

Trail Riders Of Today

Dedicated to maintaining and expanding sustainable trails for equestrian use.

www.trot-md.org

Get your friends to join - the higher TROT's membership, the more effective is its lobbying for trails!

July, 2018

Founded 1980

Number 228

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[Photos and articles without attribution are from the Newsletter Editor, Barbara Sollner-Webb, except clip-art is from the internet]

PRESIDENT'S MESSAGE

from Gale Monahan

Montana's Little Joe -
August 27, 1994-July 6, 2018

Trail and show partner, friend and confidant for 20 years to Gale Monahan, TROT President.

You will be missed, Joe Joe.

Big condolences to Gale, from the TROT board.



IMPORTANT INFO ON COGGINS CERTIFICATION

In response to Montgomery County having Maryland's first case of Equine Infectious Anemia (EIA) in three years, the TROT board just voted that starting immediately, TROT will require all attendees at TROT trail rides to show their horse's current negative Coggins test certification and record the number and date of that test on the ride sign-in sheet. Also, just this afternoon I learned that Maryland law mandates everyone trail riding in a state park (probably also in a county park or on other government-owned land) must carry with them a negative Coggins certification. Please be forewarned!

TROT SPECIAL EVENTS COMMITTEE

TROT thanks Corrine Pouliquen, Carolann Sharpe and Meggan Whalen for kindly stepping up as TROT's Special Events Committee! They will soon be contacting all TROT members to ask for ideas on what you would like to see as future TROT special events. TROT's bylaws direct us to each year offer three such special membership meetings, in addition to the Annual Dinner, so look forward to these future events.

A FIRE WARNING FROM YOUR NEWSLETTER EDITOR

I am most indebted to be editing the TROT newsletter, for if I had not been up at 2:30 AM finalizing the last issue, I would not have been awake to hear a faint crackle, that turned out to be a fire that had just started in our garage! Were it not for editing the TROT newsletter, I would have been blissfully asleep until the fire was consuming the main part of the house. Whew! Of course, it is a real drag that most everything in the garage was consumed by the fire, heat and/or smoke, but not nearly as bad as it could have been if not for the newsletter! Thank you, TROT, for having me up that morning!

Did you know that only two paper towels used to wipe up a little bit of oil-based stain, if disposed of in a trash can, can incinerate 14 hours later? I didn't, but sure do now! So if you use oil-based stain (or if, as in our case, you hired a contractor who leaves a puddle of stain that you then clean up) please remember to lay those rags individually out to dry, and do not just throw them in a trash can!

[continued on next page]

Continued from page 1- A FIRE WARNING!

Other things we learned from this fire:

- We did not have a smoke detector in our garage – indeed, all smoke detectors sold at our Home Depot, Lowe's and Costco specifically say "Do not use in garage" – but the US Fire Administration (a part of FEMA) says to install in the garage a "heat detector" that goes off at 175 or 200 degrees Fahrenheit (they are sold on Amazon).
- Another wise thing we should have had handy is a fire blanket. They are cheap, long-lived, and evidently a great way to smother a small fire; if we had had one, we almost assuredly could have extinguished the fire when first detected (also sold on Amazon). Fire extinguishers are also very useful, but they do need to be checked/re-charged each year.
- Do NOT cut vents in your garage's ceiling board, which destroy its mandated ability to contain a fire for 1 hour. I didn't know that and our contractor had just installed such vents, which of course let our fire spread upstairs through these vents.
- Finally, when calling 9-1-1 for a fire, give directions to your house to convey to the fire department, because once the fire trucks leave the station, the 9-1-1 guy told me he can not communicate with them. This was super frustrating because the fire trucks quickly got near to our house but then went the wrong way and it was another 20 minutes before fire trucks from the next county arrived and led our local fire company here. During such lost time, fire spreads enormously and does much needless damage.

CONTRARY TO RUMOR, MANY PATAPSCO TRAILS ARE OPEN *from Jacquie Cowan*

Rumors have been that many or most trails in Patapsco Valley State Park's Orange Grove and Avalon areas (Morning Choice, Rockburn, Ridge and Old Track Loop, on the south side of the Patapsco River just west of I-95) that you can access from Rockburn Branch Regional Park have been closed indefinitely. This is not true! Those trails have not been closed. The old interior trail head for Morning Choice at the Rockburn and Ridge trail intersection head looks like it has been permanently closed, but it simply was moved a little further up the Rockburn trail on the right. In contrast, some of the trails on the north side of the Patapsco River and portions of the park road there have been closed due to storm damage and work on the Bloede Dam. For clarification, please contact me (at 410-215-4979 or [<jacquiecowan@comcast.net>](mailto:jacquiecowan@comcast.net)) as I ride these trails regularly in the summer.

UPCOMING TRAIL WORK AND OTHER HORSE-RELATED ACTIVITIES

Reporting Your Trail Work *info from Amy Kimble, TROT's Adopt-A-Trail Coordinator*

As you ride, you likely break branches to clear the trail, and maybe even go out sometimes specifically to do trail clearing. Please report these hours to Amy Kimble, TROT's long-term Adopt-A-Trail guru ([<Amyhkimble@aol.com>](mailto:Amyhkimble@aol.com) or text to 301-748-8310). Give her your name, location of work, and ideally the date. Amy then relays these hours to park officials, and these hours get increased funding for the parks! **Note to Volunteer Mounted Patrols: your patrolling and lesson hours definitely count too; please report them to Amy!**

Work at Seneca Creek State Park *info from Amy Kimble*

Come out to help and show the park that TROT members do trail work by joining Ranger Eric Ledbetter for a work evening. Work sessions will include finishing rerouting the Lake Shore Trail, with Tom Newton, leader of the MORE Trail Crew (Mid-Atlantic Off-Road Enthusiasts, the bike/trail group TROT often works with; time and date TBD). Meet at the Seneca Creek State Park office. To learn about this event and to learn about Ranger Eric's many planned future trail work events, please contact him at [<erik.ledbetter@maryland.gov>](mailto:erik.ledbetter@maryland.gov), 301-924-2127. Or join their Canoe/Kayak Lake Cleanup on Clopper Lake, Thursday July 19, 5:30-7 PM. Enjoy a complementary kayak or canoe at this serene time of day, helping pick up cups, cans, etc., that wash into the lake.

Trail Work In Carroll County *from Stephanie Brennan, Carroll Co. Coordinator*

Please join the trail work days organized by the Carroll County Equestrian Council:

Morgan Run: September 1, October 7, and November 11 -- Meet at the Ben Rose Lane parking lot. Bring your own tools.

For more info, contact: Carolyn Garber 410-549-5141.

Gillis Falls: September 16 -- For more info, contact Jon Arnold 301-524-8448 or [<jonbarnold@hotmail.com>](mailto:jonbarnold@hotmail.com).

Workdays in Patapsco Valley State Park *from Priscilla Huffman, Baltimore County Co-Coordinator*

Patapsco Valley State Park will be having workdays to identify and remove a nasty invasive, wavyleaf basketgrass. on July 21, Aug. 25, and Sept. 8, 9 AM-noon. Please sign up at [<volunteerpatapsco.dnr@maryland.gov>](mailto:volunteerpatapsco.dnr@maryland.gov). Also please wear long pants, long sleeves and sturdy boots and gloves, and bring water. *[continued on next page]*

Carroll County Equestrian Council's Special Program featuring Paul Drake, Equine Dentist, Sept. 4 *info from Stephanie Brennan, Carroll County Coordinator*

This will be at the at the Carroll County Office Building. 225 N Center Street, Room 003-004 Lower Level, Westminster, MD on Tuesday, September 4th. For info, contact Darlene Welsh 443-2889-8926.

RECENT TRAIL WORK AND OTHER TRAIL RIDER-RELATED ACTIVITIES

2018 Trail Work To Date *info from Amy Kimble, TROT's Adopt-A-Trail Coordinator*

Amy reports that so far in 2018, TROT members have registered 199 hours of trail-related volunteer activities with her! That is an additional 94 hours since the May newsletter. Great stuff! These 199 hours include:

Patapsco	49.5 hrs (of which the lions share is from the Volunteer Mounted Patrol)		
Upper Patuxent	66 hrs	Severn Environmental	9 hrs
Gunpowder Falls State Park	24.5 hrs	Rocky Gorge (WSSC)	5 hrs
Morgan Run	19.5 hrs	Gilles Falls	4 hrs
Liberty Watershed	18.5 hrs	Union Mills	3 hrs

If any TROT members did trail work or VMP patrolling but have not yet reported it to Amy, please do so (see page 2).

Trail work day June 9 in Carroll County *from Stephanie Brennan, Carroll County Coordinator*

Although the planned trail workday on Saturday, June 2 at Morgan Run in Carroll County had to be cancelled due to rain and wet ground, on the following weekend a very successful Carroll County trail workday was held.



[photos from Stephanie Brennan and Mike Macella]

←
Judy Valeri and Candace Blancett and her pup Sydney, Cindy Brown (TROT), Stephanie Brennan (TROT), Juanita Hayes, Mike Stibler.



[Mike Macella clearing fallen trees]

[Note: Carroll County is the one exception where certified chain saw users are permitted to help maintain the county parks.]

UPCOMING TROT TRAIL RIDES - plan to come on some!

TROT's organized trail rides are a fun and safe way to learn new trails, meet new riding buddies, and -- probably most important for TROT's mission -- help illustrate to riders the value of preserving trails. While riding your familiar trail is certainly nice, it is most valuable and enjoyable to get acquainted with other trail systems in the area. And what better way than on a TROT ride? So plan to come on several TROT rides in 2018! In fact, how about leading or co-leading a TROT ride, to show others your favorite venue? It is easy and rewarding, and you get a free TROT shirt for leading a ride! Contact Barbara Sollner-Webb (<bsw@jhmi.edu> or 301-604-5619) to discuss the possibility. See the ride list below for months where more rides are really needed (indicated in bold).

To participate in a ride, please **contact the designated ride leader to sign up, learn the start time and get directions**. Then if bad weather causes a ride to be postponed, the ride leader will be able to notify you.

All riders must wear a helmet, **SHOW their current negative Coggins for the horse**, and be TROT members. Membership forms are at <<http://trot-md.org/join-now/>> and at the rides. There are also \$5 one-day memberships to encourage non-TROT riders to participate (and hopefully then join TROT).

For updated trail ride listings, please check the TROT and MarylandTrailRiders Yahoo list-serves (see page 14 to join). If you want to come on a ride but do not have a trailer, post a trailering request on the TROT and Maryland *[continued on next page]*

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Trail Riders list-serves or contact the ride leader, who sometimes can arrange for another participant to pick up a horse that loads and travels well. Finally, everyone is encouraged to announce our TROT rides widely, but to protect our ride program's integrity, please include all the above requirements and do not publicly announce any start time, so everyone coming must check with the ride leader.



Horses and riders ready for an earlier Rocky Gorge TROT ride, before splitting up into all-walk, walk-trot, and walk-trot-canter riding groups

Mark your calendars now!

July Rides

To join these rides, contact the ride's leader to sign up & learn the start time.

Saturday, July 14 - WSSC's Rocky Gorge in Laurel, MD -- Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619),

Since the originally planned May Rocky Gorge rides were rained out the ride was re-scheduled for July hoping it will be dry. Come ride WSSC's beautiful Rocky Gorge Reservoir, with magnificent views, a good chance of seeing heron, maybe an eagle, and despite the name, fine footing for barefoot horses. We will have a walk-only and a faster group. After the ~2 hour ride, there will be a potluck lunch at Barbara's house, where your potluck contribution will have been ferried.

Saturday, July 21 (changed from earlier announced July 8) – Gillis Falls, Carroll County, MD - Stephanie

Brennan (603-573-1123, <dadslilcobra@yahoo.com>) [Rain date: Saturday, July 28.] Gillis Falls, also known as Woodbrook CWMA in Woodbine may never become a reservoir, as the county has long intended (it exists only on maps), but the acres Carroll County acquired boasts miles of trails, an arena, and cross country jumps. It is crisscrossed by several potential feeder streams. Sign up to be included in what is sure to be an awesome day.

Sunday, July 22 (postponed from Saturday, May 26) – Patapsco Park: McKeldin Park to Woodstock Inn,

Carroll County, MD -- Carolann Sharpe (410 908 5599 or <blackandwhitecookie@yahoo.com>) We will begin at McKeldin Park, which welcomes horse trailers to park by the basketball courts. The 1.5 hour all-walk ride is along the Patapsco River to the Woodstock Inn restaurant (where we will stop for lunch), and 1.5 hours back. There are two water crossings. Depending on water levels, there can be swift moving water, but a very easy crossing. At the Woodstock Inn, we tie up across from an active train track.

Thursday, July 26 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)

Info about this "Last Thursday of the Month" ride (location TBD) will be posted on TROT's Facebook page and personally emailed to past ride attendees. The ride will be cancelled if over 85 degrees or a heat index unbearable for the horses (and riders).

Friday, July 27 – Sweet Air (Gunpowder Falls State Park, Baltimore, County -- Bianca Paterakis (443-340-4036

<biancavanhorn@me.com>) & Priscilla Huffman (301-646-4422 or <priscillahuffman@verizon.net>) Sweet Air is one of the most popular riding areas in Gunpowder Falls State Park with multiple trails and access from local boarding facilities. This will be a walk-trot ride of about 2 hours. There is trailer parking in a field and a picnic table. Along the trail there are some muddy spots as well as a few rocky areas so boots or shoes are recommended. The trail will go through fields, wooded areas, past farms and may have some water crossings. If the trails are wet, the park will close the area to riders so we will confirm one or two days before. Bring your lunch and a chair if you would like to stay afterwards. Directions will be provided when you register for the ride.

August Rides

We need more August rides – please volunteer to lead one!

Saturday, August 25 – Woodstock Equestrian Park, near Poolesville, MD - Janet Buck (cell 973-768-1599); co-leader: Marcella Morgese

[Heat/Rain date: Saturday, September 25.] As at last year's wonderful ride at this delightful park, we will begin at the Moritz Greenberg Equestrian Center Main Entrance off Rt. 28 and stay on this side of the park. We ride along the edges of soybean fields to the Greenberg Challenge Loop, the Stone Barn Loop and back. The trails are scenic, mostly flat with a few minor hills and two bridges across a small stream. No water crossings unless there has been recent rain. We may encounter some walkers and other riders. Some very short rocky paths through the woods but shoes needed only for very tender-footed horses. This ride will have two groups – one walk only and one for a faster paced group with walk/trot/short canters. Please bring sandwiches and drinks for relaxing after the ride.

Thursday, August 30 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)

Info about this "Last Thursday of the Month" TROT ride (location TBD) will be posted on the TROT Facebook and personally emailed to past ride attendees. The ride will be cancelled if it is over 85 degrees or a heat index that will be unbearable for the horses (and riders).

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Friday, August 31 – Sweet Air (Gunpowder Falls State Park, Baltimore, County -- Bianca Paterakis (443-340-4036 <biancavanhorn@me.com>) & Priscilla Huffman (301-646-4422 or <priscillahuffman@verizon.net>) See Friday, July 27 write-up.

September Rides

We could use more Sept. rides – please volunteer to lead one!

Saturday, September 8 – FREE Cancer Benefit Trail Ride in Carroll County – Stephanie Brennan (603-573-1123, <dadslilcobra@yahoo.com>) As some of you may or may not know, I was diagnosed with appendix cancer (my shortened explanation for what I had) December 21, 2015. Because of Dr. Sardi's innovative cancer treatment (HIPEC), I am alive and trail riding with you today. Each year we try to raise money for his research. I am putting on a trail ride and lunch from my farm (Relatively Stable, Sykesville). I am making the ride free to anyone who wants to come, but will leave out a donation box (suggested tax deductible donation is \$40), with all proceeds going to Dr. Sardi of the Mercy Health Foundation under the team name STEPHSTRONG. If you don't want to trail ride, feel free to come for lunch. I will serve food from the grill. Please bring a side dish to share.

My video story: <<https://youtu.be/YRazwjz57b0>> and <https://youtu.be/h_kDHhj48E>

STEPHSTRONG page: <http://mdmhs.convio.net/site/TR/Walkers/General?team_id=1220&pg=team&fr_id=1100>

Other options: Join me on the walk September 23, 2018 at the Baltimore Zoo. <heat-it.org>

Editor's note: the TROT board voted and all felt this was a great and most worthwhile event to include in the trail ride list.

Sunday, September 9 – Little Bennett, Montgomery County, MD -- Susan Ferrara (<sferrara3663@hotmail.com> or 301-467-2812) [Rain date: Sunday, September 16.] This is a wonderful riding venue! There should be an all-walk and a faster group on this hour to hour and half ride, with a lunch afterwards. The trails wind around, up and down, and often have trees that make trotting challenging in places. Front shoes or boots are recommended as it is quite rocky in many places, but you know your own horse best as to what he can tolerate. We will meet in the trailer parking area at the end of Prescott Road, which has been improved to become much more accommodating than before. For lunch back at the trailer parking area, bring your sandwich; Dave Lawrence and Susan will bring a sweet treat as well as drinks and water. Bring water for your horses as it is not available there. (However, we will be crossing some streams during the ride.) Hope to see you then!

Saturday, September 15 – Bunker Hill (Gunpowder Falls State Park, Baltimore, County - Bianca Paterakis (443-340-4036 <biancavanhorn@me.com>) and Priscilla Huffman (301-646-4422 or <priscillahuffman@verizon.net>)

[Rain date: Saturday, September 22.] Bunker Hill is a very popular riding area in Gunpowder Falls State Park. The pace of this ride will be walk-only for 1 ½ - 2 hours.

Thursday, September 27 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)

Info about this "Last Thursday of the Month" TROT ride will be in the next newsletter

October Rides

We could use more October rides – please volunteer to lead one!

Friday October 5 to Sunday October 7 – League of Maryland Horsemen Invitational (write-up by Joyce Bell)

The League of Maryland Horsemen (LOMH) invites you to join them on October 5-7, 2018, for a fun-filled weekend of camping, food, fellowship, and riding on the beautiful trails in Patapsco State Park. The cost is \$30 for adults, \$15 for youth 6-12 years old for the 6 meals (Friday dinner through Sunday lunch with Saturday's dinner a potluck where the meat and drinks are provided); the camping fees are \$12/site or \$15 with electric. The shaded camp ground at LOMH has a clubhouse, electric hookups, and bathroom facilities with hot showers. The terrain in the park varies from hilly with rocks to level with soft footing. Patapsco State Park offers some of the best riding in the Mid-Atlantic region. QUESTIONS? Contact Joyce at 410-820-6002 or Valerie at 410-922-5053. More information about LOMH is available at <www.leagueofmarylandhorsemen.com>.

Saturday, October 6 – Fairland Park, near Burtonsville. MD - Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619) and Debby Poole

[Rain date Saturday, October 20.] A lovely park. We will have an all-walk and a faster group, about a 2 hour ride, and then a pot-luck lunch. More in the September newsletter.

Thursday, October 11 through Sunday, October 14 – Fair Hill Get-Away at Fair Hill Park, northern MD -

Jacquie Cowan (<jacquiecowan@comcast.net>, 410-215-4979) TROT members are invited to join the Chesapeake Plantation Walking Horse Club (CPWHC) for their 23rd year of great trail riding and camp fun. Fair Hill offers almost 6000 acres of beautiful rolling countryside and 80 miles of trails through the woods and along the Big Elk River. Their large stalls are matted and safe for the horse, with field camping around the barns and a limited number of electric hook-ups. There are real bathrooms with hot showers, and hotels close by for those who do not camp. An **obstacle clinic** will be set up Friday morning in the Foxcatcher Arena below camp for you to work and play at. Retired Ranger Joanne will offer assistance and coaching or you can just go play as you wish. Pre-registration is required, through the leader.

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Friday, October 19 – Sweet Air (Gunpowder Falls) -- Bianca Paterakis (443-340-4036, <biancavanhorn@me.com>) & Priscilla Huffman (301-646-4422, <priscillahuffman@verizon.net>) See Friday, July 27 write-up.

Thursday, October 25 – location TBD - Laury Lobel (<Laurylobel@verizon.net>, 301-467-7300)

Info about this "Last Thursday of the Month" TROT ride will be in the next newsletter

Sunday, October 28 – Liberty Reservoir & Trail Ride Planning - Stephanie Brennan (<dadslilcobra@yahoo.com>, 603-573-1123) Want to be instrumental in planning the Carroll County trail rides for 2019? Come enjoy a leisure trail ride of the Liberty Reservoir followed by a planning lunch at Relatively Stable in Sykesville. Lunch will be served; but please bring a side dish to share. Don't want to ride the trails? Simply come for the planning lunch.

November Rides

Saturday, November 3 – Assateague Park, by the Atlantic - Stephanie Brennan (<dadslilcobra@yahoo.com>, 603-573-1123) [Rain date: Saturday, November 17.] Ride with the wild ponies! This ride has been on Stephanie's bucket list, and she invites you to join her. Day use horseback riding is permitted in Maryland from October 9 through May 14. An entrance fee is required for all vehicles entering the park. Sign up now to ensure your space. Stephanie will be camping there for those who might also be interested. It is highly suggested that you check with your vet before attending this ride as many of the Assateague horses are positive for Equine Infectious Anemia, so this ride's goal is to go after a good frost, when infection is nil.

Saturday, November 10 - Anacostia Park, College Park, MD -- John Angevine (301-937-0014)

[Rain date: Saturday, November 17.] A favorite TROT ride. This fantastic ride has many special views, including the Lincoln Cemetery and Bladensburg Waterfront. We will travel along the Anacostia River on a very nice path, traversing over and under bridges and roads, passing playgrounds and outdoor workout equipment. A great ride to give green horses experience with hikers, bikers, dogs, and strollers. All-walk, but several places are great for good long trot or canter runs, for those who want.

RECENT TROT TRAIL RIDES

During the last newsletter interval, six planned TROT rides had to be cancelled or postponed: Carolann Sharpe's ride to Woodstock Inn on Saturday, May 26 (postponed to Sunday, July 22, due to husband's deployment), Barbara Sollner-Webb's on WSSC's Rocky Gorge on Sunday, May 27 (due to rain, postponed to Saturday, July 14), Bianca Paterakis' rides at Gunpowder Falls on Saturday June 2 and June 9 (due to rain, postponed to Saturday, June 16), Laura Colicchio and Barbara Sollner Webb's ride on the NCR/Torrey Brown trail on Friday, June 22 (due to rain), and Laury Lobel's last Thursday of the month ride on June 28 (due to wet ground and excessive heat). However, we did have four rides to report on:

Thursday, May 10 at Morgan Run in Carroll County, led by Linda Gasch and Debbie Mullinix *report from Stephanie Brennan* Ten riders attended the Morgan Run Trail Ride on May 10th. TROT was a recognizable force at Morgan Run, taking up the majority of the ample parking area. Kudos goes to those who braved the skeptical weather forecast. Despite our short ride "racing" back to beat the rain, and foregone potluck lunch, everyone still had a good time. I personally made some new friends and learned some new facts. Did you know that Morgan Run is home to Mock Orange trees? Debbie Mullinix, veteran Morgan Run rider, was responsible for helping us identify the beautiful flowery scenery and fragrant smell.

(Stephanie Brennan is not shown as she took the photo.)



Bianca Paterakis, Linda Gasch, Jean Cooper, Suzy Armacost, Mette Fields, Mike Gafney, Jean Swartz, Deb Bauer, & Debbie Mullinix

Thursday, May 24 at Piney Run in Carroll County, led by Stephanie Brennan *report from Stephanie*

To those naysayers of the Piney Run trails, you are missing out! Before this ride, I heard numerous comments on this venue such as the parking lot is small, there aren't many trails, etc. I do have to concede that the parking lot is not a football field, but our TROT group of four riders and three trailers had no problem whatsoever parking and enjoying almost 4 miles/1.5 hours on the trail. And we did not even complete all the trails this venue has to offer! The views of the lake were amazing, and we passed a group of does bedded down in the woods who simply watched us pass. It was such a surreal and peaceful moment. Thanks to Jean Swartz for showing me the trails before the ride, so I was able to actually lead my very first TROT... *[continued next page]*

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trail ride. I was even more amazed with my bad-attitude pretty-princess paint pony's good behavior. To say I left this trail ride on cloud nine is an understatement. I cannot wait to go back!

Deb Rottman, the Piney Run Park Superintendent, was absolutely fabulous to work with, even providing us a parking reservation to ensure we had adequate parking for our ride. Have you seen the millings they put down in the horse trailer parking area? How about a trail work day here to show our love and horse trail support for this awesome park? **[See Stephanie's article on page 12 for more on Piney Run.]**



(photos from Stephanie Brennan)

Monika Hoerner & Bianca Paterakis



Debbie Mullinix & Stephanie Brennan

Saturday, June 16 at Sweet Air (Gunpowder Falls State Park, led by Bianca Paterakis

report from Bianca

We finally had the chance to do our Gunpowder Falls State Park Sweet Air Area trail ride on June 16th after being rained out two consecutive weekends. Priscilla and I were happy to greet the four wonderful ladies that joined us that day. It was a small but intimate group of riders, 5 including me -- perfect for our first Baltimore County ride of the season. We rode along some open and grassy paths next to corn fields, some narrow paths meandering up and down hills through the woods, as well as crossing the Little Gunpowder river multiple times. I think it was a favorite for everyone including the horses. It was mostly a two-hour walk ride with some short sections of trotting. Thank you to everyone who came out! Next time riding this venue I hope to have a walk/trot ride and explore the Little Gunpowder trail some more and not the entire Boundary Trail. Look out for our next ride here on Friday July 27th!



Sarah Nipwoda, Diane Ayers, Bianca Paterakis, Sharon Dunn, and Susannah Horrom (photo from Bianca)

Saturday, June 16 at Union Mills, organized by Stephanie Brennan and led by Ivy Smink and Kendra Smith; report from Stephanie

Despite the fear of sounding like an Academy Award winner, I am going to run through the thanks to those who made this trail ride a success. Thank you to the Mt. Airy Saddle Pals for being so accommodating and relocating their ride to the John Owens parking lot of Union Mills. Thank you to Ivy Smink and Kendra Smith for leading the ride of beautiful Union Mills. Ivy and Kendra were expert navigators taking us on 6.6 miles/2 hours of dry trails, and there are plenty more trails to see here! This is a definite do-again spot as we have yet to see what has been dubbed "The Grand Canyon of Carroll County."



Ivy Smink, Kendra Smith, Janet Whelan, Brittany Remeikis, Jean Swartz, and Monika Hoerner. (Photo from Stephanie Brennan.)

Why Just Ride in the Park When You Can Do So Much More?

from Kathy Lipton

Here's a riddle for you: how can you ride your horse in Montgomery County parks, help keep them safe, supplement your wardrobe with cool shirts, jackets and hats, and earn a \$5,000 a year tax credit after three years of service? The answer is easy—become a mounted Maryland National Capital Park Police (M-NCPPC) volunteer.

Volunteers help provide a safe and crime-free environment for park users by serving as the "eyes and ears" of the Park Police. All volunteers are required to provide 40 hours of park patrol on foot, bicycle, or horse and 20 hours of assistance per year at community events such as Police Awareness Day, Montgomery County Fair, etc. Such assistance may consist of traffic direction, dispensing information, public relations, etc.

continued from page 7 – BECOMING A M-NCPPC VOLUNTEER

I recently completed all the training and requirements and really enjoyed learning all about being a volunteer. I attended 24 hours of training at the Volunteer Academy, including becoming certified in first aid and CPR. After completing the Academy, I was paired with experienced volunteers for 12-hours of field training which involved foot and car patrols in several parks. My horse Queenie, and I had to complete a course that includes obstacles that we might encounter in a park, such as grates, bridges, flares and sirens. (Luckily for me, Queenie pulled a cart in Baltimore before I adopted her so there is nothing that scares her!) Finally, Queenie and I went on a training ride with the mounted Park Police officers. For our first official ride, Queenie and I participated in the law enforcement-sponsored Torch Run for Special Olympics at Lake Needwood. It was amazing to be part of the parade of 15 horses that stood at the starting line for the race.

The upcoming volunteer training in the Fall will be the last for some time since the program is near capacity in the number of volunteers. If you are interested in applying, email Sergeant Sabrina Pirtle at <Sabrina.pirtle@mncparkpolice.org>.

DO'S AND DON'TS OF TRAIL RIDING ON MARYLAND'S PUBLIC LANDS

written by TROT's Pat Oliva and Gale Monahan and The Equiry (from July 2018 Equiry)

Maryland has been blessed with a wide array of beautiful trails throughout the state. From the Atlantic Ocean where we may ride on the beach, to flat farmlands, to mountain trails in the western portion of the state. There are federal, state and county parks which all have multi-use trail systems. Horseback riders share these trails with hikers, bikers, bird watchers, families with strollers, dog walkers, etc. Here are a few simple tips to help keep our multi-use trails open and safe for horses.

Be Aware of Your Surroundings: We all need to be aware of our surroundings and work towards desensitizing our horses to the various situations they may encounter. Safety is the main concern for everyone, not just the trail rider. While on a ride, if your horse is showing fear, ask the other trail user to give your horse some space and a moment to overcome his fear. Remember, a calm rider makes for a calmer horse, though that can be a challenge for some of us!

Right of Way: When it comes to passing on the trail, the horse typically has the right of way. The other trail users should step aside and allow the horse and rider to pass. This does not always mean the rider should insist on being first. The rider must judge the situation. Sometimes it is better to yield to the other trail user. For instance, if there is someone on a bike coming up from behind, the bike is probably going faster than the horse and rider, so the rider should step aside and allow the biker to pass.



Clean Up After Your Horse: We, as trail users, need to improve our public image in order to retain the right to ride on public lands. Manure, hay and shavings do not belong in parking lots! If there is not somewhere provided to dispose of these, put them in your trailer and take them back to your barn. Park officials have been contacting horse groups about this issue and riders may be denied parking if this sort of behavior continues.

Know When to Stay Off the Trails: When we have had heavy amounts of rain as we had this spring, it affects the quality and stability of the trails. Although the sun may come out for a day or two after the rain subsides, a general rule of thumb is to wait 24 hours for every inch of rain that has fallen. Riding through areas with wet soil can create muddy bogs, causing the land to retain the water and mud long after rainfall. In order to preserve the trails, make sure to give them ample time to dry and firm up. Also, check with park officials before heading out on the trail in case any paths have been closed due to storm debris or excessive water.

Stay on the Path: Riding on public paths cleared specifically for trail riding is a privilege. As such, it is expected that all trail riders remain on the paths indicated for their use and avoid trail blazing and making new paths. Rider-created paths are often poorly routed and not maintained, resulting in degradation of the vegetation and soil supporting it. Unfortunately, trampling by a horse is more destructive than hikers on foot, mountain bikes and even off-road motorcycles.

Know the Boundaries: Trail riders should also be aware of the boundaries of the public lands on which they are riding. Many public parks with trail access back up to private farmland. Respect the farmers and their crops by avoiding the temptation to ride through a field or along the edges of it. Unless you have permission from the surrounding land owners themselves, stay on the park side of the property line.

Volunteer to Clear Trails: The majority of the trails are cleared and maintained by users and volunteers, not park staff. Do your share and remember that other trail users are shorter than a horse and rider. Trimming upper branches is our job as riders. TROT has a program where you can report your trail maintenance hours, even if it is only 15 minutes. These hours are then reported to DNR. So get out there and carry clippers and trim as you go!

Smile and Enjoy the Ride: The most important thing of all when riding on public land is to enjoy the beautiful trails we are so very lucky to have here in Maryland. Don't forget to give everyone you meet a smile; you are an ambassador for every horseback rider on the trails!

MARYLAND EQUINE TRANSITION SERVICE (METS) -- *Helping Maryland's Horses from Brittney Carow, METS Director, and Jacquie Cowan, TROT's Anne Arundel Coordinator*

The Maryland Equine Transition Service (METS) is a statewide equine safety net initiative of the Maryland Horse Council that provides alternatives for horses needing homes by helping owners identify and select the best transition options. METS is now in its final planning stages and will be ready to help horses and owners this summer.

According to the latest statistics published by the American Horse Council Foundation, Maryland now has over 100,000 horses, many of which will have different owners throughout their lifetimes. METS can help owners find the right option for their horse. "Often times horses fall into dangerous situations because their owners need assistance but don't know where to turn for help," says METS Director, Brittney Carow. By offering owners feedback and guidance about safe and reasonable alternatives and by encouraging the Maryland horse industry to help provide those options to owners, it is METS' goal to decrease the likelihood of horses ending up in unsafe or inhumane situations.

Using a mobile assessment team, the program provides owners with individualized equine assessment services and transition options based on the specific needs of their horse. Options include marketing assistance, facilitating placement in a new home, and guidance for end-of-life decisions.

METS is currently working hard to recruit a statewide network of individuals and organizations within the industry that will work together to provide options to owners. Licensed equine facilities, veterinarians, trainers, rescues, boarding facilities, and other professionals are all being asked to join the network and enable METS to carry out its mission. Volunteers and supporters from the equestrian community are also integral to the program's success. Those who join the network can do so at no cost and are under no obligation to assist.

METS' ability to help horses in need depends entirely on the network that it builds. Those interested in joining the METS network can do so by emailing <METS@mdequinetransition.org>. For further information about METS, visit its website at <www.mdequinetransition.org>.

[Brittney kindly updated this article from an earlier version written by Jacquie Cowan that appeared in the May 2018 edition of the Chesapeake Plantation Walking Horse Club newsletter. Jacquie had suggested that TROT members would also be interested in this important information, and the TROT board heartily approved.]

MARYLAND HAS HAY FOR HUNGRY HORSES *from Vicki Carson, MD Fund for Horses*

Starting in winter 2018, families in need of temporary assistance may apply for hay vouchers to help feed their horses.

HorseBucks is designed for responsible people who have hit a rough patch, from job loss, catastrophic illness/injury, or other family crisis, making it tough to keep horses properly cared for. Families may apply for short-term assistance and qualified applicants will receive a voucher that they can use like cash to purchase horse hay from participating area hay vendors.

It costs just \$3.50 to feed a hungry horse for one day. But for someone who has lost a job or has a family crisis, it might mean a choice between feeding their horse or their loved ones. We help keep horses at home, healthy and free of neglect, while their owners recover from the temporary challenges all of us face from time to time.

Sponsored by **Maryland Fund For Horses** and hay farmers throughout Maryland. Maryland Fund For Horses is a 501(c)(3) public charity funded by donations from regular people like you.

Want to get involved? Visit <mdfundforhorses.org> for information about what we do and how you can help. Contact:

Maryland Fund For Horses

P.O. Box 194, Libertytown, MD 21782

410-775-1563, <mdfundforhorses.org>

<www.facebook.com/MarylandFundForHorses>

How Can You Help? *We all get our hay from somewhere, whether you grow your own or buy from a local grower, an auction, farm store or a broker. If you grow hay yourself and find that you have some to spare, please consider becoming a provider of large or small quantities. If you buy your hay, please share this information with your provider and offer to pass on their contact information to the Fund for Horses. If you find yourself with excess hay, please consider donating it to the Fund. Or you can make a financial donation to the Maryland Fund for Horses, who has other programs to assist horse owners in need.*

[This article is reprinted from the March 2018 edition of the Chesapeake Plantation Walking Horse Club newsletter. The text in italics is from the editor of the CPWHC newsletter, Jacquie Cowan. Jacquie suggested that TROT members would be interested in this important information, which the TROT board heartily approved.]



AN ADVENTURE WITH 32 HORSES, 19 STALLIONS AND 3 NEWBORN FOALS... Please Help Last Chance Animal Rescue's Project to Rescue, Train & Re-home the "Wicomico Horses" *from Vicki Carson, Maryland Fund for Horses*

Many of you heard how 109 starving, feral horses were seized from a farm in Wicomico County on the last weekend of March, 2018 and rescued by a dozen horse rescues across three states. The largest herd is in Southern Maryland with Last Chance Animal Rescue (LCAR). LCAR has partnered with **Maryland Fund For Horses** and Nutrena to rehabilitate, train and find adoptive homes for their herd, which has grown to 32 horses. This is their story.

April, 2018: All the horses arrived in sorry shape on the last weekend of March. Top priority was to obtain urgently needed medical care, nutrition, hoof care, dental care and vaccinations. Thanks to Linda Molesworth, DVM, Sean McCarthy and Katie Herman equine dentists, Jay Horton farrier and Doug Leavitt from Nutrena, all the horses' needs were attended to. The horses were relinquished by their owner and LCAR took ownership of the herd. Blossom was the first new foal to arrive, healthy and beautiful, to everyone's delight! *[photo at right]*

May, 2018: Next came de-worming and the big project of castrating 19 stallions aged 4-20. Maryland Fund For Horses raised the necessary funds and Dr. David Levine from University of Pennsylvania New Bolton Center brought a group of specialists and veterinary students to complete the job before lunch! Thanks to a donation from the Unwanted Horse Coalition, all the newly-gelded horses were microchipped on the same day. By the end of May, all the horses were looking healthy and learning to be caught, haltered and led under the gentle handling of LCAR farm manager Matthew Kolberg.

June, 2018: Little Noah arrived – he and his momma had a rough couple of days, but now both are fine. *[photo at right]* All the horses are healthy and willing to interact with humans. The new challenge is preparing them for adoption. Thanks to the generosity of Microchip ID Systems and more fundraising by MFFH, the remaining horses received microchips in June. LCAR, MFFH and Nutrena worked together to plan and launch a Trainers' Challenge to out-place a total of 20 horses with trainers throughout the region this summer. Nutrena pledged a special donation to help the trainers with feed costs. MFFH is fundraising for sponsorships to cover other training costs, including stipends for the trainers.



What's next? How can you get involved and help?

- Keep up-to-date on new happenings for the LCAR horses at www.mdfundforhorses.org/news, and www.lastchanceanimalrescue.org/wicomico-horses. See the horses being readied for adoption at www.bit.ly/AppyListings.
- Spread the word about the Trainers' Challenge to your favorite trainers – if selected, they will receive a stipend and donated feed. Details at www.bit.ly/TrainAppys.
- Sponsor a horse! – See the horses being readied for adoption at bit.ly/AppyListings. Choose a horse and donate to sponsor its training at www.mdfundforhorses.org/wicomicondonation. You'll receive updates and photos of your sponsored horse(s) throughout the summer.
- Visit a LCAR farm Open House this summer and meet the horses! From Saturday, July 7, through Saturday, August 25, the farm will welcome visitors from 10 AM-3 PM.

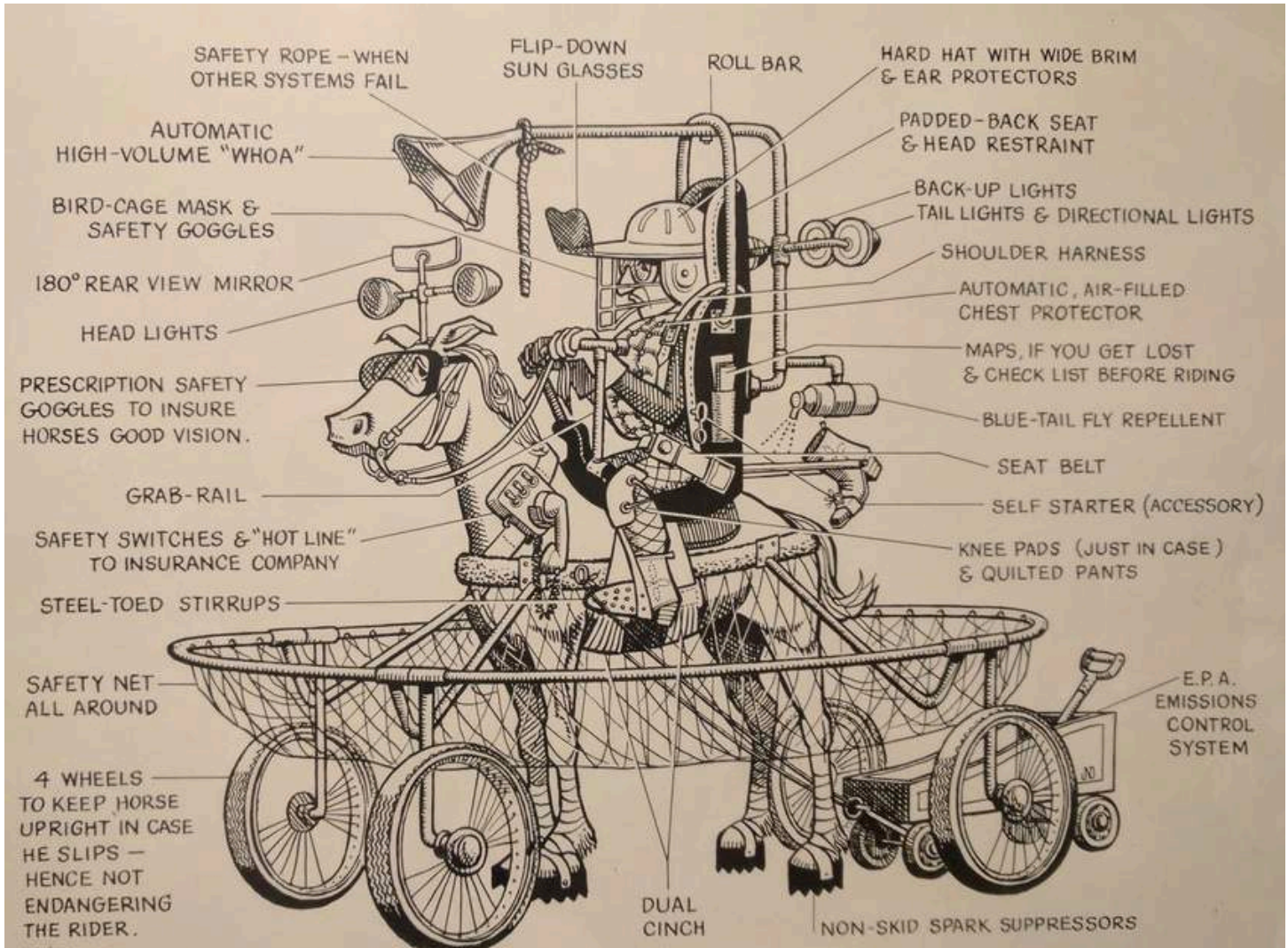
Some Tips to Help Your Horse Beat the Heat!

info from Judy Thacher

[Judy suggested passing on these wise tips, combined from the July News of Green Glen Equine Hospital and <https://thehorse.com/110477/summer-horse-health-tips/>. Thanks, Judy!]

1. Reduce workload on hot days or in humidity. This is important even in fit horses.
2. Offer electrolytes. Sweating will deplete these. But don't forget to offer fresh water also.
3. Offer fresh cool water. If water gets warm or stagnant, horses may not want to drink it. On average, horses need at least five gallons of water per day for body maintenance. This can easily double or triple when they're working hard in hot weather.
4. Provide shade. A run-in shed or trees provide relief from the sun. If a horse is overheated, put him in the shade and douse with cool water, scrape off and repeat till the body temperature is 101 degrees F or lower.
5. Turn out when it is cool, or if possible overnight.
6. Clip horses with long hair coats, in particular horses with PPID (Cushings).
7. Apply sunblock to prone areas such as pink noses, blazes or white legs.
8. Keep air flowing in a hot barn by providing fans. Just be careful that horses cannot reach the cords/plugs.
9. Fly spray! Fly masks and sheets also provide protection. Some horses even appreciate fly boots!
10. Remember that trailering is stressful, especially in the heat.

[This cartoon is at lots of places on the internet, with lots of conflicting attributions; sorry for not knowing the real artist.]



NEW 2018 MARYLAND LAWS AFFECTING RIDERS

from Jacquie Cowan

I just received from Anne Arundel County Delegate Malone a 103 page report on the legislation passed by the Maryland General Assembly during the 2018 session. I have quickly gone through it, and these items may interest trail riders and/or hunters:

- Montgomery County has repealed the requirement of archery hunters to use a tree stand. Thus, when trail riding in Montgomery County this coming bow-hunting season, you will need to watch for hunters on the ground and not only in stands.
- State wide: an individual may claim a credit against the State income tax for certain qualified expenses if the individual harvests an antlerless deer and donates the deer meat to a venison donation program.
- State wide: daylight fluorescent pink is now an acceptable safety color that may be worn by hunters (lets hunters combine breast cancer awareness with hunting safety?).

COUNTY/AREA COORDINATOR REPORTS

Anne Arundel County

from Jacquie Cowan, Anne Arundel County Coordinator

In addition to the info she provided that is above on pages 2, 5, 9, and 11, Jacquie sent in the following: Rt. 198 just west of Rt. 32 – where it runs over the Patuxent River and had washed out in recent heavy rains -- has reopened. So you can now access the Patuxent Wildlife Refuge North Tract once again from Rt 32 by just heading east on Rt. 198. However, North Tract riders should be aware that the heat and the vampire bugs of summer can make for an unpleasant ride, and there is no water access for the horses along the trail or shade in the trailer parking area.

Baltimore County

At the invitation of the Maryland Horse Industry Board, TROT members Pat Oliva and Priscilla Huffman attended the May 26th Fair Hill Races held at the Fair Hill racetrack in Cecil County. Our seating was front row center at the finish line! In addition to talking with Ross Peddicord, Executive Director of the Maryland Horse Industry Board (MHIB), we had a chance to chat with local politicians State Sen Andrew Cassilly, Cecil County Delegate Kevin Hornberger, Mark Belton, Secretary for DNR, and Emily Wilson, acting secretary for DNR's Land Acquisition program.

The Fair Hill races have been run since 1934. The event draws more than 12,000 spectators annually and is considered to be Cecil County's largest annual single-day event. It's also the only steeplechase race in the country to offer parimutuel betting, and all proceeds benefit Union Hospital.

Read an article about this year's race from a Cecil County news source: http://www.cecildaily.com/spotlight/thousands-attend-annual-fair-hill-races/article_16bbd377-371d-5bd4-8d04-aecd6f966983.html.

A follow-up meeting with DNR's Land Acquisition staff is planned for the near future so that TROT can learn more about the program and how we might assist in their goals and initiatives.



Sen. Andrew Cassilly (Harford County), DNR Secretary Mark Belton, TROT's Priscilla Huffman, DNR acting Assistant Secretary for Land Acquisition Emily Wilson, Del. Kevin Hornberger (Cecil County)

Carroll County

info from Stephanie Brennan, Carroll County Coordinator

In addition to all the info already provided by Stephanie on pages 2, 3, 4, 5, 6, **AND** 7 (wow!), she reminds everyone that the Carroll County 4-H/FFA Fair is July 28 - August 3. She also sent in the following article on the **Gillis Falls Trails** in Carroll County:

A special thank you to Jon Arnold, Gillis Falls trail work coordinator, and Jeff Degitz, Director of Carroll County Parks and Recreation for this update regarding the Gillis Falls trails in Carroll County, Maryland.

Gillis Falls Park is located a few miles northeast of Mount Airy, MD. The future project at Gillis Falls will provide natural surface equestrian, bike, and walking trails, addressing the #1 most requested park amenity. There would be a crushed stone dust path connecting Grimville Road, Gillis Falls Road, and Gillis Road along the stream valley. Stream crossings would be replaced with bridges. Small parking areas would be added at each end, similar to the NCR trail in southern PA. Unfortunately, money for this project is not budgeted until 2022 and no official planning has been done yet. The hope is that when this project is completed and more people use the trails, it would deter illegal ATV use. Jon suggested that we should look at a map and draw where equestrians, bikers, hikers would like more natural surface trails. There is a lot of county-owned land between Gillis and Grimville roads, covered now by a maze of game / ATV trails, crop fields, and old roads. Only a few of these trails are shown on the official county park map. E-mail Stephanie to see a map of this park, which she has already sent to all Carroll County TROT members.

It is of utmost importance that Gillis Falls trail users let the proper people know what should be changed or fixed, in addition to new trails they would like to see. Jon provided a map with some of the other trails on it. The hope is to give everyone a sense of what is there, especially in the north and west sides of the county property since fewer people may know of these spots. Please note that some of these trails involve somewhat deep (~2 feet) stream crossings and muddy sections. There are more trails; however, some are very steep ATV trails, and the map gets confusing with too much on it. Please RIDE AT YOUR OWN RISK, and be sure to respect private property as there are many side trails not shown on the map that end up on private land.

PLEASE DON'T RIDE ANY HORSE TRAILS WHEN THE GROUND IS WET!

Leaving horse footprints in wet ground can get riders banned from using that park! Please don't let this happen.

GO GREEN WITH EMAILED NEWSLETTERS

If your TROT newsletter comes by U.S. mail, consider changing to email delivery. You will get it days sooner, with color pictures, and save TROT lots in printing and mailing costs. Contact trotmembership@yahoo.com.

HELP NEEDY HORSES

from Pat Oliva

TROT collects the coupons off Southern State feed bags for Days End Horse Rescue, which gets \$0.25 each (no value to non-charities). Please send them to me (2850 Florence Road, Woodbine, Maryland 21797). They really appreciate it.

SUMMARY OF TROT BOARD MEETING

from Jean McKay, TROT secretary

Summary of June 6, 2018 TROT Board meeting – held at the home of Gale Monahan.

Participants: Gale Monahan (President), Fritzi Grow (Treasurer), Jean McKay (Secretary), Board: Terry Ledley, Laury Lobel, Pat Oliva, Brieanah Schwartz, Barbara Sollner-Webb; also Joyce Bell, Sandy Boyd, Jacquie Cowan, Susan Gray, Dick Huffman, Priscilla Huffman, Susan Montgomery, Elisa Moseley, Nancy Osgood, Corinne Pouliquen, Sim Shanks, Carolann Sharpe, Meggan Whalen.

- Treasurer's report was accepted; May Board meeting minutes were approved.
- 2019 Annual Meeting will be held on February 16 at the Howard County Fairgrounds. Volunteers needed to chair and participate in the planning committee for the meeting.
- Corrine Pouliquen, Meggan Whalen, and Carolann Sharpe volunteered to spearhead the TROT Events Committee.
- Carolann Sharpe will organizer a TROT booth at the next PA Horse World Expo, which will be February 28 through March 3, 2019, and will be asking for volunteers.



Get your TROT license plates

from Karen Durilla, TROT License Plate Guru

Don't be "on the fence!" Make the decision to get a TROT license plate for your car or truck (10,000 pounds or less). The application process is easy. For a one-time fee of \$25, you can have a TROT license plate forever. The Department of Motor Vehicles will transfer the information and registration fees from your current license plate over to your new TROT license plate. What better way to show you enthusiasm for horses and educate the public about TROT! Please contact me at <PonyExpressMessenger@gmail.com> or call me on (301) 703-4087 and I will help you get your TROT license plate.

TRAIL GUIDES

The following volunteers are willing to show TROT members their favorite trails on an individual basis. Please contact them to arrange a personally guided trail ride. And if you would be willing to occasionally show another trail to others, please contact Barbara Sollner-Webb (<bsw@jhmi.edu>, 301-604-5619) to join this list of generous volunteers.

Agricultural History Farm Park ("Ag Farm") (Montgomery County, MD) Deneen Martin: 301-253-2955

Annapolis Rock (Montgomery County side, MD) Deneen Martin: 301-253-2955

Benson Branch Park (between Folly Quarter Road and Tridelphia Road, Ellicott City, MD) Sandy Brewer: sandbrewer@aol.com

Cedarville Park (Upper Marlboro, MD) Rebecca King: family1one@msn.com or 240-346-7942

Codorus State Park (PA) Priscilla Huffman: 301-646-4422 or priscillahuffman@verizon.net

Doncaster State Forest (Charles County, MD) Rebecca King: family1one@msn.com or 240-346-7942

Fairland Park (Burtonsville, MD) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Frederick County Watershed, Catoctin Mountain between Gambrill State Park and Cunningham Falls State Park.

(Thurmont, MD) Weekend afternoons. Johnna Wheeler: 301-293-1500 or johnna@ikeptmypromise-book.com

Greenwell Park (St. Mary's County, MD) Rebecca King: family1one@msn.com or 240-346-7942

Gunpowder Falls State Park (Baltimore County) Priscilla Huffman: 301-646-4422 or priscillahuffman@verizon.net

Gunpowder Falls State Park (Harford County MD) Joyce Browning: 410-557-6165 / 443-966-0249

Liberty Reservoir (Carroll County, MD) Stephanie Brennan: dadslilcobra@yahoo.com or 603-573-1123

Little Bennett (Clarksburg, MD) Jim and Maureen Henry: 301-676-5298

Morgan Run (Carroll County, MD) Sue Donaldson: swdonaldson@comcast.net

North Tract of the Patuxent Wildlife Research Refuge (Laurel, MD) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Patuxent River State Park (Montgomery County side, MD) Laury Lobel: 301-774-9595 or laurylobel@verizon.net

Patapsco State Park/McKeldin (Carroll, Baltimore, Howard counties MD) Carolann Sharpe: blackandwhitecookie@yahoo.com

Prettyboy Reservoir (Baltimore County) Priscilla Huffman: 301-646-4422 or priscillahuffman@verizon.net

Rachel Carson Conservation Park (Brookeville, MD) Laury Lobel: 301-774-9595 or laurylobel@verizon.net

Rock Creek Park (Montgomery County, MD and into DC) Laury Lobel: 301-774-9595 or laurylobel@verizon.net

Rockburn County Park and connecting Patapsco Valley Park (Elkridge, MD) Jacquie Cowan jacquiecowan@comcast.net

Rocky Gorge Reservoir (Prince George's and Montgomery County) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Rosaryville Park (Upper Marlboro, Prince George's County, MD) Laura Colicchio: 301-856-7540 or lavenderlady19@verizon.net

Tridelphia Reservoir (Montgomery County) Barbara Sollner-Webb: bsw@jhmi.edu or 301-604-5619

Woodstock Equestrian Park (Beallsville, MD) Karen Kraushaar: 301-467-6433 or kraushaar@verizon.net

UP-TO-DATE INFO ON TROT ACTIVITIES

TROT Website: <www.trot-md.org>

TROT Newsletter archives: <www.trot-md.org/newsletter>

Barbara Sollner-Webb, Newsletter Coordinator
(<bsw@jhmi.edu>, 301-604-5619)

Maryland Trail Riders Yahoo group (and info to join):

<<https://groups.yahoo.com/group/MarylandTrailRiders/info>>

TROT Yahoo group (and info to join):

<<https://groups.yahoo.com/neo/groups/TROT-Members/info>>

Facebook page -- TROT Trail Riders of Today

<www.facebook.com/groups/127953560568829/>

WHO'S WHO IN TROT

POSITION	NAME	E-MAIL	PHONE
President	Gale Monahan	gmtwh3@gmail.com	301-854-3852
Vice President	Deneen Martin	deneenmartin7@msn.com	301-467-5335
Secretary	Jean McKay	40carrots@comcast.net	301-482-0681
Treasurer	Fritzi Grow	FGrow77@gmail.com	
Additional Board members	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
	Brieanah Schwartz	bvs.sbc@gmail.com	
	Dana Grabiner	grabiner1@aol.com	202-412-7548
	Jean Cooper	scotch2000scotch@gmail.com	301-570-2806
	Laury Lobel	laurylobel@verizon.net	
	Leah Mack	1ecofarmer@gmail.com	
	Pat Oliva	patotiqger@gmail.com	410-489-7380
Membership Chair	Terry Ledley	terryledley@aol.com	301-520-3100
Newsletter	Elisa Moseley	trotmembership@yahoo.com	
Trail Rides	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
Adopt A Trail	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
Webmaster; mapping	Amy Kimble	amyhkimble@aol.com	301-748-8310
	Susan Montgomery	shadowsrider@yahoo.com	410-445-3138
COUNTY AND AREA COORDINATORS			410-923-6157
Anne Arundel	Jacquie Cowan	jacquiecowan@comcast.net	410-215-4979
Baltimore	Priscilla Huffman	priscillahuffman@verizon.net	301-646-4422
	and Bianca Paterakis	biancavanhorn@me.com	443-340-4036
Carroll	Stephanie Brennan	dadslilcobra@yahoo.com	603-573-1123
Cecil	Jeanne Bond	halcyonfarm@gmail.com	
Frederick	Leah Mack	1ecofarmer@gmail.com	
Howard	Pat Oliva	patolivatigger@aol.com	410-489-7380
	and Susan Montgomery	shadowsrider@yahoo.com	410-445-3138
Laurel/Burtonsville	Barbara Sollner-Webb	bsw@jhmi.edu	301-604-5619
Montgomery	Rita Beck	rita.beck@verizon.net	
	and Brieanah Schwartz	bvs.sbc@gmail.com	
Prince George's	[volunteer wanted]		
Talbot	Joyce Bell	wbell2@washcoll.edu	410-820-6002

Please, TROT members in Prince George's County and other counties that are not listed, consider volunteering as TROT's coordinator from your county or from some subset that you feel comfortable getting more involved with!

WELCOME NEW MEMBERS *from Elisa Moseley*

Name	County (in MD unless noted)
Sharon Dunn	Adams County (PA)
Susannah Horrom	Baltimore
Lauren Nation	Baltimore
Sandy Weinreich	Baltimore
Page Etzler, Brett Etzler and Brandon Carroll	Frederick
Anne Ross	Howard
Lisa Fierro	Montgomery
Leigh Platt	Montgomery
Valley Meadow Farms LLC (Patricia Stumpf, Kathy Stumpf, Karla Graul)	Washington

We hope you enjoy TROT!

ASK YOUR FRIENDS TO JOIN TROT

TROT's ability to make an impression on elected and agency officials in lobbying for sustainable trails is in a large part dependent on the number of members we can cite that we represent. Thus, it is important that everyone who cares about trails and trail riding become a member of TROT. Please explain to your riding buddies the importance of joining. To join, go to TROT's website, <<http://TROT-MD.org/join-now/>>. Thanks!

NEWSLETTER NEEDS YOUR INPUT

Please, send info, news and photos for the newsletter to <bsw@jhmi.edu>.

CLASSIFIED ADS

To place a newsletter ad, email [<bsw@jhmi.edu>](mailto:bsw@jhmi.edu).

TROT Members can place one 100-word or business card-size ad in each issue of the newsletter **FOR FREE!** What a great deal! It will run in one issue unless you notify the editor that you want it to run again. TROT members wanting to run a larger ad get that \$6 off its rate (listed below).

Ad rates for non-members and larger ads:

100 words	\$6	(each additional word - \$0.10)	
Business Card	\$6	1/4 page ad	\$25
1/2 page ad	\$40	Full page ad	\$75

Manure Spreader *from Kathy Lipton*

For sale: Like-new manure spreader. Ground driven (no PTO). 23 bu. Can be pulled with compact tractor. \$1,200. Call Kathy Lipton at 301-642-6465.



Great Organically-Raised Farm Products

from Leah Mack



FOR SALE: 100% grass fed beef (ground beef \$6.50/lb, roasts and stew cubes \$8/lb, steak \$12/lb) and pastured, soy-free eggs (\$6/doz). Organic practices. Pick up at my farm in Libertytown, MD or I can bring to a TROT ride or board meeting. Leah Mack [<1ecofarmer@gmail.com>](mailto:1ecofarmer@gmail.com), grazydays.com

Gaited Lessons with Jacquie Cowan

Find Your Pleasure Gait with Jacquie Cowan, specializing in softly gaited horses for trail and show. I also help build your confidence and trail skills. Contact Jacquie at [<jacquiecowan@comcast.net>](mailto:jacquiecowan@comcast.net) or 410-923-6157.

SPECIAL THANKS!!!

Big thanks to the swell folks who contributed those great articles and other information to the newsletter! Readers highly appreciate these contributions by TROT members! [So please keep them coming!]

And ENORMOUS appreciation for most helpful editing of the draft newsletter by Judy Thacher, Stephanie Brennan, Dana Grabiner, Jacquie Cowan, and Denis Webb. Also big thanks to Brittney Carow, Karen Durilla, Priscilla Huffman, Laury Lobel, Karla Graul and Susan Montgomery for more edits. You guys are wonderful!

Bed & Barn getaway

in beautiful Western Maryland

B.Y.O.H. (Bring your own horse) and enjoy this private farmhouse vacation with over 400 acres and trails. Family owned in Hancock, MD at Sideling Hill.

valleymeadowfarms.com

(301)678-5023 @valleymeadowfarms



Western Maryland Family Farm Opens "Bed & Barn" Getaway *from Karla Graul*

Valley Meadow Farms in Hancock, Maryland is opening their vacation rental farmhouse and barn to riders and their horses. Pack your saddles and trailer your horses in for this private countryside getaway on 400+ acres and trails in the beautiful Appalachian Mountains at Sideling Hill. Taking reservations now for the Fall 2018 thru Summer 2019 season. 4 bdrm fully furnished, linens provided farmhouse with barn/corral just off the porch. Property is family owned and cared for. Information [<valleymeadowfarms.com>](http://valleymeadowfarms.com) or on Facebook and Instagram [@valleymeadowfarms](https://www.instagram.com/valleymeadowfarms). Reservations 301-678-5023.

Wanting Trail Horse *from Debby Poole*

Want to purchase safe trail horse for intermediate rider. I am helping a friend look for a horse to be boarded with me. Suitable for field board/no stalls, and gets along with other horses. For more information, please contact Debby Poole at [<Bellecotefarm@gmail.com>](mailto:Bellecotefarm@gmail.com).



TRAIL RIDERS OF TODAY

TROT Membership

PO Box 506

Highland, MD 20777

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- A Fire Warning
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