

TRAIL RIDERS OF TODAY Dedicated to maintaining and expanding sustainable trails for equestrian use



TROT Newsletter^{#234}

July 2019

For more information visit TROT's webpage at http://trot-md.org/

MESSAGE FROM THE PRESIDENT, Fritzi Grow

I hope everyone was able to enjoy the great weather out on the trails with our equine partner and friends. We had some great trail rides, thanks to our TROT ride leaders. With the warmer weather approaching, more people will use the trails. Please remember, some people do not have experience with horses, so if you meet on the trail, say hello, smile, and make time for small talk. Always be polite to ensure the future for our horses and trails. If you have an inexperienced horse, do let people know so they can do the right thing. Make the trail a good experience for all!

A reminder for all our members: We need YOU! TROT is your organization and without you, our members, we can only do so much. We are still in need of Area Coordinators. Set your pace and do as much as you can, with no pressure, just please volunteer. We appreciate all the help we can get. Don't want to volunteer alone? No problem, ask a friend to join you. Explore the beautiful trails in different areas of your county and share it with other TROT members. Volunteering with friends is way more fun than all by yourself.

If you have any questions on how you can help TROT, please feel free to email me at fgrow77@gmail.com. I am happy to answer all your questions, and if I do not know the answer, I will find out. I hope to meet you on the trails.

EXTREME MOUNTAIN TRAIL CLINIC

On Sunday, September 29, 2019 TROT will be hosting an Extreme Mountain Trail Clinic at Double C Farm, LLC. This venue is Maryland's first IMTCA certified course. The clinic will be an instructor-led event with 2 instructors and 8 riders per session. The obstacles include Balance Beams, Cross Bucks, Pond, Bridges, Teeter Totter, Cake Box, Water Box, and more. This event will be held rain or shine.

Registration is currently open to TROT members and the general public so be sure to reserve your spot today.

When: Sunday, September 29, 2019. Two sessions: 9:30am-12:30pm or 1:30pm-4:30pm.

Where: Double C Farm, 16011 Comus Rd Clarksburg, MD Rider Cost: \$215 (members), \$235 (non-members) Auditor Cost: \$20 (members), \$40 (non-members)

You can register online via Eventbrite. To register online as an auditor, go to <u>https://bit.ly/2vXJXt2</u>. To register as a rider, go to <u>https://bit.ly/2HkkTBK.</u>



If you have any questions or you would like the registration form to complete and mail in, then send an email to <u>TROTEvents@gmail.com</u>. Completed registration and payment must be received by September 22nd.

We could also use a few volunteers to help check-in people to each session. If you are available to volunteer for all day or just one session then please send an email to <u>TROTEvents@gmail.com</u>.

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By-Laws Board of Directors See page 8

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MHC TRAIL RIDER LIAISON COMMITTEE, Gale Monahan

I am very excited to be heading up the brand new Maryland Horse Council (MHC) Trail Rider Liaison Committee. MHC's mission is to unify, inform and represent Maryland's diverse horse community. This is a brand new committee that is in its infancy. We have been assigned to work directly with Maryland's trail riders, providing information about the MHC and its activities that is of interest and benefit to the trail riding community.

The MHC has realized they really need to develop a stronger relationship with the trail riding community. So, with the help of Jean McKay, former Secretary for TROT, we will be reaching out to as many equine organizations we can find that say they have trail riding or work on trails. Our mission is to develop ongoing positive dialogue between the MHC and trail riders, asking hard questions and hopefully getting honest feedback. We will start with organizations that have meetings we can come and discuss the issues with.

As many of you may know, I have been involved with the trail riding community since the mid-1980s. Through TROT, I was a county coordinator for 10 years and was elected President twice, as my skills were needed for the second time in a very important time in TROT's history, which resulted in another 10 years of service towards trails and trail preservation. I hope to continue my service to the trail rider in this new capacity.

PULSED ELECTROMAGNETIC THERAPY, Pat Oliva

At the annual TROT dinner, I put a bid on a treatment I had never heard of for a horse, "Moonlight Magic" Pulsed Electromagnetic Therapy. It uses a gentle pulse to recharge cells. Pepper loved it and stood relaxed the entire time, licking and napping. It was interesting to see how it affected areas of his body and really showed where his pain was. I was so impressed that I asked her to perform the treatment on me. I had a wonderful hour session, and it won't be my last!!! Too early for long term results, but will let you know. I want to send a special THANKS to Cynthia Harris for donating this service for the TROT silent auction. It took a lot of her time and effort to work on Pepper and she did it with such attention to how it was affecting Pepper. I have become a fan of this treatment and recommend its use to all. Her e-mail is cindylouharris@comcast.net.

Mountain Obstacle Course

Double C Farm, LLC is Maryland's first im ICA certified course. This will be an instructor-led event with a maximum of 8 riders per session. Riding the obstacle course helps a horse and rider:

- Build a deeper partnership.
- Cultivate trust, respect, and confidence.
- Increase flexibility and agility.
- Develop better communication skills.
- And it's FUN!

The obstacles include Balance Beams, Rocks, Cross Bucks, Pond, Bridges, Teeter Totter, Texas Two Step, Cake Box, Water Box, and more.

We are hoping for sunny skies... but remember, this event is "rain or shine" so be sure to pack accordingly.

Where: Double C Farm, 16011 Comus Rd Clarksburg, MD

When: September 29, 2019

Time: 9:30AM - 12:30PM or 1:30PM - 4:30PM

Rider Cost: \$215 (members), \$235 (non-members)

Auditor Cost: \$20 (members), \$40 (non-members)

TRAIL RIDE REPORT, Barbara Sollner-Webb

Since the last newsletter reporting, TROT had nine rides and only four had to be cancelled. This is a new record of success! In the last two years the majority of TROT trail rides had to be cancelled due to wet conditions.

RACHEL CARSON, Laury Lobel

4/25/19 It was a perfect weather day for five TROT members to get together at Rachel Carson Conservation Park for the "Last Thursday of the Month Ride" hosted by Laury Lobel. Joining Laury (center in photo) were (left to right in photo) Barbara Sollner-Webb, Kathy Lipton, Ellen Frank and Jean Swartz. We got to see some wild azaleas and witnessed a brand new family of Canada Geese, along with a nest where three eggs had just hatched. Afterwards, we all had lunch under the trees in the parking area and appreciated this beautiful day. How lucky we are!!



AG HISTORY FARM PARK, Laury Lobel

5/2/19 This impromptu ride, posted on the Facebook page only a few days before, took advantage of the warm weather with bright sunny skies. We rode for nearly two hours on the newly opened trails leading to the Laytonia Park area and beyond. We were led by Deneen Martin, who was joined by Laury Lobel, Debby Wagner, Barbara Sollner-Webb, Ellen Frank, Barbara Sullivan and Karen Miller. After the ride, we enjoyed our lunch in the shade, while the horses grazed in the lush parking area. It was one of those perfect opportunities to ride this fabulous venue and enjoy the companionship of other TROT members.



BIG ELK LICK, Marisa Chew

5/8/19-5/11/19 This event took place in Benezette, Pennsylvania. We had four delightful days of horse camping and riding. The weather was great and the trails were in excellent shape. The TROT members who attended were Joanne Chianos, Martha (Marty) Kenworthy, and myself (Marisa Chew). We were joined by three additional riders. We rode the Thunder mountain trail system and trails in the Moshannon State Forest; we continue to find new trails every time we ride there. The spring flowers were blooming, including red trillium and winged polygala. As always Rick and Candy were gracious hosts at the Big Elk Lick campground. It was a wonderful time!

COMMITTEES

Nominating Board of Directors See page 8

PA Horse Expo

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Trail Rides

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Eastern Shore Katelin Cook katelinmcconkey@gmail.com

York, PA Amanda Gross saintblueeyes10@gmail.com

Virginia Brieanah Schwartz bvs.sbc@gmail.com

Did not see your area listed? Talk to one of our current Area Coordinators for more information!

FAIR HILL, Ashley Reier

5/18/19 On Saturday May 18th I lead a ride out of Fair Hill in Elkton. We had a big group of 11 horses! The weather could not have been more perfect for the first Fair Hill TROT ride of the season. We rode out at 11AM and covered about 7 miles in 2.5 hours. We rode a combination of the green, orange, and blue trails which really highlight the beauty of Fair Hill. After the ride we enjoyed some sandwiches and conversation as the horses cooled down. The turnout for this ride was exceptional, I hope to lead more rides at this location as well as encourage others to do so! Looking forward to the next Fair Hill ride.





ROCKY GORGE RESERVOIR, Barbara Sollner-Webb

5/18/19 The original ride date of Saturday, May 11 had to be postponed due to soaking wet ground, but the following Saturday the trial was in great condition and we had an absolutely delightful ride. Everyone enjoyed each others' company and the magnificent views of the Rocky Gorge Reservoir from the trail. After the ride was a yummy pot-luck lunch at Barbara's house, which is just off the trail. Photo of the group at the lunch following the ride: (left to right) Frank Durilla, Susan Gray, Karen Durilla, Denis Webb, and Mike Caruso. Barbara Sollner-Webb was taking the photo.



MONTGOMERY COUNTY, MD—We need YOU!

Do you live, work, or even just ride in Montgomery County? Consider volunteering to be an Area Coordinator in the county or represent just your favorite park.

FAIRLAND, Laury Lobel

5/30/19 On this "Last Thursday of the Month ride, despite negative weather forecasts, it turned out to be a beautiful day for a ride in Fairland Park, just south of Burtonsville. It is a perfect venue for a weekday ride when the park is relatively empty of cars in the parking lot. We had five riders, show in the photo (left to right): Debby Wagner, Laury Lobel, Barbara Sollner-Webb (who led the ride), Jean Swartz, and brand new member Claire Godwin. Nancy Osgood joined us also; she kept an eye on the trailers for us while we were out and did all the set-up for lunch plus all the poop cleanup, so we left the park without a trace! We rode about an hour and a half in this beautiful park and sat under the median trees for a great lunch. Mother Nature cooperated as it was cool in the park under the trees. A perfect day for a TROT ride! Photo taken by Nancy Osgood.



LITTLE BENNETT, Anne Butcher

5/30/19 We had a nice 2.5 hour ride from the trailer parking on Prescott Road. Although seven people signed up, five showed up to ride. Afterwards just myself and Florence sat at the picnic table and had a lunch. The photo is of Anne Butcher on the ride; photo taken by Susan Dougherty, a non-TROT member who is interested in joining



MCKELDIN-PATAPSCO-WOODSTOCK INN, Carolann Sharpe

6/16/19 June 16th, a beautiful Sunday morning, 19 riders gathered at McKeldin Park of Patapsco State Park to head out for a ride to Woodstock Inn. The first leg of the trip is down into McKeldin and along the water. The stream was flowing swiftly with our recent rains. Our first water crossing provided to be challenging for a few horses. There was a bit of mud leading into the water and it was tricky. One brave rider walked her horse into the water and then got on. Impressive! Another rider decided to return to the trailers and try another day. Several of us went back to help and after several attempt to lead the third horse into the water, the rider decided it was best to try again another day and went back to the trailers. Trail riding requires such flexibility and being willing to know what is best for your horse. We hope they can join us on another ride soon.

The second leg of the ride took us along the beautiful Hernwood Road trails. You can see some of the still remaining damage the storms have created like unearthing a large water pipe. We continued our ride serpentine down the trail and across beautiful trees. We encountered bikes, dogs, and families BBQing by the water.

The third leg of the trip was another water crossing and up the hill to a fantastic lunch. Woodstock Inn was expecting us and warmly greeted everyone. We dined under huge outside tents while we watched our horses rest. After a 5 star lunch, back on the trail and back to the trailers. It was a wonderful afternoon. A few of our riders became new members and a good time was had by all. Thank you for allowing me to lead you to my favorite spot to ride.

Photos from this ride on page 6.

Laurel/Burtonsville Area Coordinator Report:

- We had delightful TROT rides that I led on the Rocky Gorge Reservoir (Saturday, May 18) and at Fairland (Thursday, May 30; ride organized by Laury Lobel), as described in the trial ride report section. For the Rocky Gorge ride, WSSC's watershed manager kindly gave us free trail passes for our TROT that day.
- Our planned trail work day on the Terry Ledley trail (i.e., the Rocky Gorge trail), announced to honor the memory and spirit of Terry Ledley's trail commitment, regrettably had no one sign up for the original date (Saturday, April 27 which was rained out) and additionally no one (except me) came for the make-up date (Saturday, May 4). At the board's urging, another of such workdays to honor Terry Ledley has been scheduled for Sunday, Sept 29.
- We have invited the WSSC watershed manager and staff for our usual appreciation luncheon but he has not yet gotten back to us with a date; hopefully it can be scheduled later in the summer.
- Unfortunately, due to their upcoming retirements, in the next year or so, will be losing both of our wonderful contacts at North Tract (Brad Kundson, the refuge Manager, and Sandy Spencer, the second in command there). So we have to stay attuned who takes over there, and make friends.

Anne Arundel County Area Coordinator Report:

 Steuart Pittman, founder of the Retired Racehorse
Project, named Humane
Horseman of the Year by the
Humane Society of the
Unites States

UPCOMING EVENTS

- 7/10/19 Torrey C Brown Trail Ride, page 7
- 7/14/19 Morgan Run Trail Work, page 7
- 7/18/19 Little Bennett Trail Ride, *page 7*
- 7/25/19 Last Thursday of the Month Trail Ride, *page 7*
- 7/27/19 Patuxent River State Park Trail Ride, page 7
- 8/9/19 Morgan Run Trail Ride, *page 7*
- 8/15/19 Fairland Park Trail Ride, page 7
- 8/18/19 Union Mills Trail Ride, page 8
- 8/29/19 Last Thursday of the Month Trail Ride, page 7
- 9/7/19 Morgan Run Trail Work, *page 7*
- 9/7/19 Fairland Park Trail Ride, *page 8*

MCKELDIN-PATAPSCO-WOODSTOCK INN, Carolann Sharpe



ROCKY GORGE TRAIL WORK DAY In Honor of Terry Ledley November 9, 2019



Terry Ledley was a founding member of TROT and was on the board at the time of her passing.

Remember to report any trail work hours to amyhkimble@aol.com or call/text 301-748-8310

TORREY C BROWN TRAIL RIDE, Wednesday 7/10/19

The Torrey C. Brown Rail Trail follows 19.7 miles of the former Northern Central Railway (NCR) in northern Baltimore County. It spans from Ashland, Maryland north to the Maryland and Pennsylvania line, passing through historic communities including Ashland, Phoenix, Monkton, White Hall, Bently Springs and Freeland. Hikers, joggers, bicyclists, horseback riders and pets on leashes are welcome. It is a packed gravel trail. We will be departing from the Freeland road parking lot. This will be a two (2) hour out and back walk-trot ride. Bring your lunch and a chair if you would like to stay afterwards. RSVP: Bianca Paterakis, 443-340-4036 or <u>biancavanhorn@me.com</u>.

MORGAN RUN TRAIL WORK, Sunday 7/14/19

This trail work day is in conjunction with the Carroll County Equestrian Council. The next trail work day on 7/14/19, starts at 9am EST and ends at noon. For more information, please contact Carolyn Garber at 410-549-5141.

LITTLE BENNETT TRAIL RIDE, Thursday 7/18/19

This is another favorite venue. The pace will be all-walk, with opportunities for those who want to move out to ride some alternate loops, and then rejoin the group. Bring your sandwich to join in a group lunch after the ride. Debbie Wagner at 301-233-7738 (phone or text).

LAST THURSDAY OF THE MONTH TRAIL RIDE

Information about the "Last Thursday of the Month" trail ride will be on the TROT Facebook community group. The pace will be at a walk. For those who want to move out, there were be alternate loops to take and then rejoin the group. Bring a sandwich to join in a group lunch after the ride. RSVP: Laury Lobel at laurylobel@verizon.net or 301-467-7300.

PATUXENT RIVER SP TRAIL RIDE, Saturday 7/27/19

We will leave from the Georgia Ave parking lot and ride in one group at a speed comfortable for all. Pack a lunch to eat on the trail. Trailer parking is tight, so please contact ride leaders to sign up and plan to "trailer pool"! We hope that Ranger Randy Schwengel, who gave a great talk at TROT's recent trail ride safety workshop, will join us on the ride. RSVP: Corinne Pouliquen <u>parkoverlookfarm@aol.com</u>, 301-943-9975 or Meggan Whalen <u>meggan.whalen@yahoo.com</u>, 240-338-1307.

MORGAN RUN TRAIL RIDE, Friday 8/9/19

Excellent footing, no shoes or boots needed. We'll stay away from the few rocky places. This means no water crossings, so you may want to bring some for your horse. There will be a walk only group for sure, and a faster group if folks want and someone can lead. Please bring chairs and a contribution for a potluck afterward. RSVP: Leah Mack <u>lecofarmer@gmail.com</u>

FAIRLAND PARK TRAIL RIDE, Thursday 8/15/19

This is another favorite venue, with great trails, swell footing and ideal for green horses. The pace will be all-walk, with opportunities for those who want to move out to ride some alternate loops and then rejoin the group. Bring your sandwich and drink, to join in a group lunch after the ride; Debbie will bring treats. RSVP: Debbie Wagner (301-233-7738, phone or text)

Look your best this season in our TROT LOGO WEAR. Contact Carolann Sharpe at blackandwhitecookie@yahoo.com

UPCOMING EVENTS

- 9/12/19 Patuxent River State Park Trail Ride
- 9/15/19 Gillis Falls Trail Work
- 9/26/19 Location TBD Trail Ride
- 9/28/19 Gunpowder Fall, Sweet Air Trail Ride
- 9/29/19 Mountain Obstacle Clinic, See page 1 and 2
- 10/4-10/6/19 League of MD Horsemen Invitational
- 10/6/19 Morgan Run Trail Work
- 10/12/19 Gunpowder Falls Trail Ride
- 10/19/19 Piney Run Trail Work
- 10/26/19 Tuckahoe Equestrian Center Trail Ride
- 10/31/19 Last Thursday of the Month Trail Ride
- 11/2/19 Union Mills Trail Work
- 11/9/19 Rocky Gorge Trail Work Day in honor of Terry Ledley
- 11/10/19 Morgan Run Trail Work
- 11/23/19 Anacostia Trail Ride

For up-to-date information, see Facebook or TROT's Calendar http://trot-md.org/ calendar

BOARD OF DIRECTORS

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Treasurer Brooke Vrany thesevensranch@comcast.net

UNION MILLS TRAIL RIDE, Sunday 8/18/19

Welcome back to TROT Ivy Smink! Even though Ivy showed us around Union Mills last year as a non-member, let's really welcome her back to TROT on this trail ride. Union Mills features miles of wooded equestrian trails. The trails are easy on horses' feet, with only a few sections that are rocky. There are also a few spots were small streams cross the trails, and areas can be muddy in wet weather. The parking is limited, so sign up early to enjoy this ride. RSVP: Ivy Smink, <u>smink.ivy@gmail.com</u>

FAIRLAND PARK TRAIL RIDE, Saturday 9/14/19

The scenic Fairland Regional Park that spans Montgomery and Prince George's counties offers really nice trails and is used by too few riders. There will be an all-walk and a faster group; shoes needed only for very tender-footed horses. And please bring something yummy to share for a potluck after the ride. See articles on this park's lovely trails in the July 2015 TROT newsletter. RSVP: Barbara Sollner-Webb at 301-604-5619, or via email at bsw@jhmi.edu.

BECOME A BOARD MEMBER

It is that time of year again! We are looking for energetic, trail loving, forward thinking individuals to steer TROT in to the coming years. Your duties for the two year term would include once a month meetings on the first Wednesday of every month and voting to determine the future of TROT.

Please submit your name and contact information to be considered as a 2020 TROT board member. Nominations to the board can be emailed to our President Fritzi Grow, fgrow77@gmail.com.

The nine (9) current board of directors will be on the nominating committee and determine the board members for 2020.

The cut off for acceptance of nominations from current TROT members is thirty (30) days before the annual meeting.

PASSPORT TO ADVENTURE

There is still time to get your passport booklets are being sold for \$10 each. Any TROT member in good standing can compete in this fiscal year event for prizes!



Contact TROTEvents@gmail.com



TROT LICENSE PLATES

HAY, stop horsing around and get serious about putting in an application for a TROT license plate for your car or truck. For a onetime fee of \$25, you can have a TROT license plate forever! The Department of Motor Vehicles will transfer the information and registration fees from your current license plate over to your new TROT license plate. What better way to show you enthusiasm for horses and educate the public about TROT! Please contact me at

<u>PonyExpressMessenger@gmail.com</u> or call me on (301) 703-4087 and I will help you with the application process. – Karen Durilla

CLASSIFIED ADS (continued)



Equine plates & tags Dog/cat tags - various colors & shapes TROT members receive 15% discount Same day service

Barb 443.745.5067

Brass Bridle Plat \$9.00 3/8" x 2.5" ERAL VORD OF DRICH · \$9.00 3/8" x 2.5" \$18.00 2" x 8"

Western Maryland Bed & Barn Getaway

Woodbine, MD



Bed & Barn Vacation with your horse!

Pack your pajamas and saddles and trailer in your horses for a private countryside getaway on 400+ acres and trails in the beautiful Appalachian Mountains at Sideling Hill near Hancock, MD. Enjoy a 4 bedroom, fully furnished farmhouse, with linens, barn stable and paddock options just off the front porch. 2 night minimum. Property is family owned and cared for by TROT members. Reservations: (301)678-5023 or Kathy@valleymeadowfarms.com. Information at valleymeadowfarms.com or on Facebook and Instagram @valleymeadowfarms.

Gaited Horse Lessons with Jacquie Cowan

Specializing in the softly gaited horses for trail or show; trail skills and confidence building. Individuals, groups, and clinics. Jacquie will come to you. 410-215-4979 or jacquiecowan@comcast.net

Horse Blanket Wash/Repair

Free pick-up/delivery available for six or more. Price sheet and more info can be found at Roxy@SweetRockStables.com or 410-374-3870

Howard County Farmette for Sale



Coming Soon! Howard County Farmette for Sale: 3BR/2BA rancher with many upgrades (stainless/ granite, wraparound deck & much more!); 9+ acres; 4 stall Amish-built barn w/water, electric, & storeroom; additional outbuilding w/water & electric; five wellmaintained fenced pastures; easy access to Patapsco Park trails! Excellent schools! Private Marriottsville setting but close to commuter routes & shopping! This property will likely hit the open market later this summer at ~\$560K, or may be available for rent.. If interested please contact: valklein@aol.com

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League of Maryland Horsemen

October 4-6, 2019. Go Camping with your horse and meet other horse enthusiasts like yourself. Come and join us for the weekend. This is the one event during the year nonmembers can attend. 166 miles of trails with meals provided Friday evening to Sunday afternoon. The 6 acre campground has bathrooms and showers, campsites with electric, tie lines as well as space to accommodate portable corrals. A large outdoor ring allows space to work with your horses.



To place a classified ad, email **TROTNewsletter@gmail.com**

AD RATES

100 Words \$6 (each additional word \$0.10)

Business Card \$6

1/4 Page \$25

1/2 Page \$40

Full Page \$75

TROT members can place one 100-word or business cardsized ad in each issue of the newsletter for free. TROT members wanting to run a *larger ad receive \$6 off.*

Please remember TROT is not responsible for, nor does it endorse or support products or services in these classifieds.

Newsletter and ad submissions are due: February 15, April 15, June 15, August 15, October 15, and December 15.

Give us your newsletter feedback TROTNewsletter@gmail.com

WELCOME New & Returning Members

TROT is expanding.

While TROT was founded in Maryland, its purpose is universal for those who enjoy trails. This past two months, half of TROT's new members come from outside of Maryland.

Anne Sanders, Annapolis, MD	Caroline Gerhardt, Joe Granados & Shannon Fitchett Baltimore, MD	Jennifer & Terry Black Edgewater, MD
Claire Godwin, DVM Gaithersburg, MD	Gemma Radko, Ijamsville, MD	Mary Padilla, Pikesville, MD
Christy Thomas, Woodbine, MD	Janice Bryan, Camden, DE	Emilee Courtney, Dover, DE
Gail Pyle, Ellendale, DE	Sheleigh Parziale, Milton, DE	Elaine Mattera, Burlington, NJ
Sandee Mattlin, Delta, PA	Sarina Evert, East Berlin, PA	Carla Huitt, Gettysburg, PA
Debbie Weismiller Shepherdstown, WV	Christiane Ferland	

Newsletter and ad submissions are due:

February 15, April 15, June 15, August 15, October 15, and December 15.



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