

Trail Riders Of Today

<http://www.trot-md.org/>

March 2011

Number 185

Karen Penharlow Wins 2010 TROT Trail Ride Challenge!

To those who were not at the annual meeting, it was announced that Karen Penharlow was the winner of the 2010 TROT Trail Ride Challenge. This challenge was to accumulate points by participating in the organized TROT trail rides. Leading a ride counted double points! Karen won the challenge by participating in almost all the rides, and leading two rides as well. TROT President, Ron MacNab, presented Karen with her award – a bright yellow saddle pad embroidered with the TROT logo. We expect to see Karen and that saddle pad on the trail rides planned for this year. Thanks, Karen, for your loyal support of the TROT activities!



2011 Silent Auction

Kyle Jossi

I'm thrilled to report that the TROT Silent Auction was once again a huge success – everyone had a great time and we made \$1900!

Thank you also to all the Trot members who searched their homes, their barns and their hearts for

donations. We had a total of 208 items donated to the Silent Auction.

It takes a lot of people working together to make it all come together. Pat Oliva is like the endurance horses she trains and rides. She shows up year after year and gets the job done. Thank you also to Deneen Martin, Laury Lobel, Judy Thacher, Susan Gray, Barb Sollner-Webb, Amy

Kimble and Susan Railey. I know I am neglecting to thank some wonderful people; I am no less grateful for their help.

I am thrilled to announce that Christine Ritcher has graciously volunteered to chair the Silent Auction next year!

The following businesses generously donated merchandise and gift certificates to the Silent Auction. Please remember them when making your equine purchases.

Amy Parsons, Performance Tack
Trainer Katie Tessier

Turf Farm/ Southern States,
Spencerville, MD
Joel Nupp, Equine Dentist
U.S. Rider Equestrian Motor Plan
American Livestock Supply
Reddemeade Stables
The Mill at Bel Air
Bowman's North Glade Feed and
Supply

Southern States Woodsboro
Vicki Bazan, Be Creative
Maryland Tack
Valley Vet
Bartley Trailers
Foxleigh Farm Pasture Care Service
Anytime Tack

Inside This Issue:

TROT Trail Ride Challenge . . . 1	Trail Work Plan 2	Maryland Horses Dominate the 2011 Tevis 5,6	Legislative Issues and Concerns for Trail Users 7
Silent Auction 1	Photos - Annual Dinner 3	Trail Resource Guides 6	Upcoming Rides 8, 9, 10
President's Message 2	Who's Who 4	TROT License Plate 6	Ads 10, 11, 12, 13
TROT Annual Meeting 2	Need a Ride / Share a Ride and Looking For Riding Partners . 4	A Huge TROT Thank You . . . 6	The Back Page 14
		County Updates 7	

President's Message

Ron MacNab, President

Thanks to all who joined us at the Annual Dinner and Silent Auction. It was a great evening to see old friends and meet new people. At the dinner we announce the winner of the TROT Trail Ride Challenge. And the winner is....Karen Penharlow from Harford Co. Karen participated in all but three of the rides last year and conducted two rides of her own. She was awarded a saddle pad with the TROT logo engraved on it.

In March, three new members will join the Board of Directors; Vera Fontana, Pat Talbott and Judy Thacher. New members bring new perspectives, new ideas and new energy to the group. I look forward to working with them.

Lisa Troutman is stepping up to be our Trail Ride Coordinator. A list of upcoming rides is listed on page 8 and will be posted on our Website soon. You may remember Lisa from hosting the trail ride in the Upper Patuxent, off Long Corner Road, last year.



TROT ANNUAL MEETING

Nancy Osgood

The TROT Annual Meeting, held on February 12, was a great celebration. Thanks to Priscilla Huffman, and her gang of volunteers, the meeting was a huge success with over 100 people attending.

First, we celebrated the continued success of our organization. President Ron MacNab highlighted some of TROT's accomplishments in 2010 – and they are impressive. For an all-volunteer organization we have had a major impact on preserving equestrian trails and trail awareness throughout the state.

Vice President, Susan Gray, announced next year's board members. We are truly fortunate to have Ron stay on as President. He has been a great force in our organization and is known and respected throughout the state for his passion for trails! New board members are Vera Fontana, Pat Talbott, and Judy Thacher. Our new Membership Chair

was introduced. Welcome Mararet Scarff! Amy Kimball announced her plans for trail maintenance for 2011.

Lisa Troutman has taken over as Trail Coordinator. Read a little about Lisa, and about upcoming rides on page 8. And the winner of the 2010 TROT Trail Ride Challenge was announced – and presented with a beautiful saddle pad embroidered with the TROT logo. Congratulations Karen Penharlow!

The Silent Auction earned TROT almost \$2000. Many thanks go to auction coordinator, Kyle Jossi. There were some really great items to bid on – a big selection of tack, art, clothing, and services – and some real bargains! Please see the ads from tack shops and other vendors that donated items to TROT. These businesses have been faithful in supporting our organization, so please support them!

And of course a big thank-you goes to all attendees for providing a delicious pot luck meal!

TRAIL WORK PLAN for 2011

Amy Kimble, Trail Clearing, AmyHKimble@aol.com

We are establishing a new trail at Seneca Creek State Park and the work will be with MORE (The Mountain Biking Club) every other Saturday starting on Sat. March 12th. through June 4th.

JUNE 4th. is NATIONAL TRAILS DAY - I would love to have as many volunteers as possible working on as many trails as possible. DNR is trying to set a new record. MORE

would love to finish the new Seneca Creek section of trail on that day.

We will have mounted trail clearings the Sunday prior to the scheduled TROT Trail Rides, this will ensure the trails are in good shape for the ride leaders and participants.

Let me know if you have any other questions or would like to be added to the TRAIL WORK group for emails as we plan for 2011 - and to get the specific info on where to meet and what you should bring.

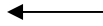
WANTED: Trail Ride Leaders.

Show others your trails. If you're familiar with parks or personal riding trails, consider leading a trail ride for TROT. Show others your trails. The more TROT knows about trails, the more we can work to protect them. Trail rides can be short/long, walk only, W/T/C or anything in between. If you have parking for many trailers great, but if you don't that's ok, you can limit the number of trailers or riders. Pick your place, pick your pace and state your space. I can help you if you've never lead a ride before. Please give me a call or email me if you'd like to lead a ride. Lisa Troutman 410-489-5101 or cat.home@verizon.net



Silent Auction

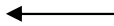
**Kyle Jossi
and
Pat Oliva**



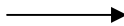
**I think I
will bid
on this**
→



Checking in



**Under the
watchful eye
of Jeanne
Bond,
Membership
Chair
(now retired)**



Enjoying the

2011 Annual Dinner

and

Silent Auction



**The volunteers
who made it all
happen.**

**Setup began at
1 pm
and the
Annual Dinner
at
6 pm.**



**Be sure to
volunteer to
help with setup
next year - and
you can share
the fun with
this goofy
group.**



Who's Who in TROT

<u>OFFICERS</u> <u>President</u> Ron MacNab (301) 622-4157 rmacnab@comcast.net <u>Vice President</u> Pat Talbott (301) 704-7339 tallyhotazz@aol.com	<u>Secretary</u> Judy Thacher (301) 943-5298 jathacher@yahoo.com <u>Treasurer</u> Susan Railey susanrailey@verizon.net	<u>BOARD MEMBERS</u> Beverly Fox Bevfox@embargo.com Vera Fontana (301) 633-8372 fontanavera@yahoo.com Susan Gray (240) 426-1655 susan@campususan.com	Priscilla Huffman priscillahuffman@verizon.net (301) 646-4422 Kyle Jossi (301) 570-3860 Laury Lobel laurylobel@verizon.net Pat Merson (301) 898-3251 lilgreghrs@aol.com
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LOOKING FOR RIDING BUDDIES and NEED A RIDE/SHARE A RIDE

This section of the Newsletter is for folks who are looking for riding partners – either for meeting up on the trail or for sharing a trailer ride. Linking up with other trail riders is fun – and economical! We want to provide a forum space for people looking for a traveling partner, so please write to the TROT Newsletter at nlosgood@verizon.net.

Do you have a second horse? I'm a new member of TROT and very interested in joining in on some of the trail rides, but I'm only leasing a horse right now and he doesn't trailer very well. Also, I don't have my own trailer. So I am interested in any members who might have a second horse they'd like to get out and about on the trails. I'd be happy to share expenses, etc., and I do have my own tack. Donna Kinsella kingsgold@aol.com

Share a ride: Well behaved, easy loading 10 y/o paint gelding and his owner would love to rideshare (and pay gas) to TROT rides. Located off hwy 301 in Upper Marlboro. Call or text 240-547-8618 or email ellen.lichtenstein@gmail.com. Also welcome visitors to my trail-accessible farm for weekend rides.

Looking for a horse to go on TROT rides. I would like to

ride your horse (if you have an extra one) on a trot trail ride. I rode for 20 years, but have not recently. I am in the Ellicott City/Catonsville area. I would be happy to share all expenses. Contact: Susan Doukas (410) 461-6872. email: sdoukashorse@yahoo.com

I have a Tennessee Walker and we love to trail ride. He is 16.2H and approx 1400 lbs. I don't have a trailer but I know his previous owners had to transport him in a trailer suited to draft-size horses. I am dying to go riding at FairHill, Rosaryville State Park, Patuxent and one day on the beach. Riding my horse on a beach is on my bucket list. So, if anyone lives not far from Harwood, MD (Annapolis area) and wants to get together on the weekends or on school holidays, please get in touch. Thanks, happy trails, Jane (cjanezarate@gmail.com).

MARYLAND HORSES DOMINATE THE 2010 TEVIS

Claire R. Godwin DVM, Laytonsville, MD

In 2009, I was able to achieve a 20 year goal: to finish the Tevis ride, the original, granddaddy-of-them-all endurance ride, out in California. Steeped in history, the trail is essentially unchanged from its original route in 1955 when it was raced, as a bet, from Lake Tahoe to Auburn. It took my husband, Pete, a total of five days to drive two of our horses across country. I flew out and met them in South Dakota and rode *PL Mercury*, my Tevis back-up horse, in the Black Hills 50 mile ride, along the way. It was a nice layover for the horses, and beautiful grassland country to ride in. We won the Black Hills ride, and continued on to California, arriving 5 days before the Tevis. A couple of days before the Tevis, SueAnn Adams from Myersville, MD, suddenly was without a horse, so I offered up little *Merc* for her to ride. I rode *Sundown Reveille*+, a horse I bred and raised, and the apple of my husband's eye. We both completed, thrilled with *Merc*'s 44th and *Rev*'s 12th placings, out of 190 or so starters.

Pete and I decided to sit out the 2010 season, but made tentative plans to return to Tevis in 2011. But, in July of this year, I got an email from the Crandells saying they had room in their trailer and did I want to go; they'd drive the horses out and we could fly out a couple of days before the ride. I received that email on Monday, at 1 pm, and the horses were loaded on the trailer by 9 am the next morning! I couldn't stop grinning. John Crandell drove two of my horses, *Merc* and *EH Ahmose*+, along with his two horses, *Heraldic* and *LRF Grayson*, out to California and we met him out there. John's horse, *Heraldic*, an Asgard Arabian, had won the Tevis and the Old Dominion 100 mile rides as well as the AERC National Championship ride back in 2006, as well as the 2010 Old Dominion. *Grayson*, and my *Reveille*, are both *Bold Soldier* sons, a stallion, now deceased, owned by the Crandells. *EH Ahmose*+ is an Egyptian Arab bred by Cia Reis that I bought as a 7 yr old, and who won the Old Dominion 100 in 2009 as a ten yr old. *Mercury* is a 14 H, 19 year old Arab pony, of mostly Al Marah breeding, that I bought for my kids 5 yrs ago that continues to amaze me, every ride he does.

The Old Dominion 100, run in Orkney Springs, VA, is a linear course with 8 vet checks along the way, with the start and finish at the same location. The vet checks require that you pulse (attain a heart rate of 64 or lower) into a hold of 30 to 50 minutes before being released back out onto the course, so that the horse can rest and refuel. It is run over mountainous terrain in the heat and humidity of early June. The OD has been run since 1973 and is considered the premier AERC ride in the East.

The Tevis ride is logistically much more difficult for the rider and crew: the start and finish are an hour and a half drive apart, and crew can only meet the rider at two or three spots along the 100 mile course. Instead of 8 vet checks

with mandatory holds where your crew can meet you and bring you any the supplies that you might need, the Tevis has only two mandatory holds of an hour each, with 6 or 7 gate-and-go's (reach pulse and you, the rider, can decide when to go back out on trail, after giving your horse something to eat). The gate-and-go's are remote and your crew cannot go there, although there are lots of Tevis volunteers to assist the riders. This format calls for vastly different strategy on the part of the rider.

The Old Dominion has an optional Cavalry Rider division that the rider can opt into; Cavalry riders use no crew, and can't use any supplies from others during the whole ride; they must carry any grain, electrolytes, blankets, etc. on their saddle for the whole day. If they lose a shoe, they must themselves nail on the spare that they carry. The winner of the Old Dominion Cavalry division is one tough rider.

Anyway, Lisa Downs from Laytonsville, MD rode my wonderful pony, *Merc*, and I rode *Ahmose* at the Tevis this year, and we planned to separate at the second vet check (mile 68), figuring that the old pony would be getting fatigued. But, while he took a couple of minutes longer than *Ahmose* to pulse in at that hold, he looked like he wanted to keep going, so we wound up riding together into the night.

The Tevis trail starts at high altitude, passing snow drifts at Emmigrant's Pass, and gradually passes west and down to lower elevation at Auburn. There are three big canyons to ride down into, and climb out of, along the way. There's a narrow swinging suspension bridge that sways when you walk across, and sheer faces of mountains along the American River that you traverse in the dark, where the trail is only 2 ft wide and a misstep could be very costly. It is a trail on which to take a horse that you trust.

John Crandell, on *Heraldic*, won this year's Tevis, and his other horse, *Grayson*, came in second with a young Californian, Shannon Constanti, riding. I came in fifth, on *Ahmose*, and Lisa came in sixth on *Merc*. So, of the top six Tevis finishers, four of them left Maryland together in the same trailer. Was there Pixie Dust in that trailer? Were the horses giving each other pep talks all the way across the country?

Actually, I think the reason that East Coast horses tend to do well in the Tevis is that they train in humidity. The West Coast horses just don't have that, so their cardiovascular development isn't as easily achieved as our horses. There used to be a lot of talk about the effects of altitude on horses traveling to mountainous rides from sea level, with people saying you should plan to arrive 2-3 weeks ahead of time, in order for the body to acclimate/make new red blood cells to carry oxygen in the thinner air. I spoke with Dr. Meg Sleeper, a veterinary cardiologist and international endurance rider about this and she says that, while she's heard those claims, too, she has never seen any studies to

(*Maryland Horses* continued on page 6)

(*Maryland Horses* continued from page 5)

support them. However, the equine spleen is quite large, and can contract to release red blood cells when needed, and that's why we didn't experience any negative influence of altitude on our horses. Apparently, however, MY spleen isn't that big; I got off to walk up one of the canyons and I thought I was going to DIE.

The thrill of endurance riding continues to play a huge part in my life, even after 7,000 miles of competition (I'll need a few more years to catch up to Pat Oliva's 19,000 miles!)

It negates the stress of running my busy companion animal veterinary hospital, and is keeping this old body going (although my spleen obviously needs help). I enjoy acting as a mentor to new endurance riders and promoting the sport to anyone that will listen. On October 22nd and 23rd, I will be managing the Old Dominion's Fort Valley ride in Virginia. This beautiful ride in the Massanutten Mountain range was my first endurance ride. Why not make it yours?

**For more information, visit: aerc.org, teviscup.org and olddominionrides.org

Trail Guides

The following volunteers are willing to show TROT members their favorite trails on an individual basis. Contact them to arrange a personal guided trail ride.

Benson Branch Park Sandy Brewer

Email sandbrewer@901.com

Blockhouse Point (Farm Loop on Canal at Violettes Lock)

Naomi Manders e-mail: naomimanders0@gmail.com

Breezy Loop Boyds, MD an easy hour and 15 minutes.

Naomi Manders e-mail: naomimanders0@gmail.com

Cactoctin Mountain Park and Little Bennett

Marilynn Miller (301) 898-7274

EPIC Trail at Dry Seneca Creek, Poolesville

This is mostly private with a sanctioned public route - exceptionally good footing, easy trail, good for exercising in winter. THIS IS NOT THE Great Seneca Greeway Trail that goes to Patuxent! 10 miles round trip

Naomi Manders e-mail: naomimanders0@gmail.com

Gunpowder State Park at Sweet Air (Harford County)

Karen Penharlow, (410) 236-9365 or KlawPaws@aol.com

Little Bennett Park

Jim and Maureen Henry (301)-371-4868.

Montgomery Agricultural History Farm Park and Anna-

polis Rock Deneen Martin (301) 253-2955

Patuxent River State Park, Rachel Carson and

Rock Creek Park, Laury Lobel

(301) 774-9595 or laurylobel@verizon.net

Patapsco State Park off Marriotsville Road

Elizabeth Baran

She is available during the week and weekend and would love to show other TROT members the trails.

H: (410) 442-5006 C: (410) 245-8942

Sugarloaf Mt. Vicki Bazan (301) 831-8715

Sugarloaf Mt. Janine Borofka (301) 874-0770

Union Mills/Kowomu Trail

Also Liberty Reservoir trails [off Deer Park Road] and Morgan Run Trails.

Ivy Smink (410) 875-5691 or ivyismink@qis.net

Woodstock Equestrian Park in Beallsville, MD

Karen Kraushaar (301) 208-0767 or kraushaar@verizon.net

If you would like to volunteer to show other TROT members your favorite trails contact:

Nancy Osgood at nlosgood@verizon.net

TROT Organizational License Plate

TROT is eligible to order organizational Maryland license plates for our members. The cost is \$25 and must be ordered through TROT. At this time we have enough interest so that we can apply for the license plate. If you think you would like to have a TROT license plate please contact Susan Railey at susanrailey@verizon.net.



A HUGE TROT THANK YOU!



TROT owes a great debt of gratitude to our outgoing officers and board members. Thank you to the following individuals:

- Suzanne Anderson – stepping down as our able secretary and board member.
- Jeanne Bond – stepping down as our fabulous membership chair, but staying on as our County Coordinator.
- Allison Abernathy – stepping down as our fearless Trail Ride Coordinator and board member.
- Susan Gray – stepping down as Vice President but is staying on as a fantastic board member.

County Updates

Need volunteers

as contacts or coordinators for **Baltimore, Charles, Calvert, and Talbot Counties**. If you have an interest to act in this capacity, please contact Ron MacNab, TROT President, rmacnab@comcast.net or call (301) 622-4157

Frederick County

Pat Merson

On Feb. 17th I attended a ribbon cutting ceremony for the new Catoctin Creek Park and Nature Park. It has 139 acres

and the trails haven't been put in yet. I talked with the director, Mr Kortright, and he will contact me when planning for the trails begins.

Howard County

Pat Oliva

I met again with the Western Regional Park staff and walked some of the trails. The park director pointed out that one of the stream crossings may be too steep for most riders. Some work will have to be done to accommodate all riders. I need to form a group of VOLUNTEERS to work on these trails. It is interesting to note that several years ago I had asked for volunteers and got a good group. I thank everyone of you who signed up!!! The Governor had a different plan. The work was going to be performed by juveniles in detention. Sadly, the state could not afford boots, uniforms, equipment and

supervision, so the project was quietly suspended. The park is down to a staff of three with multiple playing fields to care for.

So, roll up your sleeves! No experience necessary – you just need to have a desire to keep trails open to horses – and to show it with your grit! Contact me if you would be willing to donate some time.

On another subject – there is a trickle of Southern States proof of purchase (POP) labels coming in. Please remember to check your Southern States feed bags and clip the POPs. I am collecting them for the Days End Horse Rescue. Just mail them to me at 2850 Florence Road, Woodbine, MD 21797.

Montgomery County

Ron MacNab

A confrontation is taking place between County Executive Isiah Leggett, MNCPPC and Montgomery County citizens who use MNCPPC parks. Isiah Leggett introduced legislation in Annapolis last month that would significantly harm Montgomery County Parks, which are owned and operated by MNCPPC. Leggett's proposed legislation known as MC/PG112-11 was written under the guise of moving the Park Police into the Montgomery County Police. As if that were not bad enough, buried near the end of the Bill are paragraphs that would put the County in control of the funding rather than the State, and would have the County determine how the money would be spent rather

than MNCPPC.

Fortunately the Montgomery County Council voted 7 to 2 not to support the Bill. Leggett had little choice but to withdraw the Bill from Annapolis. This is probably not the end of the story. Next year he is expected to propose a similar bill more favorable to the County Council that would further wrest control of Montgomery Co Parks away from MNCPPC.

The County is experiencing historic revenue short falls and has severely cut its budget for the last three years. Why under such terrible financial conditions would he be working so hard to gain control over 30,000 acres of parkland? Hum.....makes me wonder?

Legislative issues and concerns for trail users:

by Ron MacNab

Sunday deer hunting in all counties (SB45 and HB129)

Sunday deer hunting in Carroll County (HB625)

Sunday deer hunting in Harford County (HB994)

Montgomery Co. attempt to move Park Police into the County Police (MC/PG112-11)*

Montgomery Co. attempt to change how MNCPPC is funded and how funds are used.

*The Bill was withdrawn, but is expected to appear in a different form next Fall.

To read these Bills, visit <http://mlis.state.md.us/#bill> and type in the Bill number.

To find the address of your State Senator and Delegates visit <http://mdelect.net/electedofficials/>. Do a search based on your home address. A listing of your Senator and Delegates will appear on the top left of your screen. Click on their name to get their email address.

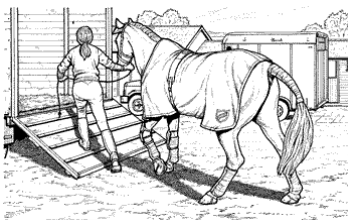
UPCOMING RIDES

Lisa Troutman, Trail Ride Coordinator
cat.home@verizon.net

Contact the ride leader to reserve a space on the ride and for information about start time and directions.

All ride participants must:

- wear hard hats,
- be TROT members (membership forms will be available at the ride for non-members).
- provide a copy of a current negative coggins for each horse.



- if needed, bring a snack for get together after the ride. **Contact ride leader for details.**

For any additional questions about TROT rides, please contact Lisa Troutman. Most leaders volunteer year after year because they have so much fun! It's a great

opportunity to meet other TROT members and maybe find a new trail buddy.

WANTED: suggestions of other places to ride and volunteers to be ride leaders. Please contact Lisa Troutman (see above).

Lisa Troutman, Trail Ride Coordinator.

I have been riding since I was 7 years old. I have owned horses since I was 12 when I bought my first Tennessee Walker/Shetland Pony cross. I have competed in 4-H, hunter jumpers, dressage and eventing. I now enjoy 25 mile Competitive Trail Rides and 50 mile Endurance Rides. I try to ride trails at least twice a week during most of the year. I have always shared a special connection with animals and horses play a big part in my life.



More rides are to be added. Check the TROT web page, -<http://www.trot-md.org/> for updates

March

Introduction to North Tract – Saturday March 26 (rain date March 27). Ride Leader Barbara Sollner-Webb

We will have a TROT ride at the "North Tract" of "Patuxent Research Refuge" (part of the U.S. Fish and Wildlife Service, formerly known as the "Fort Meade Trails") in eastern Laurel, MD. This vast tract is part of America's only wildlife refuge devoted to research, established in 1936 by President Roosevelt, but it also offers wildlife-related activities including horseback riding, hiking, biking, etc. [These other users are generally very respectful of horses.]

We want to familiarize TROT riders with this great resource, because the trails and road shoulders are impressively sturdy (on old packed-stone base). This makes North Tract one of the few area venues you can safely ride when the ground is soaked, without causing trail damage. Thus, riding here after wet spells preserves "your" local trails.

Our ride will cover much of their almost 10 miles of rather scenic, hard-packed dirt/gravel woods trails. These are flat with no stream crossing, so good for out-of-shape and/or green horses, and are generally soft enough for tender bare-footed horses. [North Tract additionally has almost 10 miles of asphalt-covered road with wide, grassy shoulders that also are good for

riding, even when the ground is wet.]

One group will be walk trot/to it with a limited number of controlled canter runs, and hopefully there will be another all-walk group. After the (~3 hr) ride, we can enjoy lunch (bring your own; we will provide sodas and dessert) on the visitors' center outdoor seating.

To sign up for the ride (and learn the starting time!), call me at home (301-604-5619) or work (410-955-6278); or e-mail bsw@jhmi.edu

p.s., notes about North Tract:

- Enter from Rt. 198, 1 1/2 mile east of B-W Pkwy (1 mile west of the the Rt. 32 interchange), at the "Patuxent Research Refuge" sign. Proceed south to the visitors' center, to park. [The lot is normally plenty large, but with the hoped-for turn-out, it could be tight, so I will direct you (park close to each other, with overflow along an abutting road).]

- To use the trails, you need to register in the visitors' center (it is free). [They have bathrooms (also outdoor faucets, that in summer can be the best place to get horse water).]

- North Tract hours are 8am to 4pm daily. [But before going in hunting season call (301-776-3090), because some days are closed.]

(Upcoming Rides continued on page 9)

(Upcoming Rides continued from page 8)

April

Woodstock Park - Saturday, April 9.

Ride leader Lisa Troutman

Beautiful trails along grassy fields, in the woods, and some gravel roads. There are stream crossings and several wooden bridges. The ride will be 2 – 3 hours, at a medium pace (walk, and trot). Bring water for your horse as there is no water at the trailer parking area. Please bring a lunch and chair for afterward. Ample parking. In the saddle at 10 AM,
Contact: Lisa at: 410-489-5101 or email cat.home@verizon.net

Gunpowder Falls State Park/Sweet Air - Saturday, April 23.

Ride leader Karen Penharlow

Approximately 3 hours (maybe 9 miles?) starting at 10 AM on well maintained, well marked trails, some hills, a few water crossings, some rocky ground. Horses must be used to hikers and bikers. Walk trot and a little canter. Bring a lunch or something to share, and chair for afterwards. Event will be canceled if we have significant rain 48 hours prior to the ride. In the saddle at 10 AM, Location: Gunpowder Falls State Park/Sweet Air (Harford/Baltimore Counties).

Contact: Karen Penharlow at 410-236-9365 or email - KlawPaws@aol.com

May

Rocky Gorge Watershed Burtonsville/Laurel - Saturday, May 14.

Ride leaders: Terry Ledley, Barbara and Denis Webb
Come join us on these spectacularly scenic (and actually non-rocky) trails along the Patuxent River's Rocky George Reservoir. Terry will lead a walking ride and Barbara and Denis will lead a faster paced group. If we are lucky we might even spy our nesting bald eagles. A pot-luck meal at the Webb's will cap off the fun. Please call Terry to make your reservation.

In the saddle at 11AM, Location: Burtonsville/Laurel,
Contact: Terry Ledley at 301-776-2661

Agricultural History Farm - Saturday, May 29.

Ride leader Deneen Martin

The Agricultural History Park is a beautiful place to ride with its mowed grassy paths and shady forest trails. There will be creeks, woods, open fields and bridges. We will have ride leaders for all levels of experience—both slow and faster paced groups. There are streams in the park for your horse to drink from but no water at the parking lot so plan accordingly. Your horse will not need shoes or boots. Bring your drink, chair, and something to share at a potluck afterwards.

In the saddle at 10 AM, Location/parking: Agricultural

History Farm, 18400 Muncaster Road, Derwood MD. Drive to the end of the long asphalt driveway where it dead ends at the parking lots around the Cooperative Extension building. Turn left onto the gravel road and park in the grassy area by the asphalt parking lot.

Contact: Deneen at 301-253-2955 or email deneenmartin7@msn.com

June

Susquehanna State Park - Saturday, June 4.

Ride leader Karen Penharlow

Duration 3+ Hours (approximately 10 miles?) starting at 10 AM on multi-use trails. Horses must be fairly fit and be comfortable with hikers and bikers. There is a short area on a public road (potentially with traffic), some steep hills, water crossings, stairs (you can dismount & walk down the stairs if needed), and a short area of the trail requires you to be comfortable with heights and a drop-off. Walk, trot, canter and potentially a hand-gallop. Event will be canceled if we have significant rain 48 hours prior to the ride. In the saddle at 10 AM

Location: Havre de Grace, MD, Cecil County. Contact: Karen Penharlow at 410-236-9365 or email KlawPaws@aol.com

Calithea Farm Loop – Saturday June 11.

Ride leader Naomi Manders

This is an easy 1 1/2 hour experience w/gentle slopes through the Park. Many Callithea horses are unshod, but the towpath is hard. Pace is walk only and single file along towpath between locks for about 2 miles (bikes, strollers, leashed dogs, canoes on canal) and then back through the Park to complete the loop. One solid, short bridge with rails. (The 2 locks have big wide bridges over the canal.) We have a nice gazebo for afterwards - leader will bring lemonade & cookies so plan to bring more edibles to share. In the saddle at 11 AM, Address: 15000 River Road, Potomac 20854

Contact: Naomi Manders at 301-279-7994 (cell for day of ride only - 240-994-8129) – or email Naomimanders0@gmail.com

July

Liberty Reservoir – Saturday July 9th.

Ride leader Mary Prowell

This ride will be a combination of a dirt fire road that goes around Liberty Reservoir and some woods trails that connect to it. The footing is mostly good although there are some rocks on the fire road and part of the woods trail is not well used. There will be a break for lunch or snacks around noon. The pace will be walking and trotting with a possible canter depending on the size and abilities of the group. The Reservoir is a pretty place to ride with views of the water and through a mostly

(Upcoming Rides continued on page 10)

(Upcoming Rides continued from page 9)

deciduous forest. There can be hikers, bike riders and sometimes motor bikes on the fire road so horses should be able to deal with those things. Plan to be out for 2 ½ to 3 hours. In the saddle at 10 AM. Location/parking: Park on Deer Park Rd.

Contact Mary Prowell at 301-829-7709 or email boprow@aol.com

August

Patuxent River State Park (Georgia Avenue) - Saturday, August 20. Ride leader Lisa Troutman

The pace will be mostly walk, trot, with some canter. This will be a scenic ride along the edge of cropland and in the forest. There will be river crossings and hills. This park is fairly rocky so horses may need shoes or boots. Bring water for your horse as there is no water at the trailer parking area. Please bring a lunch and chair for afterward. In the saddle at 10 AM, Location/parking: Parking lot on Rt. 97 N (Georgia Avenue). Parking is limited to less than 10 trailers.,

Contact: Lisa Troutman at: 410-489-5101 or email cat.home@verizon.net

RT & 3L Farm - Saturday 27th.

Ride Leader Katie Tessier

A family owned farm. Nestled inside the small town of Jefferson MD. Enjoy the hillside views that this farm has to offer. This will be a 1 1/2 to 2 hr trail ride. A walk some trot. Open fields, some steep hills, some rocky paths. We shall follow like elephants! This is a new farm for a group trail ride. We will keep this a small group for this year a max of 12 mounts. Trailer parking will be in a field. Water for horses can be provided. Drinks will also be provide. Bring chairs and lunch for after the ride.

11am Ride time. Not to arrive before 10 am 4240 Jefferson Pike, Jefferson MD 21755 RT & 3L Farm Katie Tessier 240-876-6523

September

Judged Pleasure Ride Agricultural History Farm, TBD

October

Upper Patuxent River State Park (Annapolis Rock Rd) Sunday, October 9. Ride leader Suzanne Anderson

The trails are hilly but not too rocky. There will be river crossings and, depending on the rainfall, mud or dust. The ride will be 3.5 to 4 hour loop; 2½ to 3 hours of medium pace (walking, and trot/gait). Please bring a lunch you can pack on your saddle. I'm arranging a 'chuck' wagon with hot drinks and bottled water to meet us at a good halfway point. Bring water for your horse as there is no water at the trailer parking site. This will be a joint ride with the Chesapeake Plantation Walking Horse (CPWH) club. The pace will accommodate the least experienced rider. You must be a member of TROT or CPWH to participate.

If some of the group would prefer a shorter ride, I may be able to cajole a friend into leading a 2+ hour loop, and lunch can be back at the trailers.

In the saddle at 10:00 AM, Location/Parking: Cow Pasture off Annapolis Rock Road, Contact: Suzanne in the evenings at 301 - 829-3881 or email

trailsendfarm@verizon.net

November

Anacostia Park - November TBD

Ride leader John Angevine

This is a favorite TROT ride that closes out our ride season. Folks who have attended this ride say they are amazed with the spacious trails and beautiful scenes along the Anacostia River so close to downtown DC. The ride may encounter bikes, fishermen, some asphalt, as well as a scenic view of the historic Lincoln Cemetery. Ride leaders will provide water and granola bars.

In the saddle at: TBD, Location/parking: TBD, Contact :John at 301-937-0014

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MISC. - TRAILERS, SADDLES, TACK, ETC.

For Sale: 1) 18.5 Smith-Worthington Danzig All-Purpose/Trail brown leather saddle purchased 12/08, in very good cond., x-wide width. Perfect for a WB or draft cross. Double thick, softly cushioned padded flaps lg. knee block, a "V" billet system and plenty of dee rings front and back, \$2,200 or OBO. Very comfortable for any length of ride. Pictures available.

2) 18.5 Lovatt & Ricketts Ellipse buffalo hide dressage saddle, x-wide tree, perfect for WB or draft cross. Hooped tree, flatter profile in the panels to accommodate a broader backed horse. Very comfy. and supple, Eng.-made, in very good shape, purchased 10/07, \$2,000 or OBO, Pam Dellen, cell: 240-422-2357 or home: 301-898-9245 or pdellen@comcast.net 11/10

MISC. - TRAILERS, SADDLES, TACK, ETC. Continued

For Sale: Bob Marshall treeless Western saddle. Good condition. It's not a bit pretty, but it offers an incredibly comfortable and secure ride. Rough-out leather. Light weight. Great to use on the trail or for getting youngsters going under saddle. Complete with leather breastplate and girth. \$350. Contact Jeanne Bond, 410-275-1858, HalcyonFarm@hotmail.com 1/

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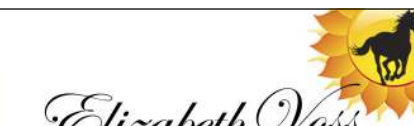
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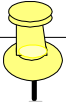
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The Back Page

from the Newsletter Staff

The TROT annual meeting was a great success. See photos and story inside.

SPRING IS IN THE AIR! Our new Trail Ride Coordinator has been named – and has already scheduled some TROT rides. After this snowy and icy winter, we know there are many folks just waiting for the spring riding season!

Want to become more involved in TROT? The officers and board of directors welcome participation by all TROT members. Members are invited to the monthly board meetings. They are held the first Tuesday of each month. Check the website www.TROT-MD.org for time and location – or call one of the board members (contact information is inside). Find out how TROT operates and what you can do to ensure continued success of the organization.



TRAIL RIDERS OF TODAY

Margaret Scarff, TROT Membership

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**Inside
This
Issue
page 1**