

TRAIL RIDERS OF TODAY

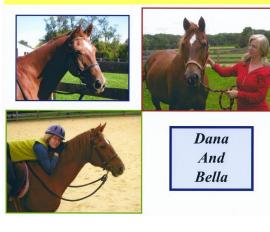
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TROT Newsletter^{#237}

January 2020

For more information visit TROT's webpage at http://trot-md.org/

MEMBER NEWS-TROT LOOSES ONE OF THEIR OWN Dana Grabiner, December 3, 1957—November 6, 2019



Article by Barbara Sollner-Webb Pictures from Debby Poole & Barbara Sollner-Webb We mourn the untimely passing of Dana Grabiner, a wonderful activist TROT member and previous TROT board member as well as a renowned leader in her community. For years, Dana boarded her horse at Debby Poole's farm and loved riding the Rocky Gorge trail behind the farm. Dana will surely be remembered by long-time TROT members for her activism, including organizing the most informative TROT "Visioning Sessions" (one at Schooley Mill park, another at an Annual Dinner) in which TROT members brainstormed on

desired directions that TROT should undertake in the general areas of Advocacy and Policy, Education, Membership, Trail Maintenance, and Trail Rides (see many pages in the March and the May, 2016, TROT newsletters devoted to the great ideas that were generated). Dana also applied for and secured two grants for TROT, one for redoing of TROT's aged introductory video (a project she coordinated, the excellent product you see played at TROT's Annual Dinner and TROT booths at various Expos) and the other for creating GoPro trail recordings, to enable non-riders to vicariously experience a trail ride (which she was coordinating when her cancer started progressing). Earlier on, Dana was very active in the major effort we organized through TROT that ended up successfully keeping the WSSC/



Rocky Gorge trail open for equestrian use, and she often told me that this trail preservation activism so impressed that she decided to become a TROT board member.

In her community of Hyattsville, Dana was loved and extremely active, including organizing a community band (the "Wild Anacostias", which she played in and wrote songs for), as well as a family band. After the indoor part of Dana's funeral -- attended by an estimated 500 people including TROT members Fritzi Grow, Debby Poole, Jenn

Neese, Virginia Henriksen and Barbara Sollner-Webb -- the Wild Anacostias played somber music while leading lots of the attendees to the burial site and then uplifting music while leading attendees back from the burial. Dana loved Mardi Gras-style costumes, which were prominently worn by many at the funeral, and her casket was adorned with beads and flowers when it was lowered into the ground. Her saddle and riding boots were also on display at the funeral. Dana is survived by her husband, son, daughter and sister, who will miss her tremendously, as will her very many friends. She would surely be very happy to know that Debby Poole will let Dana's beloved horse live out his life at her farm. Dana was one in a million



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DANA GRABINER, continued from page 1

<u>COMMITTEES</u>

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By-Laws Board of Directors See page 8

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Membership Elisa Mosely Sharon Cappeluti Carolann Sharpe Barbara Sollner-Web TROTMembership@yahoo.com

<u>Newsletter</u>

Stephanie Brennan TROTNewsletter@gmail.com



Article by Debby Poole

Pictures from *Debby Poole* & Barbara Sollner-Webb She was a tiny little lady who came in like a whirlwind around 10 years ago. A feisty, sassy lady who loved a challenge, excitement, and getting involved. This was the Dana Grabiner I met when she brought an equally as described above little red mare, Bella to board with us.

I don't remember how Dana found Belle Cote Farm, and I might not even have met Joe her husband who now realizes he owns a horse. But Dana made herself known as she

got involved in a rushed kind of way. She was almost always late because she had taken the time to talk or visit someone, was at a community/neighborhood meeting, an animal/ trail protector event, or playing in a band. To say she was involved was not just a thought but a powerful force in her life. Bright and intelligent she

was a handful! Yes, Dana and Bella where both handfuls!!! LOL The last trail ride I had with them <u>Wow</u> was a fast-paced, exciting Yaaaahooooo kind of ride!!! A lot of fun and a glimpse into what Dana and Bella (who is in her 30's) loved to do go fast through life.



I saw Dana in August at Cowboy Glenn's celebration of life and we talked about riding. She felt really good that day, so I was shocked to hear she was in hospice not long after. To say she put up a good fight is an understatement. I know she longed to spend more time with all she loved.

The funeral was amazing for her children, husband and all who knew her. It was a real celebration of who she was and what she loved. Hundreds came and walked behind her hearse singing mournful songs in New Orleans style. After being released from the earth, we walked back through the cemetery singing wonderful freeing fun songs, she is free



from pain and can now Fly Away.

I brought Bella back her own set of Mardi Gras beads. We have them hanging on the barn and Bella got to wear them too.

Thank you all for your thoughts and concerns, I hope you are reaching out to Joe, Sam, and Dasha. Bella will be staying with me.

Debby and all who knew her at Belle Cote Farm, Fairview Farm, and TROT.

TROT LICENSE PLATES, Karen Durilla



Leap into the new year with a TROT license plate on the back of your car or truck. The application process is easy. For a one-time fee of \$25, you can have a TROT license plate forever. The Department of Motor Vehicles will transfer the information and registration fees from the current license plate over to the new TROT license plate. What better way to show you enthusiasm for horses and educate the public about TROT! Please contact me at PonyExpressMessenger@gmail.com or call me on (301) 703-4087 and I will help you with the application process. - Karen Durilla

BECOME A BOARD MEMBER

As you leap in to the new year with your TROT membership card, license plate, and logo wear, please also consider ensuring the future of TROT by becoming a board member. We are looking for energetic, trail loving, forward thinking individuals to steer TROT into the coming years. Your duties for the two year term would include a few meetings and voting to determine the future of TROT. It is that simple!

The current board of directors (*see page 8*) will be on the nominating committee in addition to other TROT members (Karen Durilla, Carolyn Garber, Priscilla Huffman, Jean Swartz). Nominate yourself, and nominate your friends by completing the application below and emailing it to <u>TROTPresident@gmail.com</u>



2020 TROT BOARD NOMINEE Must be submitted by January 15, 2020 to be eligible



I _________ am interested in becoming a TROT Board Member. Per the TROT Bylaws, I certify that I am a current TROT member and will continue my membership throughout my tenrue as a board member. I understand this is a volunteer position, and should I be selected to serve on the TROT Board, I will receive no compensation for my time. I also understand that this is a two year term requiring a commitment of attending at least 75% of the TROT meetings throughout the year.

I am interested in becoming a TROT Board Member because:

I can bring the following skills to the TROT Board:

What do you view as the top three priorities for TROT in the next two years?

Describe the resources/connections you have in the "horse community" which you would leverage to help TROT achieve its goals.

What is your greatest strength that you would bring to the TROT Board?

How many volunteer hours per month would you likely be able to devote to TROT? ____

COMMITTEES

Nominating Board of Directors+

PA Horse Expo

Carolann Sharpe blackandwhitecookie@yahoo.com 410-908-5599 Suzy Armacost keckert236@hotmail.com Debbie Wagner dwagner0602@gmail.com

PayPal

Sim Shanks simshanks@verizon.net Brieanah Schwartz trot.vp@gmail.com Susan Montgomery shadowsrider6749@yahoo.com

Social Media

Constant Contact Brieanah Schwartz trot.vp@gmail.com Sim Shanks simshanks@verizon.net

Mail Chimp Brieanah Schwartz trot.vp@gmail.com

Facebook Group

Carolann Sharpe blackandwhitecookie@yahoo.com Joan Spinner jspinner2@gmail.com Stephanie Brennan dadslilcobra@yahoo.com

Facebook Page Brieanah Schwartz trot.vp@gmail.com

Instagram Brieanah Schwartz trot.vp@gmail.com

Twitter Brieanah Schwartz trot.vp@gmail.com

Trail Rides Barbara Sollner-Webb bsw@jhmi.edu 301-824-6152

301-824-6152 Cassie Durand *cjdurand06@gmail.com* Ashley Reier *ashley.reier1@gmail.com*

<u>Webmaster</u> Susan Montgomery TROTWebmaster@gmail.com

<u>AREA</u> COORDINATORS

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Northern Baltimore and Harford County

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Bianca Paterakis biancavanhorn@me.com 443-340-4036

Carroll County Stephanie Brennan dadslilcobra@yahoo.com 603-573-1123

Frederick County Debbie Wagner 301-233-7738

Laurel/Burtonsville Barbara Sollner-Webb bsw@jhmi.edu 301-655-3552

Eastern Shore Katelin Cook katelinmcconkey@gmail.com

York, PA Amanda Gross saintblueeyes10@gmail.com

> Virginia Brieanah Schwartz trot.vp@gmail.com

Did not see your area listed? Talk to one of our current Area Coordinators for more information!

CARROLL COUNTY, Stephanie Brennan



Yup, it is that time of year again whether we like it or not. The cold weather is here. When it is not fit to ride, I am out hiking and maintaining the trails.

As we start this new year, I would like to gather again as Carroll County TROT members to plan our 2020 county events.

Please reach out to me with your interests and how you can be of assistance. Any and all help is accepted and appreciated.

Remember to report any trail work hours to Amy Kimble amyhkimble@aol.com or call/text 301-748-8310

LAUREL/BURTONSVILLE AREA Barbara Sollner-Webb, Area Coordinator

On Terry Ledley's passing TROT decided to schedule yearly work sessions in her honor and invite all TROT members to join. We wanted the first work-day to be on Terry's favorite trail, along the Rocky Gorge Reservoir in Laurel, and finally on the 4th attempt (Saturday, 11-9-19) it was successfully held. I was joined by TROT member Debbie Wagner as well as two members of my civic assn., Kemal Eralp and Liz



Wade. We split up to go in different directions, and all together got a great deal done along about three miles of trail -- pruning, removing fallen branches that impeded the trail, and removing an entire jumbled mess of fallen tree plus two other obstructing trees. It was great work that would have made Terry proud.

NORTHERN BALTIMORE and HARFORD COUNTIES Priscilla Huffman and Bianca Paterakis, Area Coordinators

Two big trees have been cleared by the park staff on the Panther Branch trail near Hereford High School. This is one of the trails that hikers use as well so we are all grateful to have it re-opened.

DNR staff sponsored a thank-you pancake breakfast for local volunteers on Friday, Dec 6th at the Jerusalem Mill headquarters which was well-attended.

The Gunpowder Volunteer Mounted Patrol will be exhibiting at the World of Pets Expo held at the Timonium Fair Grounds January 24-26, 2020. Details can be found under the Maryland tab at <u>http://www.worldofpets.org/</u>

Bianca and I will be scheduling a few rides in 2020 but no dates set at this time.

Happy trails!

40th ANNIVERSARY ANNUAL DINNER February 15, 2020



Save the Date! TROT's 40th Annual Meeting and Dinner February 15, 2020

Please join your fellow TROT members to celebrate TROT's 40th Anniversary at the <u>MAVFC Reception Hall</u> in Mount Airy, MD. The event is free to all members and will include dinner, a short speaker, annual meeting, and silent auction to benefit TROT!

SUPPORT

We are looking for sponsors for the annual dinner! If you know someone who may be interested in sponsoring the annual dinner, please contact <u>cdurandtrot@gmail.com</u>

SILENT AUCTION

Each year, TROT holds a silent auction to raise money. We welcome donations of tack, clothing, items, or services! Tack and clothing must be clean and in new or like new condition. If you have an item you would like to donate to the silent auction, please use <u>this form</u> or email <u>cdurandtrot@gmail.com</u>.

PHOTOS

We are taking a walk down memory lane. If you have older TROT photos or memorabilia you would like to share, please email us or call/text Cassie at 240-620-4235.

DINNER

TROT will be catering the main dish portion of the meal. Please feel free to bring a side dish or dessert as in past years. We look forward to celebrating with you!



PAST EVENTS

Tuckahoe Trail Ride, October 26, 2019 Joyce Bell



Marie Yonkoski and Beth Przybylski honored me (and a Tuckahoe friend) with their company on a glorious fall day to ride the trails in Tuckahoe State Park. The terrain at Tuckahoe -- sandy with few hills --- were dry and well maintained; only one tree required a go-around. We were happy to find that the park had begun portions new trails -- detouring around some of the older, narrower sections -- that should be completed in 2020. After riding several hours, we shared drinks and snacks back at Tuckahoe Equestrian Center.

Past Rides, Barbara Sollner-Webb

Barbara Sollner-Webb (trial ride coordinator for the last many years):

The weather permitted only one of TROT rides planned since the last newsletter (the Cindy Berkey Camping and Trail Ride at Tuckahoe Equestrian Center, Friday 11/1/19—Sunday 11/3/19, in which some TROT members participated and had a great time) but the other rides (Laury Lobel's Last-Thursday-of-the-Month ride 10-31-19, Debby Wagner's Fairland ride on 11-14-19 and John Angevine's Anacostia ride on 11-23-19) unfortunately had to be cancelled for rain or cold. Nonetheless, for the year we had a large number of excellent TROT rides, which many riders enjoyed and often allowed them to learn trails that were new for them.

Photo by Beth Przybylski (in front)

PATUXENT TRAIL WORK DAYS TROT SHOUT OUT

We had an amazing turnout for trail work on Sunday. It was a super productive day! I want to thank everyone who came out, and a BIG thank you to the equestrian club TROT for providing lunch.

We cleared and built an additional 0.4 miles of trail, all the way to the first bridge site. There are some beautiful rocks along this section of trail, and there are some exciting possibilities for hikers (a scenic spot for a break or a place where kids can climb on boulders) and bikers (challenging A lines and B lines). If you haven't been to this part of the park, you really have to see this terrain to understand the natural beauty. This trail will be a destination!

We now have almost a mile of trail cleared, and it is hikeable as is. But with the steep side slopes it is not ready for horses or bikes yet. We are planning to hire professional trail builders to bench cut these steeper areas that are spread out throughout the project, but that pro work won't happen until next summer at the earliest. In the meantime, we will keep clearing corridor and building trail.

We have just over a mile of trail left to build in Howard County for phase 1. And there is a lot more of the beautiful terrain to work with!

Tom Newton Patuxent Liaison Mid-Atlantic Off-Road Enthusiasts (MORE)

TROT TRAIL RIDES, Barbara Sollner-Webb

TROT's organized trail rides are a fun and safe way to learn new trails, meet new riding buddies, and help illustrate to riders the value of preserving trails. Please contact Barbara Sollner-Webb, <u>bsw@jhmi.edu</u>, 301-604-5619) to lead or co-lead a TROT ride. To participate in a ride, please contact the designated ride leader to sign up, learn the start time and directions to the ride out area. Be sure to provide the ride leader with your contact information so if weather causes the ride to be postponed, the ride leader can notify you.

All riders must wear a helmet, have a current negative Coggins on the horse they are riding, and be a TROT member. Membership forms can be found at http://trot-md.org/join-now/, as well as at the ride. There are also \$5 one-day memberships for non TROT members. For updated trail ride listings or to post a trailering request, please check the social media links on TROT's website.

UPCOMING EVENTS

GRASSROOTS WORKSHOP, Barbara Sollner-Webb

The November TROT newsletter announced an upcoming FREE Grassroots Workshop, intended to help equestrians learn more about how our Maryland legislature and county governments work, how bills become laws, and how to effectively communicate your thoughts and wishes to your elected officials. REGISTRATION IS NOW OPEN!!! The event will be from 10AM-3PM on January 4, 2020, at the Maryland Farm Bureau offices in Davidsonville, MD, and includes a free lunch. The Workshop is being hosted by the Maryland Horse Council and Maryland Farm Bureau. For more information, such as the <u>agenda</u>, check out the <u>Maryland Horse Council's website</u>. The event is free, but seating is limited, so <u>registration</u> is required.

MONTHLY MEETING

TROT's monthly meetings are open to everyone. Our next meeting will be Wednesday, January 8, 2019 at <u>HoundsCroft Farm.</u> Dial-in #605-313-4459.

PATUXENT TRAIL WORK DAYS, Amy Kimble

All dates are 9am-1pm, but the location may vary between Route 94 and Mullinix Mill Road. Sunday 1/12, Saturday 1/25, Saturday 2/8, Saturday 2/22.

ESTATE PLANNING

University of Maryland Extension is offering a series of workshops on estate planning and related issues. One of these will be held at the Montgomery County Extension Office on Wednesday, January 22nd. The workshop will begin with



COLLEGE OF AGRICULTURE & NATURAL RESOURCES DEPARTMENT OF AGRICULTURAL AND

RESOURCE ECONOMICS

registration at 8:30am and conclude by 3pm. To register for any of the events click on the following link. <u>https://extension.umd.edu/events/series/5778</u>. The workshop will cost \$17.55 if you register online and \$15.00 if you want to pay by check or cash at the door.

These are important issues that often get pushed to the back burner because they're not easy to deal with. I hope you can take advantage of this opportunity.



PET EXPO

As we look forward to 2020, make some time to volunteer at the Pet expo January 24th to 26th 2020 at Timonium in January and the Horse Expo in March at Harrisburg Pa February 27th to March 1, 2020 to represent TROT and all the great things our organization does. Contact Carolann Sharpe (410)908-5599. <u>blackandwhitecookie@yahoo.com</u>

TRAILER SAFETY SEMINAR

Trailer Safety Seminar - Details Coming Soon! The Events Committee is organizing a Trailer Safety Seminar. Do you want to learn about maintaining a safe trailer for your precious cargo? How about safety tips for when you hit the road? Are you confused by the difference GVWR and GCWR? We will cover these topics and much much more. Stay tuned for additional details about this great event. Announcements will be made on Facebook. If you have any questions, you can contact the Events Committee at TROTEvents@gmail.com



- 1/4/20 Grassroots Workshop
- 1/8/20 TROT's Monthly Meeting
- 1/12/20, 1/25/20.
 2/8/20, 2/22/20
 Patuxent Trail
 Work Days
- 1/22/20 Estate Planning
- 1/24/20-1/26/20 Pet Expo
- Trailer Safety Seminar



For up-to-date information, see <u>Facebook</u> or TROT's Calendar

BOARD OF DIRECTORS

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> Carolyn Rhodes crhodes@gingery.net 301-717-6178

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Brooke Vrany brooketrot@outlook.com

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Vice President Brieanah Schwartz trot.vp@gmail.com

Secretary Stephanie Brennan trotsecretary@gmail.com 603-573-1123

Treasurer Brooke Vrany brooketrot@outlook.com



Equine Plates & Tags





Trails Getaway for Horse & Riders

WWW.VALLEYMEADOWFARMS.COM

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Gift Certificates Available

Valley Meadow Farms Bed & Barn Vacation with your horse! Gift certificates available for this one-of-a-kind "bed & barn" vacation rental for horse & riders to enjoy in Western MD. Reviews are fabulous.

4 bedroom farmhouse, stalls, corral. Private trails on 400 acres at Sideling Hill near Hancock.

Call <u>301-678-6584</u> or email <u>kathy@valleymeadowfarms.com</u> for dates and rates.

CLASSIFIED ADS

Full Care Horse Boarding \$325 and Apartment for Rent, Sykesville

40 years experience, large stalls available, plenty of turn out, large pastures and dry lots, wash stall, tack room, riding ring, round pen, trailer parking, and wooded trails on 37 acre farm.

Large sunny efficiency apt w/ full bath, full kitchen and walk in closet, and deck. Shared laundry and some storage . \$800 plus electric /free Wi-Fi. Stall rent negotiable .

Lisa and Walter Sipes, Forever Spring Farm Sykesville, MD. 443-878-7774

Easyboots

Easyboot Trail Size 8—\$115 Purchased new for \$150, rode in for 10 minutes and they rotated. Just dirty from the trail. Were not taken in water or mud. Clean Velcro, etc. Will sell together or separate. Price listed is 25% off and for both. Free shipping. Email Brieanah for more info <u>bvs.sbc@gmail.com</u>.

Gaited Horse Lessons with Jacquie Cowan

Specializing in the softly gaited horses for trail or show; trail skills and confidence building. Individuals, groups, and clinics. Jacquie will come to you. 410-215-4979 or jacquiecowan@comcast.net

Your Horse Exercised for FREE This Winter

Advanced Beginner rider ISO beginner-safe horses to ride over the winter time. I take weekly lessons at Coexist Stables, but would love more time in the saddle. References available & willing to help with care. 443-462-0652

Horse Blanket Wash/Repair

"It says here that this is 2400 Denier ripstop turnout blanket with triple reinforced stitching and a lifetime warranty: I guess that means you can't destroy it in a week."

Free pick-up/delivery available for six or more.

Price sheet and more info can be found at <u>Roxy@SweetRockStables.com</u> or 410-374-3870

Manure Spreader

For Sale

16 year old 75G Mill Creek Manure Spreader with Rhino lining.

Needs new apron chain and other work.

\$1000.

Call/Text: 410-370-8580

Look your best in TROT LOGO WEAR. Contact Carolann Sharpe at blackandwhitecookie@yahoo.com



AD RATES

100 Words \$6 (each additional word \$0.10)

Business Card \$6

1/4 Page \$25

1/2 Page \$40

Full Page \$75

TROT members can place one 100-word or business cardsized ad in each issue of the newsletter for free. TROT members wanting to run a larger ad receive \$6 off.

Please remember TROT is not responsible for, nor does it endorse or support products or services in these classifieds.



Give us your newsletter feedback

TROTNewsletter@gmail.com

2020 MEMBERSHIP Elisa Mosley

2020 Membership, A Reminder From TROT's Registrar

TROT's 2019 membership year has ended. If you haven't already renewed, it's time!

TROT's new fee structure:

- Single membership, one adult, \$20.
- Family membership, multiple adults sharing a residence, \$30.
- Minors (under 18 years of age at time of enrollment) sharing a residence with a member are free.
- Printed, mailed newsletters are \$30 for the year. Emailed newsletters are free.
- And of course TROT loves donations.

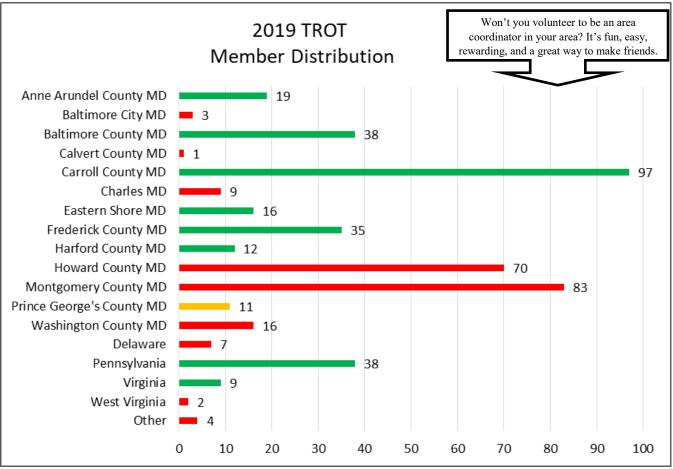
You can renew at TROT's website, https://trot-md.org/join-now/.

BTW, the application form is your opportunity to sign up family members, request extra membership cards, express interest in TROT activities, and, most important, keep your contact information up to date.

Even if you've been a member for years, please fill out the form: your life changes more than you think. (And the registrar has fat fingers – yikes!)

Where are TROT Members? Elisa Mosley

Here's a chart showing where TROT's members lived in 2019. The counties with green bars have coordinators. The counties with red bars need a coordinator. The yellow bar indicates an area coordinator but not full coverage.





New / Renewal TROT Membership Application

Date:	Membership Renewal	New Me	mbership
Member Information: PLEASE PRINT Primary Member	*Required information		mation you <u>DO NOT</u> ed in the TROT directory.
*First Name:		<u>Do</u> not list	All membership information is for the
*Last Name:		<u>Do</u> not list	private use of TROT
*Street Address:		<u>Do</u> not list	members. Membership information is not
*City:	State:	<u>Do</u> not list	released outside the
*5 Digit Zip: * <u>County</u> :		Do not list	organization.
*Phone: primary	secondary	Do not list	_ pri sec
*Email: primary		Do not list	Most, but not all, of our
secondary		Do not list	communication with members is preferred to be
Adult Family Members:		<u>Do</u> not list	done via email.
Child Family Members:		<u>Do</u> not list	

Membership Rates.

1. A single membership is \$20/year for 1 January to 31 December.	. Family membership, multiple adults (18 and over) residing at
the same household, is \$30/year. No membership fee for mino	r children at time of enrollment.

- 2. TROT publishes its newsletter six times per year. TROT charges \$30/year for a printed and mailed copy. It is emailed for free and posted on TROT's website.
- 3. TROT greatly appreciates any donation you might make. As a tax exempt 501[c]3 nonprofit organization your contribution is tax deductible and helps preserve the trails you ride on.

Membership: Single \$20 Family \$30 Children \$0 Total Dues \$
 Total Members Total Membership Cards Requested
Newsletter: Email Printed & Mailed \$30 Neither Newsletter \$
Donation Tax Deductible Contribution \$
Payment is Check Cash PayPal Total \$
Volunteer Opportunities: TROT relies on volunteers for all of its activities. Please volunteer to make TROT succeed.
Area Coordinator Annual Dinner Booth Events Newsletter Ride Leader
Silent Auction Trail Clearing Other Activities (list)
To be more effective TROT would like to know:
To be more effective TROT would like to know: Counties where you ride most
Counties where you ride most
Counties where you ride most County where you keep your horse

Payment of dues and any contributions may be paid online using **PayPal** on <u>http://trot-md.org/join-now/</u> or by mail to **TROT Membership**, **PO Box 506**, **Highland**, **MD 20777**.

WELCOME New and Returning Members

While TROT was founded in Maryland, its purpose is universal for those who enjoy trails.

Jill Bangoura Carroll County, MD

Sandy & Larry Burnett, Emily Cantler Anne Arundel County, MD

> Crystal Damico Arlington County, VA

> > Wendy Todd York County, PA

Janet & Gilbert Breeding Carroll County, MD

Susan Carroll Montgomery County, MD

Jessica & Connor McCarson Washington County, MD

Diana Urick Anne Arundel County, MD

Please mark your calendars! Newsletter and ad submissions are due: February 15, April 15, June 15, August 15, October 15, and December 15.

The TROT Newsletter is published six times a year: January, March, May, July, September, and November.

Trail Riders Of Today PO Box 506 Highland, MD 20777 *http://trot-md.org/*

PLEASE PLACE STAMP HERE

Printed copies of the newsletter can be mailed directly to your door for \$30 an year. Send printed newsletter payments to PO Box 506, Highland, MD 20777