

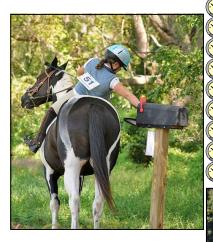
Trail Riders Of Today

http://www.trot-md.org/

September 2010 Number 182

Inside This Issue:

Judge Pleasure Ride 1
President's Message 2
Note of Appreciation
Membership Report 2
TROT License Plates2
America's Great Outdoors 3
TROT Member Raises Money for
St. Jude
TROT Ride - Codorus State
Park
County Updates 4
Horse Activities - Calorie Chart .4
Trail Resource Guides 4
Buy Your Horses a Fan That
Won't Kill Them 5
TROT Ride - Patuxant River State
Park 6
Need a ride / Share a ride 6
Looking For Riding Partners 6
Judged Pleasure Ride Information
and Entry Form
Upcoming Rides 9,10
Who's Who in TROT
Ads11, 12, 13
A Father's Explanation 13
The Back Page



2009

Judged Pleasure Ride

Judged Pleasure Ride Saturday, September 25, 2010

Agricultural History Farm Park 18400 Muncaster Rd Derwood, MD 20855

No rain or other storms are planned, just a beautiful day. Get your trail riding friends out on the trail with you and practice, practice, practice once again. We need lots of entries but also need volunteers to help with this fundraising event.



Details and Entry Form on pages 7, 8

on TROT website http://www.trot-md.org/



Help Needed for Judged Pleasure Ride: Judges and Judges' Assistants, parking directors, entry takers and general helpers.

> Volunteer and bring a friend to help Saturday, September 25 - 8:30 AM to 2:00 PM

To volunteer contact Deneen Martin: phone (301) 253-2955 or email <u>deneenmartin7@msn.com</u>.

Thank you!



President's Message

Ron MacNab, President

Recognizing Naomi Manders

I am very pleased to announce that one of TROT's own (Naomi Manders) will be recognized by the Maryland Horse Council at their annual BBQ. She will be awarded with the prestigious Pumphrey Memorial Award. The award, named in honor of founders of the Maryland Horse Council, is presented to someone who has made a vital difference to the horse industry "behind the scenes." Naomi receives the Pumphrey Memorial Award for her contribution to equestrian trails in Montgomery County. Indeed, no one has done more for equestrian trail riders in Montgomery County than Naomi Manders.



Naomi was TROT's Montgomery County Coordinator for many years. Working with MNCPPC and developers she obtained numerous public equestrian trail easements

throughout the county. Recognizing the value of her work, M-MNCPPC created a trail advisory position modeling her efforts and hired her for the position. While in that job she expanded the number and length of equestrian trails in Montgomery County. Among her many accomplishment are the trails in Rachael Carson Park, Muddy Branch Park, Schaefer Farm Park, and Northwest Branch. Naomi was the equestrian planner for Woodstock Equestrian Park. Naomi has been essential to the success of Trail Riders of Today (TROT), Potomac Bridle and Hiking Trails Association (PBHTA) and Equestrian Partners in Conservation (EPIC). Retired from MNCPPC, Naomi's recent accomplishments have been the development of the Dry Seneca Creek Trail and Breezy Loop Trail. Naomi Manders, Amy Kimble and Karen Kraushaar represent equestrian interests in the recently approved development of the Seneca Greenway.

I am honored to have known Naomi Manders as a friend and mentor for over twenty years.

Naomi will be honored at the Maryland Horse Council BBQ on Saturday, September 18, at Fair Hill Park in Elkton, MD. For further information and to register for this event, visit the Maryland Horse Council's website at http://www.mdhorsecouncil.org/index.htm

Note of Appreciation

Ron MacNab

Many thanks to Susan Gray for accepting the position of Vice President of TROT. Susan has been an active board member for many years, and has participated in or help organized every major activity. As an attorney specializing in real estate law she has been instrumental in assisting TROT in its mission to preserve and maintain safe equestrian trails.

Being a volunteer is a sacrifice. Appreciation and encouragement is the nourishment upon which volunteers survive. From time to time, please take a moment to send a note of appreciation or encouragement to our officers and volunteers. It truly means a lot to them.

Membership Report

Jeanne Bond, Membership Chairman

TROT's membership total to date is 652. We have members in 16 counties in Maryland, as well as members in DE, CO, PA, TN, VA, WV, and D.C. Please welcome our newest members:

		<u>County</u>
Carlyn Lowery	Annapolis, MD	Anne Arundel
Lisa Geraghty & family	New Market, MD	Frederick
Benedicte Greenberg & family	Glenelg, MD	Howard
Grace Richards & family	Montgomery Village, MD	Montgomery
Katie Lee Bollie	Bethesda, MD	Montgomery
Ellen Lichtenstein	Bowie, MD	Prince George's

TROT Organizational License Plate

Ron MacNab

It has come to our attention that TROT is eligible to order organizational Maryland license plates for our members. The license plate would have the TROT logo, two stacked letters and four numbers. The cost is \$25 and must be done through TROT. At this time we are seeing if there is sufficient interest in this. If you think you would like to have a TROT license plate for \$25 please contact Susan Railey at susanrailey@verizon.net.

America's Great Outdoors Initiative

Janet MacNab

On June 25, 2010, the Obama administration held a Listening and Learning Session as part of its America's Great Outdoors initiative. It was held at the Maryland Hall for the Creative Arts in Annapolis, Maryland. The first session's topic was on the Chesapeake watershed. The purpose of the session was to listen to local stakeholders who have worked together to restore the Chesapeake Bay ecosystem. The listening session was open to the public and about 250 people and interested groups participated.

The opening remarks were given by Ken Salazar, Secretary of the Interior, Bob Perciasepe, Deputy Administrator, Environmental Protection Agency, and Harris Sherman, Under Secretary, US Department of Agriculture. Martin O'Malley, Governor of Maryland, briefly discussed his Greenprint which is a web-enabled map showing the ecological importance of every parcel of land in the State which supports sustainable growth and land preservation. Ben Cardin, US Senator from MD, talked about how he has fought for funding for greenways across Maryland. MD Representative Paul Sarbanes, coauthor of the No Child Left Inside Bill, wants to return outdoor activities, nature study, and environmental education to the core curriculum for schools.

After the opening remarks there was a panel discussion comprised of Robert Egan, Eastern Shore Land Conservation, Chris Miller, Piedmont Environmental Council, Annette Gnatt, Earth Conservation Corps, Jackie Carrera, Parks and People Foundation, and Ta Brandt,

Pennsylvania Wilds. The panel shared examples of innovative land conservation within the Chesapeake watershed. It was inspiring to hear how passionately each person connected with others within the watershed area to work toward conservation and recreation while encouraging others to enjoy the outdoors. After the opening session, the audience was invited to participate in one of the breakout areas.

There were three breakout sessions - Open space and working lands conservation, Recreation and public access, and Citizen stewardship, youth and environmental education.

Session three was to connect people, especially our youth, to the great outdoors. The following are highlights from the session.

- All children deserve the opportunity to learn about and experience the American wildlands.
- Use Geocaching to entice children inclined to use technology.
- Invite environmental organizations to the classroom to discuss insects, seeds and plants.
- Outreach to parents stressing the safety of the outdoors.
- Hold field trips in parks to research various trees, animals and plants.
- Set up weekend hikes in parks for bird watching with someone from Audubon.
- Each school could post maps of nearby parks for hiking/walking.
- Create a list of volunteers/sponsors who show locals the path and points of interest in local parks.
- Make outdoors an intrinsic part of the curriculum.

TROT Member Raises Money for St. Jude

Susan Searles

On May 22, junior TROT member, Jenny Searles, rode in a fundraising trail ride with her 4-H Club to benefit St. Jude Children's Research hospital. Nineteen members, parents, and leaders of the Montgomery County Horse-N-Around 4-H Club gathered at Woodstock Equestrian Park in Barnesville, Maryland, and rode the trails to raise a total of \$2,568. Club members had to obtain a minimum of \$35 in pledges to participate. Jenny raised the most—a total of \$1005—by getting friends and family to donate to the charity.

Three groups of riders rode out according to how fast they wanted to go, with each group riding about 10 miles. The club has been doing the Saddle Up for St. Jude fundraiser annually since 1995 and has raised nearly \$34,000. Riders originally used trails in Little Bennett Regional Park but later switched to Woodstock because the equestrian park offered better parking facilities for the horse trailers. (Editor's note: Congratulations Jenny! You are an inspiration.)



TROT Ride - Codorus State Park, Pennsylvania

Sunday, July 18, Ride leader Ivy Smink *Ivy Smink*

Ride Leader Ivy Smink led fifteen riders Sunday July 18 at Cordorus Park in Pennsylannia. In spite of the 90 degrees temperature the ride went very well. Members of the PA Rangers who had come to the park to ride because their JPR was cancelled joined the TROT group so there was plenty of company. Trails were wide, shaded and footing was good. There were many views of the reservoir and the water was refreshing. Lunch included watermelon and butter rum cake. Most members thought the drive was well worth the ride and the park would be good for endurance training. The PA Rangers do an excellent job of maintaining the trails.

County Updates

Need volunteers

as contacts or coordinators for **Baltimore**, **Charles**, **Calvert**, and **Talbot Counties**. If you have an interest to act in this capacity, please contact Ron MacNab, TROT President, <u>rmacnab@comcast.net</u> or call (301) 622-4157

Montgomery County

Ron MacNab

Trail Maintenance

As a result of the 2011 budget cuts, Montgomery Parks has undergone the following: retirement incentive program, the removal of staff merit and cost-of-living adjustments, the adoption of furloughs, loss of seasonal staff, and major cuts to supplies and materials. Needless to say, they are in a much weakened condition.

From a trail riders perspective the only work we can expect to have done on our trails is the work we do ourselves. Recent storms have taken a heavy toll on most of our trails. Nearly everywhere you will encounter fallen trees, limbs and over growth. Because of the high temperatures the trails have had little use and not been cleared. As we approach the fall, clearing the trails will be the responsibility of all of us. Please join in volunteer work days with TROT or Ben Sugar. When you are riding, carry and use clippers and folding saws. The job of keeping trails open is far too big for just a few, it requires all of us chipping in.

M-MNCPPC and the County Council

The Montgomery County Council is continuing plans to move the Park Police into the Montgomery County Police. Final approval will be required from the Maryland State Legislature.

Councilmen Marc Elrich and Mike Knapp continue to press for M-MNCPPC Department of Parks to be transferred to Montgomery Co. government and merged with the Montgomery Co. Department of Recreation. Their argument is that it will bring more coordination and control while providing more responsiveness to the elected County Council.

Council President, Nancy Floreen suggests that the Department of Recreation be moved to M-MNCPPC and merged with the Department of Parks. Her argument is that it will bring more coordination and control while providing the Parks more protection from tumultuous political influence.

Horse Activities - Calories burned per hour:

Just in case you need another excuse to play hooky and go trail riding *Contributed by Liuda Galinaitis*

ACTIVITY:	For 130 lb person:	For 155 lb person:	For 190 lb person:
Shoveling	354 cal/hr	422 cal/hr	518 cal/hr
General Horse Riding:	236 cal/hr	281 cal/hr	345 cal/hr
Riding horse at the walk:	148 cal/hr	176 cal/hr	216 cal/hr
Riding horse at the trot:	384 cal/hr	457 cal/hr	561 cal/hr
Riding horse at a gallop:	472 cal/hr	563 cal/hr	690 cal/hr
Horse Grooming	354 cal/hr	422 cal/hr	518 cal/hr
Baling hay/cleaning barn:	472 cal/hr	563 cal/hr	690 cal/hr
Shoveling Grain	325 cal/hr	387 cal/hr	474 cal/hr
Fencing	354 cal/hr	422 cal/hr	518 cal/hr
Polo	472 cal/hr	563 cal/hr	690 cal/hr
Hiking, cross country (if your horse is hard to catch)	354 cal/hr	422 cal/hr	518 cal/hr
Brisk walking 4 MPH	236 cal/hr	281 cal/hr	345 cal/hr
Walking, carrying 15 lb load:	207 cal/hr	246 cal/hr	302 cal/hr

Trail Resource Guides.

These are volunteers who are happy to show TROT members their favorite trails on an individual basis. See the contact information on the TROT website: http://www.trot-md.org/parks.php#guides

Summer's Here – Buy Your Horses a Fan That Won't Kill Them

Laurie Loveman, author of Fire House Novels Book Series

Now that summer has arrived, many of you are preparing to buy and install box fans in your barns. Before you buy a box fan, though, make absolutely sure it's designed for agricultural use! The motor must be sealed to prevent dirt and dust from getting into the motor and starting a fire.

The inexpensive box fans we use in our homes are too dangerous to use in our barns. Two fillies died in Paris Pike, Kentucky, in July of 2002 when a box fan overheated and ignited straw, and that's just one example of hundreds of similar incidents. When dust gets into the motors of these light-duty fans, the motors seize up and burn out. The plastic housing then melts and falls onto bedding. If the fan is mounted on the outside of the stall, and the aisle way is not swept clean (our horses always dropped hay between the front bars of their stalls or over their door), the hot plastic can ignite the hay pieces and send flames in both directions in the aisle way. In the meantime, the burning plastic housing of the fan will be emitting toxic smoke that can kill a horse within minutes. You could have a barn full of dead horses before you even realize a fire has started.

Another problem with residential type box fans is that the electrical cord is light-weight and without much insulation. It takes very little to break through the insulation, exposing the electricity conducting wire. If a short circuit occurs in a cord that is hanging near or lying on hay, bedding, cobwebs or accumulated dust a fire can easily start. Any animal in your barn (invited or otherwise) is capable of breaking the insulation with as little as a single bite.

An added hazard to the light duty fan cord is created when you have to use an extension cord to reach an outlet. Even if the extension cord is heavy duty, if it is draped over beams or nails or woven through stall-front bars, if it is left in place slight rubbing of the cord insulation over time can expose the wires, allowing a short circuit. As a general rule, extension cords should never take the place of wiring enclosed in conduit, especially in places where the cord can be reached by any of the barn occupants. In fact, extension cords must always be considered temporary—to be used only for a specific purpose and removed when the job is done.

The fans to use are designated for agricultural and industrial settings and their motors are sealed so no dust can get in. If you look at the back of the fan and see wires, the motor is not sealed. There are many brands of agricultural fans that are available with different kinds of mounts so you can hang the fan from either a beam or a wall. Standard features on almost all agricultural fans include galvanized construction, enclosed motors with thermal protection, welded wire guards on the intake and exhaust sides, and a heavy-duty

power cord. You can buy these fans at an agricultural or electrical supply store or through catalogs.

Here's something to consider regarding box fans. If you are boarding your horse in a large stable where everyone is using box fans, it doesn't do you much good if you have a top-of-the-line agricultural fan when other people are using box fans they bought at the local hardware or discount store. If the motor in one of those light duty fans burns out, your horse is in just as much trouble as if you had a residential box fan yourself. Every stall has to have the correct type of fan if the barn is to remain safe.

Another option for cooling your barn is installing a wall-mounted box fan at one or both ends of the barn, or there are large (42") portable circular fans that do a great job of moving air to keep the barn comfortable. Again, you want to purchase an agricultural or industrial grade fan that meets OSHA requirements

Finally, you do have another choice. You can recognize that if your horses are kept inside during the hot daylight hours they really don't need a fan. They are not exerting very much energy by being in their stalls, except for munching hay. If they spend nights in pasture they will spend most of the day sleeping in their stalls. So, if you have decent ventilation, being shielded from the sun and heat with the walls and roof of the barn is pretty much as Nature intended. We are the ones who need a fan! While our horses are snoozing after a night outdoors, we're the ones exerting energy keeping the barn and stalls clean! Even if your horses don't have the "luxury" of spending their summer nights outdoors, the temperature in the barn will still fall to comfortable levels during the night.

John and Kimberly Linger suffered the loss of 44 horses when a fire started by a residential type box fan destroyed their barn. Kimberly wants everyone to be warned of the dangers, and my correspondence with Kimberly is posted on my website, www.firesafetyinbarns.com following my article on Electric Appliances. You will also find on my download page, a warning sign that you can provide to your local tack and feed shops and to any store in your area that sells residential type box fans. Remind the retailers that they will be seen as very good neighbors if the warning prevents a barn fire!

More information on fire safety in barns is available at website, www.firesafetyinbarns.com.

Laurie Loveman is an author and writer of novels and articles and is a recognized expert in the area of fire safety in horse barns. Her articles have been published in many leading fire and equine journals and one of her fire safety articles was adapted for a booklet by the Humane Society of the United States. Her novels also deal with the topics of horses and firefighters in the 1930s in the fictional town of Woodhill, Ohio.









Patuxent River State Park (Brown Church Rd)

Saturday, July 17

Ride leader Lisa Troutman









Need a ride/Share a ride!

Do you have a two or three horse trailer, but don't like traveling alone? Do you have a horse, but no trailer? TROT organizes some great trail rides throughout Maryland. It would be a shame to miss those fun times because you don't like to travel alone or because you don't have a trailer. We

want to provide a forum space for people looking for a traveling partner, so please write to the TROT Newsletter at nlosgood@verizon.net.

You just might find someone who lives around the corner from you who would love to share a ride (and with gas prices the way they are, someone who might be willing to share expenses)!

Looking for riding partner(s):

Do you have a second horse? I'm a new member of TROT and very interested in joining in on some of the trail rides, but I'm only leasing a horse right now and he doesn't trailer very well. Also, I don't have my own trailer. So I am interested in any members who might have a second horse they'd like to get out and about on the trails. I'd be happy to share expenses, etc., and I do have my own tack. Donna Kinsella kinsgold@aol.com

Looking for a trail buddy and transportation! I'm looking to go on trails, including TROT rides. I live in Damascus and my horse is also in Damascus on Long Corner Rd. I work evenings so I can go on rides during the day, the earlier the better. I'm ok with any pace but

right now my horse is out of shape so I need to take it easy on the poor boy!

Christiane Ritcher lapado2000@gmail.com

<u>I am a new member</u> of TROT but I do not own a trailer. I would love to go on any of the rides if someone from my area has an extra trailer spot. My horse is stabled in Upper Marlboro, MD. I would also like to connect with others for smaller/casual rides at any time? My contact info is: Ellen Lichtenstein 240-595-0669 or

ellen.lichtenstein@gmail.com

Looking for a horse to go on TROT rides. I would like to ride your horse (if you have an extra one) on a trot trail ride. I rode for 20 years, but have not recently. I am in the Ellicott City/Catonsville area. I would be happy to share all expenses. Contact: Susan Doukas (410) 461-6872. email: sdoukashorse@yahoo.com



TROT Judged Pleasure Ride - Entry Information

OPEN TO THE PUBLIC

The Date: September 25, 2010

The Time: Check in begins at 8:30 AM,

and closes at 12:00 PM

The Place: Agricultural History Farm Park

18400 Muncaster Rd

Derwood, MD 20855

The Fee: \$27 per horse / rider

Onsite registration \$40

The Rules: Hard Hats required .. and ..

Current negative Coggins test

required

What is a "Judged" Pleasure Ride?

TROT's Judged Pleasure Ride is approximately 6 miles. Each rider may proceed at his / her own pace; there is no time limit. The trail is well flagged and safety riders patrol the course until all riders have returned.

Along the trail are set 10 - 12 stations, each announced by a sign with the station's number. At each station is a patient and kind volunteer who is spending his / her entire day sitting at that spot watching you ride by. (Please thank them on your way through!) Each station is designed to provide some type of trail obstacle one might conceivably encounter on a pleasure ride anywhere in Maryland.

How the rider and horse negotiate the obstacle is judged. In the past, obstacles have included a wooden bridge to walk across, a bag of trash to throw in a trash can, and a lawn ornament cow standing beside the trail.

Each judge has been instructed on some general points to look for, as well as particular actions either good or bad specific to that obstacle.

For a good score (7-9 points), a judge would look for the horse that willingly waits its turn at the waiting place (a paper plate sign announcing the next obstacle), proceeds

through the obstacle or chore with attention to its job (ears pricked, looking where its feet are going), and whose rider is cheerful, confident, and patient with his/her mount and proceeds through the obstacle or chore with forethought and safety.

The Prizes: Oldest horse, Oldest rider, and Youngest rider; Champion and Reserve Champion according to highest scores, $1st - 6^{th}$ place ribbons for each class (see Entry Form for Class List). Also, this will be the 7th year for the Irving Abb Memorial Trophy to the Ride's Champion.

Bring: Water for you and your horse and a picnic

lunch.

Questions? Email Ride Manager Deneen Martin at

deneenmartin7@msn.com

Wet trails? Call for cancellation information

Phone 301-467-5335

Directions to Agriculture History Farm Park

From Frederick I-70 towards Baltimore, take exit 68 MD27 to Damascus (6.3 miles), turn left on Main St. which turns into SR108. Follow SR108 for 10.1 miles, turn right on Muncaster Rd to park entrance on right (2.2 miles).

From Baltimore I-70 towards Frederick, take South SR97 11.4 miles, turn right on Brookeville Rd for 2.8 miles, bear right on SR108 for 0.2 miles, turn left on Muncaster Rd to park entrance on right (2.2 miles).

From I-270 take east Shady Grove Rd 3.6 miles, turn right on Muncaster Mill Rd for 0.3 miles, turn left on Muncaster Rd to park entrance on left (1.3 miles).

Looking forward to seeing you there!



TROT Judged Pleasure Ride

September 25, 2010

Location: Agricultural History Farm Park, 18400 Muncaster Road Derwood, MD 20855

Check in begins at 8:30 AM

B. No

Please send:	Please circle the class you wish to enter: A. Junior (riders under 18)	
Entry form (1 for each horse/rider entered) Entry fee of \$27. (Onsite registration will be \$40) Make check payable to TROT Copy of each horse's negative Coggins test required.	B. Novice (adults who have never placed in a Judged Pleasure Ride)	
	C. Open {adults)	
To: Deneen Martin 7201 Damascus Road Laytonsville, MD 20882	I understand that horseback riding is inherently a dangerous sport, and I agree by my signature that I will not hold Trail	
Name:	Riders of Today, its representatives, or the Montgomery	
Address:	County – Maryland National Capital Park and Planning Commission liable for any injury or damage I or my horse or equipment may incur while participating in this competition. I also agree to abide by the rules of competition as-provided by	
Phone: (the ride management; I agree to wear a Hard Hat while mounted, as required by ride management.	
Email:		
Rider's Age Horse's Age	Signature:	
Horse Breed (Circle one of the items below) A. Quarter Horse	Date:	
B. Arabian or Half Arabian	Guardian of	
C. Thoroughbred, Appaloosa or other non-gaited registered breedD. Ponies of all breeds	Junior Rider	
F. Gaited Breed (Tenn. Walker, Missouri Fox Trotter, Rocky Mountain, Paso, Saddlebred, etc.)F. Warmblood	Date:	
G. Grade (no particular breed)		
Has the horse ever placed in a Judged Pleasure Ride? (Circle one of the items below) A. Yes		

Entry Form

UPCOMING RIDES

Allison Abernathy, Trail ride coordinator

Contact the ride leader to reserve a space on the ride and for information about start time and directions.

All ride participants must:

- wear hard hats,
- be TROT members (membership forms will be available at the ride for nonmembers).
- provide a copy of a current negative coggins for each horse.

if needed, bring a snack for get together after the ride.
 Contact ride leader for details.

For any additional questions about TROT rides, please contact Allison Abernathy <u>abernathy.allison@epa.gov</u>

Most leaders volunteer year after year because they have so much fun! It's a great opportunity to meet other TROT members and maybe find a new trail buddy.

WANTED: suggestions of other places to ride and volunteers to be ride leaders. Please contact Allison Abernathy (see above).

2010 TROT TRAIL RIDE CHALLENGE

TROT Trail Ride Coordinator, Allison Abernathy, is challenging all TROT members to participate in the 2010 organized trail rides and win awards! Go to http://www.trot-md.org/2010-trailride-challenge.php for the details and rules; then get ready to take up the challenge! ride.

Judged Pleasure Ride - Saturday, September 25 (Coordinated by Deneen Martin

TROT's Judged Pleasure Ride is our signature event and is always great fun for participants and volunteers. Come and enjoy the beautiful rolling fields and woods of the Park and try your and your horse's ability to negotiate obstacles and conduct challenging maneuvers. Lots of fun and great camaraderie; you will find yourself talking about it all year. Bring a lunch. There will be lots of categories and lots of prizes. Please support this event, it is TROT's biggest fundraiser!

Check in starts at 8:30 AM and closes at 12:00 noon. <u>Location/Parking:</u> Agricultural History Farm Park, 18400 Muncaster Road in Derwood, Maryland. See also http://www.mcparkandplanning.org/Parks/facilities/ag_farm.shtm. Contact: Deneen at 301-253-2955 or at

deneenmartin7@msn.com

Breezy Loop Boyds, MD - Sunday September 26, Ride leader Ron MacNab

A beautiful ride through rolling farm land and woods. The length of the loop is 4.6 miles long and takes about 1.5 hours at a walk. The trail is on private land that has been graciously made available for trail riding. Since the trail is relatively short and well marked, some riders may want to traverse the loop a second time on their own, in the opposite direction. Bring a lunch. Current coggins test is required. Call in advance if you plan to attend.

Location: Potomac Pony Club Field/Breezy Loop Trailhead 19301 Bucklodge Rd., Boyds, MD 20841. This field is approximately 1.7 miles north of Md RT-28 Darnestown Rd, on MD 117 Bucklodge Rd. in Boyds.

Directions: From Frederick and Points West: Take Rt 85 through Buckeystown, and continue on 85 as it becomes Rt 28. Continue following Rt 28 through the town of Dickerson and Beallsville (there is a traffic light - at Rt 109). You will pass Peachtree Rd, Lewis Orchards, and eventually come to MD 117- Bucklodge Rd on your left - there is no light. Turn left. Follow Bucklodge Road for approximately 1.7 miles, the Potomac Pony Club Field entrance will be on your right, just as you pass Moore Road.

From Rockville and Points East Take Rt-28-Darnestown Rd West - you'll pass Rt 118, Rt 107 to Poolesville, and MD 117-Bucklodge Rd will be on your right. Turn right. Follow Bucklodge Road for approximately 1.7 miles, the Potomac Pony Club Field entrance will be on your right, just as you pass Moore Road.

In the saddle at 10AM, Contact: Ron MacNab at 301-622-4157 or email **rmacnab@comcast.net**.

League of Maryland Horsemen – Invitational Ride. October 1-3, 2010.

Come join us at the League - with members from the regional horse clubs for a great weekend of fun, camaraderie, and meeting new and old friends. This is an annual event to get the regional clubs together to share riding and ideas. Please join us. Friday night soup is provided. Breakfast and lunch will be served Saturday, followed by a covered dish dinner evening. Refrigeration and a grill are available. Sunday breakfast is provided with dinner in the early afternoon. Organized rides will be led both days. Please check with the event chairman or read the club rules posed in the clubhouse and on at www.lomh.net if you are visiting us. Portable corrals up to 12' x 12' are allowed. Dogs must be on leash at all times. Coggins must be shown at registration. The cost of weekend is \$25 per person. Children 7 and under are free. Make your checks out to LOMH and send to Evelyn Burkhouse, 331 Old Chestnut Road, Elkton, MD 21921. Evelyn must have registration by September 25, as food will be ordered. NO RESERVATIONS WILL BE ACCEPTED AFTER THIS DATE. Contact Evelyn Burkhouse at 410-398-9749. If you leave a message, please be sure to leave your name and number. (The phone rings 10 times before the answering machine comes on!). Assistance for novice horse campers will be available - contact Evelyn by phone to get this information.

Upper Patuxent River State Park (Annapolis Rock Rd) - Saturday, October 23, Ride leader Suzanne Anderson

The trails are hilly but not too rocky. There will be river crossings and, depending on the rainfall, mud or dust. The

(Upcoming rides continued on page 10)

(Upcoming Rides continued from page 9)

ride will be 2½ to 3 hours of medium pace (walking, and trot/gait). Bring your lunch and/or something to share for after the ride. We'll have a table, with cloth, flowers, burner for hot water, tea, coffee, hot chocolate. Bring water for your horse as there is no water at the trailer parking site. This will be a joint ride with the Chesapeake Plantation Walking Horse (CPWH) club. The pace will accommodate the least experienced rider. You must be a member of TROT or CPWH to participate.

In the saddle at 10:00 AM, Location/Parking: Cow Pasture off Annapolis Rock Road, Contact: Suzanne in the evenings at 301. 829.3881 or email @ trailsendfarm@verizon.net

Little Bennett Scavenger Hunt - Saturday, October 30 Ride leaders Maureen and Jim Henry, Deneen Martin

Riders need to be at the parking field by 1 PM to register. At 1:30 prearranged groups will assemble to review rules for the Scavenger Hunt. Riders should be able to at least trot their horses so that the team can cover as wide an area as possible within the 1 1/2 hour time limit that they will have to find the items required. No one will need to collect anything, but each group will be given a pad, pencil, and map to note approximately where the item was located with some nearby references. The items will be flora, fauna, manmade items, or places within the park, but they must stay on the near half of the park and not cross Clarksburg Road to locate the items because of the limited time frame. The leaders of each of the groups will be chosen by having some knowledge of the park

by previously riding there. Limit is 30 riders (first come, first served) and no more than 6 teams of 5. Should there be a tie there will be a mini hunt at the trailer area to determine the final winner. Winning team will receive individual prizes. Everyone will get small trick or treat bags with Halloween candy and I will have a large bag of carrots for the horses. We will have a potluck after the ride. Food brought could have a fall or Halloween theme. Jim and I will bring the paper products. Lawn chairs should be brought for individual comfort. Early notification is imperative to be able to participate.

In the saddle at 1:30 pm, Special Directions: You must RSVP by Thursday Oct 28 to attend this event. Contact: Maureen Henry at 301-371-4868

Anacostia Park - Saturday, November 20

Ride leader John Angevine

This is a favorite TROT ride that closes out our ride season. Folks who have attended this ride say they are amazed with the spacious trails and beautiful scenes along the Anacostia River so close to downtown DC. The ride may encounter bikes, fishermen, some asphalt, as well as a scenic view of the historic Lincoln Cemetery. Ride leaders will provide water and granola bars.

In the saddle at: TBD, Location/parking: TBD, Contact: John at 301-937-0014

Who's Who in TROT

OFFICERS

President

Ron MacNab (301) 622-4157

rmacnab@comcast.net

Vice President

Susan Gray

susan@campsusan.com (240) 426-1655

Secretary

Suzanne Anderson

trailsendfarm@verizon.net

Treasurer

Susan Railey

susanrailey@verizon.net

BOARD MEMBERS

Allison Abernathy

abernathy.allison@epa.gov

Beverly Fox

Bevfox@embarqmail.com

Priscilla Huffman (301) 646-4422

Kyle Jossi

(301) 570-3860

Laury Lobel

laurylobel@verizon.net

Michele McGuinness

mcmcguinn@yahoo.com

Pat Oliva (410) 489-7380

COMMITTEES

Membership

Jeanne Bond

TrotMembers@hotmail.com

410-275-1858

Newsletter

Nancy Osgood Sim Shanks

nlosgood@verizon.net

Trail Rides

Allison Abernathy

abernathy.allison@epa.gov

Trail Clearing

Amy Kimble

AmyHKimble@aol.com

Mapping Project

Ron MacNab

rmacnab@comcast.net

Web Master

Harold Goldstein

mdbiker@goldray.com

COUNTY

** = Coordinators

* = Contacts

Anne Arundel

**Diane Ayers (410) 551-0832

dianeayers@verizon.net

Baltimore

.......

No Coordinator

Carroll

**Anne Bennof (301) 829-0949

trotfour@aol.com

Cecil

**Jeanne Bond

HalcyonFarm@gmail.com

Charles

No Coordinator

Fredrick

**Pat Merson

(301) 898-3251

lilgreyhrs@aol.com

Harford

**Karen Penharlow

(410) 236-9365 KlawPaws@aol.com

Howard

**Pat Oliva

(410) 489-7380

patolivatigger@aol.com

Montgomery

**Ron MacNab (301) 622-4157

rmacnab@comcast.net

Prince George's

**Lynn Gulley

(410) 707-8094

equinedesigner@gmail.com

Fairland Regional Park

*Mary Angevine (301) 937-0014

Broad Creek Hist. District

*Dave Turner (301) 292-6130

St. Mary's

**Kathy Glockner (301) 475-1941

kglockner@md.metrocast.net

Talbot

No Coordinator

Washington

**Susan Rechen

(301) 298-4119 rechens@si.edu

Wicomico County

**Shawn McEntee (410) 749-2665

smc1159@verizon.net

Virginia

Front Royal

*Karen Young (540) 635-5136

karen@friesianfields.com

Upper Shenandoah Valley

area

*Karen Young (540) 635-5136

karen@friesianfields.com

CLASSIFIED ADS

To place an ad

email: nlosgood@verizon.net

TROT Members: Regular (100 word) ad FREE!

Non-member rates:

-Classified ads - \$6.00 for first 100 words

\$0.10 for each additional word

-Business Card - \$6.00 -1/4 page ad - \$25 -1/2 page ad - \$40 -full page ad - \$75

-Insert (all copies delivered to our printer) - \$50

BOARDING, HORSE PROPERTY

Pony Pastures LLC, located on route 28 between Dickerson and Point Of Rocks MD - boarding, lessons, training, leasing and sales. Short ride to C&O Canal and many trails. We are a small, private A Circuit facility with olympic standard pvc jumps, Morton barn with hot and cold running water, Personalized service for you and your horse, whether you just want to trail ride or compete professionally. For more information call Morgan on (240) 344-0345, email info@ponypastures.com or visit www.ponypastures.com. Stall board offered at \$400 per month, field board at \$250 per month. See website for upcoming summer camps and clinics.

Horse Boarding – Field board plus (feeding available twice a day); available for 2-3 horses in small, private barn catering to trail riders. Direct access to Patuxent River State Park and Rachel Carson Park with miles of publicaccess trails. Owner operator lives on premises, assuring individual attention to the horses. Ideally located in Sunshine, MD (Montgomery County). Friendly barn – other boarders are active TROT and CMSC members. \$245 per month, plus feed cost based on individual horse's needs. Contact Marie at (301) 774-4330 or marieathq@verizon.net.

Belle Cote Farm: Field board available for adults on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$250/mo. Prefer retired, semi-retired, or non-showing horses. Contact Debby at (301) 641-8594 or email at bcfarmgirl@hotmail.com

WE ARE LOOKING for friends to ride with! Come join us at Kimblewyck Farm in Mount Airy, MD. Convenient to Frederick, Howard and Carroll counties! We Specialize in Professional Care at Affordable Prices. Full, Field Board with Shed is only \$260!

Visit www.kimblewyckfarm.com for more information.

Contact Lisa at 410-241-7236

Email: <u>lisapaule@comcast.net</u> 9/10



Potomac Riverside Stables

Poolesville, MD (<u>www.potomacriversidestables.com</u>) (301) 972-8187

"Trail Riding Heaven" A top quality boarding & training facility also offering several well trained school horses for lease. Instruction and training for horses and riders, from beginner to advanced. Several instructors to choose from. Your instructor is also welcome. The stable is located on 400 beautiful acres adjoining the C&O Canal with 100s of miles of National Park trails. Personal quality individual care, large indoor arena, 3 outdoor arenas, large stalls, many other features for your horse's comfort: mats, fans, fly spray system, hot showers, unlimited free choice premium hay made on the farm. Your horse is given whatever he needs, no limits. We have several vacancies and very reasonable rates. Full quality care and self care.

West Laurel Stable – Horse Boarding at its best! We are not a big, fancy, competitive show barn. We provide a friendly and relaxed environment for pleasure riding. You and your horse will feel very comfortable. Riders will enjoy the new 80 x 200 ft ring and access to miles of beautiful trails on the WSSC watershed (also known as the Rocky Gorge or Supplee trails). Your horse will enjoy the quiet landscape with rolling hills and nice pastures, and will receive excellent care by our dedicated staff. Come see our barn, conveniently located in West Laurel. Call John at 301-332-2688 to arrange a visit. \$425/per month stall board.

Brookeville, MD: full care field board on 95 acre farm with access to Rachel Carson, Hawlings River and Patuxent trails. Includes feeding, hay, worming, blanketing, handling for regular vet and farrier. Group turn-out, large fields, runin sheds, safe fencing, round pen. \$225-275/mo depending on feed needs. Limited spaced available

Horses for lease Several horses available for lease: 1) 15.2 H, paint geld. Uncomplicated, easy ride. Great trail horse. 2) 16.2H, grey TB mare. Well schooled, hunts, jumps, trail rides. Different lease options available. Call 301-943-9975.

For Sale: 7457 Mink Hollow Road, Highland, Md - 4 bedroom, 2 1/2 bath home on 5.6 acres with large barn (3 finished stalls and room for 5 stalls) with direct access to trails. Beautiful home, great barn, great neighbors. Can ride to Schooley Mill Park from barn. Being sold by Remax. MLS Number: MLS: HW7305193. Master bedroom on main. Call 301-854-2155 (Remax office) for further details. Just reduced to \$699,000

Classified ads continued on page 12.

HORSES - SALE, LEASE OR FREE

Partial Lease – 9 year old paint QH mare, 15 hh, big bodied and solid. Superb trail horse, easy going and experienced. Normally ridden English but can go Western. Currently boarded in Potomac. \$150/month. Contact Karen widgaither@aol.com

Half Lease at Southwind Farm, Damascus: large, lighted indoor arena, two outdoor arenas, miles of trails on site, three horses for half lease, bay gelding, ex foxhunter, ex school horse, unknown breed, 15.2h., 27 yo., good trail horse, can do some light jumping, bay standard bred, mare, 15.1 h., 16 yo, does dressage, jumps, good on trails, chestnut quarter horse, mare, 15.1 hh., 13 yo, flashy dressage mover, jumps. Need intermediate or experienced riders, terms negotiable. Call Erin 240-643-0667 or Steve 301-869-4617. Lease one, two or all.

Belle Cote Farm: Several nice horses available for lease to adults, 21 years and older, on a private farm in Burtonsville, MD. Lighted outdoor arena and direct access to WSSC trails. \$175/mo. half lease. Different lease options are available. Contact Jennifer at (301) 641-8903 or email at bcfarmgirl@hotmail.com

Horse Trailer for Sale: Gore Aluminum over a steel frame. Very good condition. Gooseneck, 2 horse, thoroughbred size. New electric and lights. Good floor. Damascus, MD. Looks nice. Call Mary (301) 391-6683.

Driving Harness for Sale Quality black leather harness, full horse size. Very lightly used, excellent condition. Complete, clean, and ready to go. \$300. Contact: Jeanne Bond, 401-275-1858 (home), 301-520-5350 (cell), HalcyonFarm@hotmail.com



Quick link to Performance Tack, LLC www.PerformanceTack.com

MISC. - TRAILERS, SADDLES, TACK, ETC.

County Dressage Saddle for sale. Regular tree, 17-1/2" Excellent condition-\$1000.00. Mary Prowell 301-829-7709 boprow@aol.com 9/10

For Sale Two Saddles - One **western Circle Y Flex**-lite trail saddle. 15" seat, dark brown, leather with round skirt. Approximate weight 26 lbs. Very comfortable saddle in good condition. Asking \$600.00. One **english Wintec 17**" black All-Purpose saddle with Wintec Pro Webbers and stirrups. Will include girth. Would like to get \$375.00. Please call 410-227-3512

Horse Trailer for Sale: Trail-Et Baron--IN LIKE NEW CONDITION. 2 horse bumper pull w/walk thru doors and rear ramp. 6'W; 7'6"H; 12'L. Steel frame w/aluminum skin; fiberglass roof; all windows w/screens; spare tire; load leveler hitch w/ sway bars; good tires. Grey w/black trim. Has been lightly used. Just serviced and newly painted including sand blasting/painting frame. Electrical updated (everything works!); new rubber seals and gaskets (nothing leaks!). No dressing room but large front could accommodate trunk and/or two saddle racks. Totally roadworthy and safe. \$5,500. Located in SoMD. Email for photos: siebertcw!@aol.com or call 301-872-0087 (leave message).

Pessoa Rodrigo Stadium jumping saddle. Brown color, medium tree, size 17.5. Bought new last Nov (\$1950) when started jumping lessons. Cleaned/conditioned regularly and sits in my house when not on horse. Want \$1000. Contact **kitten val@hotmail.com** (410) 963-8222 9/10

SERVICES

Come **buy your next Truck** from your Local Equestrian Sales Specialist and Fellow TROT Member, Ashley Adams at Keene Dodge Chrysler Jeep! We specialize in Trucks! Also, we service and perform body work on Horse Trailers. Ask me about the Rebates available to USEF, NTRA, and Farm Bureau Members! We are centrally located in Jarrettsville, MD. Call me at (800)394-7127 or (443)506-2263 or e-mail me at aadams@keenedodge.com. www.keenedodge.com





202.321.2583 Elizabeth@EquineSmile.com

Restoring oral biomechanics to enhance overall performace.

"Master Electrician" Licensed and Insured John A. Spigler Old Mill Electric Mount Airy, MD 21771 (240) 793-3330 or Home (301)703-4167

Classified ads continued on page 13.

A Father's Explanation of Why He Had Horses for His Children

author unknown, contributed by Bev Fox

My daughter turned sixteen years old today; which is a milestone for most people. Besides looking at baby photos and childhood trinkets with her, I took time to reflect on the young woman my daughter had become and the choices she would face in the future.

As I looked at her I could see the athlete she was, and determined woman she would soon be. I started thinking about some of the girls we knew in our town who were already pregnant, pierced in several places, hair every color under the sun, drop outs, drug addicts and on the fast track to no-where, seeking surface identities because they had no inner self esteem. The parents of these same girls have asked me why I "waste" the money on horses so my daughter can ride. I'm told she will grow out of it, lose interest, discover boys and all kinds of things that try to pin the current generation's "slacker" label on my child. I don't think it will happen, I think she will love and have horses all her life.

Because my daughter grew up with horses she has compassion. She knows that we must take special care of the very young and the very old. We must make sure those without voices to speak of their pain are still cared for

Because my daughter grew up with horses she learned responsibility for others than herself. She learned that regardless of the weather you must still care for those you have the stewardship of. There are no "days off" just because you don't feel like being a horse owner that day. She learned that for every hour of fun you have there are days of hard slogging work you must do first.

Because my daughter grew up with horses she learned not to be afraid of getting dirty and that appearances don't matter to most of the breathing things in the world we live in. Horses do not care about designer clothes, jewelry, pretty hairdos or anything else we put on our bodies to try to impress others. What a horse cares about are your abilities to work within his natural world, he doesn't care if you're wearing \$80.00 jeans while you do it.

SERVICES continued



Barefoot When Possible, Shoes When Necessary ∪ Farrier Services **∪**

Patty Lynch (301) 693-3866

Email: ms.patty.lynch@gmail.com

Because my daughter grew up with horses she learned about sex and how it can both enrich and complicate lives. She learned that it only takes one time to produce a baby, and the only way to ensure babies aren't produced is not to breed. She learned how babies are planned, made, born and, sadly, sometimes die before reaching their potential. She learned how sleepless nights and trying to out-smart a crafty old broodmare could result in getting to see, as non-horse owning people rarely do, the birth of a true miracle.

Because my daughter grew up with horses she understands the value of money. Every dollar can be translated into bales of hay, bags of feed or farrier visits. Purchasing nonnecessities during lean times can mean the difference between feed and good care, or neglect and starvation. She has learned to judge the level of her care against the care she sees provided by others and to make sure her standards never lower, and only increase as her knowledge grows.

Because my daughter grew up with horses she has learned to learn on her own. She has had teachers that cannot speak, nor write, nor communicate beyond body language and reactions. She has had to learn to "read" her surroundings for both safe and unsafe objects, to look for hazards where others might only see a pretty meadow. She has learned to judge people as she judges horses. She looks beyond appearances and trappings to see what is within.

Because my daughter grew up with horses she has learned sportsmanship to a high degree.. Everyone that competes fairly is a winner. Trophies and ribbons may prove someone a winner, but they do not prove someone is a horseman. She has also learned that some people will do anything to win, regard-less of who it hurts. She knows that those who will cheat in the show ring will also cheat in every other aspect of their life and are not to be trusted.

Because my daughter grew up with horses she has selfesteem and an engaging personality. She can talk to anyone she meets with confidence, because she has to express herself to her horse with more than words. She knows the satisfaction of controlling and teaching a 1000 pound animal that will yield willingly to her gentle touch and ignore the more forceful and inept handling of those stronger than she is. She holds herself with poise and professionalism in the company of those far older than herself.

Because my daughter grew up with horses she has learned to plan ahead. She knows that choices made today can effect what happens five years down the road. She knows that you cannot care for and protect your investments without savings to fall back on. She knows the value of land and buildings. And that caring for your vehicle can mean the difference between easy travel or being stranded on the side of the road with a four horse trailer on a hot day.

When I look at what she has learned and what it will help her become, I can honestly say that I haven't "wasted" a penny on providing her with horses. I only wish that all children had the same opportunities to learn these lessons from horses before setting out on the road to adulthood.

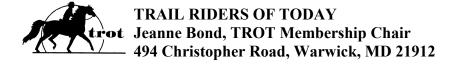


The Back Page

from the Newsletter Staff

The **2010 TROT Judged Pleasure Ride** is coming up! Be sure to sign up soon for the Judged Pleasure Ride – to be held on Saturday, September 25 at the Agricultural History Farm Park. See all the details and entry form inside.

Be sure to check out our classified ads! Is your horse looking for a home? There are some great boarding facilities that are available throughout Maryland. Don't have a horse? Check out the horses for sale or lease. Looking for other goods and services? Please consider patronizing businesses of fellow TROT members. Want to place an ad? Remember that a regular ad is free for TROT members in this Newsletter! We have had good feedback about successful results from our classified ads. Just email: nlosgood@verizon.net.



FIRST CLASS U.S. POSTAGE PAID Columbia, MD Permit No. 1220

Inside This Issue page 1