



Trail Riders Of Today

<http://www.trot-md.org/>

May 2009

Number 174

Judged Pleasure Ride

Saturday, June 6, 2009

TROT's Judged Pleasure Ride date is coming up fast. Get your trail riding friends out on the trail with you and practice, practice, practice. We need lots of entries but also need volunteers to help with this fundraising event. There are jobs for judges, parking directors, entry takers and general helpers.

Registration form on pages 7, 8 or on TROT website <http://www.trot-md.org/>

Contact Marilyn Miller at (301) 898-7274 or marilynnmiller@comcast.net to volunteer. Thank you!



Help Needed for Judged Pleasure Ride: Judges and Judges' Assistants

**Volunteer and bring a friend to help
Saturday June 6 8:30 AM to 2:00 PM**

Please contact Marilyn Miller - Phone: (301) 898-7274 or email: marilynnmiller@comcast.net

TROT Ride

Liberty Reservoir, Saturday, April 18th

Mary Prowell

We had an absolutely gorgeous day for our Liberty Reservoir trail ride on Saturday, April 18th. Jean Swartz volunteered to lead a slow ride which consisted of Laury Lobel, Sandy Thomas, Nancy Osgood and Leslie Knisley. Our fast group was Mary Prowell (leader), Denis Webb, Barbara

Sollner-Webb, Priscilla Huffman, Karen Penharlow, Ron MacNab and Vera Fontanna. We headed down to a point with a beach for lunch where Barbara's horse Thor decided to take a dip to cool off. We rode 9 or 10 miles in 3 to 3 1/2 hours depending on which group you rode with. All went well and in spite of the camouflaged Turkey bow hunters that some horses were unsure about, we had a very enjoyable time.



Laury, Mary, Karen

See more photos on page 9.

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President's Message

Spring Cleaning

Now that the weather is changing and I am outside more, my list of to-dos is piling up. The lawn needs mowing, the weeds are taking over and my muck pile needs its annual removal. The lawn shows ruts from turning around the trailer after a spring rain. The horses are shedding and deserve more tactile attention. The cars, truck and trailer need washing. The tack is in disarray and splattered with mud. The bottle of Red Cell that spilled and is caking the bottom of the medicine tote box cries for attention. The rope ties in the barn need to be replaced from when the fox came to the barn and scared the horses. The bailing twine on the floor needs to be picked-up and the old feed bags removed. Oh yes, then there are the old spider webs that drape the ceiling like the living room of the Munsters. And by-the-way, I will soon need to buy more hay.

In the field, the fences need repair from being snagged by leaping deer and falling limbs. The round feeder should be moved because the horses have created a bowl around it that becomes a mud hole.

As I write this, I drink my coffee, look out the window and thinkthese things can probably wait. It is a beautiful dayI am going riding.

Ron MacNab, President



Membership Get-Together!

TROT is planning a membership meeting – just a fun time to get together to enjoy a little horsey camaraderie – and to learn about GPS-ing trails!

Date: Tuesday, June 9.

Time: 7:00 – 9:00 pm

Where: Damascus Library (9701 Main St., Damascus, MD 20872)

What: After a short update on TROT activities, Ron MacNab (TROT President) will present “Using a GPS to Map Trails.”

Light refreshments will also be served!

RSVP: janet_macnab@comcast.net or 301-622-4157.

Please be sure to RSVP early – as the room will only accommodate 50 people.

Have you ever browsed the TROT website and seen those really cool trail maps? Come and learn how they are made – and how an inexpensive GPS unit can help you navigate new trails and keep you on the old trails!

Membership Report

Jeanne Bond, Membership Chairman

TROT would like to welcome our newest members:

Denise Hunt and family

Carroll County

Morgan Crabbs and family

Frederick County

Mel Keeton

Frederick County

Christine Arthur and family

Howard County

Dina Kurzweil and family

Montgomery County

Allyn Enderlyn

Mary Price and family

Valentina Sopko

Amy Taggart and family

Karen Young and family

Sarina Shorey

Montgomery County

Montgomery County

Montgomery County

Montgomery County

Warren County, VA

York County, PA

Do You Know -

Information about the **next TROT Trail ride** is on the home page of the TROT web site: <http://www.trot-md.org/>.

You will also find a link to:

- Coming Rides/Events (always see [calendar](#) and/or contact leader for details),
- Information on the next TROT BOARD Meeting, and
- Latest Newsletter (also available is an [archive of past issues](#))

County Updates

Currently there are no named contacts or coordinators for **Baltimore, Calvert, Prince George's, St. Mary's, and Talbot Counties**. If you have an interest to act in this capacity, please contact Ron MacNab, TROT President, rmacnab@comcast.net

Carol County

Anne Bennof

The Carroll County Department of Recreation and Parks, Equestrian Council, maintains a calendar of events on their website (<http://carrollcountyequestriancouncil.org>). There are many events of interest to TROT members. Please consider volunteering for one of the **trail-clearing events**! Many TROT members use these trails, so it would be great for us to show up to help with the "dirty work!" Check out the website for more events (fundraisers and organized trail rides) than the highlights listed here.

May 31, 2009 • Sunday **CCWC Show at Carroll County Equestrian Center** FMI: Tammy Naill-Waddell Cell 301-748-9701

June 2, 2009 • Tuesday • 7:30pm - 9:00pm **General Meet-**

ing at Carroll County Office Building, 225 N. Center Street, Room 003-004 Lower Level, Westminster, MD.

June 6, 2009 • Saturday • 9:00am - Noon Celebrate National Trails Day - Trail Work Day at Morgan Run NEA Ben Rose Lane, Sykesville. Bring your own tools to clear trails. FMI: Carolyn Garber (410) 549-5141 or [Email cagarber@live.com](mailto:cagarber@live.com)

October 4, 2009 • Sunday • 9:00am - Noon Trail Work Day at Morgan Run NEA, Ben Rose Lane, Sykesville Bring your own tools to clear trails. FMI: Carolyn Garber (410) 549-5141 or [Email cagarber@live.com](mailto:cagarber@live.com)

November 15, 2009 • Sunday • 9:00am - Noon Piney Run Trail Work Day For more information contact Darlene Welsh (410) 526-7530 or [email. manuremadam@aol.com](mailto:manuremadam@aol.com)

Charles County

Tomi` Finkle

Currently TROT does not have county coordinators for St. Mary's and Prince George's County MD. Since I live between both of these counties I will include trail updates for these areas too.

In April I took Magnum to Patuxent River Park in Croom Maryland (in Prince George's County). This 2000 acre tract of land is comprised of various natural habitats that buffer the Patuxent River and provide a critical link in conserving the area's natural resources. On Sunday afternoon I found the trails and bridges to be in excellent condition. You can spend hours riding within the woodlands or spend 30 minutes or so riding the edges of croplands and can get a couple of nice views of the headwaters of the Patuxent River. Local riding clubs (both equine and mountain bike) have done a great job rerouting trails within soggy areas of the park. A reservation is required for most group activities, which can be obtained at the Park Office.

I would rate the skill level required for the riding the at the advance beginner rider and above. There are a couple of steep grades, but none more than 100 feet in length, a few bridge crossings and few water crossings. Parking is available in front of the gate for the group camp area. With a permit, parking can be made available for 50 horse trailers (Permits are not needed for a couple of riders)

This Park is under the management of the Prince George's County, Maryland-National Capital Park and Planning Commission, Department of Parks and Recreation. It also a trash free facility so riders need to clean up after themselves.

Location/Directions - Located in Croom, Maryland, south-east of Upper Marlboro, MD.

- From the Capital Beltway (I-495), take Exit 11A, (Pennsylvania Avenue), Route 4 east for 8 miles. Take Route 301 south for 1.7 miles. Turn left on Croom Station Road and continue for 1.6 miles. Turn left on Croom Road (Route 382) and proceed for 1.5 miles. Turn left on Croom Airport Road and continue for 2 miles. At park entrance, continue straight to the Group Camp Area .

- From Routes 50/301, take Route 301 south for 15 miles. Turn left onto Croom Station Road and continue for 1.6 miles. Turn left onto Croom Road (Route 382) and continue for 1.5 miles. Turn left onto Croom Airport Road and continue for 2 miles. At park entrance, continue straight to Group Camp Area (or turn left and proceed 1.7 miles to park office).

Park Office Information:

16000 Croom Airport Road
Upper Marlboro, MD 20772
(301) 627-6074 Office

Need volunteers

as contacts or coordinators for **Baltimore, Calvert, Prince George's, St. Mary's, and Talbot Counties**. If you have an interest to act in this capacity, please contact Ron MacNab, TROT President, rmacnab@comcast.net or call (301) 622-4157.

Howard County

Pat Oliva

No one has gotten back to me on Savage Mill. Is no one riding in the area???

I have met with the park planner and designs are in the works for the parking area at Benson Branch. I have also

Montgomery County 2008 Highlights

Ron MacNab

Trail Conditions

Winter storms have left the trails cluttered with fallen limbs and blocked by downed trees. Spring brings rapid new growth that encroaches on the trails and head space above. We cannot expect the trails to be cleared for us. We must clear them ourselves. When you go riding, please bring and use clippers to cut back over-hanging branches and the notorious side-swiping flora rose. Most fallen limbs can be removed with ease but a folding saw is certainly helpful and fits into a saddle bag or can be hung from the saddle.

Do not use chainsaws or power equipment to remove fallen trees. Chainsaws are dangerous and we are not authorized to use them on park property. Instead, report downed trees by email to the following addresses:

Montgomery County Parks

service.center@montgomeryparks.org

State Parks in Montgomery Co.

DPowell@dnr.state.md.us

met with park planner Raul Deierine and am waiting for him to set up appointments with the park managers of Western Regional and Schooley Mills so the three of us can meet and get things moving.

I will be representing TROT and the Maryland Horse Council at the Southeast Equestrian Trail Conference in Gainesville, FL in July.

Seneca Creek State Park plans to extend trail system

Seneca Creek State Park managers, Kim Lloyd and Dave Powel are preparing a proposal for DNR to extend the parks natural surface trail system by ten miles. When completed, it will be a key linkage to the Hoyles Mill Trail, Schaeffer Farm Park Trails, Muddy Branch Trail, the C&O Canal Tow Path and the Dry Seneca Trail. Riders will be able to traverse many miles of trails through western Montgomery County.

Unfortunately the Park will receive very limited (if any) state funds to build the trails. Funding and labor will come from individuals, user organizations and grants. Hiker, runner, equestrian and mountain bike organizations have all been contacted.

The equestrian volunteer effort is being lead by Karen Kraushaar, kiraushaar@verizon.net and Naomi Manders, naomimanders0@gmail.com. Your help will be needed to complete these trails. Please email them to volunteer a few hours of your time.

Riders to the Rescue

Tomi` Finkle, Team Commander

The Mounted Team would like to congratulate John Marsh III (Trot-31) on being promoted to an Operational member. John recently completed the Virginia Search & Rescue College and also passed the National Assn. of Search and Rescue (NASAR) SAR Tech III exam. The Team would also like to congratulate Carey Reed (Trot-32) for being promoted from an applicant to trainee.

Seven members of the Mounted Team attended the 2009 Virginia SAR Conference in Appomattox VA on April 24th through the 26th: Attendees were: Tomi` Trot-2, Jacquie Trot-13, John Trot-17, Zoe Trot-18, Katy Trot-29 and John Trot-31. On Saturday the 25th: Tomi` and Jacquie taught courses in: Clues from the Saddle, Mounted Evacuation of Injured Persons and Working Dog - Introduction to Equines. On Sunday they conducted a Horse and Rider Evaluation for Mounted Search and Rescue personnel from

Virginia and Maryland. More information about the 2009 conference can be found at www.vasarco.org

On Sunday April 24th four team members attended a Search & Rescue Lecture Day at the Maryland State Police Barrack in Frederick MD. Attendees were: Michele Trot-23, Joyce Trot-24, Tim Trot-30 and Carey Trot-32. Lectures were provided by Rob McCormick and Cole Brown from the Maryland State Police to gave lectures on: Legal Aspects of SAR, Lost Person Behavior, Reflex Tasking and SAR Forms in Maryland

The Trot Search and Rescue (TROTSAR) Mounted Team Inc. is a 501(C) 3 tax-exempt, non-profit, all-volunteer organization. Our mission is to assist federal, tribal, state and local government agencies by providing emergency search & rescue operations and/or lifesaving activities for people who are stranded, lost and/or the rescuing victims in wilderness, rural and urban areas, by highly skilled mounted first responders. Ride Safe!

HUNTING FOR A HEARTBEAT

Kyle Jossi

When Nancy Osgood and I agreed to collaborate on an article about horse vital signs, I had no idea how complicated it would become. I had just about finished my part, but decided that I needed to find out for myself where to check a horse's pulse. Knowing that I write for very strict editors (Nancy and Sim), I needed to check my facts. Now mind you, I do have experience checking pulses – the vast fortune I earn to support my equine habit comes from being a nurse. So off I went to the barn to check for pulses. The books said a horse's pulse can be found in the leg, just above the hoof. I have 2 horses, that's 8 legs if you do the math. And not a heartbeat to be found. I did feel a pulse after a workout. But I couldn't feel anything when they were quiet. So I placed a call to someone I knew would have the answer. Pat Oliva, champion endurance rider and Howard County Coordinator for TROT. She explained that if I *could* feel a pulse in the leg while a horse is quiet, there is a problem with the horse. She said there is a place on the face where you can feel the pulse, a spot above the mouth just below a "notch." (My 36 year-old mare has lots of notches, I'm not sure which one was the correct one.) Pat said the best way is with a stethoscope, on the horse's chest just behind the left elbow. It was easy to hear at this spot. A cheap but effective stethoscope can be purchased for about \$15 at a uniform shop.

A few weeks ago I got one of those calls that everyone dreads –my daughter's 27 year old quarter horse appeared to be colicing. The story has a happy ending – by the time the vet arrived, Woody was up and trying to steal crackers out of my pocket. When the vet returned my daughter's panicked call, one of his first questions was what Woody's vital signs were. But I had never taught her how to check his vital signs or what *his* normal resting heart rate, temperature, and respiratory rate are.

That experience helped me to realize that it's essential for horse owners to know what each of their horse's baseline vital signs are. I decided that each year I will do this for each of my horses at the time of their annual vet check, when the yearly Coggins is drawn. When you get your Coggins form back, record each horse's vital signs on the form before you make copies for your truck, trailer, and barn. Most of us can locate our Coggins quickly in an emergency, to refer to those vital signs.

So what are the normal ranges for our horses' vital signs?

Vital Sign	Normal Range	How to Check
Respiratory Rate	8-20 breaths/minute while the horse is at rest.	A complete cycle of inhalation and expiration counts as one breath. Watch for the rise and fall of his chest, or the number of times his nostrils flare.
Breathing Rate	28-40 beats/minute while the horse is at rest.	2 main areas for checking the pulse: (1) The facial artery crosses over the horse's lower jawbone, around the middle of his jaw. The artery will be felt as a firm, round cord along the edge of the bone. (2) The digital artery can be located between the fetlock and hoof on either side. (Best just to buy a cheap stethoscope and check his heart.)
Temperature	99-101 F (37.2-38.2 C)	Rectally. You can use a regular "people" thermometer. Tie a thin string around it in case you lose hold of it while it's in the horse's rectum.

Editor's Note: I think Kyle did a great job of covering this important topic. Just one personal note: In my "riding gear bag" I keep a quart-size plastic ziplock with the following: (1) digital thermometer that has a separate probe that is on a short cord; (2) a small bottle of hand sanitizer to sterilize the probe before and after every use; (3) a folded bandana to clean my hands after use; and (4) a note paper giving the temperature range for a normal healthy horse, and the guidelines for when to call the vet (a temperature of over 102 F is considered an emergency). I also keep it with my Coggins – and I change the thermometer battery (a watch battery) whenever I get my Coggins update. Thanks to Kyle's article, I will also buy a stethoscope to keep at the barn!

UPCOMING RIDES

Pat Talbott, Trail ride coordinator

Contact the ride leader to reserve a space on the ride and for information about start time and directions.

All ride participants must:

- wear hard hats,
 - be TROT members; (membership forms will be available at the ride for non-members).
 - provide a copy of a current negative coggins for each horse.
 - if needed, bring a snack for get together after the ride.
- Contact ride leader for details.**

For any additional questions about TROT rides, please contact Pat Talbott @ day (301) 628-4130 evenings & weekends (301) 704-7339 or ptalbott@insuranceservices.com

Most leaders volunteer year after year because they have so much fun! It's a great opportunity to meet other TROT members and maybe find a new trail buddy.



WANTED suggestions of other places to ride and volunteers to be ride leaders. Please contact Pat Talbott (see above).

May 9 Saturday Breezy Loop, Boyds, MD Leader Ron MacNab (301) 622-4157 or rmacnab@comcast.net

Location: Potomac Pony Club Field/Breezy Loop Trailhead. Address: 19301 Bucklodge Rd Boyds, MD 20841. Potomac Pony Club Field is located approximately 1.7 miles north of Md RT-28 Darnestown Rd, on MD 117 Bucklodge Rd. in Boyds. This is a beautiful ride through rolling farm land and woods. The length of the loop is 4.6 miles long and takes about 1.5 hours at a walk. The trail is on private land that has been graciously made available for trail riding. Since the trail is relatively short and well marked, some riders may want to traverse the loop a second time on their own, in the opposite direction. The ride will begin promptly at 10:00. Bring a lunch.

June 6 Saturday TROT Judged Trail Ride, Montgomery Agricultural History Farm Park. Contact Marilyn Miller (301) 898-7274 see page 8, 9 this newsletter.

June 14 Saturday Callithea Farm Loop.

Leader: Naomi Manders (301) 279-7994 or naomimanders0@gmail.com

The Callithea Farm Loop ride is an easy 1-1/2 hour experience. Gentle slopes thru the Park. Many Callithea horses are unshod, but towpath is hard. Pace is walk only and single file along towpath between locks for about 2 miles. (bikes, strollers, leashed dogs, canoes on canal). Then back up through Park to complete loop. One solid, short bridge with rails. (The 2 locks have big wide bridges over the canal). All the Callithea horses are bomb-proof. This is probably just a walking trail under the circumstances.

We have a nice gazebo for afterwards, I'll bring some lemonade & cookies -so plan to stay or bring more edibles to share. Looking forward to the day!

WEATHER CANCELLATION VIA (301) 279-7994 Park at 10:30 Ride at 11:00 15000 River Road, Potomac 20854

CELL ON DAY OF RIDE ONLY (240) 994-8129

June 20 Saturday Rocky Gorge Watershed (Burtons-ville-Laurel). Leaders: Terry Ledley (301) 776-2661, and Barbara and Denis Webb.

Come join us on these spectacularly scenic (and actually non-rocky) trails along the Patuxent River's Rocky Gorge Reservoir. Terry and Snuffy will lead a walking ride, and Barbara

and Denis will lead a faster paced group. If we are lucky we might even espy our nesting bald eagles. A pot-luck meal at the Webbs will cap off the fun.

June 27 Saturday Sugarloaf Mountain Turner Farm, Stronghold. Leader: Judy Brodbeck (301) 972-1905 or joanjakes5@yahoo.com

This ride is about 3 hours over rocky, hilly trails on Sugarloaf Mountain, mostly at a walk, but with some places where one can move out. Shoes are highly recommended. Bring a bag lunch for after the ride.

July 18 Saturday Union Mills Ride, Carroll County. Leader: Ivy Smink (410)-875-5691 or ivyismink@qis.net

Bring fly spray, fly mask, fly whisk. 10 miles or about 2 hours, moderate pace. Wooded, streams & metal bridge crossing. Sponge off in stream after ride. Two picnic tables but bring a chair to share watermelon. Limited parking to about 8 trailers. Will put out orange cones if lot is full.

Aug 15 Saturday Piney Run Carroll County. Leader: Melinda Bennett (410) 875-0481

Aug 22 Saturday Patapsco State Park. Leader: Elizabeth Baran (410) 442-5002

Aug 29 Saturday Carroll County Equestrian Center. Leader: Anne Bennof (301) 829-0949

Sept 12 Saturday Dry Seneca Creek, Poolesville. Leader: Naomi Manders (301) 279-7994 or naomimanders0@gmail.com

Sept 19 Saturday Montgomery Agricultural History Farm Park Leader: Linda Reed (410) 489-7430 or robertreed@verizon.net

Oct 10 Saturday Catoctin Mountain Park. Leader: Marilyn Miller (301) 898-7274

Oct 31 Saturday Little Bennett Halloween Ride Leader: Maureen & Jim Henry (301) 371-4868

Nov 7 Saturday Upper Patauxent River State Park. Leader: Suzanne Anderson (301) 829-3881 evenings or trailsendfarm@verizon.net

Nov 14 Saturday Anacostia Park. Leader: John Agvine (301) 937-0014.



TROT Judged Pleasure Ride

OPEN TO THE PUBLIC

The Date: June 6, 2009
The Time: Registration opens at 10:00 AM,
Closes at noon
The Place: Agricultural History Farm Park
18400 Muncaster Rd
Derwood, MD 20855
The Fee: \$27 per horse / rider
Post entry \$32
The Rules: Hard Hats required .. and ..
Current negative Coggins test
required

What is a "Judged" Pleasure Ride?

TROT's Judged Pleasure Ride is approximately 10 miles. Each rider may proceed at his / her own pace; there is no time limit. The trail is well flagged with

surveyor's tape, and safety riders with radios patrol the course until all riders have returned.

Along the trail are set 10 – 12 stations, each announced by a paper plate sign with the station's number. At each station is a patient and kind volunteer who is spending his / her entire day sitting at that spot watching you ride by. (Please thank them on your way through!) Each station is designed to provide some type of trail obstacle one might conceivably encounter on a pleasure ride anywhere in Maryland.

How the rider and horse negotiate the obstacle is judged. In the past, obstacles have included a wooden bridge to walk across, a bag of trash to throw in a trash can, and a lawn ornament cow standing beside the trail.

(continued next page.)

Cut along line _____



TROT Judged Pleasure Ride

Please send:

Entry form (1 for each horse/rider entered)
Entry fee of \$27 (make check payable to TROT)
Copy of each horse's **negative Coggins test**
to: Marilyn Miller
9327 A Gravel Hill Road
Woodsboro, MD 21798

Name _____

Address _____

Phone (_____) _____ - _____

Email _____

Rider's Age _____ Horse's Age _____

Please circle the TWO classes you wish to enter, one for the rider and one for the horse (next page).

For the rider: **Circle one class**

1. Junior (riders under 18)
2. Novice (adults who have never placed in a Judged Pleasure Ride)
3. Open (adults)

Horse class on reverse page (**circle one**)

Each judge has been instructed on some general points to look for, as well as particular actions either good or bad specific to that obstacle.

For a good score (7-9 points), a judge would look for the horse that willingly waits its turn at the waiting place (a paper plate sign announcing the next obstacle), proceeds through the obstacle or chore with attention to its job (ears pricked, looking where its feet are going), and whose rider is cheerful, confident, and patient with his/her mount and proceeds through the obstacle or chore with forethought and safety.

The Prizes: Oldest horse, Oldest rider, and Youngest rider; Champion and Reserve Champion according to highest scores, 1st – 6th place ribbons for each class (see Entry Form for Class List). Also, this will be the 7th year for the Irving Abb Memorial Trophy to the Ride's Champion.

Bring: Water for you and your horse and a picnic lunch.

Questions? Call Ride Manager Marilyn Miller.

Wet trails? Call for cancellation information
Phone (301) 898-7274

Directions to Agriculture History Farm Park

From Frederick I-70 towards Baltimore, take exit 68 MD27 to Damascus (6.3 miles), turn left on Main St. which turns into SR108. Follow SR108 for 10.1 miles, turn right on Muncaster Rd to park entrance on right (2.2 miles).

From Baltimore I-70 towards Frederick, take South SR97 11.4 miles, turn right on Brookeville Rd for 2.8 miles, bear right on SR108 for 0.2 miles, turn left on Muncaster Rd to park entrance on right (2.2 miles).

From I-270 take east Shady Grove Rd 3.6 miles, turn right on Muncaster Mill Rd for 0.3 miles, turn left on Muncaster Rd to park entrance on left (1.3 miles).

Looking forward to seeing you there!

Cut along line _____

For the Horse, **Circle One**

- A. Quarter Horses
- B. Arabians and Half Arabians
- C. Thoroughbreds, Appaloosas & other Registered Horses
- D. Ponies of all breeds
- E. Gaited Breeds (Tennessee Walker, Missouri FoxTrotter, Rocky Mountain, Paso, Saddlebreds)
- F. Grade (no particular breed)
- G. Novice (Horse has never placed in a Judged Pleasure Ride)

I understand that horseback riding is inherently a dangerous sport, and I agree by my signature that I will not hold Trial Riders of Today, its representatives, or the Maryland Department of Natural Resources State Parks & Forests liable for any injury or damage I or my horse or equipment may incur while participating in this competition. I also agree to abide by the rules of competition as provided by the ride management. **I agree to wear a Hard Hat while mounted, as required by ride management.**

Signature _____

Date _____

Guardian of
Junior Rider _____

Date _____

TRAIL CLEARING AND MAINTENANCE - COME ONE - COME ALL!!!

Amy Kimble, Chairman, Trail Maintenance Committee

Trail Clearing- on Sunday May 17th. 1:00PM to work on the WSSC trails between Browns Bridge and Kruhm Road. We will have mounted but also welcome unmounted volunteers. The access to these areas is limited so we will be dividing up as we did at the DNR property. Please

contact Amy Kimble @301-748-8310 or email AmyHKimble@aol.com so that we can provide the most productive use of our time and manpower. I apologize for making this a Sunday afternoon but with scheduled TROT rides and holidays etc. we will take what we can get. This is an amazing trail system and excellent for conditioning, I am sorry that it was not properly maintained for the last few years.

Thank you in advance for your support and participation.

Liberty Reservoir Trail Ride, Saturday, April 18th



Karen and Fearless Stead



Leslie Knisley



lunch time - Laury, Denis and Barbara



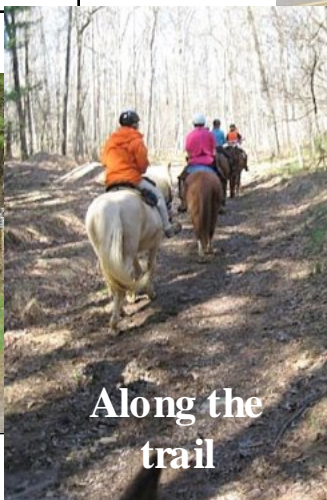
L to R: Denis Webb, Priscilla Huffman, Sandy Thomas, Laury Lobel, Mary Powell and Karen Penharlow



Denis and Barbara crossing the road



L to R: Leslie Knisley, Jean Swartz behind Leslie, Sandy Thomas



Along the trail



L to R: Karen Penharlow, Barbara Sollner-Webb on Thor, Mary Prowell on Indy

Who's Who in TROT

OFFICERS

President

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rmacnab@comcast.net

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toni.finkle@TROTSAR.org

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trailsendfarm@verizon.net

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Pat Merson
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Marilynn Miller
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Pat Oliva
(410) 489-7380

Pat Talbott
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COMMITTEES

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410-275-1858

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Web Master

Harold Goldstein
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* = Contacts

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Baltimore

No Coordinator

Carroll

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**Karen Penharlow
(410) 236-9365
KlawPaws@aol.com

Howard

**Pat Oliva
(410) 489-7380
patolivatigger@aol.com

Montgomery

**Ron MacNab

(301) 622-4157

rmacnab@comcast.net

Prince George's

No Coordinator

Fairland Regional Park

*Mary Angevine
(301) 937-0014

Broad Creek Hist. District

*Dave Turner
(301) 292-6130

St. Mary's

No Coordinator

Talbot

No Coordinator

Washington

**Susan Rechen
(301) 298-4119
rechens@si.edu

Wicomico County

**Shawn McEntee
(410) 749-2665
smc1159@verizon.net

Virginia

Front Royal

*Karen Young
540-635-5136
karen@friesianfields.com

Upper Shenandoah Valley area

*Karen Young
540-635-5136
karen@friesianfields.com

Contact for the Front Royal and upper Shenandoah Valley area

Ron MacNab

Please join me in welcoming Karen Young to TROT. Karen lives in Warren Co. VA near Front Royal. She has graciously offered to be a Point-of-Contact for the Front Royal and upper Shenandoah Valley area. Karen is also President of the "Old People's Riding

Club" in Warren Co. VA. If you are interested in riding in this area and would like information about the trails or someone to guide you on the trails, contact Karen.

Karen Young
phone: (540) 635-5136
e-mail: karen@friesianfields.com

Thanks Karen, and welcome to TROT!!



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Trail Guides

The following volunteers are willing to show TROT members their favorite trails on an individual basis. Contact them to arrange a personal guided trail ride.

Blockhouse Point (Farm Loop on Canal at Violettes Lock)

Naomi Manders e-mail: NaomiManders0@gmail.com

Breezy Loop Boyds, MD an easy hour and 15 minutes.

Naomi Manders e-mail: NaomiManders0@gmail.com

Cactoctin Mountain Park and Little Bennett

Marilynn Miller (301) 898-7274

EPIC Trail at Dry Seneca Creek, Poolesville

This is mostly private with a sanctioned public route - exceptionally good footing, easy trail, good for exercising in winter. THIS IS NOT THE Great Seneca Greeway Trail that goes to Patuxent! 10 miles round trip

Naomi Manders e-mail: NaomiManders0@gmail.com

Gunpowder State Park at Sweet Air (Harford County)

Karen Penharlow, (410) 236-9365 or KlawPaws@aol.com

Little Bennett Park

Jim and Maureen Henry (301)-371-4868.

Montgomery Agricultural History Farm Park and Annapolis Rock Deneen Martin (301) 253-2955

Patuxent River State Park, Rachel Carson and

Rock Creek Park, Laury Lobel

(301) 774-9595 or laurylobel@verizon.net

Patapsco State Park off Marriotsville Road

Elizabeth Baran

She is available during the week and weekend and would love to show other TROT members the trails.

H: (410) 442-5006 **C:** (410) 245-8942

Sugarloaf Mt. Vicki Bazan (301) 831-8715

Sugarloaf Mt. Janine Borofka (301) 874-0770

Union Mills/Kowomu Trail

Also Liberty Reservoir trails [off Deer Park Road] and Morgan Run Trails.

Ivy Smink (410) 875-5691 or ivysmink@qis.net

Woodstock Equestrian Park in Beallsville, MD

Karen Kraushaar (301) 208-0767 or kraushaar@verizon.net

If you would like to volunteer to show other TROT members your favorite trails contact:

Nancy Osgood at nlosgood@verizon.net

CLASSIFIED ADS

To place an ad

email: nlogood@verizon.net

TROT Members: Regular (100 word) ad FREE!

Non-member rates:

- Classified ads - \$6.00 for first 100 words
\$0.10 for each additional word
- Business Card - \$6.00
- 1/4 page ad - \$25
- 1/2 page ad - \$40
- full page ad - \$75
- Insert (all copies delivered to our printer) - \$50

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SPECIAL: for TROT members. **Great gift idea!**
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- Ride Pennsylvania Horse Trails-Part I, the Eastern Half of PA (central PA to eastern PA): \$15 per book
- Ride Pennsylvania Horse Trails-Part II, the Western Half of PA (central PA to western PA): \$15 per book

Specify Part I, or Part II, or set (\$30), and send check to: Hit The Trail Publications, LLC, P.O. Box 970, Cherryville, PA 18035.

FMI: see: www.patrail.com (Special not available via web-site.)

Horse Trailer for Sale: Gore Aluminum over a steel frame. Very good condition. Gooseneck, 2 horse, thoroughbred size. New electric and lights. Good floor. Damascus, MD. Looks nice. Call Mary (301) 391-6683.

Pony For Sale: Ginger - Will follow along nicely on trail rides. 13'2 mare, very pretty bay. Very child safe but outgrown. Easy to care for and a great baby-sitter. A good home is a must. Damascus, MD. Call Mary (301) 391-6683.



Potomac Riverside Stables

Poolesville, MD (www.potomacriversidestables.com)

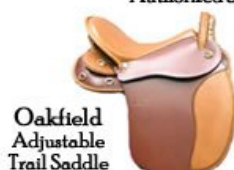
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Black TWH for sale: 16.1 hand gelding, 11 years old. Natural gait, great on trails. Will go thru anything, will lead or follow. Not spooky. Great feet, easy keeper. Loves people. Has been on camping rides, stands well on pickett line. Easy to trailer. Papers out of Midnight Sun and Carbon Copy. \$4,500.00/neg.
Call for more info, Elizabeth (410) 245-8942

Belle Cote Farm: Field board available for adults on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$300/mo. with a multiple horse discount. Prefer retired, semi-retired, or non-showing horses. Horses are also available for lease Contact Jennifer at (301) 641-8903 or email at bcfarmgirl@hotmail.com

FOR SALE: Horse size wooden Meadow Brook cart in good condition. Does need painting- \$800. Smuckers horse size driving harness in excellent condition (includes storage bags)- \$675. Call Kathy at (301) 776-8954.

Bank Barn on 3 acres for rent: 5 stalls (one foaling stall), water and electric, concrete wash area under barn overhang, huge double loft upstairs for hay and straw, 2 tackrooms with saddle racks, dry lot off stalls, 2 grass paddocks all board fenced, trails on farm, riding ring and round pen available, owner on premises, rubbermaid water trough, trailer parking available. All this for \$175/horse, self care only, price negotiable (would prefer one boarder with several horses). Email reply to Dustyfarm@aim.com or call Lynda (410) 963-3448

Young TB who is great on trails, and would love to trailer pool to some of the far-flung places around. I live on the north side of Sugarloaf Mountain and would be happy to guide someone around. Generally I ride during the week-days, with some weekends.

Janine Borofka quietrockfarm@yahoo.com (301) 874-0770

Experienced rider wanted to lease my 3 yo GAITED Rocky Mountain gelding (has had 9 months professional training) and go on quiet rides with me in West Laurel. call Kathy at (301) 776-8954 for more details.

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Saddle for sale: County Despri saddle. 17 W. Black. Very versatile saddle, three saddles in one. Can be adjusted for forward seat, all purpose and dressage. Very comfortable. Great condition. \$1500. Call Lisa at (301) 253-9243.

Tonneau Cover for Sale: For 8-ft bed pickup. All hardware included. Very good condition. Will sell for \$40 Call Jeanne (410) 275-1858 (home) or (301) 520-5350 (cell).

Horse trailer for sale: 1998 2H bumper pull with dressing room. Straight load, 2 escape doors, walk through to dressing room. Aluminum with steel frame. Serviced yearly. Good condition, new tires. \$4000. Call Lisa at (301) 253-9243.

Horse trailer for sale: 2004 Shoop Extra Wide Deluxe. 2 horse, bumper pull, no dressing room, steel, mats. Excellent condition. Located at Patapsco Horse Center. \$3,000. I'm selling to buy a larger trailer. Call Brenda, (301) 982-0104.

Beautiful Tennessee Walker Gelding: Safe, Sane, Fun, Companion Horse or Pet Free to Good Home takes pergolide once a day at a cost of less than \$30 per month. Call Donna Moore at (410) 489-6506

HORSES AVAILABLE. Due to a personal situation, we have several horses that are free – placed only to great homes. **Razzi – purebred Arab**, early 20's, 14.1 h, bright bay, jumps/hacks/basic dressage, adult-proof & kid-proof. **Letta Moon – purebred Arab**, early 20's, 13.1 h, white grey, chestnut freckles, rides/hacks, adult-proof & kid-proof, longes like a dream, very pretty with classic Arab head. **Cloudy Moon – off-track TB mare**, mid-teens, 16 h., fleabitten gray w/dk. legs, sound, very kind, great trail horse prospect for intermediate (or advanced) rider. **Secret Moon – off-track TB mare**, 5 yrs, about 15 h, rose gray w/dk. legs, easy-keeper, very steady & kind & loves attention, great trail horse for anybody. Contact: Mare Gale at foxingale@webtv.net.

Need a ride/Share a ride!

Do you have a two or three horse trailer, but don't like traveling alone? Do you have a horse, but no trailer? TROT organizes some great trail rides throughout Maryland. It would be a shame to miss those fun times because you don't like to travel alone or because you don't have a trailer. We want to provide a forum space for people looking for a traveling partner, so please write to the TROT Newsletter at nlogood@verizon.net.

You just might find someone who lives around the corner from you who would love to share a ride (and with gas prices the way they are, someone who might be willing to share expenses)!



The Back Page

from the Newsletter Staff

For anyone who is just too busy riding to actually read the whole Newsletter, we need to point out two very important items:

FIRST – Don't forget to sign up for the Judged Pleasure Ride on June 6. It will be held again at the beautiful Agricultural History Farm Park in Montgomery County (18400 Muncaster Rd., Derwood, MD 20855). This is a great event for the whole family. And, you don't need to be a TROT member to ride – so bring your friends too! The application form is enclosed in this issue. For anyone that is not planning to ride, Marilyn Miller could use some volunteers to act as judges or just give a helping hand. See page 7 for the application form.

SECOND – Announcing a fun membership get-together on June xxxx? This will again be held at Damascus Library, 7-9 pm. Ron MacNab, TROT President, will give a TROT update and a presentation on "Using a GPS to Map Trails." It's free, so don't miss it!



TRAIL RIDERS OF TODAY
Jeanne Bond, TROT Membership Chair
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