



# TRAIL RIDERS OF TODAY

Dedicated to maintaining and expanding sustainable trails for equestrian use



## TROT Newsletter #236

November 2019

For more information visit TROT's webpage at <http://trot-md.org/>

### TROT JUDGED PLEASURE RIDE TROPHY RETIRED

Amy Grimm



I wanted to thank TROT for retiring the Irving Abb Memorial trophy (the perpetual trophy for the TROT judged pleasure ride for many years) with my retired 34-year-old horse The Sundance Kid. Read more on page 2.



THEN AND NOW

### 2020 MEMBERSHIP

A Reminder From TROT's Registrar: The end of the 2019 membership year is upon us and it's time to renew. You can renew at TROT's website.

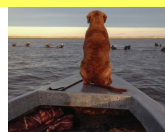
This year TROT is trying out a new fee structure.

- Single membership, one adult, is \$20.
- Family membership, multiple adults sharing a residence, is \$30.
- Minors (under 18 years of age at time of enrollment) sharing a residence with a member are free.
- Printed, mailed newsletters are \$30 for the year, while emailed newsletters are free!
- Of course, TROT loves donations.

*Reminder emails will be sent mid-November.*

### HUNTING SEASON IS HERE

Remember, it's hunting season.  
The Maryland Hunting Season Calendar for 2019-2020 can be  
found on DNRs website.



**Look your best in TROT LOGO WEAR.**  
**Contact Carolann Sharpe at [blackandwhitecookie@yahoo.com](mailto:blackandwhitecookie@yahoo.com)**

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**Newsletter Submissions:**  
**[TROTNewsletter@gmail.com](mailto:TROTNewsletter@gmail.com)**

# TROT JUDGED PLEASURE RIDE TROPHY RETIRED

*Continued from page 1*

**Amy Grimm**

## **COMMITTEES**

### **Activity Tracking**

Elisa Mosely  
TROTMembership@yahoo.com

### **Adopt a Trail**

Amy Kimble  
amyhkimble@aol.com  
Lisa Troutman  
cat.home@verizon.net

### **Archive**

Jean McKay  
40carrots@comcast.net

### **By-Laws**

Board of Directors  
See page 8

### **Events**

Cassie Durand  
Corinne Pouliquen  
Carolann Sharpe  
Meggan Whalen  
TROTEvents@gmail.com

### **Grassroots**

Joyce Bell  
wbell2@washcoll.edu  
Jacquie Cowan  
jacquiecowan@comcast.net  
Susan Gray  
susan@campususan.com  
Corinne Pouliquen  
parkoverlookfarm@aol.com  
Barbara Sollner-Webb  
bsw@jhmi.edu

### **Inventory**

Stephanie Brennan  
Vanessa Wilhelm-Croston  
TROTInventory@gmail.com

### **License Plates**

Karen Durilla  
PonyExpressMessenger@gmail.com  
301-703-4087

### **Logo Wear**

Carolann Sharpe  
blackandwhitecookie@yahoo.com  
410-908-5599

### **Mapping**

Barbara Sollner-Webb  
bsw@jhmi.edu  
301-824-6152

### **Membership**

Elisa Mosely  
Sharon Cappeluti  
Carolann Sharpe  
Barbara Sollner-Webb  
TROTMembership@yahoo.com

## **The Sundance Kid, New Moon Sky and the**

### **TROT Judged Pleasure Ride (JPR)**

The Sundance Kid is the only horse to have won the trophy three times. Sundance is a Quarter/Morgan cross, homebred by my friend Brenda Yates (I used to board at her farm just outside Frederick). I met Sundance when he was 5 days old—he was mine at 6 months old. He is the only horse I ever trained myself—I found a book on a gentle, logical training method and trained him on weekends since I lived and worked in Washington, D.C. He is very smart, curious, confident and could be a pest around the farm—a perfect JPR horse personality!

When he was 4 years old we almost lost Sundance. He tore the tendons in his stifle just running in his field somehow and came in 3-legged lame. We took him to Dr. Sullins at Morven Park in Leesburg. After x-rays and exam they told us there was nothing that could be done surgically; that we would have to make a choice: we could either put him down, or we could keep him in a stall for a year (six months just in the stall, then six months in a stall with daily hand-walking) and best case scenario was most likely he could be only sound enough for a pasture pet. Well, we put him in a stall at the place we boarded (he had been used to constant turnout) and then managed to scrape together enough down payment to buy our small farm in Virginia so we would be able to do the daily hand walking after commuting to our jobs. I thought he would develop every possible vice with all that confinement, but he just adjusted. We played a radio, he liked playing with plastic laundry baskets, and he never cribbed or anything else. After a year, went back to Morven for a recheck, very scared to hear the news, and Dr. Sullins came out with a big smile on his face and said the joint had stabilized so much we could ride him! It was one of the best days ever! I did quit jumping him (except for small trail obstacles) and didn't do much cantering, especially tight turns, but he loved trail riding and that's how we got started in trail competitions.

So back to the TROT ride...it was one of the first JPRs we got involved with. My husband Kevin Yungk and I did that ride for quite a few years before even placing at all, and then maybe a sixth place in a division. The obstacles were challenging and creative, there was an emphasis on partnership with your horse and safety, and TROT had a reputation for judging standards where they wanted to see a horse approach an obstacle in an alert, engaged manner, but still calm. We loved the ride and would go home each year with a list of new things to work on—it really took us years to start to improve, but it definitely developed our relationship with our horses—and each other!

Then in 2004 we brought along a friend of ours, Nancy Specht, riding her little mare Red Robin—it was their first JPR ever—and they won! It was really exciting! In 2005, my husband Kevin and his American Indian horse, New Moon Sky, won the ride and Sundance was reserve champion—we couldn't believe it! In 2006, Sundance was reserve again; in 2007, Sundance won the trophy for the first time and Sky was reserve. In 2009, Sundance won the ride again. In 2010, Sundance won the championship for the third time and Sky was reserve champion again!

There are so many memories from all these rides—at Patapsco Park, at the Maryland Farm Park, and the private farm where the last few were held. We lost Sky when he was 24, but he and Sundance competed in many other JPRs together over the years, including the Crystal Crown series in Virginia. Sundance competed in his last Crystal Crown JPR at 28—and won the ride! It was tough to retire him as we were so close—but he is doing well at 34 years old and rules the farm from his field. We have two other wonderful horses now who we have many JPR and trail adventures with. Thank you, TROT, for putting on those rides for so many years and starting us on a new sport! Thank you again for retiring the trophy with Sundance.

## THE BEST GIFT OF ALL

The best gift of all is to ensure the future of TROT by becoming a board member. Nominate yourself and nominate your friends by simply sending an email to our President, Fritz Grow, [fgrow77@gmail.com](mailto:fgrow77@gmail.com). We are looking for energetic, trail loving, forward thinking individuals to steer TROT into the coming years. Your duties for the two year term would include a few meetings and voting to determine the future of TROT. It is that simple! The current board of directors (*see page 8*) will be on the nominating committee in addition to other TROT members (Karen Durilla, Carolyn Garber, Priscilla Huffman, Jean Swartz). The nominating committee will vet the nominations and provide the board with a list to be voted on for 2020. The cut off for acceptance of nominations from current TROT members is thirty (30) days before the annual meeting on February 15, 2020.

## TROT LICENSE PLATES, Karen Durilla



What better gift to put under your Christmas tree than a TROT license plate for your special someone's truck or car!! For a one-time fee of \$25, you can give a gift that keeps giving! The Department of Motor Vehicles will transfer the information and registration fees from the current license plate over to the new TROT license plate. What better way to show you enthusiasm for horses and educate the public about TROT! Please contact me at [PonyExpressMessenger@gmail.com](mailto:PonyExpressMessenger@gmail.com) or call me on (301) 703-4087 and I will help you with the application process. – Karen Durilla

## PATUXENT TRAIL WORK DAYS, Amy Kimble

All dates are 9am-1pm, but the location may vary between Route 94 and Mullinix Mill Road.

### 2019

Saturday 11/2

Saturday 11/16

*(Deer firearms hunting season starts 11/30, no hunting allowed on Sundays in Patuxent)*

Sunday 12/1

Sunday 12/15

Sunday 12/29

### 2020

Sunday 1/12

*(Deer firearms hunting season ends 1/11/2020, Sunday hunting on 1/12 is allowed in some places but not in Patuxent)*

Saturday 1/25

Saturday 2/8

Saturday 2/22



Remember to report any trail work hours to Amy Kimble  
[amykimble@aol.com](mailto:amykimble@aol.com) or call/text 301-748-8310

## COMMITTEES

### Newsletter

Stephanie Brennan  
[TROTNewsletter@gmail.com](mailto:TROTNewsletter@gmail.com)

### Nominating

Board of Directors

### PA Horse Expo

Carolann Sharpe  
[blackandwhitecookie@yahoo.com](mailto:blackandwhitecookie@yahoo.com)  
410-908-5599  
Suzy Armacost  
[keckert236@hotmail.com](mailto:keckert236@hotmail.com)  
Debbie Wagner  
[dwagner0602@gmail.com](mailto:dwagner0602@gmail.com)

### PayPal

Sim Shanks  
[simshanks@verizon.net](mailto:simshanks@verizon.net)  
Brieanah Schwartz  
[trot.vp@gmail.com](mailto:trot.vp@gmail.com)  
Susan Montgomery  
[shadowsrider6749@yahoo.com](mailto:shadowsrider6749@yahoo.com)

### Social Media

#### Constant Contact

Brieanah Schwartz  
[trot.vp@gmail.com](mailto:trot.vp@gmail.com)  
Sim Shanks  
[simshanks@verizon.net](mailto:simshanks@verizon.net)

### Mail Chimp

Brieanah Schwartz  
[trot.vp@gmail.com](mailto:trot.vp@gmail.com)

### Facebook Group

Carolann Sharpe  
[blackandwhitecookie@yahoo.com](mailto:blackandwhitecookie@yahoo.com)  
Joan Spinner  
[jspinner2@gmail.com](mailto:jspinner2@gmail.com)  
Stephanie Brennan  
[dadslilcobra@yahoo.com](mailto:dadslilcobra@yahoo.com)

### Facebook Page

Brieanah Schwartz  
[trot.vp@gmail.com](mailto:trot.vp@gmail.com)

### Instagram

Brieanah Schwartz  
[trot.vp@gmail.com](mailto:trot.vp@gmail.com)

### Twitter

Brieanah Schwartz  
[trot.vp@gmail.com](mailto:trot.vp@gmail.com)

### Trail Rides

Barbara Sollner-Webb  
[bsw@jhmi.edu](mailto:bsw@jhmi.edu)  
301-824-6152  
Cassie Durand  
[cjdurand06@gmail.com](mailto:cjdurand06@gmail.com)  
Ashley Reier  
[ashley.reier1@gmail.com](mailto:ashley.reier1@gmail.com)

### Webmaster

Susan Montgomery  
[TROTWebmaster@gmail.com](mailto:TROTWebmaster@gmail.com)



**AREA**  
**COORDINATORS**

**Anne Arundel County**

Jacquie Cowan  
jacquiecowan@comcast.net  
410-215-4979

**Northern Baltimore  
and Harford County**

Priscilla Huffman  
priscillahuffman@verizon.net  
301-646-4422

Bianca Paterakis  
biancavanhorn@me.com  
443-340-4036

**Carroll County**  
Stephanie Brennan  
dadslilcobra@yahoo.com  
603-573-1123

**Frederick County**  
Debbie Wagner  
301-233-7738

**Laurel/Burtonsville**  
Barbara Sollner-Webb  
bsw@jhmi.edu  
301-655-3552

**Eastern Shore**  
Katelin Cook  
katelinmconkey@gmail.com

**York, PA**  
Amanda Gross  
saintblueeyes10@gmail.com

**Virginia**  
Brieanah Schwartz  
trot.vp@gmail.com

*Did not see your area listed?  
Talk to one of our current  
Area Coordinators  
for more information!*

**ANNE ARUNDEL COUNTY, Jacquie Cowan**

The Anne Arundel "Horse Talk" group is growing with equestrians and horse enthusiasts from all different walks of life. Barbara Smith was the guest speaker this month to share her thrilling experiences competing in the Mongolian Derby a few years ago as she turned 61 and being the oldest rider ever to finish in the top 10 (until this year when the winner was 74!).

The new Anne Arundel County "Horse Talk" is an informal gathering of horse enthusiasts, business owners, competitive and pleasure riders from around Anne Arundel County. There is no membership fee and no need to RSVP – just show up to meet new friends with common interests. There is usually a guest speaker. Meetings are held at the Green Turtle in Annapolis across from the Mall at 7:00 every other month. The projected schedule is: December 17, February 18, April 21, June 16, August 18. For more information contact [jacquiecowan@comcast.net](mailto:jacquiecowan@comcast.net) or 410-215-4979.

**CARROLL COUNTY, Stephanie Brennan**

Are you aware that trails are areas are being decommissioned within Liberty Reservoir and no longer available to trail riders? Thanks to TROT's support, the Friends of Liberty Reservoir is making strides to bring back these areas. Please send comments regarding Liberty Reservoir starting October 28th. Citizens may send comments to Kelly Martin, [krmartin@carrollcountymd.gov](mailto:krmartin@carrollcountymd.gov)

**LAUREL/BURTONSVILLE AREA**

**Barbara Sollner-Webb, Area Coordinator**

As reported elsewhere in this great newsletter, we had a delightful TROT ride at Fairland Park on Saturday, September 7, and please do plan to come to the next one there, on Thursday, November 14. Also PLEASE come to the Rocky Gorge trail work in honor of founding TROT member and trail advocate extraordinaire, Terry Ledley, on Saturday, November 9 (see p. 8). Finally, for those riding on the WSSC's reservoir, their water has on-and-off had bacterial health advisories for animals drinking in it, which hopefully will now be resolved for the rest of the year, but say alert next year.

**NORTHERN BALTIMORE and HARFORD COUNTIES**

**Priscilla Huffman and Bianca Paterakis, Area Coordinators**

Our park ranger for the Hereford area of Gunpowder Falls SP has reported that additional trees which were down on the Panther Branch trail have been removed. We are also fortunate to have some very active TROT members who are generous with their time in keeping this trail system open.

The last Baltimore County ride of the year was held Saturday, September 28th at Sweet Air park. Three riders attended and we had a leisurely 2-hour ride through woods and fields, with bridge and stream crossings. Please see page 6 for the ride write-up.

A 201-acre Baltimore County boarding stable, Patapsco Horse Center, may have to close its doors if its lease is transferred by the state to a local golf club. Discussions are in the preliminary stages, and several meetings are planned to get community input. Details can be found in the below article which appeared in the October 15, 2019 edition of the Baltimore Sun.

<https://www.baltimoresun.com/maryland/baltimore-county/catonville/cng-co-ca-at-rolling-road-horse-farm-20191015-qk6atb25vbcolo2lcfh5jq57nm-story.html>

## PAST EVENTS

### **FAIRLAND PARK TRAIL RIDE, Saturday 9/7/19**

**Led & Reported by Barbara Sollner-Webb**

We had a delightful ride at Fairland Regional Park that spans Montgomery and Prince George's counties and offers really nice trails that are used by too few riders. All the riders wanted to move out a bit, which everyone enjoyed, and after the ride we had a yummy potluck. Photo: Ellen Frank, Barbara Sollner-Webb, two one-day members, Yancy Carey, and Priscilla Huffman (on her new horse, Ranger, that she just got from past TROT President Ron MacNab)



### **LAST THURSDAY OF THE MONTH TRAIL RIDE, Thursday 9/26/19**

**Led & Reported by Laury Lobel**

The Last Thursday of the Month ride took place on September 26 at the Ag Farm History Park in Derwood, Maryland. It was a glorious day to ride this amazing venue with its mowed trails that go for miles -- through the tunnel at Airpark Road, past the new Laytonia Park, and out toward Gaithersburg. No bees were encountered as we stuck to the mowed trails, and so we had a terrific, uneventful, leisurely ride. This was followed by lunch in the shade. Deneen Martin led Flo Arnold, Susan Sullivan, Laury Lobel, Kathy Lipton, and Susan Hunt on this successful Trot ride. Photo by Nancy Osgood.



### **SADDLIN' UP FOR BREAST CANCER TRAIL RIDE and AUCTION**

**Jacquie Cowan**

Thank you to TROT for supporting the Saddlin' Up for Breast Cancer Trail Ride and Auction, which was a huge success in September at Tuckahoe State Park. We raised more than our expected goal with over \$6000 in proceeds for The Red Devils. The Red Devils are a non-profit, 501(c)(3) who provide life-enhancing support services to Maryland breast cancer patients and their families during treatment. Mark your calendar for September 19, 2020 and plan to attend the next Saddlin' Up so we can double this year's financial and attendance goals. Camping will be available for those who want to make it more than a one day trip. For more information contact [jacquiecowan@comcast.net](mailto:jacquiecowan@comcast.net) or 410-215-4979.



## PAST EVENTS

### SWEET AIR TRAIL RIDE, Priscilla Huffman & Bianca Paterakis

Saturday 9/28/19

We had perfect weather for our TROT ride from Sweet Air park in Gunpowder Falls SP on Saturday, September 28th. Three riders attended: Deneen Martin, Carolyn Rhodes and Priscilla Huffman. The smaller group gave each horse a chance to lead. Our route took us past corn fields, with lots of beautiful winding woods trails and some bridge crossings. Our three experienced trail horses took it all in stride when a fast-moving mountain biker appeared unexpectedly around a turn. After the 2-hour ride, we enjoyed lunch at the covered picnic table and caught up on family news, since the three of us had not ridden together for a while. Thank you, Bianca, for getting us signed in and taking pictures!



### MOUNTAIN OBSTACLE CLINIC, Sunday 9/29/19



Our Mountain Challenge Clinic at Double C Farm, Maryland's first IMTCA certified course was a huge success.

This instructor-led event had 2 sessions with a total of 14 riders for the day. The riding obstacle course helped the horse and rider:

- Build a deeper partnership.
- Cultivate trust, respect, and confidence.
- Increase flexibility and agility.
- Develop better communication skills.
- And it was FUN!



The obstacles include Balance Beams, Rocks, Cross Bucks, Pond, Bridges, Teeter Totter, Texas Two Step, Cake Box, Water Box, and more.

### LEAGUE OF MD HORSEMAN INVITATIONAL, Joyce Bell

Friday-Sunday, 10/4/19-10/6/19

The weather was perfect, the food was delicious, and the fellowship among those who attended the LOMH Invitational ride was delightful. We shared stories, rode some of the nicest trails that Maryland has to offer during the day, and played games in the clubhouse in the evening. Several groups went out each day so that so riders could select the distance and pace that suited them best. We happily discovered that most of the river crossings that had been washed out by the historic spring rains were back in service. The League continues to offer unique opportunities for those who like to camp - with all the amenities - with their horse.

## MEMBER NEWS

TROT sends our condolences to Diana Patton who lost her Dad.

<https://www.barberfhlaytonsville.com/notices/Emory-Patton>

If you would like to send a card: 1404 Harding Lane, Silver Spring, MD 20905



## UPCOMING EVENTS

### TROT TRAIL RIDES, Barbara Sollner-Webb

TROT's organized trail rides are a fun and safe way to learn new trails, meet new riding buddies, and help illustrate to riders the value of preserving trails. Please contact Barbara Sollner-Webb, [bsw@jhmi.edu](mailto:bsw@jhmi.edu), 301-604-5619) to lead or co-lead a TROT ride. To participate in a ride, please contact the designated ride leader to sign up, learn the start time and directions to the ride out area. Be sure to provide the ride leader with your contact information so if weather causes the ride to be postponed, the ride leader can notify you.

All riders must wear a helmet, have a current negative Coggins on the horse they are riding, and be a TROT member. Membership forms can be found at <http://trot-md.org/join-now/>, as well as at the ride. There are also \$5 one-day memberships for non TROT members. For updated trail ride listings or to post a trailering request, please check the social media links on TROT's website.

### LAST THURSDAY OF THE MONTH TRAIL RIDE

**Thursday 10/31/19, Laury Lobel**

Information about the "Last Thursday of the Month" trail ride will be posted on the [TROT Facebook community group](#). The pace will be at a walk. For those who want to move out, there will be alternate loops to take and then rejoin the group. Bring a sandwich to join in a group lunch after the ride. RSVP: Laury Lobel, 301-467-7300, [laurylobel@verizon.net](mailto:laurylobel@verizon.net).

### CINDY BERKEY TRAIL RIDE

**Friday 11/1/19—Sunday 11/3/19, Tuckahoe Equestrian Center**

**Friday, November 1 - Sunday, November 3** - Cindy Berkey Trail Ride and Harvest Auction, Tuckahoe Equestrian Center (TEC), Queen Anne, MD

This is a big weekend for non-profit TEC -- which serves many counties of the Eastern Shore -- and honors TEC's founder, Cindy Berkey. This camping weekend is a major source of funding which pays for the maintenance of TEC's clubhouse and grounds, and it is full of fun. Whether you follow the marked trails along the beautiful Tuckahoe River or join a mentored group, you will love the trails, the delicious food, and the campground. It's a bargain at \$60 (or \$45 for TEC members), which includes two nights of camping, two dinners and two breakfasts. Find more information

at [www.tuckahoequestriancenter.com](http://www.tuckahoequestriancenter.com) or [lamiddleton79@gmail.com](mailto:lamiddleton79@gmail.com).

### UNION MILLS TRAIL WORK

**Saturday 11/2/19, Ivy Smink**

Trail Work Day in conjunction with Carroll County Equestrian Council on Sat 11/2 at Union Mills, SOUTH end, off of John Owings Road at the twin pond parking lot 11-2pm. There is parking for about 2 or 3 skillfully parked trailers for those who want to ride out instead of walking/hiking. Bring loppers, hand saws, clippers, and of course gloves. RSVP by Friday 11/1/2019 to Ivy Smink,

### MORGAN RUN TRAIL WORK

**Saturday 11/10/19, Carolyn Garber**

This Saturday 11/10/19 trail work day is in conjunction with the Carroll County Equestrian Council. Trail work starts at 9am and ends at noon. FMI: Carolyn Garber, 410-549-5141.

- **10/31/19 Last Thursday of the Month Trail Ride**

- **11/1/19-11/3/19 Cindy Berkey Trail Ride**

- **11/2/19 Union Mills Trail Work**

- **11/9/19 Rocky Gorge Trail Work in honor of Terry Ledley, page 8**

- **11/10/19 Morgan Run Trail Work**

- **11/14/19 Fairland Trail Ride, page 8**

- **11/23/19 Anacostia Trail Ride, page 8**

**For up-to-date information, see [Facebook](#) or [TROT's Calendar](#)**

## UPCOMING EVENTS *(continued from page 7)*

### **BOARD OF DIRECTORS**

**Stephanie Brennan**

trotsecretary@gmail.com  
603-573-1123

**Fritzi Grow**

fgrow77@gmail.com

**Deneen Martin**

deneenmartin7@gmail.com  
301-467-5335

**Pat Oliva**

patotigger@gmail.com  
410-489-7380

**Susan Montgomery**

shadowriders6749@yahoo.com

**Carolyn Rhodes**

crhodes@gingery.net  
301-717-6178

**Brieanah Schwartz**

trot.vp@gmail.com

**Andrea Steed**

lultogiddyup@gmail.com  
443-340-7017

**Brooke Vraney**

brooketrot@outlook.com

### **OFFICERS**

**President**

Fritzi Grow  
fgrow77@gmail.com

**Vice President**

Brieanah Schwartz  
trot.vp@gmail.com

**Secretary**

Stephanie Brennan  
trotsecretary@gmail.com  
603-573-1123

**Treasurer**

Brooke Vraney  
brooketrot@outlook.com

### **ROCKY GORGE TRAIL WORK**

**Saturday 11/9/19, Barbara Sollner-Webb**

Last year, after the passing of trail advocate and founding TROT member, Terry Ledley, we decided to do a yearly trail work session to honor Terry's memory. What better place than on the trail that Terry made and WSSC dedicated to her? We will break into small groups, and walk along the trail, pruning overgrowth for about two hours and then have a lunch at my house abutting the trail. Pruning tools will be provided. Please come to honor Terry! RSVP: Barbara Sollner-Webb, 301-604-5619, bsw@jhmi.edu.

### **FAIRLAND TRAIL RIDE**

**Thursday 11/14/19, Debbie Wagner**

The pace will be all-walk, with opportunities for those who want to move out to ride some alternate loops and then rejoin the group. Bring your sandwich and drink, to join in a group lunch after the ride. RSVP: Debbie Wagner, 301-233-7738 phone or text.

### **ANACOSTIA TRAIL RIDE**

**Saturday 11/23/19, John Angevine**

A favorite TROT ride. This fantastic ride has many special views, including the Lincoln Cemetery and Bladensburg Waterfront. We will travel along the Anacostia River on a very nice path, traversing over and under bridges and roads, passing playgrounds and outdoor workout equipment. A great ride to give green horses experience with hikers, bikers, dogs, and strollers. All-walk, but several places are great for good long trot or canter runs, for those who want. RSVP: John Angevine, 301-937-0014

## **GRASSROOTS COMMITTEE AND WORKSHOP**

**Introducing the new TROT Grassroots Committee** that has been formed to help track legislation that may affect you. The Maryland State legislature will start up in January, and we will keep you informed of applicable bills so that you can let your Representatives know how you feel about them. We expect there are more local issues on your mind as well, and want you to share your concerns and opportunities with us. We will help you and fellow TROT members organize to address them with your appropriate representatives. We will be sending out a short survey in the near future to get your input and guidance on outstanding issues.

In the meantime, we have planned a **Free GRASSROOTS WORKSHOP for Saturday, January 4, 2020** to help you learn more about how our Maryland legislature and county governments work; how to find your own representatives; and how to effectively let them know your thoughts and wishes. For more information and to reserve your seat please contact [jacquiecowan@comcast.net](mailto:jacquiecowan@comcast.net), 410-215-4979. Space will be limited so please don't delay.

**This FREE workshop will be Saturday, January 4, 2020 at the Maryland Farm Bureau Headquarters, 3358 Davidsonville Rd. Davidsonville, MD from 10am – 3:00pm. A free working lunch will be served.**

Members of the new TROT Grassroots Committee welcome your input and questions about what is going on in your area, what you might be concerned about, and how we can help. *See page two for contact information.*





## CLASSIFIED ADS

### Full Care Horse Boarding \$325 and Apartment for Rent, Sykesville

40 years experience, large stalls available, plenty of turn out, large pastures and dry lots, wash stall, tack room, riding ring, round pen, trailer parking, and wooded trails on 37 acre farm.

Large sunny efficiency apt w/ full bath, full kitchen and walk in closet, and deck. Shared laundry and some storage . \$800 plus electric /free Wi-Fi. Stall rent negotiable .

Lisa and Walter Sipes, Forever Spring Farm Sykesville, MD. 443-878-7774

### Easyboots

Easyboot Trail Size 8—\$115

Purchased new for \$150, rode in for 10 minutes and they rotated. Just dirty from the trail. Were not taken in water or mud. Clean Velcro, etc. Will sell together or separate. Price listed is 25% off and for both. Free shipping. Email Brieanah for more info [bvs.sbc@gmail.com](mailto:bvs.sbc@gmail.com).



### Gaited Horse Lessons with Jacquie Cowan

Specializing in the softly gaited horses for trail or show; trail skills and confidence building. Individuals, groups, and clinics. Jacquie will come to you. 410-215-4979 or [jacquiecowan@comcast.net](mailto:jacquiecowan@comcast.net)

### Horse Blanket Wash/Repair

Free pick-up/delivery available for six or more. Price sheet and more info can be found at [Roxy@SweetRockStables.com](mailto:Roxy@SweetRockStables.com) or 410-374-3870

### Valley Meadow Farms, Western Maryland Bed and Barn Getaway



Pack your pajamas and saddles and trailer in your horses for a private countryside getaway on 400+ acres and trails in the beautiful Appalachian Mountains at Sideling Hill near Hancock, MD. Enjoy a 4 bedroom, fully furnished farmhouse, with linens, barn stable and paddock options just off the front porch. 2 night minimum. Property is family owned and cared for by TROT members. Reservations: (301)678-5023 or [Kathy@valleymeadowfarms.com](mailto:Kathy@valleymeadowfarms.com). Information at [valleymeadowfarms.com](http://valleymeadowfarms.com) or on Facebook and Instagram. *Gift certificates are available for the holidays.*



### Oak Springs Equestrian



Engraving of pet ID tags

Equine plates & tags

Dog/cat tags - various colors & shapes

TROT members receive 15% discount

Barb 443.745.5067

Same day service  
Woodbine, MD

#### EQUINE PLATES & DOG TAGS



#### GENERAL



#### SMALLER TAGS



Brass Circle \$9.00

1 1/4" x 1 1/2"

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

Various shapes, sizes and colors

To place a classified ad, email [TROTNewsletter@gmail.com](mailto:TROTNewsletter@gmail.com)

### AD RATES

100 Words \$6  
(each additional word \$0.10)

Business Card \$6

1/4 Page \$25

1/2 Page \$40

Full Page \$75

*TROT members can place one 100-word or business card-sized ad in each issue of the newsletter for free. TROT members wanting to run a larger ad receive \$6 off.*

*Please remember TROT is not responsible for, nor does it endorse or support products or services in these classifieds.*

Give us your  
newsletter  
feedback

[TROTNewsletter@gmail.com](mailto:TROTNewsletter@gmail.com)

## WELCOME New and Returning Members

While TROT was founded in Maryland, its purpose is universal for those who enjoy trails.

Sam Casale, Bel Air, MD

Sheila and John Schnetzka, Delta, PA

**Norma Wissman, please contact [TROTMembership@yahoo.com](mailto:TROTMembership@yahoo.com)**

Please mark your calendars!

**Newsletter and ad submissions are due:**

**February 15, April 15, June 15, August 15, October 15, and December 15.**

**The TROT Newsletter is published six times a year: January, March, May, July, September, and November.**

Trail Riders Of Today  
PO Box 506  
Highland, MD 20777

<http://trot-md.org/>



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