be a "con" for some riders ...) I felt like a one-woman Horse Trails Ambassador. My favorite fan was a West African man who beamed with joy when I snapped his picture with my horse. Another pro: restrooms next to the playground and a port-o-potty at the tennis courts.

The cons? Well ... the trails are skinny, verrrry close to trees, and veined with exposed roots that brought Bella's trot to a tiptoe pretty quickly. Another con: the parking lot isn't set up for horse trailers. One day I took up 3 spaces with my one-horse wagon and felt guilty. But should the main Greencastle Road lot be full, just turn right when entering it, park at the tennis courts; then ride skirting the edge of the woods 'til you reach the bike trail. Worked fine for me.

My conclusion: Fairland Park is my new favorite! I rode the trails three times in two weeks. Hope to see you there next time.



[photos from Dana Grabiner]



[photos from bsw]

kids at Fairland park really appreciated getting to brush and meet a horse during TROT's last ride there; a dog was also curious to meet what he thought was very large dog

EXPAND MARYLAND'S OLDEST BRIDLE PATH?

kindly provided by the Broad Creek Historic Trust

Often, beloved neighborhood riding paths used daily by backyard horse owners and at riding stables get scant attention in the coverage of "trails" issues. But these short-cuts between public riding venues are the everyday magic that bonds us to our sport.

Many of Maryland's trails started out as simple bridle paths, and one that could become a public trail by 2018 is located along the Potomac River, just 9 miles south of the U.S. Capitol Building. This network of riding paths is in the Broad Creek Historic District, the oldest protected wooded area in Washington DC and in Prince George's County. The path tracks a 1660s colonial roadway that abuts the ruins of the oldest remaining man-made structure above ground in the DC region, Wantwater (1696-1704; see photo). At one point, archeologists discovered a stretch of colonial brick-paver roadbed beneath the earthen path. Every ride produces sightings of wild turkey, fox and blue heron. It is anchored on the north by the expansive grounds of a 1692 Episcopal Church -- the mother church of DC -- St. John's Broad Creek. To the south it's anchored by MNCP&PC's Harmony Hall regional center. Both allow local riders to school on open grassed portions of their properties.

Ron McNab, Mary and John Angevine, Prince George's Director of Planning Derrick Berlage and former U.S. Senator Mary Landrieu and U.S. Representative Jim Trafficant have ridden these spectacular wooded paths. Full length articles about Broad Creek's bridle path are featured in *Trail Rider Magazine* and in the *Equiery* in 2012.

There are three horse farms inside the 850-acre preserve, and all provide wooden bridges for horse crossings by neighborhood riders, as well as lively full creek water crossing at St. John's.

[continued on next page]

According to Trot members Dave Turner and Randy Crawford, there are plans afoot to install a public multiuse trail in Broad Creek that will provide a trailhead for unloading horses -- with lighting and facilities -- and that would link up to existing MNCP&PC and federal Potomac Heritage Trail routes. The community's governing Broad Creek Historic District and the Conservancy of Broad Creek have adopted a trail concept for presentation to the County that will offer public trail users glimpses of the river, the village's ancient structures and its archeological treasures. The two organizations seek a trail consisting of horse-friendly bridges in wet areas and natural footing instead of asphalt.

All TROT members are encouraged to contact MNCP&PC trails planner Eileen Nivera (<Eileen.nivera@pgparks.com>) to urge inclusion of an equestrian friendly (and archaeologically protected) trail through Broad Creek. The County is currently setting priorities for funding new trails (see following article). Please state that you support the route and the path construction plan being urged by the Conservancy of Broad Creek.



[photo kindly provided by Katherine O. Rizzo, showing TROT member Dave Turner on Grady riding on the bridle path in Broad Creek in front of the ruins of Wantwater (1696-1704).]

NEW TRAILS IN PRINCE GEORGE'S

from Barbara Sollner-Webb

Prince George's Department of Parks and Recreation are looking to develop hundreds of miles of new trails in the county! This is a big deal, and something that TROT members in the area should get involved with, if they care for getting new trails. The tentative

[continued next column]

plan was discussed at their stakeholders' meeting (attended by TROT members Mary and John Angevine, Terry Ledley, Susan Gray, Judy Thatcher and myself plus numerous other users; see photo) and at several public open houses, which were announced in the previous newsletter. Anyone who rides, or might ride, in Prince George's County, please look at their plan and provide comments on their intended trails at <[http://www.pgiparks.com/About-Parks-and-Recreation/New-Projects/Trails Master Plan for Prince George s County Park System.htm](http://www.pgiparks.com/About-Parks-and-Recreation/New-Projects/Trails-Master-Plan-for-Prince-George-s-County-Park-System.htm)>.



[photo from bsw]

BABESIA -- A COINFECTION OF LYME

kindly contributed by Donata Dow

Trail riding has its hazards and one of them is the many ticks that now plague our area. Not only do ticks carry Lyme but also the lesser known Babesia and a number of other pathogens. Of course, one may get a tick bite without venturing into the woods. Sometimes one will not realize that a tick has bitten them, thus not able to understand why they have gone from feeling healthy to not feeling well. We are all familiar with the Lyme threat, but did you know that there is a chance that the tick that bit you could be carrying more than just Lyme disease? Suzy Cohen, RPh has written an article "If You Think Lyme is Bad, Meet Babesia!". The following is a brief summary of her article; for the full article, see her website (<http://suzycohen.com/articles/lyme_babesia_treatment/>).

Babesia causes an array of symptoms; they may change over time or even every few minutes. Some of the classic symptoms are:

- Sweats: a range from sweaty forehead to completely drenched.
- Thermal dysregulation: simultaneously hot, clammy and cold. You may go from feeling cold to getting chills, to a drenching sweat within minutes.
- Headaches: Lyme (Borrelia) headaches tend to hurt toward the back of your head, whereas Babesia headaches tend to be more frontal (this is not a hard and fast rule). If you feel like your brain or your head is smoldering or on fire, this could indicate Lyme or Babesia infection or both.

[continued next page]

-- Dysautonomia: Babesia is an aggressive infection that mildly inflames your brain and/or meninges (brain membranes). What exactly does this mean? Tons of problems in your head ranging from mood instability, insomnia, depression, anxiety and headaches, feelings of disequilibrium, balance problems or tinnitus.

-- Heart palpitations: cardiac irregularities.

-- Air hunger: feels like you are suffocating. It is easily misdiagnosed as a "panic attack", yet it will not respond to anxiolytics.

-- Déjà vu: French word for "already seen" and it's a bizarre symptom. A feeling or sensation that you have previously experienced an event or a person, that in reality is being encountered for the first time.

-- Insomnia: unrefreshing sleep. Sleep deprivation is common with Lyme and all the co-infections.

-- Interstitial Cystitis: it feels uncomfortable down there, in your urethra or bladder, and doesn't respond to antibiotics. This is usually a symptom of Bartonella or Borrelia (not so much Babesia) but it will often flare if you take antibiotics and it's common. Be aware of this if you frequently use medicine for urinary tract infections (UTIs); maybe it's not a UTI, maybe it's Lyme or Bartonella.

And who is Suzy Cohen? She has been a licensed pharmacist for 25 years and is a functional medicine practitioner for the last 15, educating people about the benefits of natural vitamins, herbs and minerals. In addition to writing a syndicated health column, "Dear Pharmacist," which circulates to 20 million readers each week, she is the author of many books on natural health. You may have seen her on The Dr. OZ Show (multiple appearances), The View, The Doctors, Good Morning America Health and hundreds of morning shows, and her articles and Quotes have appeared in many major publications. You may subscribe to Suzy Cohen's newsletter at SuzyCohen.com

[Editor's note: So many of us trail riders have gotten Lyme, but who knows how many also have an undiagnosed Babesia coinfection? Please remember that deer ticks, which carry Lyme and Babesia, HATE pyrethrum (and all its derivatives like permethrin), which are in virtually all normal horse bug sprays, so spraying a little on yourself can help you a lot!]

VALUABLE POISON IVY QUIZ

kindly forwarded by Priscilla Huffman

[Originally sent from Steve Carr, Land Trails Planner, Maryland Department of Natural Resources]

Now that we are all venturing outdoors and into the woods at our favorite parks, forests, and wildlife areas, I thought I would share with you a little photo quiz about poison ivy: <http://www.poison-ivy.org/poison-ivy-quiz>

It is much safer to practice recognizing poison ivy here, rather than on the trail.

BALTIMORE AREA UPDATE

from Priscilla Huffman, Baltimore Coordinator

Volunteer Mounted Patrol

The Gunpowder Park Volunteer Mounted Patrol is continuing to move toward its goal of having some volunteers ready for certification later this summer. Jim McDonald has been instrumental in getting horses prepared for the assessment. He held an all-day obstacle clinic at Graham Equestrian Center on April 26 and a follow-up clinic on June 20. Thanks, Jim, for your support!

Jen Cashell, Gunpowder Park Ranger, conducted initial interviews for the VMP and plans to remain involved, providing training on invasive plant identification and removal, tree pruning basics, and Maryland Park Service protocol.

Several VMP candidates have completed the on-line Blood Borne Pathogen course, and attended a 2-day CPR and First Aid course. These riders are dedicated! Please consider volunteering for this valuable stewardship opportunity. To learn more, contact the VMP coordinator, Bruno Conticello, at bconticello@gmail.com

Gunpowder trails - Hereford area

We have reports from riders that Panther Branch, Sandy Lane and Gunpowder South trails are all clear, with the exception of one tree down on Panther Branch which has been reported to DNR. Bunker Hill Rd leading from York Rd to the large Bunker Hill parking area is passable for trailers, with some ruts from recent storms. Having that road paved is on our wish list for the future!

Torry C. Brown Trail information

Formerly known as the North Central Railroad (NCR) trail, the Torrey C. Brown Trail extends 20 miles, stretching from Ashland Road in the Hunt Valley area to the state line. The trail is 10 feet wide with a stone dust surface. The most popular activities on the trail are hiking, jogging, bicycle riding and horseback riding. The trail also provides access for fishing. See the link below for directions to parking areas. A TROT ride was to be held June 27 leaving from the Freeland parking area near the PA line (but had to be postponed due to a monster rainstorm that dumped over two inches that day).

http://www.dnr.state.md.us/greenways/ncrt_trail.html

CARROLL COUNTY UPDATE

from Judy Thacher, Carroll County Coordinator

The next Carroll County TROT meeting will be held at the home of Kyle Jossi in Sykesville on August 18 from 6 – 8:30 pm at Two Daughters Farm at 20 Sheppard Lane. Kyle's phone number is 301-706-3714. Please RSVP to Kyle or Judy Thacher by email. A lite fare will be served and pot luck additions are most welcome.

SUMMARY of the TROT BOARD MEETING

June 2, 2015

from by Nancy Osgood

Participants. Maria Schwartz (President), Judy Thacher (VP), Susan Railey (Treasurer), Nancy Osgood (Sec), Barbara Sollner-Webb (BD), Terry Ledley (BD), Laury Lobel (BD), Br. Roger Nelson (BD), Dana Grabiner (BD), Jenn Poole, Kathy Diamond, Priscilla Huffman, Richard Huffman, Sim Shanks, Denis Webb. Via Phone: Gale Monahan (BD), Pat Talbott (BD), Jeff Dwyer (BD).

Treasurer's Report. Susan Railey presented the Treasurer's Report. The total balance, including checking, savings, and special funds for trail mapping, was approximately \$20,000.

Membership Report. Pat Talbott presented the Membership Report. Total number of members is 405. This includes young riders who applied for the scholarship, since they were awarded a TROT membership. There was a discussion regarding planning a membership campaign for the fall. Suggestions included new methods of getting TROT's message out via big barns, farriers, and passing out literature at big horse-related events.

Trail Ride Coordinator. Barbara Sollner-Webb reported on the trail rides, in lieu of Deneen Martin, who was unable to attend.

-- The most recent trail rides were excellent, with a good time had by all. There were 9 riders at Rosaryville. Mary Prowell led the upper Patuxent ride where 6 riders participated. Last weekend the C&O canal ride attracted 15 riders.

-- Other individuals have been contacted regarding scheduling rides.

-- There was a suggestion about having an "educational session" as part of the ride. Examples of possible topics were first aid on the trail, common tree varieties, park history.

-- One year a TROT saddle pad was awarded to the person who attended the most TROT rides. This could be done again.

-- Publicizing the trail rides was discussed. Barb lists the rides on the Maryland Trail Riders site, and Jeff Dwyer puts them on the Facebook page, which gets a lot of attention. Jeff suggested that the trail rides get more advance notice.

Newsletter Update. Barbara Sollner-Webb gave an update:

-- Mid-June is the deadline for the next issue.

-- People are encouraged to submit articles, e.g., people liked the rabies article in the last issue. Junior member articles have been submitted and should be encouraged.

County Coordinator Reports.

-- Open houses for Prince George's County trail planning were held, and TROT members attended.

--Baltimore County. Priscilla Huffman reported that the Volunteer Mounted Patrol, which had been inactive for years, has been revived. Jim McDonald at the Equestrian Center has devoted much time to training and assessing candidates. The volunteer patrol will be a valuable resource to provide eyes and ears in the Gunpowder Falls State Park. A short equestrian trail is

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being developed in the Agricultural Center in Baltimore. It is a good start.

-- Carroll County. Judy Thacher reported that she and Kyle Jossi are trying to get a date to reschedule a meeting of local members. A new 4H coordinator for Carroll County has been appointed.

-- Jenn Poole noted that several rides in the Schooley Mill Park of Howard County are coming up.

-- Maria Schwartz noted that an active County Coordinator in Anne Arundel County would be beneficial.

-- A general discussion focused on the function(s) we are hoping the county coordinator will serve for TROT. Given how big and diverse some counties are, one approach can be that several folks (rather than only one) could cover one county.

-- Laurel/Burtonsville area. Barbara Sollner-Webb noted that the WSSC may be thinking of forming a volunteer mounted patrol.

Old Business.

-- TROT Scholarship. Judy Thacher provided the update for the TROT scholarship for young riders. All applications were submitted, and the committee has finished tallying scores. The committee will meet to finalize the top finishers. The Equiery has agreed that the checks can be presented to the winners at their offices, with photographs to appear in the Equiery. There will also be an acknowledgement and presentation at the State Fair. The Board approved this, and noted that the photos in the Equiery would give TROT some great publicity. There were positive compliments to Judy and the committee for handling the scholarship process so well and professionally.

-- Trail Riding Safety Video. It was noted that one of the scholarship applicants presented an idea of developing a video addressing safety problems of mixing horses and motorized vehicles on the trails. Funding was discussed, e.g., through electronic social media sites such as "KickStarter".

New Business.

-- The date for the 2016 TROT annual meeting was discussed. Bylaws require the annual meeting to be in the first quarter of the year.

NEWS FLASH – 10 DAYS OF "HORSE" AT THE MARYLAND STATE FAIR

information from Jane Seigler and Jeff Dwyer

For the first time this year, a "My Maryland Horse Festival" will be part of the Maryland State Fair (Timonium, Md., Friday, August 28th, 2015 to Labor Day, Monday, September 7th, 2015). Each day of the fair there will be a huge tent with lots of horse-related demos, displays, speakers, crafts for the kids, and pony and donkey petting. And of course the fair will have horse shows and racing. Be sure to come the evening of Tuesday, September 8, when TROT will make a formal presentation of the scholarship award to the two recipients. Also that evening, the "Touch of Class" award will be given to a well-known and beloved equestrian. Great PR for horses!

WHO'S WHO IN TROT

POSITION	NAME	E-MAIL	PHONE
President	Maria Schwartz	mariaeschwartz@verizon.net	(301) 906-6089
Vice President	Judy Thacher	jathacher@yahoo.com	
Secretary	Nancy Osgood	nosgood@verizon.net	
Treasurer	Susan Railey	susanrailey@verizon.net	
Additional Board members	Jeff Dwyer	ebbtidestables@gmail.com	(410) 320-1327
	Susan Gray	susan@campsusan.com	(240) 426-1655
	Dana Grabiner	grabiner1@aol.com	(202) 412-7548
	Terry Ledley	terryledley@aol.com	(301) 520-3100
	Laury Lobel	laurylobel@verizon.net	
	Deneen Martin	deneenmartin7@msn.com	(301) 467-5335
	Gale Monahan	gale.email2@gmail.com	(301) 854-3852
	Brother Roger Nelson	rogersds@comcast.net	(240) 372-9494
	Barbara Sollner-Webb	bsw@jhmi.edu	(301) 604-5619
	Pat Talbott	pattalbott70@gmail.com	
Membership Chair	Pat Talbott	pattalbott70@gmail.com	
Newsletter; mapping	Barbara Sollner-Webb	bsw@jhmi.edu	(301) 604-5619
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Adopt A Trail	Amy Kimble	amyhkimble@aol.com	(301) 748-8310
Web Master	Harold Goldstein	mdbiker@goldray.com	
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Charles	Dr. Kathy Blanche	ibservs@peoplepc.com	(240) 320-4385
Frederick	Pat Merson	lilqreyhrs@aol.com	(301) 898-3251
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Montgomery	Ron MacNab	rmacnab@comcast.net	(301) 622-4157
Prince George's	Judie Artman	artmanju@yahoo.com	
St. Mary's	Kathy Glockner	kglockner@md.metrocast.net	(301) 475-194
Talbot	Joyce Bell	wbell2@washcoll.edu	(410) 820-6002
Wicomico	Shawn McEntee	smc1159@verizon.net	(410) 749-2665

[We are looking for a volunteer from Calvert, Howard, and Washington Counties in Maryland as well as from Virginia, West Virginia and Delaware]

WELCOME, NEW TROT MEMBERS

from by Pat Talbott, membership chair

Melissa Bekken	Anne Arundel County
Days End Farm Horse Rescue	Howard County
Ruth Dennison-Tedesco	Howard County
Stacy Elioracni	Baltimore County
DeEtte Gorriek	Howard County
Ellen Hurdell	Frederick County
Nathalie Koch	Baltimore County
Hope Millington	Montgomery County

We hope you enjoy working with TROT on preserving and enhancing riding trails!

REMEMBER?



[Diana Delmar kindly provided this photo of one of her boarder horses at Mill Haven from last winter, to contrast that cold and ice with our current heat and humidity!]

TRAIL GUIDES

The following volunteers are willing to show TROT members their favorite trails on an individual basis; contact them to arrange a personal guided trail ride.

Benson Branch Park (between Folly Quarter Road & Tridelphia Road, Ellicott City, MD) Sandy Brewer sandbrewer@aol.com

Blockhouse Point (Farm Loop on the Canal at Violettes Lock, MD) Naomi Manders naomimanders0@gmail.com

Breezy Loop (Boys, MD) an easy 75 minutes. Naomi Manders naomimanders0@gmail.com

Codorus Park (Hanover, PA) Ivy Smink smink.ivy@gmail.com (410) 875-5691

Croom, MD area (South of PG Equestrian Center, MD) Ride from my farm to Jug Bay, the Wildlife Sanctuary and Spice Creek Park. I am the area trail historian and we can ride different trails for 6 hrs! Available Fri-Sat-Sun-Mon. Carol CAAuletta@aol.com or (301) 579-2342

EPIC Trail At Dry Seneca Creek (Poolesville, MD) 10 miles round trip, mostly private land with a sanctioned public route; exceptionally good footing, easy trail, good for winter exercising. This is NOT the Great Seneca Greenway Trail. Naomi Manders naomimanders0@gmail.com

Gunpowder State Park (Harford County MD) Joyce Browning (410) 557-6165 / (443) 966-0249

Liberty Reservoir trails (off Deer Park Road, Baltimore County, MD) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

Little Bennett (Clarksburg, MD) Jim & Maureen Henry (301) 676- 5298

Morgan Run Trails (Carroll County, MD) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

North Tract of the Patuxent Wildlife Research Refuge (Laurel, MD) Barbara Sollner-Webb bsw@jhmi.edu or (301) 604-5619

Patapsco State Park (off Marriottsville Road, MD) I am available during the week and weekend and would love to show other TROT members the trails. Elizabeth Baran H: (410) 442-5006; C: (410) 245-8942

Patuxent River State Park (Montgomery County side, MD) Laury Lobel (301) 774-9595 or laurylobel@verizon.net

Rachel Carson Conservation Park (Brookeville, MD) Laury Lobel (301) 774-9595 or laurylobel@verizon.net

Rock Creek Park (Montgomery County, MD and into DC) Laury Lobel (301) 774-9595 or laurylobel@verizon.net

Rosaryville Park (Upper Marlboro, PG County, MD) Laura Colicchio (301) 956-7540 or lavenderlady@verizon.net

Union Mills/Kowomu Trail (Carroll County, MD) Ivy Smink (410) 875-5691 or smink.ivy@gmail.com

WSSC's Rocky Gorge & Tridelphia Reservoirs (PG and Montgomery County) Barbara Sollner-Webb bsw@jhmi.edu or (301) 604-5619

Woodstock Equestrian Park (Beallsville, MD) Karen Kraushaar (301) 208-0767 or kraushaar@verizon.net

If your favorite trail is not listed above and you would be willing to very occasionally show it to other TROT members, at your convenience, please contact Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619).

TROT LICENSE PLATES - ORDER YOURS TODAY!

from Susan Railey

Have you driven down the road and noticed TROT's beautiful license plate with a black horse and rider silhouetted against a sun? Don't just admire everyone else's - get your own.

It's very easy. E-mail me at <susanrailey@verizon.net>, and I will send you the simple instructions along with MVA's application, which you complete and send back to me with a \$25 check. I confirm your membership, forward it to MVA, and your classy new plates arrive in a few short weeks. You do not need to wait for your current plates to be renewed. The new stickers are pro-rated so you do not lose any registration time for which you have already paid.



UP-TO-DATE INFORMATION ON TROT ACTIVITIES

TROT website:

<www.trot-md.org>

Harold Goldstein, Webmaster

TROT Newsletter:

current and older issues:

<<http://www.trot-md.org/newsletters.php>>

Barbara Sollner-Webb, Newsletter Coordinator

(<bsw@jhmi.edu>, 301-604-5619)

Maryland Trail Riders Yahoo group (and to join):

<<http://groups.yahoo.com/group/MarylandTrailRiders/join>>

TROT Yahoo group (and to join):

<<http://groups.yahoo.com/group/TROT-members/join>>

Facebook page

TROT Trail Riders of Today

<<https://www.facebook.com/groups/127953560568829/>>

CLASSIFIED ADS

To place an ad, email: [<bsw@jhmi.edu>](mailto:bsw@jhmi.edu).

TROT Members: One regular (100 word) ad FREE! All TROT members' ads will run for one issue; they can be run again for free in subsequent issues, **BUT ONLY IF** you notify the Editor by the 15th of the month before the next newsletter is dated (e.g., notify by April 15th, June 15th, etc.)

Non-member rates:

100 words	\$6.00	(each additional word - \$0.10)
Business Card	\$6.00	1/2 page ad \$40
1/4 page ad	\$25	Full page ad \$75

Pet sitting



Talisman Pet Sitting

Pat Talbott
Owner
301-704-3871

Horsemanship clinics

Horsemanship clinics at Graham Equestrian Center, [<www.grahameq.org>](http://www.grahameq.org). Work on your goals with your horse in a focused two-hour session with Jim McDonald, AQHA Professional horseman and CHA certified instructor. You can bring your own horse or use one of ours. If you work with a horse the tuition is \$55.00 or you can audit for \$35.00. Small group sessions will be held Saturdays on August 15 and 29 and September 5 and 19. Hours are 10 AM to noon. Pre-registration required. Contact Jim at 410-627-4243 or [<Jim@JimMcDonaldHorsemanship.com>](mailto:Jim@JimMcDonaldHorsemanship.com) for more information and to register.

Horse farm for sale

Northern Baltimore County Horseback riding oasis. PrettyBoy reservoir attached, 7200 beautiful acres of trails accessible from your pasture. Trailer not needed. Extremely private, 21 acre beautiful rolling horse farm. Hereford school system. 48' X 36' modern, insulated barn, 2 stalls, hot water wash bay, tack room and machine shop that could add 4 stalls. 5 lush pastures plus cooling paddock and 90' X 160' riding arena. Nelson waterers in stalls and pastures. 2000+ sq ft brick 5 bedroom cape cod farm house with many updates. 2 wells and 20 KW automatic generator. MLS:BC8599961, \$574,999. Call Jen Chaney at 410-739-0242

2 Horse trailer for sale

For Sale: ADAM 2 Horse Bumper Pull Trailer - Steel Frame Aluminum Skin Yulite "Build to Last". Call Ingrid 410-531-2374

Saddle for sale

Saddle For Sale. Stubben Siegfried All Purpose. Cordovan brown leather saddle. Seat size 17, tree width 31. Beautiful all purpose saddle. Gently used. Extremely comfortable for you and the horse. Perfect for trail riding for someone who prefers English! \$350.00. Email Nancy Osgood at [<nlosgood@verizon.net>](mailto:nlosgood@verizon.net). Photos on request.

Saddle for sale

For Sale - Dressage Saddle, excellent condition. It is a Hanover Passier 16 1/2 inch seat (although it is closer to 17 inches - hand made). Medium tree. It fit my Spotted Saddle Horse. Sadly, he now has Cushings and no longer has the energy for trail or show. I have loved this saddle and find it very comfortable to ride in. New cost would be around \$3000. Asking \$1000. Can email pics. Gale Monahan [<gale.email2@gmail.com>](mailto:gale.email2@gmail.com) or 301-854-3852.

Boarding

Seeking upbeat and personable horse boarder on small, private full-care farm at Tony and Laura Colicchio's in Rosaryville, MD. Small outdoor riding ring and ride out directly into Rosaryville State Park with over a thousand acres of beautiful trail riding. Contact Laura Colicchio at [<lavenderlady19@verizon.net>](mailto:lavenderlady19@verizon.net) if interested.

Horse boarding - Circle E Farm, Sykesville, Md.

Full board is \$345 with 12x12 stalls, quality hay in slow-feed hay nets, age-appropriate feeds, automatic waterers, and overhead fans in each stall.

Field board is \$245 with shelters in large soil conservation fields, non-toxic pest control with fly predators and heated automatic waterers.

We have a blue-stone riding ring and are 1/2 mile from Liberty Reservoir trails leading into Morgan Run trails. Our barn boasts a heated bathroom, roomy tack room and lots of storage above the barn. Resident rodent control kitty on duty 24 hours a day!

We are a small farm with daily personalized care. We offer de-worming, blanketing and fly mask service. Geldings and mares pastured together. Trailering is available.

Please contact TROT member barn managers Donna Collins at 410-799-1814 or Carrie Cross at 443-618-4147 for more information.

SPECIAL THANKS

A special thanks to Terry Ledley, Dana Garbiner, Denis Webb, Laury Lobel, Judy Thacher and Maria Schwartz for most helpfully proofreading this newsletter!

BRING YOUR HORSES TO WEST LAUREL!

Horse friendly farmette for sale in West Laurel. 10-stall stable with tack room on 6.77 acres at 6001 Brooklyn Bridge Road. Ride from this property to WSSC's Rocky Gorge Trail, one of the most gorgeous trails in the Washington/Baltimore area. Keep your horses just a few steps away while living in the stunning 3314 sq. ft., 4 BR, 2 1/2 BA, colonial with indoor hot tub; in-ground heated pool, 3-car garage, large kennel, chicken coop, and beautiful landscaping with panoramic views on all sides. Central location convenient to Washington, DC, Baltimore, I-95, ICC. Minutes to Ft. Meade, NSA, University of Maryland. \$930,000.



Call Wayne Becraft with Long & Foster Real Estate, Inc. at 301-814-8531 (cell) or 301-384-8700 (office) for an appointment to see this fantastic property.



TRAIL RIDERS OF TODAY
TROT Membership
PO Box 506
Highland, MD 20777

Inside this issue:

- Needed: TROT treasurer & TROT Howard County Coordinator – please step up!
- A Trail Obstacle Event (non-judged), in October
- TROT's young equestrian scholarships
- Upcoming TROT trail rides –plan to come, to see the value of the trails we are working to preserve!
- Reports of recent great TROT trail rides
- Information about the trails at the Ag Farm
- Planning your trail work sessions – make this part of your regular riding routine
- Progress on new trails in Patuxent River State Park
- Interesting info about Idylwild trails, Fairland Park trail, and Broad Creek bridle paths
- New trails in Prince George's County – provide your comment to the plan!
- Warnings about Babesia (a co-infection of Lyme) and Poison Ivy
- My Maryland Horse Festival at the Maryland State Fair
- And lots more