



trot

Trail Riders Of Today

Dedicated to maintaining and expanding sustainable trails for equestrian use.

www.trot-md.org

Get your friends to join - the higher TROT's membership, the more effective is its lobbying for trails!

May, 2018

Founded 1980

Number 227

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PRESIDENT'S MESSAGE

from Gale Monahan

HELP WANTED: We are looking for someone willing to help organize activities such as TROT clinics, judged/non-judged pleasure rides, seminars, etc. If you might be willing, please let me know. We would love to offer our members more opportunities to learn about and to have fun with their horses, but our board members are already spread thin. Having someone step up would be greatly appreciated. To talk about this, please contact me at [<gmtwh3@gmail.com>](mailto:gmtwh3@gmail.com), 301-854-3852 [h], or 301-775-0079 [c].

More than 30 years ago, TROT started and was the only horse organization that worked against Sunday hunting in Maryland. The Maryland Horse Council was then organized and now has been fighting against expanded Sunday hunting for about 20 years as well, but we were not working sufficiently together. Earlier this year, I was asked to join the Maryland Horse Council Legislative Committee. In conjunction with the Maryland Horse Council, we all together were able to defeat expanded Sunday hunting for another year. However, we are sure the hunters will be back next year, so I am going to continue to stay on the Maryland Horse Council Legislative Committee and will continue to look out for our interests. I will report to all of you if (more likely "when") Sunday hunting or any other issue that would affect your trail riding comes up next legislative session. So stay tuned.

We are finally getting our riding season off to a good start. Mother Nature has not been very cooperative, but I think she is beginning to calm down. I am hoping to be able to get back on the trails later this summer or early fall. See you then.

NEEDED: A GENEROUS VOLUNTEER(S) – please!

As you just read above, TROT would like to offer our members more activities such as clinics, judged/non-judged pleasure rides, seminars, etc., as our by-laws actually require. But to do this, we need a volunteer(s) willing to help do this organizing and/or arrange for others to organize events. If you would like TROT to again have a coached trail obstacle event, as TROT members have enjoyed the past two falls, please offer your help. Please get involved! To talk about any of this, contact Gale Monahan at [<gmtwh3@gmail.com>](mailto:gmtwh3@gmail.com), 301-854-3852 or 301-775-0079.

TROT WELCOMES OUR NEW MEMBERSHIP CHAIR, ELISA MOSELEY

from Elisa

After 32 years of telecommunication engineering for the US Army, Elisa Moseley decided she has more important things to do with her time -- family, farm, community, and Frances, her Percheron mare. Since retiring, she and her companion, Elliott Romero, have been planting trees, gardening, and repairing and painting vehicles and structures around their farm in



[Frances, Elisa and ??]

Smithsburg, MD. Having been a Lion for many years, she became treasurer for the Smithsburg Lions Club last summer. Then, having been an inactive TROT member for many years, when the request for a new membership chair was announced at the last Potluck dinner, she foolishly asked herself "How hard could it possibly be?" and volunteered. Her horse trailer, parked for over 10 years, now has a new floor, walls, wiring, tires, brakes, and Rustoleum primer. She hopes to be on the trails this summer, either with Frances or her new pony, yet unnamed.

TROT THANKS OUTGOING MEMBERSHIP CHAIRS, BECKY and JIM CARTER!

Thank you, Becky and Jim, for your work at keeping TROT's membership files up-to-date and straight for the past year!

UPCOMING TRAIL WORK AND OTHER TRAIL RIDER-RELATED ACTIVITIES

Reporting 2018 Trail Work

info from Amy Kimble, TROT's Adopt-A-Trail Coordinator

The 258 trail volunteer hours reported to Amy in 2017 were great, but they came from only 30 TROT members, so 90-plus percent of TROT members were not reporting work hours to Amy. Since you probably break branches on the trail with riding, please report these hours and any other trail work time you do to Amy (<Amyhkimble@aol.com> or text to 301-748-8310). This is important because Amy relays these self-reported volunteer hours to park officials where hours end up getting increased funding for the parks as well as helping clear the trails! **Note to VMPs – your trail patrolling and lesson hours definitely count too – please report them to Amy.**

Please take Amy's 2018 challenge for each TROT member to do AT LEAST four hours of volunteer trail-related work -- breaking branches and clipping vines while you ride count, as does any organized trail clearing or other trail work, and ANY other volunteer work you may do for any park. And report your trail- and park-related work to Amy (address above). Just give your first and last name, location of work, and ideally the date. Let's make TROT's 2018 total outshine our 2017 total!

Trail Work at Seneca Creek State Park, Tuesday May 29, 5:30 PM

info from Amy Kimble, TROT's Adopt-A-Trail Coordinator

Come out to help (and show the park that TROT members do trail work) by joining Ranger Eric Ledbetter for a work evening. Meet at the Seneca Creek State Park office. To learn about this event and to learn about Ranger Eric's many planned future trail work events, please contact him at <erik.ledbetter@maryland.gov>, 301- 924-2127.

Trail Work in Gunpowder State Park

Come to work events in Gunpowder Falls State Park. For their schedule and for more information, contact Ranger Brooke Bartko at 410-592-2897 or <brookej.bartko@maryland.gov>.

Upcoming Organized Trail Work In Carroll County

info from Stephanie Brennan, Carroll County Coordinator

Please join the trail work days organized by the Carroll County Equestrian Council:

Morgan Run NEA: June 2, July 8, September 1, October 7, and November 11

Gillis Falls: September 16

Piney Run: TBA

Union Mills: TBA

For info about signing up and the meeting time and location, please contact Stephanie Brennan at <dadslilcobra@yahoo.com>.

Many Upcoming Workdays in Patapsco Valley State Park from Priscilla Huffman, Baltimore County Co-Coordinator

Patapsco Valley State Park will be having workdays to identify and remove a nasty invasive, wavyleaf basketgrass (shown in photo), on June 16, July 21, Aug. 25, and Sept. 8. Work days are 9 AM-noon. Please sign up at <volunteerpatapsco.dnr@maryland.gov>. Also please wear long pants, long sleeves and sturdy boots, and bring water and gloves.



Correction - Your Help Still Needed on Walker Meadow (Patapsco Entrance)

We happily reported in the last newsletter that Howard County Executive Allan Kittleman agreed to provide an easement for riders to enter Patapsco Valley State Park from the south through the proposed "Walker Meadow" subdivision which would close off riders' well-used entrance to the park. It has since been noted that Mr. Kittleman's letter unfortunately offered only a "private access easement from Mayapple Trail to the park". It did not promise that riders could use that easement, nor was it shown on the plat he appended. To try to get this corrected and assure a functional southern park entrance, please again write to Howard County Executive Alan Kittleman, <akittleman@howardcountymd.gov>, asking him to certify that this trail (1) will be open to horses and (2) will have access from Howard Lodge Road from where most riders come and/or that horse trailer parking will be provided.

continued from page 2 - UPCOMING TRAIL ACTIVITIES

Ribbon Cutting for the New Multi-Use PEPCO Trail in Montgomery County

The announced ribbon cutting for the completed segment of the new PEPCO trail that is to run from Montgomery Mall to the Gaithersburg Soccer-plex was delayed due to rain. Stay tuned on TROT's Facebook page for its rescheduled date.

RECENT TRAIL WORK AND OTHER TRAIL RIDER-RELATED ACTIVITIES

2018 Trail Work To Date *info from Amy Kimble, TROT's Adopt-A-Trail Coordinator*

Amy reports that so far in 2018, TROT members have registered 115 hours of trails-related volunteer activities with her! That is a new 89 hours, since the 26 hours reported in the March newsletter. Great stuff! These 89 hours include:

Patapsco 43.5 hrs (of which 17 is CPR and first aid training and 20 is patrolling by the Volunteer Mounted Patrol)

Upper Patuxent 29 hrs

also:

Liberty Watershed 6.5 hrs

Gunpowder Falls State Park 4 hrs

Rocky Gorge 5 hr

Union Mills 1 hr

If any TROT members did trail work or VMP patrolling in that time but have not yet reported it to Amy, please do so (see p. 2).

Trail work day April 21 – Gillis Falls *from Stephanie Brennan, Carroll County Coordinator*

Gillis Falls in Carroll County is a heavenly place where horses, mountain bikers, hikers and hunters coexist in our ever shrinking green space. What was not intended to join us on these trails was destructive ATVs. Several people from the horse, hiking, and biking community came together on April 21st to work on the trails. Not only are the unauthorized ATVs destroying the trails by creating mud bogs, but dumping of trash is also very prevalent. Once one mud bog is corrected, the ATVs create a new one. Please take a moment to let the commissioners and the parks department know your thoughts at ccrec@ccg.carr.org and commissioners@ccg.carr.org.

[photos from Stephanie]



TROT Members Linda Gasch, Stephanie Brennan, and Tracy Loppatto; also Lucy and Jon Arnold (he organized the work day and is a mountain biker).



TROT Table at the Spring Open House for Lifeline Horse Rescue, May 12 *from Briannah Schwartz, MM Montgomery County Co-Coordinator*

Fritzi Grow and Briannah Schwartz set up a TROT table at this horse rescue event, to introduce horse folks to the value of TROT.

Any TROT members who are going to horse events are most encouraged to similarly set up a TROT table to advertise TROT. Please contact Gale Monahan, TROT President (<gmtwh3@gmail.com>, 301-854-3852), to get the banner and literature to hand out!



UPCOMING TROT TRAIL RIDES - plan to come on some, and lead one yourself!

TROT's organized trail rides are a fun and safe way to learn new trails, meet new riding buddies, and -- probably most important for TROT's mission -- help illustrate to riders the value of preserving trails. While riding your familiar trail is certainly nice, it is most valuable and enjoyable to get acquainted with other trail systems in the area. And what better way than on a TROT ride? So plan to come on several TROT rides in 2018! In fact, how about leading or co-leading a TROT ride this year to show others your favorite venue? It is easy and rewarding. Please contact Barbara Sollner-Webb (<bsw@jhmi.edu> or 301-604-5619) to discuss the possibility. See the ride list below for months where more rides are really needed (indicated in bold text).

To participate in a ride, please **contact the designated ride leader to sign up, learn the start time and get directions**. Then if bad weather causes a ride to be postponed, the ride leader will be able to notify you.

All riders **must wear a helmet**, have a current negative Coggins for the horse, and be TROT members. Membership forms are at <<http://trot-md.org/join-now/>> and at the rides. There are also \$5 one-day memberships to encourage non-TROT riders to participate (and hopefully then join TROT).

For updated trail ride listings, please check the TROT and MarylandTrailRiders Yahoo list-serves (see page 14 to join). If you want to come on a ride but do not have a trailer, post a trailering request on the TROT and Maryland Trail Riders list-serves or contact the ride leader, who sometimes can arrange for another participant to pick up a horse that is familiar with trailering. Finally, everyone is encouraged to announce our TROT rides widely, but to protect our ride program's integrity, please include all the above requirements and do not publicly announce any start time, so everyone coming must check with the ride leader.



Horses and riders ready for an earlier Rocky Gorge TROT ride, before splitting up into all-walk, walk-trot, and walk-trot-canter riding groups

Mark your calendars now!

May Rides

To join these rides, contact the ride's leader to sign up & learn the start time.

POSTPONED - from earlier scheduled Saturday, May 26, to July 22 -- see below -- Patapsco Park: McKeldin Park to Woodstock Inn, Carroll County, MD -- Carolann Sharpe

Sunday, May 27 - WSSC's Rocky Gorge in Laurel, MD -- Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619),

Should the predicted rain holds off so the ride can be held, come ride along WSSC's beautiful Rocky Gorge Reservoir, celebrating TROT's efforts to reopen this trail a few years ago. This ride starts in West Laurel about five minutes from the Rt. 198 exit off I-95. It offers magnificent views of the reservoir, with a good chance of seeing heron and maybe an eagle. Despite the name, the footing is fine for barefoot horses, with plenty of easy stream crossings to water the horses. We will have a walk-only and a faster group. After the ~2 ½ hour ride, there will be a potluck lunch at Barbara's house, where your potluck contribution will have been ferried.

June Rides

Saturday, June 2 -- Sweet Air (Gunpowder Falls State Park, Baltimore, County -- Bianca Paterakis (443-340-4036 <biancavanhorn@me.com>) & Priscilla Huffman (301-646-4422 or <priscillahuffman@verizon.net>) [Rain date: Saturday, June 9.]

Sweet Air is one of the most popular riding areas in Gunpowder Falls State Park with multiple trails and access from local boarding facilities. The pace of this ride will be walk only for 1 ½ - 2 hours. There is trailer parking in a field and a picnic table. Along the trail there are some muddy spots as well as a few rocky areas so boots or shoes are recommended. The trail will go through fields, wooded areas, past farms and may have some water crossings. If the trails are wet, the park will close the area to riders so we will be confirming the ride one or two days before.

Saturday, June 2 -- History Ride on Gettysburg Battlefield, Gettysburg, PA -- announced by Stephanie Brennan but for questions or to sign up, contact Sharon Rost <roonie60@gmail.com> or 717-860-3965)

If you missed TROT's guided Gettysburg ride (see page 7) but still want to ride into Gettysburg history, consider joining the Gettysburg Historical Society's Spring Guided Trail Ride. It will be 7 ½ miles and 4 hours, starting at 10 AM at the Artillery Ridge camp ground. You can also camp there -- contact the campgrounds at 717-334-1288 or on <www.artilleryridge.com>. There is a fee of \$50 for the ride's guide and lunch, with all proceeds going to preserving and maintaining the Gettysburg Park equestrian trails

Saturday, June 16 -- Union Mills, Carroll County, MD - Stephanie Brennan (<dadslilcobra@yahoo.com> 603-573-1123) [Rain date: Saturday, June 23.]

Union Mills features over 8 miles of wooded equestrian trails. The trails are easy on horses' feet, with only a few sections that are rocky or washed out. There are also a few spots where small streams cross the trails, and areas can be muddy in wet weather. The parking is very limited (4-6 typical horse trailers). So sign up early to enjoy this ride! Bring a lunch and a chair to enjoy each other's company after the ride. Dessert and water will be provided.

Friday, June 22 – NCR (North Central Railroad)/Torrey Brown trail, Freeland, MD - Laura Colicchio (301-856-7540, <lavenderlady19@verizon.net>); co-leader: **Barbara Sollner Webb** This is another treasure in our Maryland trail system that riders should get to know. It is a lovely, hard-packed dirt rails-to-trails, over 20 miles in Maryland, from just north of Baltimore to the Pennsylvania line, and then another 21 miles to York, PA. It basically parallels but is not close to I-83. At many places the trail crosses the Gunpowder Falls River, great for giving the horses a drink and cooling off. We will leave from Freeland in northern Maryland and ride about 2 ½ hours, with an all-walk group and a walk/trot/(and a little canter) group. A great trip to get your horse familiar with bikes. Please bring along a contribution for a potluck lunch after the ride, at the park's nice, shaded picnic table. There is also a well with wonderfully cool water for cooling off the horses.

Thursday, June 28 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)
Info about the June "Last Thursday of the Month" TROT ride will be on the TROT Facebook page.

July Rides

Saturday, July 14 - WSSC's Rocky Gorge in Laurel, MD -- Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619),
Since the originally planned May Rocky Gorge ride was rained out and almost assuredly the rain date will be too, let's schedule for July and hope it will be dry. Come ride WSSC's beautiful Rocky Gorge Reservoir, with magnificent views, a good chance of seeing heron, maybe an eagle, and despite the name, fine footing for barefoot horses. We will have a walk-only and a faster group. After the ~2 hour ride, there will be a potluck lunch at Barbara's house, where your potluck contribution will have been ferried.

Saturday, July 21 (change from earlier announced July 8) – Gillis Falls, Carroll County, MD - Stephanie Brennan (603-573-1123, <dadslilcobra@yahoo.com>) [Rain date: Saturday, July 28.] Gillis Falls, also known as Woodbrook CWMA in Woodbine may never become a reservoir, as the county has long intended (it exists only on maps), but the acres Carroll County acquired boasts 3+ miles of trails, an arena, and cross country jumps. It is crisscrossed by several potential feeder streams. Don't let the lower miles of trails discourage you. TROT's Carroll County Coordinator has something fun in store for you! Sign up to be included in what is sure to be an awesome day.

Sunday, July 22 (postponed from Saturday, May 26) – Patapsco Park: McKeldin Park to Woodstock Inn, Carroll County, MD -- Carolann Sharpe (410 908 5599 or <blackandwhitecookie@yahoo.com>) We begin at McKeldin Park, which welcomes horse trailers to park by the basketball courts. The all-walk ride is a 1.5 hour along the Patapsco River to the Woodstock Inn restaurant (where we will stop for lunch), and 1.5 hours back. There are two water crossings. Depending on water levels, there can be swift moving water, but a very easy crossing. At the Woodstock Inn, we tie up across from a train track.

Thursday, July 26 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)
Info about this "Last Thursday of the Month" TROT ride will be on the TROT Facebook page and in the next newsletter

August Rides

***We need more August rides –
please volunteer to lead one!***

Saturday, August 25 – Woodstock Equestrian Park, near Poolesville, MD - Janet Buck (cell 973-768-1599); co-leader: **Marcella Morgese** [Heat/Rain date: Saturday, September 25.] As at last year's wonderful ride at this delightful park, we will begin at the Moritz Greenberg Equestrian Center Main Entrance off Rt. 28 and stay on this side of the park. We ride along the edges of soybean fields to the Greenberg Challenge Loop, the Stone Barn Loop and back. The trails are scenic, mostly flat with a few minor hills and two bridges across a small stream. No water crossings unless there has been recent rain. We may encounter some walkers and other riders. Some very short rocky paths through the woods but shoes needed only for very tender-footed horses. This ride will have two groups – one walk only and one for a faster pace group with walk/trot/short canter. Please bring sandwiches and drinks for relaxing after the ride.

Thursday, August 30 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)
Info about this "Last Thursday of the Month" TROT ride will be on the TROT Facebook page and in the next newsletter

September Rides

***We could use more Sept. rides –
please volunteer to lead one!***

Sunday, September 9 – Little Bennett, Montgomery County, MD -- Susan Ferrara (<sferrara3663@hotmail.com> or 301-467-2812) [Rain date: Sunday, September 16.] This is a wonderful riding venue! There should be an all-walk and a faster group on this hour to hour and half ride, with a lunch afterwards. The trails wind around, up and down, and often have trees that make trotting in many places challenging! Front shoes or boots are recommended as it is quite rocky in many places, but you know your own horse best as to what he can tolerate. We will meet in the trailer parking area at the end of Prescott Road, which has been improved to become much more accommodating than before. For lunch back at the trailer parking area, bring your sandwich; Dave Lawrence and Susan will bring a sweet treat as well as drinks and water. But do bring water for your horses as it is not available there. (However we will be crossing some streams during the ride.) Hope to see you then!

Saturday, September 15 – Bunker Hill (Gunpowder Falls State Park, Baltimore, County - Bianca Paterakis (443-340-4036 <biancavanhorn@me.com>) and Priscilla Huffman (301-646-4422 or <priscillahuffman@verizon.net>)

[Rain date: Saturday, September 22.] Bunker Hill is a very popular riding area in Gunpowder Falls State Park. The pace of this ride will be walk-only for 1 ½ - 2 hours.

Thursday, September 27 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)

Info about this "Last Thursday of the Month" TROT ride will be in the next newsletter

October Rides

We could use more October rides – please volunteer to lead one!

Friday October 5 to Sunday October 7 – League of Maryland Horsemen Invitational (write-up by Joyce Bell)

The League of Maryland Horsemen (LOMH) invites you to join them on October 5-7, 2018, for a fun-filled weekend of camping, food, fellowship, and riding on the beautiful trails in Patapsco State Park. The cost is \$30 for adults, \$15 for youth 6-12 years old for the 6 meals (Friday dinner through Sunday lunch with Saturday's dinner a potluck where the meat and drinks are provided); the camping fees are \$12/site or \$15 with electric. The shaded camp ground at LOMH has a clubhouse, electric hookups, and bathroom facilities with hot showers. The terrain in the park varies from hilly with rocks to level with soft footing. Patapsco State Park offers some of the best riding in the Mid-Atlantic region. QUESTIONS? Contact Joyce at 410-820-6002 or Valerie at 410-922-5053. More information about LOMH is available at <www.leagueofmarylandhorsemen.com>.

Saturday, October 6 – Fairland Park, near Burtonsville. MD - Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619) and Debby Poole

[Rain date Saturday, October 20.] A lovely park. We will have an all-walk and a faster group, about a 2 hour ride, and then a pot-luck lunch. More in the September newsletter.

Thursday, October 11 through Sunday, October 14 – Fair Hill Get-Away at Fair Hill Park, northern MD -

Jacquie Cowan (<jacquiecowan@comcast.net>, 410-215-4979) TROT members are invited to join the Chesapeake Plantation Walking Horse Club (CPWHC) for their 23rd year of great trail riding and camp fun. Fair Hill offers almost 6000 acres of beautiful rolling countryside and 80 miles of trails through the woods and along the Big Elk River. Their large stalls are matted and safe for the horse, with field camping around the barns and a limited number of electric hook-ups. There are real bathrooms with hot showers, and hotels close by for those who do not camp. Pre-registration is required, through the leaders' contact info (above).

Thursday, October 25 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)

Info about this "Last Thursday of the Month" TROT ride will be in the next newsletter

November Rides

Saturday, November 3 – Assateague Park, by the Atlantic - Stephanie Brennan (<dadslilcobra@yahoo.com>, 603-573-1123)

[Rain date: Saturday, November 17.] Ride with the wild ponies! This ride has been on Stephanie's bucket list, and she invites you to join her. Day use horseback riding is permitted in Maryland from October 9 through May 14. An entrance fee is required for all vehicles entering the park. Sign up now to ensure your space. I am contemplating camping there for those who might also be interested. It is highly suggested that you check with your vet before attending this ride as many of the Assateague horses are positive for Equine Infectious Anemia, so this ride's goal is to go after a good frost, when infection is nil.

Saturday, November 10 - Anacostia Park, College Park, MD -- John Angevine (301-937-0014)

[Rain date: Saturday, November 17.] A favorite TROT ride. This fantastic ride has many special views, including the Lincoln Cemetery and Bladensburg Waterfront. We will travel along the Anacostia River on a very nice path, traversing over and under bridges and roads, passing playgrounds and outdoor workout equipment. A great ride to give green horses experience with hikers, bikers, dogs, and strollers. All-walk, but several places are great for good long trot or canter runs, for those who want.

RECENT TROT TRAIL RIDES

Despite the last TROT newsletter having presented Mother Nature a complementary 2018 TROT membership, with a gentle hint that she might not want to rain out future rides of "her" club, she still rained or overheated out five rides – those planned at Rachel Carson Park in Brookeville, MD to be led by Laury Lobel on Thursday, March 29; at Rosaryville State Park in Upper Marlboro, MD to be led by Laura Colicchio on Friday, April 27 or on Friday, May 4 (planned to see the magnificent blooming wisteria in this park -- photo at right shows how pretty they were); WSSC's Rocky Gorge in Laurel, MD to be led by your newsletter editor on Saturday, May 19 and most likely also its rain date on Sunday May 27; and at Fairland Park in Burtonsville, MD to be led by Laury Lobel on Thursday, May 24. Is Mother Nature saying that she resents the newsletter having tried to bribe her?

But despite lots of rain, TROT did sneak in some very nice rides (next page):



[photo from Laura Colicchio]

continued from previous page - RECENT TROT RIDES

North Tract, east Laurel, MD - Saturday, March 31 – ride leader: Barbara Sollner-Webb

Nine TROT members enjoyed a lovely trail ride at North Tract, a venue great for riding when the ground is wet, as it was that day. But it was a beautifully sunny day. We broke into two groups, and (amazingly) the moving-out group had twice the number of riders as the all-walk group. All riders enjoyed their group's speed very much as well as a yummy potluck after the ride.

Denis Webb, Diane Ayers, Linda Doering, Laury Lobel, Kathy Lipton, Pam Howard, Sharon Hardy, Barbara Sollner-Webb, Nancy Osgood,



Schooley Mill Park, Howard County, MD - Thursday, April 12 - write-up from ride leader, Joan Bosmans

On Thursday, April 12, a group of riders joined together for a wonderful, leisurely trail ride around Schooley Mill Park. The weather was beautiful and the horses seemed to enjoy getting out after such a long, cold winter. We ended with a potluck at the very nice picnic area provided at the park, feasting on fried chicken, hot homemade pizza and lots of snacks and desserts. A perfect trail ride for early in the 2018 riding season.

Jeanie Kemp, Debbie Poole, Laury Lobel, Irina Berra, Nancy Osgood, Ray Bosmans, Joan Bosmans, Barbara Sollner-Webb

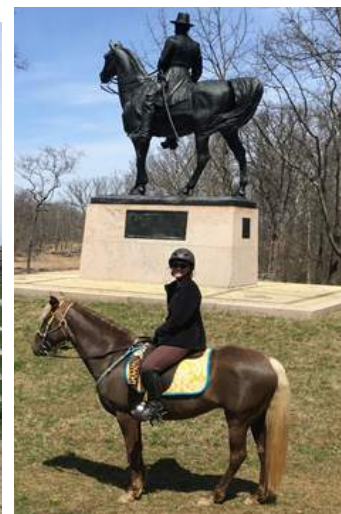


Gettysburg, PA - Saturday, April 21- write-up from ride leader, Stephanie Brennan

Gettysburg, the history and mysteries abound. TROT trail riders took several hours to tour the hallowed grounds, hear the sounds of muskets and cannons, and stop to gaze upon monuments. Our tour included not-your-average Gettysburg facts from

Cindy Brown and ghost stories from Jean Swartz. Did you know that the battle at Gettysburg lasted only three days, but exacted the greatest toll on human and equine life on U.S. soil? There are also other worldly presences that roam the battlefield like the stories of a long-haired, bearded man with no shoes and a butter-colored hat who has approached tourists at Devils Den to say "what you're looking for is over there," pointing to a rock outcropping where a Union sharpshooter picked off confederate troops, only to vanish into thin air moments later. Many people have told of this man, all have described him exactly the same way.

[photos from Becky O'Neal and Stephanie Brennan]



riders: Stephanie Brennan, Debbie Mullinux, Cindy Brown, Jean Swartz

Becky O'Neal

continued from previous page - RECENT TROT TRAIL RIDES

Ag Farm, Olney, MD - Thursday, April 26 – write-up from ride leader, Laury Lobel

This was 2018's first "Last Thursday of the Month ride" hosted by Laury Lobel. Thirteen riders took advantage of the fantastic weather and spent two hours riding the Ag Farm History Park in Derwood. Fox and deer were sighted, along with the red bud, apple trees, crabapples and other flowering trees in bloom. We all sat around after the ride and enjoyed our lunch and dessert provided by Laury, while the horses grazed. All enjoyed the sunshine.

Kathy Lipton, Ann Faulkner, Deneen Martin, Monika Hoerner, Mette Fields, Irina Vaz, Erin Allen, Ray and Joan Bosmans, Linda Gasch, Margaret Yao Pursell, and Ellen Frank.



[not shown, Laury Lobel, photographer]

Liberty Reservoir, Carroll County, MD - Saturday, May 5 – write-up from ride leader, Stephanie Brennan

In the 1930's Liberty Reservoir was the former site of the town of Oakland Mills and the Melville Woolen Mill. Rumors started in 1942 that the town was to be destroyed to build a reservoir, and in 1947 the timber cutter came. In 1951 the government bought farms and houses that were in the way of the lake and tenant workers were forced to leave. The mill was dynamited, and although its 5-story shell remained, it took years for the water to rise high enough to cover the mill.

On May 5th, twelve TROT trail riders spent two hours gazing upon the beauty of the reservoir. The ride started from Stephanie Brennan's farm, Relatively Stable in Sykesville. Cindy Brown and Andrea Vervack were instrumental in leading us through the trails, as well as providing us with the history of the reservoir. We had 12 riders and more horse people joining us for lunch after the ride. Kudos also to Mike Macella for taking the group photo and checking everyone in for the ride.

Mike Gafney, Barbara Martin, Bekah Fontz, Diane Ayers, Kyle Gafney, Jean Swartz, Janet Whelan, Cindy Brown, Andrea Vervack, Brittany Remeikis, Debbie Mullinix, Stephanie Brennan
[photo from Mike Macella]



Morgan Run, Carroll County, MD - Thursday, May 10 – ride leaders: Linda Gasch and Debbie Mullinix from Stephanie Brennan:

We gave the hoof to Mother Nature today and she gave it right back, raining on our horse parade. I still had an awesome time despite it being cut short. Any day trail riding is better than work!

and from Mette Raben Fields: Short but nice ride before the rain hit. We split into two groups so some of us could run the hills a bit (thanks Mike)

[photos from Mette Raben Fields]

There were 10 riders: Bianca Paterakis, Deb Bauer, Debbie Mullinix, Jean Cooper, Jean Swartz, Linda Gash, Stephanie Brennan, Mette Fields, Mike Gafney, Suzy Armacost.



Piney Run, Carroll County, MD - Thursday, May 24 – ride leader Stephanie Brennan: With much less rain having fallen up north, this ride did come off, and reportedly was great, with fine footing. But it occurred when the May draft newsletter was already assembled and not photos were available yet, so will be reported on in the next newsletter.

KYLE'S CHEAP AND GOOD FLY SPRAY!

from Kyle Jossi

- 1 cup listerine
- 1/2 cup Blue Dawn dish detergent
- 1/2 cup vinegar
- 1 teaspoon vanilla (If anyone know what this does, please let me know.)
- 1 oz of 10% permethrin (you can buy a bottle of this at any horse supply store for maybe

\$10. Very economical)

Mix together in a spray bottle and apply as any fly spray. *Thanks for the recipe, Kyle!*



AMY'S ACCLAMATION TO HER MOM, MARGE-ANNE HOFFMAN, AKA MARJAN DAVIS 2/7/30 - 3/10/2018 from Amy Kimble, TROT's Adopt-A-Trail Coordinator

I also wish to submit a short Memorial to my mother, Marjan Davis. She gave so much to the horse lovers community. Many of you in TROT were not aware of many of the things that my mom contributed to the equine community. My mom helped to develop the trail system along the Patuxent River that we called "the commission" but is now known as the Rocky Gorge trail. She founded the Spencerville Horse and Pony 4H club. We met across from what is now Woodlawn.

She developed Breeks, a durable affordable English riding britches. My sister Meg and I were her testers for different fabrics etc. We had Breeks made from the same fabrics that NFL players use for their pants and in many other colors, some very unique since they were just prototypes. After she developed the sizes and decided on the fabrics she would use, she set up my Aunt Elaine in a cottage Industry in Criglersville, Virginia, having the local women cut out and sew the Breeks. She then sold them nationwide, and they were extremely popular.

We were taught to take backyard foals and train them to be competitive in 4H and Pony Club. We rode on the National Games team and we rode on the 3 Day Event teams. My mom, Meg and I, all worked for Gayers Saddlery in Laurel. My mom later opened a Gayers Saddlery in Fairfax, Virginia for the owner Buddy Gayer. My mom also went to England and found a saddler who moved to the United States to work with her to make custom English Saddles under the name Centaur. And of course she supported Meg, Dan and me in all of our different riding styles and hobbies. My mom and I had many great adventures trail riding! That is how I ended up being such an advocate for the parks, trails, and trail riding. God Bless her!



Big condolences, Amy! What an inspiring mother you had! She certainly instilled the love of trails in you!

SURVIVING A HEART ATTACK WHEN ALONE

from lots of kind friends

Please pause for two minutes and read this. A cardiologist says if everyone who gets this reads it and sends it to 10 people, it will save at least one life, on average. As trail riders are often alone in the barn and on trails, it is especially pertinent for us.

Let's say it's 7 PM and you're going home (alone of course) after an unusually hard day on the job -- or you are down in the barn working, alone except for the horses. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up in to your jaw. You are only about two miles from the the nearest hospital but don't think you would be able to make it that far. Although you have been trained in CPR, the guy who taught the course did not tell you how to perform it on yourself. So you need to know: HOW TO SURVIVE A HEART ATTACK WHEN ALONE

Many people are alone when they suffer a heart attack without help. A person whose heart is beating improperly and who begins to feel faint has only about 10 seconds left before losing consciousness. However, these victims can help themselves by **coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. Such a breath and a cough must be repeated about every two seconds without let-up until help arrives or until the heart feels to be beating normally again.** Having a cell phone handy and dialing 911 whenever you feel this is save would be real important too.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. By this, heart attack victims can get time to reach a hospital. Tell as many other people as possible about this. It could save their lives!!

TRIBUTE TO A LOST FRIEND

from Dolores Paunil

Dolores Paunil, who offered to donate a mounting block and saddle in the last TROT newsletter after losing her beloved horse, generously made a donation to TROT with a note that reads "I would like to make this donation to TROT in memory of my longtime equine trail buddy, Zak (Silver Beau Bask), whom I lost last month."

Thank you, Dolores. TROT commiserates on your loss and hopes that after a while you might be out on the trail again.

COUNTY/AREA COORDINATOR REPORTS

Anne Arundel County

info from Jacquie Cowan, Anne Arundel County Coordinator

We Are Horse People and We Vote Primary elections are June 26 and it is not too late to find out what your local, county and state representatives think about issues important to us like trails and hunting. New developments can mean zoning and road easement changes that could affect access to trail heads. What does your county recreation and parks department have planned that equestrians can take advantage of? Reach out to your neighbors, boarding buddies, friends and clubs who enjoy Maryland's great outdoors to bond over common issues. And make your voices heard via calls, letters, emails, and presence at candidate meetings. For more tips <<http://www.mdhorsecouncil.org/files/Grassroots.pdf>>.

Maryland traditionally allows only Republicans and Democrats to vote in the primaries. But this year other party members and independents will be able to vote in some counties on special county or jurisdiction issues, like the Board of Education in Anne Arundel County. If you usually have to wait until the general election to visit your polls, check with your County Board of Elections to see if you are eligible this time around.

Maryland's Department of Natural Resources (DNR) recently held the first meeting of their new Deer Plan Stakeholders Group. This brought residents, hunters, equestrians, environmental specialists, and other outdoor enthusiasts together to review DNR's Deer Plan Goals and Objectives for deer management in Maryland over the next 10 years. The focus for deer management has changed from reducing to sustaining as the deer population has been reduced by about 1/3. The diverse group gave feedback and discussed various strategies. The general broad goals of the DNR plan include: conserve and manage the deer population; education for the general public; identify and address the damage deer can cause; provision of necessary resources to support the plan; and non-hunting deer-related recreational opportunities. This last goal is preservation of Sundays for others to safely be in the woods. DNR is developing a public survey to collect more input from around the State. To hear more about this first meeting contact <jacquiecowan@comcast.net>. For a look at DNR's current 2009-2018 Deer Management Plan go to <<http://dnr.maryland.gov/wildlife/Documents/2009-2018MarylandWTDeerPlan.pdf>>.

Power of the People The Chesapeake Bay Hawks' Lacrosse complex proposed for development in Crownsville has been scaled back from the original plans, which were to take over both the old Crownsville State Hospital properties and the Anne Arundel County Fairgrounds. The changes are a result of a resounding negative response from residents, home owner associations, local businesses, and other stakeholders who shared a unified "NO" to the complexes that would bring more daily traffic to an already over-burdened country setting. If you have attended the Maryland Renaissance Fair on Crownsville Road you have experienced the temporary traffic horrors it brings. The new plan announced recently drops the plans for retail space, restaurants, hotel, and amphitheater. But still in the offering is a 10,000 seat stadium, an indoor sports facility, a new interchange for I-97, and two dozen multipurpose fields.

To do all this, the Crownsville State Hospital will have to be demolished causing environmental concerns because it is full of asbestos and other hazardous materials. And this project is within sight of the new **Bacon Ridge Natural Environment Area**, which is part of the South River Watershed; and the Severn River is in the opposite direction. There is still a potential to regain access to some of the trails in the Bacon Ridge area, which used to be the home trails of the Windy Knoll Horsemen.

Who remembers the Windy Knoll Horsemen way back in the 1980's and early 90's? I have such fond memories of riding their trails and seeing eagles flying over-head during the winter, monstrous turtles in the pond, and the beautiful smell of wisteria in the spring. The mountain bikers have worked closely with the County to develop a network of bike trails. If we want to have access with our horses we must step up and volunteer our sweat and pocketbooks. A few good County trail riders are needed to take organized action. If you can be one of those willing to get involved, please contact <jacquiecowan@comcast.net>. And check out the Bacon Ridge Natural Area at <<https://srft.org/our-watersheds/bacon-ridge-natural-area>>.

Chesapeake Plantation Walking Horse Club's Fair Hill Get-Away October 8-11 Remember, TROT members, you are heartily invited to join the Chesapeake PWHC at this swell camping/riding/camaraderie weekend (see page 6).

Bugs – Bugs – Bugs the North Tract of the Patuxent Wildlife Preserve on the Anne Arundel County side of Laurel is our great go-to place for riding when other park trails are too wet and tender for horses' hooves. But heed this warning --- in the summer the biting bugs can attack and chase you right back to your trailer. The same can be true for most of our state and county parks in Southern Maryland, so pack the bug armor and spray for both horse and human.

Chiggers can be just as bad as those flying annoyances. You'll know if your horse has come across them when they can't stop stomping or keep their feet still. Suggestions for warding off the little buggers that chew and bury around our mighty mounts' ankles are: Show Sheen can make the area too slippery to hang on to; human bug spray with a hefty dose of DEET helps to repel them; and a good hard brush with water immediately after the ride may force them off. A good way to avoid them in the first place is to stay on the trail and not venture off into taller grasses.

Carroll County

info from Stephanie Brennan, Carroll County Coordinator

Please see all the info from Stephanie that is on pages 2, 3, 4, 5, 6, 7, AND 8 above! Wow! What a mover Stephanie is!

Hello all! I am currently organizing TROT's archives so that our history is more accessible. TROT has many amazing memories. From advocacy to great events, it has been really fun for me, as a newbie, to get to know TROT's history. One thing that I wanted to share was that TROT was involved in getting the Patapsco Valley State Park Trail System recognized as a Millennium Trail by Hilary Clinton in 2000! The pictures show a letter from Hillary and the certificate for the Patapsco. I hope to have a full article in the next newsletter and plan to have a slide show at the annual dinner! Stay tuned! -Brieanah

Thanks so much for doing this, Brie!

June 11, 2000



MILLENNIUM TRAILS

The trails you will be riding today within the Patapsco Valley State Park Trail System, have been designated as Millennium Trails by the White House Millennium Council.

Millennium Trails is a partnership among the White House Millennium Council, the Department of Transportation, Rails-to-Trails Conservancy, the National Endowment for the Arts, and other public agencies and private organizations, including Trail Riders of Today (TROT). The goal of Millennium Trails is the creation of a nationwide network of trails that protect the natural environment, interpret history and culture, and enhance alternative transportation, recreation, and tourism.

Trail Riders of Today, by hosting the TROT Judged Pleasure Ride 2000, is very proud to be able to show you the Millennium Trails of the Patapsco Valley State Park.

The TROT Judged Pleasure Ride 2000 is a registered event with the American Hiking Society in celebration of National Trails Day.



Trail Riders of Today (TROT), founded in 1980, is dedicated to the preservation of existing equestrian trails and the establishment of new ones, working with developers, state and local park systems, and other trail user groups.

National Trails Day



June 3, 2000



THE WHITE HOUSE MILLENNIUM COUNCIL

designates as a

MILLENNIUM TRAIL

Patapsco Valley State Park Trail System

In recognition of efforts to bring the community together to

"Honor the Past—Imagine the Future," by developing a trail that

connects people to their land, their history and their culture.

Hilary Rodham Clinton

TWO VALUABLE ARTICLES

thanks to Judy Thacher for providing this information!

On Parasites: Judy kindly forwarded the link to a long but very valuable webinar on the control and treatment of parasites in horses, in "the Horse.com". It is: <<https://thehorse.com/157466/equine-parasite-control-programs/>>. The moderator of the webinar has invited forwarding this link. This vet in this webinar, Dr. Kaplan, recommends getting fecal egg counts on each of your horses once a year (not to de-worm each horse every six weeks!), which fits real well with recommendations given in the September 2015 and July 2016 TROT newsletters. [This fecal egg count service is offered by many veterinary practices; at the highly regarded Virginia Tech, it is inexpensive (\$8.25/horse) and convenient - just mail in a stool sample from each horse plus their form (<https://emc.vetmed.vt.edu/content/dam/emc_vetmed_vt_edu/Files/emc-fec-form-client.pdf>), and in two days, they e-mail you the results and will also provide a helpful phone consultation.]

Some interesting facts from Dr. Kaplan's webinar include (1) his recounting studies showing that a horse who has had low worm counts for two successive years is most likely to continue being low and (2) that DE (diatomaceous earth) does not work to limit worms. He also stresses that it is important to remember that such fecal egg counts show mainly only small strongyles, so one still should de-worm every horse once each year to get all the other kinds of worms (preferably in Maryland's winter).

On Horse Trailer Loading: Judy also forwarded the link to an article "Troubleshooting Horse Trailer Loading: One Step at a Time", in "the Horse.com". The full text is at: <<https://thehorse.com/110108/troubleshooting-trailer-loading-one-step-at-a-time/>>. The author, Sarah Conard, says "The good news is fixing these problems might be easier than you think." First is to determine if the avoidance is "due to fear or anxiety, or has he simply learned an avoidance behavior". She says it is key "to avoid confrontational methods and those that cause discomfort". Indeed, "For serious loading problems, when you apply a confrontational method, it can actually make things much worse for the next time."

Instead, she recommends using (1) "Positive reinforcement" (but to use treats only as a reward and not as a lure), (2) "Target training" (although for this she uses a pan of sweet smelling feed), (3) "Behavior adjustment training" (BAT, where you lead the horse toward a trailer, watch for the moment he focuses his attention on the trailer so you stop before he shows any signs of anxiety or tension, then allow the horse to relax, and once he has, apply light pressure with the lead rope to take one more step forward and immediately walk him in an arching turn away from the trailer, and repeat), and/or (4) "Differential reinforcement" (a pressure-release approach).

The article gives additional hints, including ones to address the following issues:

- Going sideways - do not release tension to straighten the horse but instead have a sturdy physical barrier set up to prevent it.
- Balking/Refusal to move - don't tug but take the horse for a short walk and do target training or BAT for a couple of minutes before returning to the trailer, with the goal of keeping the horse moving.
- Flying backwards - use a calm and collected companion, allowing both horses to relax in the trailer with a quick meal without closing them in, and allowing the anxious horse to unload at will.
- Rearing and/or kicking - these can come from applying too much pressure from behind and too much pressure on the head while trying to pull the horse into the trailer, respectively; instead be calm and keep slack in the lead.
- Anxiety inside the trailer - after determining this is not due to erratic trailer movements or the trailer seeming narrow, dark or noisy to the horse, use a calm companion and provide plenty of hay to make the process a positive experience. Good luck!

WELCOME NEW MEMBERS

from Elisa Moseley

Name	County in MD
Juli Anderson	Howard
Suzy Armacost	Adams Co, PA
Christi Barnes	Frederick
Sandra Z. Bourdeaux	Howard
Cindy Brown	Howard
John DiGiovanni	Prince George's
Linda Doering	Prince George's
Lisa Fierro	Howard
Monika Hoerner	Carroll
Julie Kingsbury	Montgomery
Edna McNemar	Carroll
Brittany Remeikis	Baltimore
Katerina Taiganides	Montgomery
Claire Waggoner	
& John Darrin	Frederick
Jacqueline Yeagley	Baltimore

Welcome to TROT! We hope you enjoy TROT and will help in TROT's mission to preserve sustainable trails!

PLEASE DON'T RIDE THE TRAILS WHEN THE GROUND IS WET!

Leaving horse footprints in wet ground can get riders banned from using that park! Please don't let this happen.

GO GREEN WITH EMAILED NEWSLETTERS

If your TROT newsletter comes by U.S. mail, consider changing to email delivery. You will get it days sooner, with color pictures, and save TROT lots in printing and mailing costs. Contact <trotmembership@yahoo.com>.

HELP NEEDY HORSES

from Pat Oliva

TROT collects the coupons off Southern State feed bags for Days End Horse Rescue, which gets \$0.25 each (no value to non-charities). Please send them to me (2850 Florence Road, Woodbine, Maryland 21797). They really appreciate it.

SUMMARIES OF TROT BOARD MEETINGS

from Jean McKay, TROT secretary

Summary of April 4, 2018 TROT Board meeting – held at the home of Gale Monahan.

Participants: Gale Monahan (President), Deneen Martin (Vice President), Jean McKay (Secretary), Jean Cooper (BD), Terry Ledley (BD, teleconference), Laury Lobel (BD), Pat Oliva (BD, teleconference), Brieannah Schwartz (BD), Barbara Sollner-Webb (BD), Jacquie Cowan, Ann Faulkner (teleconference), Susan Montgomery (teleconference), Elisa Moseley, Nancy Osgood, Elliot Romero, Sim Shanks (BD = Board Director)

- Treasurer's report was accepted; March Board meeting minutes were approved with revision.
- Outreach to former members to be undertaken by County Coordinators and members in counties for which there is no coordinator.
- 2019 Annual Meeting – Jean Cooper and Nancy Osgood graciously agreed to co-chair the planning committee for the 2019 annual meeting.
- The next meeting of the Maryland Horse Council (MHC) is May 29; Gale Monahan, chair of the MHC Trails and Greenways Committee, will report on TROT activities at the meeting.
- County Coordinator Reports – Please see County Reports section of the newsletter.

Summary of May 2, 2018 TROT Board meeting – held at the home of Nancy Osgood and Sim Shanks.

Participants: Gale Monahan (President), Deneen Martin (Vice President, teleconference), Fritzi Grow (Treasurer), Jean McKay (Secretary), Jean Cooper (BD), Dana Grabiner (BD, teleconference), Terry Ledley (BD), Laury Lobel (BD), Leah Mack (BD), Pat Oliva (BD), Brieannah Schwartz (BD), Barbara Sollner-Webb (BD), Ann Faulkner, Kathy Lipton, Elisa Moseley, Nancy Osgood, Bianca Paterakis, Sim Shanks (BD = Board Director)

- Treasurer's report was accepted; April Board meeting minutes were approved as written.
- The Board welcomed Elisa Moseley as the new TROT Membership Chair.
- The Board voted to establish a committee to organize events for TROT members, such as clinics, judged/non-judged pleasure rides, and educational seminars.
- County Coordinator Reports – Please see County Reports section of the newsletter.

TRAIL GUIDES

The following volunteers are willing to show TROT members their favorite trails on an individual basis. Please contact them to arrange a personally guided trail ride. And if you would be willing to occasionally show another trail to others, please contact Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619) to join this list of generous volunteers.

Agricultural History Farm Park ("Ag Farm") (Montgomery County, MD) Deneen Martin: 301-253-2955

Annapolis Rock (Montgomery County side, MD) Deneen Martin: 301-253-2955

Benson Branch Park (between Folly Quarter Road and Tridelphia Road, Ellicott City, MD) Sandy Brewer: sandbrewer@aol.com

Cedarville Park (Upper Marlboro, MD) Rebecca King: family1one@msn.com or 240-346-7942

Codorus State Park (PA) Priscilla Huffman: 301-646-4422 or <priscillahuffman@verizon.net>

Doncaster State Forest (Charles County, MD) Rebecca King: family1one@msn.com or 240-346-7942

Fairland Park (Burtonsville, MD) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Frederick County Watershed, Catoctin Mountain between Gambrill State Park and Cunningham Falls State Park.

(Thurmont, MD) Weekend afternoons. Johnna Wheeler: 301-293-1500 or <johnna@ikeptmypromise-book.com>

Greenwell Park (St. Mary's County, MD) Rebecca King: family1one@msn.com or 240-346-7942

Gunpowder Falls State Park (Baltimore County) Priscilla Huffman: 301-646-4422 or priscillahuffman@verizon.net

Gunpowder Falls State Park (Harford County MD) Joyce Browning: 410-557-6165 / 443-966-0249

Liberty Reservoir (Carroll County, MD) Stephanie Brennan: dadslilcobra@yahoo.com or 603-573-1123

Little Bennett (Clarksburg, MD) Jim and Maureen Henry: 301-676-5298

Morgan Run (Carroll County, MD) Sue Donaldson: swdonaldson@comcast.net

North Tract of the Patuxent Wildlife Research Refuge (Laurel, MD) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Patuxent River State Park (Montgomery County side, MD) Laury Lobel: 301-774-9595 or laurylobel@verizon.net

Patapsco State Park/McKeldin (Carroll, Baltimore, Howard counties MD) Carolann Sharpe: <blackandwhitecookie@yahoo.com>

Prettyboy Reservoir (Baltimore County) Priscilla Huffman: 301-646-4422 or priscillahuffman@verizon.net

Rachel Carson Conservation Park (Brookeville, MD) Laury Lobel: 301-774-9595 or laurylobel@verizon.net

Rock Creek Park (Montgomery County, MD and into DC) Laury Lobel: 301-774-9595 or laurylobel@verizon.net

Rocky Gorge Reservoir (Prince George's and Montgomery County) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Rosaryville Park (Upper Marlboro, Prince George's County, MD) Laura Colicchio: 301-856-7540 or lavenderlady19@verizon.net

Tridelphia Reservoir (Montgomery County) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Woodstock Equestrian Park (Beallsville, MD) Karen Kraushaar: 301-467-6433 or kraushaar@verizon.net

UP-TO-DATE INFO ON TROT ACTIVITIES

TROT Website: <www.trot-md.org>

TROT Newsletter archives: <www.trot-md.org/newsletter>

Barbara Sollner-Webb, Newsletter Coordinator

(<bsw@jhmi.edu>, 301-604-5619)

Maryland Trail Riders Yahoo group (and info to join):

<<https://groups.yahoo.com/group/MarylandTrailRiders/info>>

TROT Yahoo group (and info to join):

<<https://groups.yahoo.com/neo/groups/TROT-Members/info>>

Facebook page -- TROT Trail Riders of Today

<www.facebook.com/groups/127953560568829/>

WHO'S WHO IN TROT

POSITION	NAME	E-MAIL	PHONE
President	Gale Monahan	gmtwh3@gmail.com	301-854-3852
Vice President	Deneen Martin	deneenmartin7@msn.com	301-467-5335
Secretary	Jean McKay	40carrots@comcast.net	301-482-0681
Treasurer	Fritzi Grow	FGrow77@gmail.com	
Additional Board members	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
	Brieanah Schwartz	bvs.sbc@gmail.com	
	Dana Grabiner	grabiner1@aol.com	202-412-7548
	Jean Cooper	scotch2000scotch@gmail.com	301-570-2806
	Laury Lobel	laurylobel@verizon.net	
	Leah Mack	1ecofarmer@gmail.com	
	Pat Oliva	patotigger@gmail.com	410-489-7380
Membership Chair	Terry Ledley	terryledley@aol.com	301-520-3100
Newsletter	Elisa Moseley	trotmembership@yahoo.com	
Trail Rides	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
Adopt A Trail	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
Webmaster; mapping	Amy Kimble	amyhkimble@aol.com	301-748-8310
	Susan Montgomery	shadowsrider@yahoo.com	410-445-3138
COUNTY AND AREA COORDINATORS			410-923-6157
Anne Arundel	Jacquie Cowan	jacquiecowan@comcast.net	410-215-4979
Baltimore	Priscilla Huffman	priscillahuffman@verizon.net	301-646-4422
	and Bianca Paterakis	biancavanhorn@me.com	443-340-4036
Carroll	Stephanie Brennan	dadslilcobra@yahoo.com	603-573-1123
Cecil	Jeanne Bond	halcyonfarm@gmail.com	
Frederick	Leah Mack	1ecofarmer@gmail.com	
Harford	[volunteer wanted]		
Howard	Pat Oliva	patolivatigger@aol.com	410-489-7380
	and Susan Montgomery	shadowsrider@yahoo.com	410-445-3138
Laurel/Burtonsville	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
Montgomery	Rita Beck	rita.beck@verizon.net	
	and Brieanah Schwartz	bvs.sbc@gmail.com	
Prince George's	[volunteer wanted]		
Talbot	Joyce Bell	wbell2@washcoll.edu	410-820-6002

Please, TROT members in Prince George's County and other counties that are not listed, consider volunteering as TROT's coordinator from your county or from some subset that you feel comfortable getting more involved with!

Get Your TROT License Plates

from Karen Durilla, License Plate Guru



Don't be left behind, get your TROT license plate now! The application process is easy. For a one-time fee of \$25, you can have a TROT license plate forever. The Department of Motor Vehicles will transfer the information and registration fees from your current license plate over to your new TROT license plate. What better way to show you enthusiasm for horses and educate the public about TROT! Please contact me at 301-703-4087 or <PonyExpressMessenger@gmail.com> and I will help you with the process.

– Karen Durilla, with TROT 0041 on my car!

ASK YOUR FRIENDS TO JOIN TROT

TROT's ability to make an impression on elected and agency officials in lobbying for sustainable trails is in a large part dependent on the number of members we can cite that we represent. Thus, it is important that everyone who cares about trails and trail riding become a member of TROT. Please explain to your riding buddies the importance of joining. To join, go to TROT's website, <<http://TROT-MD.org/join-now/>>. Thanks!

NEWSLETTER NEEDS YOUR INPUT

Please, send info, news and photos for the newsletter to <bsw@jhmi.edu>.

A Thank You! *from Prince and Karen Durilla*

Thanks so much to Patty & Dean Cone, who responded to my notice in the last newsletter, lending a portable stall so that I can enjoy the outside while recuperating from my tendon injury. You are the greatest! -- Prince



CLASSIFIED ADS

To place a newsletter ad, email bsw@jhmi.edu.

TROT Members can place one 100-word or business card-size ad in each issue of the newsletter **FOR FREE!** What a great deal! It will run in one issue unless you notify the editor that you want it to run again. TROT members wanting to run a larger ad get that \$6 off its rate (listed below).

Ad rates for non-members and larger ads:

100 words	\$6	(each additional word - \$0.10)	
Business Card	\$6	1/4 page ad	\$25
1/2 page ad	\$40	Full page ad	\$75

Louvered Exhaust Fans for Cooling Your Barn *from Barbara Sollner-Webb*

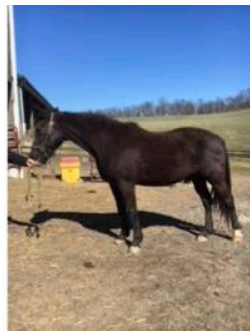
Was your barn hot last summer? Kathy Lipton's recent article urged the use of electrically safe barn fans to avoid fires, and we would like to cheaply sell two such safe fans -- Dayton "Shutter Mounted Exhaust Fans", from Granger. They are 18" diameter, industrial grade (115 V, 6- Hz), ready to mount in the upper outside wall of your barn. We initially planned to have several exhaust fans in our barn and bought all, but the two we installed first do the job just fine. So these two were never installed and are still in their original boxes, looking to go to a barn that needs hot summer air exhausted. Contact bsw@jhmi.edu or 301-604-5619,

current price at Granger \$448 each
we are asking \$150 each



FOR SALE

Excellent trail horse
Tennessee Walker gelding
born 1998 15.1 hands
dark bay with a white star
gentle, goes in a hackamore or bit
up to date Coggins and spring shots



\$1,000

price negotiable to a good home
[his owner unfortunately passed away
after a two year battle with cancer]
for info, call Edna at 443-375-9941



FOR SALE: 100% grass fed beef
(ground beef \$6.50/lb, roasts and stew cubes \$8/lb, steak \$12/lb) and pastured, soy-free eggs (\$6/doz).
Organic practices. Pick up at my farm in Libertytown, MD or I can bring to a TROT ride or board meeting.
Leah Mack <1ecofarmer@gmail.com>, grazydays.com

Gaited Lessons with Jacquie Cowan

Find Your Pleasure Gait with Jacquie Cowan, specializing in softly gaited horses for trail and show. I also help build your confidence and trail skills. Contact Jacquie at jacquiecowan@comcast.net or 410-923-6157.

SPECIAL THANKS!!!

from Barbara Sollner-Webb, newsletter editor

Big thanks to the swell folks who contributed those great articles and other information to the newsletter! Readers highly appreciate these contributions by TROT members! [So please keep them coming!]

And ENORMOUS appreciation for most helpful editing of the draft newsletter by Terry Ledley, Kathy Lipton, Susan Gray, Elise Moseley, Gale Monahan, Jacquie Cowan, Stephanie Brennan, Amy Kimble and Denis Webb. Also big thanks to Sim Shanks, Jean McKay, Brieanah Schwartz, Joan Bosmans and Edna McNemar for more edits. You guys are wonderful!



TRAIL RIDERS OF TODAY

TROT Membership

PO Box 506

Highland, MD 20777

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- Welcome to Our New Membership Chair, Elisa Moseley
- Thanks to Becky and Jim Carter, Outgoing Membership Chairs
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- A Good, Cheap Fly Spray
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- Surviving a Heart Attack If Alone
- A Tribute to Zak
- Ann Arundel County Report
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- Valuable Information on Parasites
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